

| Pos. | Bib | Time  | Name                | Club                           | Gender | Gender Pos | Class | Class Pos | Chip Time | Chip Pos |
|------|-----|-------|---------------------|--------------------------------|--------|------------|-------|-----------|-----------|----------|
| 1    | 2   | 25:21 | Ben Russell         | Liverpool Harriers AC          | Male   | 1          | M     | 1         | 25:20     | 1        |
| 2    | 318 | 27:24 | Anthony Taylor      |                                | Male   | 2          | M40   | 1         | 27:24     | 2        |
| 3    | 137 | 27:30 | Michael Fitzsimmons | Liverpool Harriers AC          | Male   | 3          | M     | 2         | 27:29     | 3        |
| 4    | 253 | 27:44 | Alistair Rutherford | Mossley Hill AC                | Male   | 4          | M     | 3         | 27:42     | 4        |
| 5    | 348 | 28:03 | John Cain           | Liverpool Harriers AC          | Male   | 5          | M     | 4         | 28:02     | 5        |
| 6    | 259 | 28:03 | Jon Parkinson       | Torbay AAC                     | Male   | 6          | M45   | 1         | 28:03     | 6        |
| 7    | 339 | 28:08 | Max Hunt            |                                | Male   | 7          | M     | 5         | 28:07     | 7        |
| 8    | 232 | 28:09 | Andrew Dunning      |                                | Male   | 8          | M     | 6         | 28:08     | 8        |
| 9    | 1   | 28:23 | Gareth Howell       | Liverpool Harriers AC          | Male   | 9          | M     | 7         | 28:23     | 9        |
| 10   | 4   | 28:27 | Anthony Lawlor      | Knowsley Harriers              | Male   | 10         | M50   | 1         | 28:27     | 10       |
| 11   | 349 | 29:05 | Andrew Kerr         | North Wales Road Runners       | Male   | 11         | M     | 8         | 29:04     | 11       |
| 12   | 234 | 29:18 | Guy Roberts         | Mossley Hill AC                | Male   | 12         | M     | 9         | 29:17     | 12       |
| 13   | 266 | 29:20 | John Preece         | Knowsley Harriers              | Male   | 13         | M40   | 2         | 29:19     | 13       |
| 14   | 3   | 29:23 | Nigel Grant         | Penny Lane Striders            | Male   | 14         | M50   | 2         | 29:22     | 14       |
| 15   | 112 | 29:25 | Mike Metcalfe       | Warrington Running Club        | Male   | 15         | M     | 10        | 29:24     | 15       |
| 16   | 88  | 29:25 | Sarah Griffiths     | Leigh Harriers AC              | Female | 1          | F     | 1         | 29:25     | 16       |
| 17   | 183 | 29:32 | Paul Gray           | Liverpool Harriers AC          | Male   | 16         | M45   | 2         | 29:31     | 17       |
| 18   | 99  | 29:33 | Mark Wynne          | Liverpool Pembroke Sefton Harr | Male   | 17         | M     | 11        | 29:33     | 18       |
| 19   | 187 | 29:34 | Kirsty Longley      | Liverpool Pembroke Sefton Harr | Female | 2          | F35   | 1         | 29:33     | 19       |
| 20   | 218 | 29:42 | Paul Bagan          | Lymm Runners                   | Male   | 18         | M     | 12        | 29:40     | 20       |
| 21   | 243 | 29:51 | Gavin Mccbride      | Liverpool Harriers AC          | Male   | 19         | M     | 13        | 29:50     | 21       |
| 22   | 92  | 30:15 | Gemma Connolly      | St. Helens Sutton AC           | Female | 3          | F     | 2         | 30:15     | 22       |
| 23   | 37  | 30:24 | Roy Hughes          | Mossley Hill AC                | Male   | 20         | M     | 14        | 30:22     | 23       |
| 24   | 60  | 30:30 | Andrew Lewis        | Eastleigh RC                   | Male   | 21         | M     | 15        | 30:30     | 24       |
| 25   | 270 | 30:43 | Andrew Leslie       | Penny Lane Striders            | Male   | 22         | M     | 16        | 30:41     | 25       |
| 26   | 257 | 30:50 | Kevin Dunbar        | Ashurst Bike Club              | Male   | 23         | M     | 17        | 30:48     | 26       |
| 27   | 236 | 30:53 | Rob Bruchez Corbett | Penny Lane Striders            | Male   | 24         | M     | 18        | 30:51     | 29       |
| 28   | 91  | 30:55 | Paul Hughes         |                                | Male   | 25         | M     | 19        | 30:48     | 27       |
| 29   | 5   | 30:57 | John Courtney       |                                | Male   | 26         | M40   | 3         | 30:50     | 28       |
| 30   | 330 | 31:04 | Robert Elstone      | Barnsley AC                    | Male   | 27         | M50   | 3         | 31:03     | 30       |
| 31   | 324 | 31:17 | Richard Seville     | St. Helens Striders            | Male   | 28         | M40   | 4         | 31:15     | 31       |
| 32   | 308 | 31:21 | Chris Price         |                                | Male   | 29         | M45   | 3         | 31:17     | 33       |
| 33   | 11  | 31:21 | Mark O'Callaghan    |                                | Male   | 30         | M     | 20        | 31:16     | 32       |
| 34   | 141 | 31:22 | Stuart Berry        | Lymm Runners                   | Male   | 31         | M     | 21        | 31:20     | 34       |
