

<b>1</b>	<b>Central AC</b> Aidan Thompson (2), Dale Colley (5), Jamie Crowe (16) & Daniel Stansfield (17)	<b>40</b>
<b>2</b>	<b>Edinburgh AC</b> Andrew Lawler (9), Adam Craig (11), Robert Bough (14) & Jonathan Currie (25)	<b>59</b>
<b>3</b>	<b>Inverclyde AC</b> Jonathan Glen (1), Greg Williams (20), Michael Houston (21) & Callum Hunter (40)	<b>82</b>
<b>4</b>	<b>Ron Hill Cambuslang Harriers</b> Ryan Thomson (4), Jack MacGregor (23), Ross Stephen (27) & David Robertson (32)	<b>86</b>
<b>5</b>	<b>Aberdeen AAC</b> Michael Ferguson (7), Callum Symmons (13), Jordan Chapman (28) & Steven Murray (42)	<b>90</b>

Pos.	Bib	Time	Name	Team
1	1197	25:47	Jonathan Glen	Inverclyde AC
2	1164	25:54	Aidan Thompson	Central AC
3	1201	26:13	Euan Gillham	Kilbarchan AAC
4	1219	26:14	Ryan Thomson	Ron Hill Cambuslang Harriers
5	1161	26:53	Dale Colley	Central AC
6	1189	26:55	Alastair Thurlbeck	Glasgow University Hare and H
7	1157	26:55	Michael Ferguson	Aberdeen AAC
8	1229	27:03	Craig Jardine	VP-Glasgow AC
9	1174	27:05	Andrew Lawler	Edinburgh AC
10	1177	27:24	Jacob Adkin	Edinburgh Univ Hare & Hounds
11	1171	27:27	Adam Craig	Edinburgh AC
12	1203	27:28	Gavin McArdle	Kilbarchan AAC
13	1159	27:30	Callum Symmons	Aberdeen AAC
14	1172	27:36	Robert Bough	Edinburgh AC
15	1207	27:41	Luke Foss	Law & District AAC
16	1162	27:45	Jamie Crowe	Central AC
17	1163	27:59	Daniel Stansfield	Central AC
18	1200	28:14	Callum Matthews	Kilbarchan AAC
19	1230	28:18	Kieron Rafferty	VP-Glasgow AC
20	1195	28:31	Greg Williams	Inverclyde AC
21	1194	28:48	Michael Houston	Inverclyde AC
22	1218	28:57	Ben Potrykus	Pitreavie AAC
23	1224	29:03	Jack MacGregor	Ron Hill Cambuslang Harriers
24	1231	29:06	Andrew Clark	Giffnock North AAC
25	1170	29:09	Jonathan Currie	Edinburgh AC
26	1190	29:13	Tom Callan	Glasgow University Hare and H
27	1221	29:23	Ross Stephen	Ron Hill Cambuslang Harriers
28	1154	29:30	Jordan Chapman	Aberdeen AAC
29	1173	29:38	Cameron Gilmour	Edinburgh AC
30	1180	29:39	Fraser Drummond	Edinburgh Univ Hare & Hounds
31	1228	29:52	Fraser Glass	VP-Glasgow AC
32	1222	29:54	David Robertson	Ron Hill Cambuslang Harriers
33	1165	29:55	Philip Wright	Central AC
34	1167	29:55	Vincent Hastings	East Kilbride A.C.
35	1188	30:22	Matthew O'Brien	Garscube Harriers
36	1178	30:36	Alex Luetchford	Edinburgh Univ Hare & Hounds
37	1183	30:48	Ronan McKinstry	Fife AC
38	1199	30:55	Stuart Michael	Inverness Harriers AAC
39	1213	31:27	Lucas Cheskin	Moorfoot Runners
40	1196	31:44	Callum Hunter	Inverclyde AC
41	1214	31:58	Benjamin Hindley	Moorfoot Runners
42	1158	32:05	Steven Murray	Aberdeen AAC
43	1227	32:25	Joe Cherry	University of St Andrews CC
44	1226	32:40	Daniel Lynch	University of St Andrews CC
45	1186	33:02	James Mercer	Gala Harriers
46	1204	33:10	Kieran Pugh	Kirkintilloch Olympians
47	1181	35:24	Gary Munro	Falkirk Victoria Harriers
48	1210	35:35	Ryan White	Livingston & District AAC
49	1166	36:00	Tony Dolan	Clydesdale Harriers
50	1193	38:32	Andrew Bickerstaff	Hamilton Harriers