

Pos.	Bib	Time	Name	Club	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	2826	32:50	Wondiye Indelbu		Male	1	10KM	1	32:50	1
2	2801	33:07	Ian Hudspith	Morpeth Harriers	Male	2	10KM40	1	33:07	2
3	2368	34:09	Michael Morris	Morpeth Harriers	Male	3	10KM40	2	34:09	3
4	2106	34:23	John Clifford	Evenwood Road Runners	Male	4	10KM40	3	34:23	4
5	2941	34:32	James Dunce	Tyne Bridge Harriers	Male	5	10KM	2	34:32	5
6	2810	34:36	Craig Isherwood	Sunderland Harriers	Male	6	10KM	3	34:36	6
7	2400	34:50	Aly Dixon		Female	1	10kF	1	34:50	7
8	2702	35:06	Steve Rankin	Sunderland Harriers	Male	7	10KM	4	35:06	8
9	2148	35:45	Steven McMahon	Sunderland Harriers	Male	8	10KM	5	35:45	9
10	2706	36:01	Ian Dixon	Sunderland Harriers	Male	9	10KM	6	36:01	10
11	2578	36:18	Justina Heslop		Female	2	10kF	2	36:18	11
12	1868	36:23	Paul Dalton	Quakers Running Club	Male	10	10KM40	4	36:22	12
13	2443	36:26	Paul Turnbull	Tyne Bridge Harriers	Male	11	10KM	7	36:25	13
14	2806	36:37	Keith Smith	Tyne Bridge Harriers	Male	12	10KM50	1	36:37	14
15	1678	36:44	David Old	Gateshead Harriers	Male	13	10KM	8	36:42	15
16	2815	36:44	Stephen Jackson	Elvet Striders	Male	14	10KM	9	36:42	16
17	2727	36:45	Andy Smythe	Tyne Bridge Harriers	Male	15	10KM	10	36:44	17
18	2830	37:00	Matthew Alderson	Blaydon Athletics club	Male	16	10KM	11	36:59	18
19	2800	37:11	Paul Weir	Sedgefield Harriers	Male	17	10KM40	5	37:09	19
20	2505	37:15	Aidan Crowe	Sunderland Strollers	Male	18	10KM	12	37:13	20
21	2046	37:26	George Rudman	Blaydon Harriers	Male	19	10KM	13	37:26	21
22	1867	37:34	Les Smith	Heaton Harriers	Male	20	10KM40	6	37:34	22
23	1437	37:52	David Berg		Male	21	10KM	14	37:50	23
24	2860	37:57	Victor Brudenell	North York Moors AC	Male	22	10KM40	7	37:57	24
25	2863	38:08	Paul Merrison	Sunderland Harriers	Male	23	10KM50	2	38:08	25
26	1333	38:21	Jonathan Law	Steel City Striders	Male	24	10KM	15	38:17	26
27	1553	38:22	Mark Wade	Aycliffe Running Club	Male	25	10KM	16	38:20	27
28	1889	38:27	Andrew Alderson		Male	26	10KM	17	38:26	28
29	2765	38:41	Keith Littlewood	Barnsley Athletic Club	Male	27	10KM40	8	38:38	29
30	2755	38:43	Graham Spowart	Crook AC	Male	28	10KM	18	38:43	30
31	2790	38:55	Jeremy Pattison	Richmond and Zetland	Male	29	10KM40	9	38:55	31
32	1690	39:12	Tim Allsop	Sunderland Strollers	Male	30	10KM40	10	39:09	32
33	2217	39:23	Andy Forbes	Sunderland Strollers	Male	31	10KM	19	39:21	33
34	2027	39:29	George Stainsby		Male	32	10KM40	11	39:27	35
35	1366	39:34	Christopher Huitson	Tyne Bridge Harriers	Male	33	10KM	20	39:33	36
36	2026	39:35	Callum Greig	Run Peterlee	Male	34	10KM	21	39:26	34
37	1127	39:36	Phil Jarvis	North York Moors AC	Male	35	10KM40	12	39:33	37
38	2192	39:42	Scott Brabban		Male	36	10KM	22	39:33	38
39	2571	39:45	Paul Browning		Male	37	10KM	23	39:39	39
40	2442	39:46	Nick Mason	Quakers Running Club	Male	38	10KM40	13	39:41	40
41	2455	39:48	Andy Lowes		Male	39	10KM40	14	39:44	41
42	2690	39:57	Mike Hobson	Sunderland Strollers	Male	40	10KM40	15	39:48	42
43	1906	39:59	Chris Thornley		Male	41	10KM	24	39:52	43
44	2142	40:01	Michael McGrath		Male	42	10KM	25	39:59	44
45	1597	40:05	Richard Harrison	South Shields Harriers	Male	43	10KM	26	40:04	45
46	2022	40:08	Matthew Archer	Elvet Striders	Male	44	10KM	27	40:08	46
47	1061	40:24	Christopher Rawle		Male	45	10KM	28	40:20	47
48	2686	40:24	Simon Mowbray		Male	46	10KM	29	40:21	48
49	2267	40:25	Chris Lines		Male	47	10KM40	16	40:23	49
50	2846	40:36	Craig Downs	Crook & District AC	Male	48	10KM	30	40:36	50