| 35   | 224 | 31:29 | Bob Freeman         | West Cheshire AC               | Male   | 32         | M55   | 1         | 31:28     | 35       |
| 36   | 127 | 31:35 | David Daly          | Knowsley Harriers              | Male   | 33         | M     | 22        | 31:31     | 36       |
| 37   | 172 | 31:50 | Allan Lawson        | Mossley Hill AC                | Male   | 34         | M45   | 4         | 31:47     | 37       |
| 38   | 305 | 31:52 | Sophie Hunt         |                                | Female | 4          | F     | 3         | 31:51     | 38       |
| 39   | 237 | 32:01 | Eric Ranson         |                                | Male   | 35         | M40   | 5         | 31:59     | 39       |
| 40   | 173 | 32:05 | Lisa Gawthorne      | Liverpool Pembroke Sefton Harr | Female | 5          | F     | 4         | 32:05     | 40       |
| 41   | 106 | 32:21 | Andrew O'Connor     | St. Helens Sutton AC           | Male   | 36         | M50   | 4         | 32:19     | 41       |
| 42   | 129 | 32:32 | Anthony Metcalfe    | Mossley Hill AC                | Male   | 37         | M60   | 1         | 32:30     | 42       |
| 43   | 251 | 32:35 | Phil Reddy          |                                | Male   | 38         | M     | 23        | 32:35     | 43       |
| 44   | 149 | 32:49 | Lee Lewington       |                                | Male   | 39         | M     | 24        | 32:47     | 44       |
| 45   | 362 | 32:58 | Paul Matthews       | Wootton RR                     | Male   | 40         | M45   | 5         | 32:52     | 45       |
| 46   | 338 | 33:05 | Ben Cleary          |                                | Male   | 41         | M     | 25        | 33:03     | 46       |
| 47   | 260 | 33:08 | Cathy Parkinson     | Torbay AAC                     | Female | 6          | F45   | 1         | 33:05     | 47       |
| 48   | 364 | 33:13 | Philip Dunning      |                                | Male   | 42         | M     | 26        | 33:12     | 48       |
| 49   | 337 | 33:15 | Stuart Smith        |                                | Male   | 43         | M     | 27        | 33:14     | 49       |
| 50   | 277 | 33:15 | Helen Sahgal        | Liverpool Harriers AC          | Female | 7          | F     | 5         | 33:14     | 50       |
| 51   | 105 | 33:18 | Ricky Burroughs     |                                | Male   | 44         | M     | 28        | 33:17     | 51       |
| 52   | 14  | 33:19 | Paul Hatton         |                                | Male   | 45         | M40   | 6         | 33:18     | 52       |
| 53   | 283 | 33:27 | Jerome Doyle        | Penny Lane Striders            | Male   | 46         | M45   | 6         | 33:21     | 54       |
| 54   | 161 | 33:29 | Don Lindop          |                                | Male   | 47         | M     | 29        | 33:19     | 53       |
| 55   | 265 | 33:29 | Dave Banks          |                                | Male   | 48         | M40   | 7         | 33:24     | 55       |
| 56   | 194 | 33:29 | Andrew Mcnight      | St. Helens Sutton AC           | Male   | 49         | M     | 30        | 33:24     | 56       |
| 57   | 351 | 33:41 | Lee Moore           |                                | Male   | 50         | M     | 31        | 33:37     | 57       |
| 58   | 222 | 33:52 | Steve Pemberton     | Penny Lane Striders            | Male   | 51         | M60   | 2         | 33:50     | 59       |
| 59   | 175 | 33:54 | Robert Nelson       |                                | Male   | 52         | M45   | 7         | 33:44     | 58       |
| 60   | 87  | 34:02 | Nick Tan            |                                | Male   | 53         | M     | 32        | 33:51     | 60       |
| 61   | 332 | 34:02 | Jurijs Bormanis     |                                | Male   | 54         | M     | 33        | 34:00     | 63       |
| 62   | 275 | 34:03 | Nick Burns          |                                | Male   | 55         | M50   | 5         | 33:57     | 62       |
| 63   | 363 | 34:17 | Stuart Jones        | Mossley Hill AC                | Male   | 56         | M     | 34        | 34:15     | 64       |
| 64   | 244 | 34:27 | Simon Skentelbery   | Dragons Running Club (Sale)    | Male   | 57         | M40   | 8         | 34:23     | 65       |
| 65   | 219 | 34:29 | Kenneth Day         |                                | Male   | 58         | M     | 35        | 33:51     | 61       |
| 66   | 21  | 34:33 | David Navis         | St. Helens Striders            | Male   | 59         | M     | 36        | 34:31     | 66       |
| 67   | 186 | 34:44 | Nigel Chilvers      |                                | Male   | 60         | M45   | 8         | 34:38     | 67       |
| 68   | 276 | 34:48 | John Bassett        |                                | Male   | 61         | M45   | 9         | 34:47     | 70       |
| 69   | 170 | 34:48 | Colin Lewis         |                                | Male   | 62         | M     | 37        | 34:45     | 68       |
| 70   | 139 | 34:49 | Julie Pennington    | St. Helens Striders            | Female | 8          | F45   | 2         | 34:45     | 69       |

|     |     |       |                    |                         |        |     |      |    |       |     |
|-----|-----|-------|--------------------|-------------------------|--------|-----|------|----|-------|-----|
| 71  | 199 | 34:50 | Graham Lewis       |                         | Male   | 63  | M    | 38 | 34:49 | 72  |
| 72  | 113 | 34:52 | David Flanagan     | Warrington Running Club | Male   | 64  | M40  | 9  | 34:49 | 73  |
| 73  | 286 | 34:54 | John Guy           | Penny Lane Striders     | Male   | 65  | M    | 39 | 34:52 | 74  |
| 74  | 58  | 34:55 | Chris Falls        | Spectrum Striders RC    | Male   | 66  | M    | 40 | 34:53 | 75  |
| 75  | 287 | 35:00 | Kathryn Sharkey    | Penny Lane Striders     | Female | 9   | F    | 6  | 34:56 | 76  |
| 76  | 303 | 35:01 | Mark Helme         |                         | Male   | 67  | M50  | 6  | 34:56 | 77  |
| 77  | 67  | 35:05 | Andrew Harrold     |                         | Male   | 68  | M    | 41 | 34:48 | 71  |
| 78  | 220 | 35:09 | Adam Davenport     |                         | Male   | 69  | M    | 42 | 34:59 | 80  |
| 79  | 128 | 35:14 | Stuart Johnson     | Spectrum Striders RC    | Male   | 70  | M    | 43 | 34:56 | 78  |
| 80  | 93  | 35:16 | Gareth Davies      |                         | Male   | 71  | M40  | 10 | 35:14 | 81  |
| 81  | 269 | 35:16 | Rich Worsley       | St. Helens Striders     | Male   | 72  | M45  | 10 | 34:58 | 79  |
| 82  | 317 | 35:23 | Patrick Hickey     | Liverpool Harriers AC   | Male   | 73  | M    | 44 | 35:20 | 82  |
| 83  | 66  | 35:25 | Alan Spencer       | Knowsley Harriers       | Male   | 74  | M55  | 2  | 35:23 | 83  |
| 84  | 271 | 35:27 | John Coats         | Northern Veterans AC    | Male   | 75  | M50  | 7  | 35:27 | 84  |
| 85  | 30  | 35:32 | Lisa Crosby        | Mossley Hill AC         | Female | 10  | F40  | 1  | 35:29 | 85  |
| 86  | 182 | 35:39 | Abbie Gray         | Liverpool Harriers AC   | Female | 11  | F    | 7  | 35:38 | 86  |
| 87  | 229 | 35:44 | Sonya Monaghan     | St. Helens Sutton AC    | Female | 12  | F45  | 3  | 35:39 | 87  |
| 88  | 100 | 35:49 | L Stothart Wilde   | Tattenhall Runners      | Female | 13  | F35  | 2  | 35:42 | 89  |
| 89  | 133 | 35:57 | Chris Mccourt      |                         | Male   | 76  | M45  | 11 | 35:39 | 88  |
| 90  | 201 | 35:59 | Sharon Bullock     | Kendal AAC              | Female | 14  | F35  | 3  | 35:55 | 93  |
| 91  | 358 | 35:59 | Ross Mcleigh       |                         | Male   | 77  | M    | 45 | 35:52 | 90  |
| 92  | 50  | 36:00 | Ed Beattie         |                         | Male   | 78  | M40  | 11 | 35:53 | 91  |
| 93  | 70  | 36:06 | Steven Kelly       |                         | Male   | 79  | M    | 46 | 35:54 | 92  |
| 94  | 293 | 36:06 | Andrew Conway      | Mossley Hill AC         | Male   | 80  | M45  | 12 | 36:02 | 94  |
| 95  | 126 | 36:11 | John Martin        |                         | Male   | 81  | M    | 47 | 36:05 | 95  |
| 96  | 346 | 36:14 | Jeanette Fisher    | St. Helens Striders     | Female | 15  | F40  | 2  | 36:10 | 96  |
| 97  | 65  | 36:17 | Neil Ringstead     | Ellesmere Port RC       | Male   | 82  | M40  | 12 | 36:15 | 97  |
| 98  | 249 | 36:31 | Stephen Lea        | Liverpool RC            | Male   | 83  | M    | 48 | 36:27 | 98  |
| 99  | 264 | 36:35 | Catherine Roberts  | St. Helens Striders     | Female | 16  | F    | 8  | 36:32 | 99  |
| 100 | 298 | 36:38 | John Ladanowski    | Ford Halewood AC        | Male   | 84  | M60  | 3  | 36:34 | 100 |
| 101 | 40  | 36:47 | Stuart Harrison    | Penny Lane Striders     | Male   | 85  | M    | 49 | 36:40 | 102 |
| 102 | 76  | 36:55 | Richard Hughes     |                         | Male   | 86  | M    | 50 | 36:37 | 101 |
| 103 | 28  | 36:59 | Geoff Shaw         | Helsby (Bicc) Rc        | Male   | 87  | M60  | 4  | 36:56 | 103 |
| 104 | 341 | 37:07 | Ashley Williams    |                         | Male   | 88  | M    | 51 | 37:06 | 106 |
| 105 | 302 | 37:16 | Hayley Winder      | Salford Harriers AC     | Female | 17  | F35  | 4  | 37:13 | 107 |
| 106 | 197 | 37:19 | Jack Poland        |                         | Male   | 89  | M    | 52 | 36:58 | 104 |
| 107 | 294 | 37:20 | Mark Shuker        |                         | Male   | 90  | M    | 53 | 37:04 | 105 |
| 108 | 190 | 37:21 | Glenn Ford         |                         | Male   | 91  | M45  | 13 | 37:19 | 110 |
| 109 | 158 | 37:22 | Mal Tylor          | Penny Lane Striders     | Male   | 92  | M    | 54 | 37:15 | 108 |
| 110 | 289 | 37:23 | Ian Ruddock        | Mossley Hill AC         | Male   | 93  | M45  | 14 | 37:17 | 109 |
| 111 | 159 | 37:27 | Colin Sefton       | Mossley Hill AC         | Male   | 94  | M55  | 3  | 37:22 | 111 |
| 112 | 191 | 37:30 | Annamarie Williams | Penny Lane Striders     | Female | 18  | F40  | 3  | 37:28 | 113 |
| 113 | 131 | 37:31 | Ray Murphy         |                         | Male   | 95  | M45  | 15 | 37:25 | 112 |
| 114 | 210 | 37:47 | Antony Young       | St. Helens Sutton AC    | Male   | 96  | M40  | 13 | 37:46 | 118 |
| 115 | 356 | 37:47 | John Cole          |                         | Male   | 97  | M60  | 5  | 37:43 | 115 |
| 116 | 101 | 37:51 | Colin Wilde        |                         | Male   | 98  | M45  | 16 | 37:43 | 116 |
| 117 | 150 | 37:57 | Kenny Worrall      | Liverpool RC            | Male   | 99  | M40  | 14 | 37:43 | 117 |
| 118 | 202 | 37:58 | Rachel Wilcock     | St. Helens Sutton AC    | Female | 19  | F    | 9  | 37:46 | 119 |
| 119 | 204 | 37:59 | Rachel Beesley     | St. Helens Sutton AC    | Female | 20  | F    | 10 | 37:47 | 120 |
| 120 | 34  | 37:59 | David Roberts      | Spectrum Striders       | Male   | 100 | M50  | 8  | 37:59 | 123 |
| 121 | 278 | 38:03 | Neil Sahgal        |                         | Male   | 101 | M    | 55 | 38:01 | 125 |
| 122 | 48  | 38:06 | Glyn Jones         |                         | Male   | 102 | M50  | 9  | 37:56 | 121 |
| 123 | 138 | 38:06 | Bill Sergeson      | Penny Lane Striders     | Male   | 103 | M45  | 17 | 37:59 | 124 |
| 124 | 47  | 38:06 | Antony Tollet      |                         | Male   | 104 | M    | 56 | 37:41 | 114 |
| 125 | 130 | 38:06 | Cherryl Orrick     | St. Helens Striders     | Female | 21  | F40  | 4  | 38:03 | 126 |
| 126 | 167 | 38:17 | Wayne Thornhill    |                         | Male   | 105 | M    | 57 | 37:56 | 122 |
| 127 | 16  | 38:19 | Ste Yates          |                         | Male   | 106 | M    | 58 | 38:14 | 127 |
| 128 | 6   | 38:33 | Rosemary Rogers    | West Cheshire AC        | Female | 22  | F65+ | 1  | 38:30 | 128 |
| 129 | 336 | 38:37 | David Gordon       |                         | Male   | 107 | M    | 59 | 38:36 | 130 |
| 130 | 263 | 38:43 | John Stevens       |                         | Male   | 108 | M    | 60 | 38:32 | 129 |
| 131 | 299 | 38:47 | Patricia O'Keefe   | Ford Halewood AC        | Female | 23  | F55  | 1  | 38:42 | 132 |
| 132 | 135 | 38:52 | David Limbrick     |                         | Male   | 109 | M50  | 10 | 38:49 | 133 |
| 133 | 171 | 39:00 | John Smith         |                         | Male   | 110 | M40  | 15 | 38:53 | 134 |
| 134 | 296 | 39:05 | Marie Motley       | Mossley Hill AC         | Female | 24  | F50  | 1  | 38:38 | 131 |
| 135 | 368 | 39:06 | Kenny Garner       |                         | Male   | 111 | M50  | 11 | 39:01 | 135 |
| 136 | 51  | 39:08 | Kev Dillon         | Fylde Coast Runners     | Male   | 112 | M55  | 4  | 39:04 | 136 |
| 137 | 33  | 39:14 | Eleanor Roberts    | Spectrum Striders RC    | Female | 25  | F45  | 4  | 39:08 | 137 |
| 138 | 284 | 39:30 | John Moore         | Halifax Harriers AC     | Male   | 113 | M45  | 18 | 39:15 | 138 |
| 139 | 307 | 39:32 | Joanne Keogh       | St. Helens Striders     | Female | 26  | F40  | 5  | 39:29 | 142 |
| 140 | 77  | 39:35 | Joseph Connor      | Bramhall Runners        | Male   | 114 | M    | 61 | 39:23 | 140 |

|     |     |       |                      |                         |        |     |     |    |       |     |
|-----|-----|-------|----------------------|-------------------------|--------|-----|-----|----|-------|-----|
| 141 | 326 | 39:37 | Christopher Spruce   |                         | Male   | 115 | M   | 62 | 39:24 | 141 |
| 142 | 36  | 39:38 | Andrew Mackenzie     |                         | Male   | 116 | M   | 63 | 39:19 | 139 |
| 143 | 215 | 39:50 | Rachel Rick          | Penny Lane Striders     | Female | 27  | F55 | 2  | 39:42 | 143 |
| 144 | 143 | 39:53 | Andrew Baynton       |                         | Male   | 117 | M   | 64 | 39:49 | 146 |
| 145 | 347 | 39:58 | Emma Davis           | Lymm Runners            | Female | 28  | F   | 11 | 39:53 | 148 |
| 146 | 331 | 39:59 | Anthony Gandy        |                         | Male   | 118 | M45 | 19 | 39:45 | 144 |
| 147 | 373 | 39:59 | Ken Wilson           |                         | Male   | 119 | M50 | 12 | 39:49 | 147 |
| 148 | 355 | 40:05 | Andrew Sefton        |                         | Male   | 120 | M   | 65 | 39:55 | 149 |
| 149 | 291 | 40:07 | Tony Taylor          |                         | Male   | 121 | M   | 66 | 40:05 | 153 |
| 150 | 44  | 40:08 | Colin Briody         | Fylde Coast Runners     | Male   | 122 | M40 | 16 | 39:57 | 151 |
| 151 | 245 | 40:09 | Paul Wildridge       |                         | Male   | 123 | M50 | 13 | 39:48 | 145 |
| 152 | 63  | 40:10 | Geraldine Thomas     |                         | Female | 29  | F50 | 2  | 40:06 | 154 |
| 153 | 212 | 40:14 | Mick Obrien          | Knowsley Harriers       | Male   | 124 | M45 | 20 | 40:06 | 155 |
| 154 | 43  | 40:15 | Graham Howell        | Liverpool Harriers AC   | Male   | 125 | M65 | 1  | 40:12 | 156 |
| 155 | 365 | 40:19 | John Litler          |                         | Male   | 126 | M40 | 17 | 39:56 | 150 |
| 156 | 240 | 40:22 | Barry Wheller        | Penny Lane Striders     | Male   | 127 | M40 | 18 | 39:59 | 152 |
| 157 | 314 | 40:23 | Jane Nicholson       | Penny Lane Striders     | Female | 30  | F50 | 3  | 40:15 | 158 |
| 158 | 272 | 40:24 | John Barr            |                         | Male   | 128 | M65 | 2  | 40:14 | 157 |
| 159 | 52  | 40:38 | Liam Monks           |                         | Male   | 129 | M   | 67 | 40:37 | 160 |
| 160 | 258 | 40:46 | Edward Smith         |                         | Male   | 130 | M55 | 5  | 40:34 | 159 |
| 161 | 119 | 40:53 | Helen Kelsall        |                         | Female | 31  | F35 | 5  | 40:51 | 167 |
| 162 | 163 | 40:55 | Alan Lindsay         |                         | Male   | 131 | M45 | 21 | 40:40 | 163 |
| 163 | 279 | 40:55 | Grace Smith          |                         | Female | 32  | F   | 12 | 40:39 | 162 |
| 164 | 285 | 40:56 | Mike Sharkey         | Penny Lane Striders     | Male   | 132 | M65 | 3  | 40:50 | 166 |
| 165 | 262 | 40:57 | Anthony Murnane      |                         | Male   | 133 | M   | 68 | 40:38 | 161 |
| 166 | 214 | 40:59 | Stephen Grady        |                         | Male   | 134 | M55 | 6  | 40:41 | 164 |
| 167 | 316 | 41:00 | Anthony Tonks        | Warrington Running Club | Male   | 135 | M40 | 19 | 40:56 | 171 |
| 168 | 367 | 41:04 | Simon Byrne          |                         | Male   | 136 | M   | 69 | 40:57 | 172 |
| 169 | 116 | 41:06 | Anne Roberts         | Mossley Hill AC         | Female | 33  | F   | 13 | 40:49 | 165 |
| 170 | 250 | 41:09 | Chris Pye            |                         | Male   | 137 | M55 | 7  | 40:54 | 168 |
| 171 | 280 | 41:12 | Nick Smith           |                         | Male   | 138 | M60 | 6  | 40:55 | 169 |
| 172 | 300 | 41:13 | Nikki Wilson         |                         | Female | 34  | F40 | 6  | 40:55 | 170 |
| 173 | 290 | 41:15 | Alex Taylor          |                         | Male   | 139 | M45 | 22 | 41:14 | 174 |
| 174 | 89  | 41:20 | Ed Owens             |                         | Male   | 140 | M   | 70 | 41:03 | 173 |
| 175 | 73  | 41:22 | Helen Davies         |                         | Female | 35  | F45 | 5  | 41:14 | 175 |
| 176 | 61  | 41:28 | Michael Pridgeon     |                         | Male   | 141 | M   | 71 | 41:23 | 179 |
| 177 | 168 | 41:29 | Alison Hughes        | Widnes Wasps Ladies RC  | Female | 36  | F45 | 6  | 41:18 | 176 |
| 178 | 57  | 41:33 | Ian Philcock         |                         | Male   | 142 | M40 | 20 | 41:19 | 177 |
| 179 | 256 | 41:37 | Malcolm Sowerby      |                         | Male   | 143 | M50 | 14 | 41:19 | 178 |
| 180 | 207 | 41:43 | John Kelly           |                         | Male   | 144 | M40 | 21 | 41:29 | 180 |
| 181 | 306 | 41:46 | Terry Long           | Penny Lane Striders     | Male   | 145 | M60 | 7  | 41:31 | 181 |
| 182 | 140 | 41:53 | Claire Berry         | Lymm Runners            | Female | 37  | F   | 14 | 41:47 | 184 |
| 183 | 53  | 41:54 | Susan Rogers         | Mossley Hill AC         | Female | 38  | F55 | 3  | 41:46 | 183 |
| 184 | 198 | 41:55 | Michael Bailey       |                         | Male   | 146 | M40 | 22 | 41:41 | 182 |
| 185 | 189 | 41:58 | Jan Green            |                         | Female | 39  | F60 | 1  | 41:50 | 185 |
| 186 | 59  | 42:16 | Edward Tyson         |                         | Male   | 147 | M   | 72 | 41:59 | 186 |
| 187 | 94  | 42:26 | Michelle Moulds      | Widnes Wasps Ladies RC  | Female | 40  | F   | 15 | 42:16 | 189 |
| 188 | 372 | 42:31 | Lee Walker           |                         | Male   | 148 | M45 | 23 | 42:18 | 190 |
| 189 | 227 | 42:35 | Paul Lyon            |                         | Male   | 149 | M45 | 24 | 42:15 | 187 |
| 190 | 209 | 42:44 | Lucy Alisha Chittick |                         | Female | 41  | F   | 16 | 42:15 | 188 |
| 191 | 156 | 42:48 | Derek Ralphs         |                         | Male   | 150 | M50 | 15 | 42:35 | 191 |
| 192 | 108 | 42:55 | Sophie Mcferran      |                         | Female | 42  | F   | 17 | 42:48 | 195 |
| 193 | 109 | 42:55 | Matthew Hatchard     |                         | Male   | 151 | M   | 73 | 42:48 | 196 |
| 194 | 360 | 42:56 | Nigel Henshall       |                         | Male   | 152 | M50 | 16 | 42:49 | 197 |
| 195 | 95  | 42:57 | Joanne Moody         | Liverpool RC            | Female | 43  | F   | 18 | 42:40 | 194 |
| 196 | 125 | 42:59 | Daniel Hughes        |                         | Male   | 153 | M   | 74 | 42:58 | 198 |
| 197 | 152 | 43:07 | Daniel Every         |                         | Male   | 154 | M60 | 8  | 42:39 | 193 |
| 198 | 110 | 43:16 | James Battersby      |                         | Male   | 155 | M40 | 23 | 43:04 | 201 |
| 199 | 68  | 43:17 | Nathaniel Hopkins    |                         | Male   | 156 | M   | 75 | 43:02 | 200 |
| 200 | 377 | 43:22 | Diane Mercer         | Liverpool Harriers AC   | Female | 44  | F40 | 7  | 43:01 | 199 |
| 201 | 136 | 43:29 | Catherine Nevin      | Penny Lane Striders     | Female | 45  | F55 | 4  | 43:23 | 205 |
| 202 | 147 | 43:33 | Helen Howard         | Fylde Coast Runners     | Female | 46  | F45 | 7  | 43:11 | 202 |
| 203 | 9   | 43:33 | Sarah Matthews       | Warrington RRC          | Female | 47  | F35 | 6  | 43:24 | 206 |
| 204 | 169 | 43:34 | Ali Lysons           | Warrington RRC          | Female | 48  | F50 | 4  | 43:25 | 207 |
| 205 | 132 | 43:35 | Martin Rea           |                         | Male   | 157 | M   | 76 | 43:12 | 203 |
| 206 | 84  | 43:38 | Nick Morton          |                         | Male   | 158 | M   | 77 | 43:22 | 204 |
| 207 | 134 | 43:40 | Claire Meadows       | Penny Lane Striders     | Female | 49  | F45 | 8  | 43:31 | 211 |
| 208 | 340 | 43:47 | Becky Hunt           |                         | Female | 50  | F45 | 9  | 43:38 | 212 |
| 209 | 185 | 43:49 | Jayne Hardcastle     |                         | Female | 51  | F40 | 8  | 43:30 | 210 |
| 210 | 361 | 43:55 | Frank Smith          |                         | Male   | 159 | M45 | 25 | 43:40 | 213 |

|     |     |       |                    |                         |        |     |      |    |       |     |
|-----|-----|-------|--------------------|-------------------------|--------|-----|------|----|-------|-----|
| 211 | 371 | 43:58 | Paul Barrett       |                         | Male   | 160 | M40  | 24 | 43:41 | 214 |
| 212 | 111 | 43:59 | Paul Underwood     |                         | Male   | 161 | M    | 78 | 43:28 | 209 |
| 213 | 235 | 44:06 | Jo Bruchez Corbett | Penny Lane Striders     | Female | 52  | F35  | 7  | 43:58 | 216 |
| 214 | 313 | 44:08 | Robert Raynor      |                         | Male   | 162 | M65  | 4  | 43:48 | 215 |
| 215 | 216 | 44:08 | Al Derrick         |                         | Male   | 163 | M45  | 26 | 44:08 | 221 |
| 216 | 24  | 44:10 | John Wright        |                         | Male   | 164 | M50  | 17 | 44:10 | 222 |
| 217 | 352 | 44:10 | Peter Hughes       |                         | Male   | 165 | M    | 79 | 44:00 | 217 |
| 218 | 231 | 44:13 | Nigel Hughes       |                         | Male   | 166 | M    | 80 | 44:02 | 218 |
| 219 | 114 | 44:13 | Sue Flanagan       | Warrington Running Club | Female | 53  | F45  | 10 | 44:03 | 219 |
| 220 | 157 | 44:18 | Peter Suen         |                         | Male   | 167 | M    | 81 | 44:06 | 220 |
| 221 | 344 | 44:23 | Gary Jones         |                         | Male   | 168 | M40  | 25 | 43:26 | 208 |
| 222 | 166 | 44:30 | Steph Davies       |                         | Female | 54  | F45  | 11 | 44:23 | 223 |
| 223 | 35  | 44:36 | Sidney Molyneux    | Picton Sports Centre RC | Male   | 169 | M65  | 5  | 44:24 | 224 |
| 224 | 49  | 44:46 | Rio Monks          |                         | Male   | 170 | M    | 82 | 44:45 | 227 |
| 225 | 83  | 44:54 | Paul Morton        |                         | Male   | 171 | M50  | 18 | 44:39 | 226 |
| 226 | 221 | 45:01 | Hayley Crossland   |                         | Female | 55  | F    | 19 | 44:52 | 229 |
| 227 | 25  | 45:01 | Debs Gardner       | Birkenhead AC           | Female | 56  | F45  | 12 | 44:53 | 231 |
| 228 | 38  | 45:06 | Jackie Jones       | Liverpool RC            | Female | 57  | F50  | 5  | 44:52 | 230 |
| 229 | 288 | 45:12 | Kieran Crowder     |                         | Male   | 172 | M    | 83 | 44:48 | 228 |
| 230 | 82  | 45:14 | Helen Eaton        |                         | Female | 58  | F40  | 9  | 44:59 | 232 |
| 231 | 120 | 45:16 | Tracey Carr        |                         | Female | 59  | F50  | 6  | 42:36 | 192 |
| 232 | 122 | 45:19 | Biddy Lindop       |                         | Female | 60  | F55  | 5  | 45:08 | 234 |
| 233 | 162 | 45:19 | Mary Lindop        |                         | Female | 61  | F    | 20 | 45:08 | 235 |
| 234 | 80  | 45:20 | Hayley Staunton    | Warrington Running Club | Female | 62  | F    | 21 | 45:10 | 236 |
| 235 | 321 | 45:26 | Jacqui Hughes      |                         | Female | 63  | F45  | 13 | 45:11 | 237 |
| 236 | 375 | 45:27 | Shirley Cox        |                         | Female | 64  | F50  | 7  | 45:15 | 238 |
| 237 | 343 | 45:31 | Vicki Jones        |                         | Female | 65  | F40  | 10 | 44:34 | 225 |
| 238 | 366 | 45:32 | Martina Rice       |                         | Female | 66  | F40  | 11 | 45:15 | 239 |
| 239 | 241 | 45:32 | Steve Edwards      |                         | Male   | 173 | M45  | 27 | 45:04 | 233 |
| 240 | 254 | 45:34 | Tricia Rutherford  | Mossley Hill AC         | Female | 67  | F50  | 8  | 45:16 | 240 |
| 241 | 85  | 45:45 | Alan Higgins       |                         | Male   | 174 | M    | 84 | 45:23 | 241 |
| 242 | 165 | 45:49 | Darren Kitchen     |                         | Male   | 175 | M40  | 26 | 45:27 | 242 |
| 243 | 98  | 45:57 | Lottie Millington  |                         | Female | 68  | F    | 22 | 45:49 | 244 |
| 244 | 376 | 46:01 | Anne Flynn         |                         | Female | 69  | F50  | 9  | 46:00 | 248 |
| 245 | 261 | 46:02 | Rachel Jones       |                         | Female | 70  | F    | 23 | 45:52 | 245 |
| 246 | 333 | 46:02 | David Peter Jones  |                         | Male   | 176 | M50  | 19 | 45:43 | 243 |
| 247 | 342 | 46:12 | Colin Hunt         |                         | Male   | 177 | M45  | 28 | 46:02 | 249 |
| 248 | 304 | 46:12 | Joe Clayton        |                         | Male   | 178 | M    | 85 | 46:04 | 250 |
| 249 | 334 | 46:13 | Phil Raymond       |                         | Male   | 179 | M    | 86 | 45:56 | 246 |
| 250 | 350 | 46:15 | Ian Mclaughlin     |                         | Male   | 180 | M    | 87 | 45:58 | 247 |
| 251 | 96  | 46:19 | Emma Pitt          |                         | Female | 71  | F40  | 12 | 46:05 | 251 |
| 252 | 31  | 46:21 | Lynne Wasley       |                         | Female | 72  | F40  | 13 | 46:10 | 252 |
| 253 | 217 | 46:37 | Janine Keeble      |                         | Female | 73  | F35  | 8  | 46:22 | 254 |
| 254 | 357 | 46:37 | Jane Gandy         | Widnes Wasps Ladies RC  | Female | 74  | F45  | 14 | 46:24 | 255 |
| 255 | 242 | 46:44 | Linda Rodgers      |                         | Female | 75  | F55  | 6  | 46:28 | 258 |
| 256 | 8   | 46:45 | Jenny Barrow       |                         | Female | 76  | F45  | 15 | 46:31 | 259 |
| 257 | 248 | 46:45 | Alida Droppert     |                         | Female | 77  | F65+ | 2  | 46:39 | 264 |
| 258 | 7   | 46:46 | Stephen Parr       |                         | Male   | 181 | M40  | 27 | 46:31 | 260 |
| 259 | 124 | 46:46 | Karen Conway       |                         | Female | 78  | F45  | 16 | 46:17 | 253 |
| 260 | 196 | 46:47 | Keith Marsden      |                         | Male   | 182 | M55  | 8  | 46:27 | 256 |
| 261 | 102 | 46:48 | Craig Kitching     |                         | Male   | 183 | M40  | 28 | 46:27 | 257 |
| 262 | 29  | 46:48 | Janet Shaw         | Helsby (Bicc) Rc        | Female | 79  | F60  | 2  | 46:42 | 265 |
| 263 | 32  | 46:49 | Martha Irwin       |                         | Female | 80  | F60  | 3  | 46:37 | 261 |
| 264 | 86  | 46:51 | Andrew Amos        |                         | Male   | 184 | M    | 88 | 46:38 | 263 |
| 265 | 205 | 46:54 | Paul Donegan       |                         | Male   | 185 | M50  | 20 | 46:37 | 262 |
| 266 | 208 | 47:09 | Keith Smith        |                         | Male   | 186 | M    | 89 | 47:01 | 267 |
| 267 | 27  | 47:14 | Patricia Wright    |                         | Female | 81  | F65+ | 3  | 46:52 | 266 |
| 268 | 378 | 47:28 | Margaret Green     | Widnes Wasps Ladies RC  | Female | 82  | F45  | 17 | 47:15 | 269 |
| 269 | 295 | 47:34 | Colin Moneypenny   | Penny Lane Striders     | Male   | 187 | M55  | 9  | 47:06 | 268 |
| 270 | 228 | 48:02 | David Pope         |                         | Male   | 188 | M40  | 29 | 47:43 | 272 |
| 271 | 327 | 48:15 | Jack Dowden        |                         | Male   | 189 | M    | 90 | 48:05 | 273 |
| 272 | 370 | 48:21 | Michelle Williams  | Mossley Hill AC         | Female | 83  | F45  | 18 | 48:07 | 276 |
| 273 | 369 | 48:23 | Lisa Pritchard     | Mossley Hill AC         | Female | 84  | F35  | 9  | 48:08 | 277 |
| 274 | 325 | 48:24 | Sam Wareing        |                         | Male   | 190 | M    | 91 | 48:06 | 275 |
| 275 | 322 | 48:24 | Martin Rogers      | Mossley Hill AC         | Male   | 191 | M45  | 29 | 48:05 | 274 |
| 276 | 311 | 48:25 | Robert Griffiths   |                         | Male   | 192 | M    | 92 | 48:08 | 278 |
| 277 | 211 | 48:34 | Karen Young        | St. Helens Sutton AC    | Female | 85  | F40  | 14 | 48:20 | 279 |
| 278 | 121 | 48:36 | Samantha Mcculloch |                         | Female | 86  | F    | 24 | 48:22 | 280 |
| 279 | 353 | 48:43 | Dorothy Fairhurst  | St. Helens Sutton AC    | Female | 87  | F70  | 1  | 48:39 | 283 |
| 280 | 379 | 48:45 | Brian Banks        |                         | Male   | 193 | M40  | 30 | 48:23 | 281 |

|     |     |         |                      |                        |        |     |      |     |         |     |
|-----|-----|---------|----------------------|------------------------|--------|-----|------|-----|---------|-----|
| 281 | 312 | 48:48   | Suzi Keating         |                        | Female | 88  | F40  | 15  | 48:25   | 282 |
| 282 | 192 | 49:06   | Bryan Cole           | Liverpool RC           | Male   | 194 | M    | 93  | 48:55   | 284 |
| 283 | 345 | 49:19   | Jake Mills           |                        | Male   | 195 | M    | 94  | 49:09   | 285 |
| 284 | 297 | 49:29   | Daniel Pope          |                        | Male   | 196 | M    | 95  | 49:09   | 286 |
| 285 | 177 | 49:45   | Mark Taylor          |                        | Male   | 197 | M45  | 30  | 49:19   | 287 |
| 286 | 268 | 50:12   | Paul Carr            | St. Helens Striders    | Male   | 198 | M60  | 9   | 50:06   | 293 |
| 287 | 45  | 50:17   | Peter Evans          | Liverpool RC           | Male   | 199 | M    | 96  | 49:56   | 289 |
| 288 | 144 | 50:19   | Marlene Webster      | Widnes Wasps Ladies RC | Female | 89  | F60  | 4   | 50:06   | 294 |
| 289 | 10  | 50:20   | Graham Wild          | Knowsley Harriers      | Male   | 200 | M50  | 21  | 49:52   | 288 |
| 290 | 64  | 50:32   | L Duffy Abrahams     |                        | Female | 90  | F    | 25  | 50:05   | 292 |
| 291 | 195 | 50:39   | Louise Marsden       |                        | Female | 91  | F    | 26  | 50:19   | 295 |
| 292 | 335 | 51:05   | Ann Green            |                        | Female | 92  | F55  | 7   | 50:38   | 296 |
| 293 | 238 | 51:13   | Phil Holt            |                        | Male   | 201 | M50  | 22  | 50:39   | 297 |
| 294 | 118 | 51:24   | Lee Thompson         |                        | Male   | 202 | M    | 97  | 50:59   | 298 |
| 295 | 46  | 51:24   | Rachel Thompson      |                        | Female | 93  | F    | 27  | 50:59   | 299 |
| 296 | 323 | 51:45   | Diane Rogers         | Mossley Hill AC        | Female | 94  | F50  | 10  | 51:26   | 301 |
| 297 | 320 | 51:48   | Peter Smith          |                        | Male   | 203 | M40  | 31  | 51:20   | 300 |
| 298 | 154 | 52:00   | Daniel Every         |                        | Male   | 204 | M    | 98  | 51:43   | 302 |
| 299 | 20  | 52:05   | Anthony Jones        | St. Helens Striders    | Male   | 205 | M40  | 32  | 51:43   | 303 |
| 300 | 153 | 52:10   | Marie Shaw           |                        | Female | 95  | F40  | 16  | 51:53   | 304 |
| 301 | 117 | 52:19   | Tracy Lea            |                        | Female | 96  | F40  | 17  | 51:53   | 305 |
| 302 | 255 | 52:27   | Chris Haggett        |                        | Male   | 206 | M65  | 6   | 51:59   | 306 |
| 303 | 359 | 52:28   | M Brown-Crowther     |                        | Female | 97  | F40  | 18  | 52:10   | 308 |
| 304 | 329 | 52:57   | Stephen Neal         |                        | Male   | 207 | M45  | 31  | 52:53   | 309 |
| 305 | 178 | 53:09   | Phil Farrington      |                        | Male   | 208 | M    | 99  | 49:59   | 290 |
| 306 | 223 | 53:09   | Hayley Naugher       |                        | Female | 98  | F    | 28  | 50:01   | 291 |
| 307 | 97  | 53:30   | Michelle Patterson   |                        | Female | 99  | F    | 29  | 53:03   | 310 |
| 308 | 74  | 54:00   | Tony Fillingham      |                        | Male   | 209 | M40  | 33  | 53:36   | 311 |
| 309 | 315 | 54:19   | Angela Gwynn         | Birkenhead AC          | Female | 100 | F60  | 5   | 54:05   | 313 |
| 310 | 151 | 54:27   | Sharon Hearty        |                        | Female | 101 | F55  | 8   | 53:58   | 312 |
| 311 | 180 | 54:30   | Lorraine Marshall    |                        | Female | 102 | F35  | 10  | 54:14   | 314 |
| 312 | 274 | 54:43   | Alex Matthews        |                        | Male   | 210 | M    | 100 | 47:21   | 270 |
| 313 | 273 | 54:44   | Natalie Matthews     |                        | Female | 103 | F    | 30  | 47:23   | 271 |
| 314 | 15  | 54:47   | Colin Leyland        | St. Helens Striders    | Male   | 211 | M50  | 23  | 54:28   | 315 |
| 315 | 22  | 54:48   | Vanessa Leyland      | St. Helens Striders    | Female | 104 | F    | 31  | 54:28   | 316 |
| 316 | 75  | 55:11   | Danielle Fillingham  |                        | Female | 105 | F    | 32  | 54:50   | 317 |
| 317 | 374 | 55:26   | Claire Butterworth   | Penny Lane Striders    | Female | 106 | F    | 33  | 55:19   | 318 |
| 318 | 142 | 55:34   | Sarah Kelly          | Chorlton Runners       | Female | 107 | F    | 34  | 52:06   | 307 |
| 319 | 54  | 55:39   | Howard Rogers        | Mossley Hill AC        | Male   | 212 | M55  | 10  | 55:20   | 319 |
| 320 | 115 | 55:43   | Rachel Simm          | St. Helens Striders    | Female | 108 | F    | 35  | 55:24   | 320 |
| 321 | 184 | 55:56   | Lawrence Oliver      |                        | Male   | 213 | M70+ | 1   | 55:26   | 321 |
| 322 | 213 | 56:27   | Carol Stanley        | St. Helens Sutton AC   | Female | 109 | F    | 36  | 56:13   | 322 |
| 323 | 56  | 56:41   | Alex Philcock        |                        | Female | 110 | F35  | 11  | 56:28   | 326 |
| 324 | 176 | 56:43   | Paul Collins         |                        | Male   | 214 | M55  | 11  | 56:13   | 323 |
| 325 | 200 | 56:43   | Mark Gibbons         |                        | Male   | 215 | M55  | 12  | 56:13   | 324 |
| 326 | 354 | 56:45   | Stephen Bilby        |                        | Male   | 216 | M55  | 13  | 56:15   | 325 |
| 327 | 225 | 57:03   | Pauline Picton       | St. Helens Sutton AC   | Female | 111 | F60  | 6   | 57:00   | 329 |
| 328 | 26  | 57:15   | Sarah Cowan          |                        | Female | 112 | F    | 37  | 56:52   | 327 |
| 329 | 233 | 57:17   | Louise Hill          | St. Helens Sutton AC   | Female | 113 | F35  | 12  | 57:02   | 330 |
| 330 | 164 | 57:17   | Pauline Finlay       |                        | Female | 114 | F50  | 11  | 56:57   | 328 |
| 331 | 41  | 58:23   | Rod Heywood          | 100 Marathon Club      | Male   | 217 | M70+ | 2   | 58:23   | 332 |
| 332 | 42  | 58:23   | Yvonne Heywood       |                        | Female | 115 | F65+ | 4   | 57:59   | 331 |
| 333 | 181 | 58:54   | Robert Barnes        |                        | Male   | 218 | M70+ | 3   | 58:25   | 333 |
| 334 | 328 | 59:27   | Robert Kenneth Jones |                        | Male   | 219 | M60  | 10  | 59:20   | 334 |
| 335 | 310 | 1:00:52 | Lisa Worsley         | St. Helens Striders    | Female | 116 | F40  | 19  | 1:00:31 | 335 |
| 336 | 281 | 1:00:52 | Lorraine Kelly-Swan  | St. Helens Sutton AC   | Female | 117 | F40  | 20  | 1:00:31 | 336 |
| 337 | 188 | 1:01:20 | Sally Quinn          | York Postal Harriers   | Female | 118 | F    | 38  | 1:00:50 | 337 |
| 338 | 226 | 1:01:26 | Clare Brown          | St. Helens Sutton AC   | Female | 119 | F40  | 21  | 1:00:58 | 338 |
| 339 | 203 | 1:01:27 | Kay Wilcock          | St. Helens Sutton AC   | Female | 120 | F45  | 19  | 1:00:58 | 339 |
| 340 | 319 | 1:01:57 | Vikki Leay           |                        | Female | 121 | F    | 39  | 1:01:27 | 340 |
| 341 | 193 | 1:12:17 | Norman Grundy        | Birkenhead AC          | Male   | 220 | M70+ | 4   | 1:12:02 | 341 |
| 342 | 78  | 1:14:12 | Phil Sefton          |                        | Male   | 221 | M45  | 32  | 1:13:48 | 342 |