51	1290	40:41	Michael Jones	South Shields Harriers	Male	49	10KM50	3	40:40	51
52	1824	41:01	Robert MacDonald	Blyth Running Club	Male	50	10KM	31	41:00	52
53	2514	41:05	Mark Small	North Shields Poly	Male	51	10KM40	17	41:02	53
54	1739	41:09	Paul Waller	Tyne Bridge Harriers	Male	52	10KM	32	41:07	54
55	2304	41:23	Paul Simpson	Jarrow & Hebburn	Male	53	10KM50	4	41:23	56
56	2858	41:24	Alex Thompson		Male	54	10KM	33	41:07	55
57	1735	41:31	Sam Daley	Heaton Harriers	Male	55	10KM60	1	41:30	58
58	1958	41:34	David Harris		Male	56	10KM	34	41:31	59
59	2064	41:36	Paul Reineck		Male	57	10KM	35	41:36	61
60	2411	41:36	David Goldsmith		Male	58	10KM40	18	41:32	60
61	2944	41:37	John Caine		Male	59	10KM	36	41:24	57
62	1504	41:40	Richard Schofield		Male	60	10KM	37	41:38	63
63	2506	41:41	Ian Casson	North Shields Poly	Male	61	10KM50	5	41:37	62
64	2841	41:45	Gary Rowell		Male	62	10KM40	19	41:43	64
65	1523	41:51	Neil Lambert		Male	63	10KM40	20	41:49	65
66	2440	42:03	Ricky Davidson	North Shields Poly	Male	64	10KM40	21	41:59	66
67	2062	42:05	William Crossley	Wallsend Harriers	Male	65	10KM	38	42:02	67
68	2436	42:11	Simon Kristiansen	Tyne Bridge Harriers	Male	66	10KM	39	42:10	68
69	2717	42:11	Sophie Marr	Tyne Bridge Harriers	Female	3	10kF	3	42:10	69
70	1329	42:19	Michelle Avery	Sunderland Harriers	Female	4	10kF	4	42:19	70

71	2929	42:41	Lee Griffiths		Male	67	10kM40	22	42:39	73
72	1202	42:48	Anthony Kippax		Male	68	10kM	40	42:46	75
73	2828	42:52	Mark Wilkinson		Male	69	10kM40	23	42:47	76
74	1185	42:53	John Sayer	Sunderland Strollers	Male	70	10kM40	24	42:44	74
75	2230	42:53	Chris Tynemouth	Sunderland Strollers	Male	71	10kM	41	42:33	72
76	2510	42:56	Kevin O'Neill		Male	72	10kM50	6	42:56	81
77	2633	42:58	Simon Cavey	Sedgefield Harriers	Male	73	10kM	42	42:54	79
78	2038	43:00	Heather Steel	Claremont Road Runners	Female	5	10kF	5	42:57	82
79	1118	43:03	Karl Hussein		Male	74	10kM	43	42:59	83
80	2559	43:04	Mark Toward		Male	75	10kM	44	42:55	80
81	2461	43:07	Richard Lomax		Male	76	10kM	45	42:52	77
82	1462	43:16	Daniel Shannon		Male	77	10kM	46	43:11	85
83	1756	43:20	Mitchell Houghton		Male	78	10kM	47	42:52	78
84	2611	43:23	Gary McDonald		Male	79	10kM	48	43:17	87
85	2703	43:23	Paul Calland	Low Fell	Male	80	10kM40	25	43:20	88
86	1285	43:25	Alex Mitchell	Sunderland Harriers	Male	81	10kM	49	43:25	91
87	2781	43:25	Tracey Surtees	Aycliffe Running Club	Female	6	10kF	6	43:24	89
88	2760	43:27	Brian Cairns	Sunderland Strollers	Male	82	10kM40	26	43:24	90
89	1218	43:29	Russell Richardson		Male	83	10kM	50	43:28	92
90	1843	43:30	Katherine Forsyth		Female	7	10kF	7	43:29	93
91	1784	43:32	Jess Fox	Sunderland Harriers	Female	8	10kF	8	43:29	94
92	1917	43:32	Roy Hammonds		Male	84	10kM50	7	43:29	95
93	1608	43:33	Katherine Khalil		Female	9	10kF	9	43:14	86
94	2902	43:37	Kevin Saville	Crook AC	Male	85	10kM40	27	43:31	97
95	2947	43:40	Jake Smithson		Male	86	10kM	51	43:31	98
96	2803	43:41	Matthew Van Loo		Male	87	10kM	52	43:30	96
97	2199	43:44	John Lee Lydon		Male	88	10kM	53	42:22	71
98	2480	43:45	Matthew Crawford		Male	89	10kM	54	43:35	99
99	2447	43:53	Andrew McGregor		Male	90	10kM	55	43:35	100
100	2004	43:54	Katie Gunn	Birtley AC	Female	10	10kF	10	43:38	101
101	1067	44:00	Thomas Price		Male	91	10kM	56	43:08	84
102	1241	44:10	John Donaghue		Male	92	10kM40	28	43:48	103
103	2769	44:12	Mike Abrams-Cohen	Newcastle University	Male	93	10kM	57	43:48	104
104	2348	44:17	Gillian Ritchie	Sunderland Strollers	Female	11	10kF	11	44:14	111
105	1453	44:18	Robin Huntley	Sunderland Strollers	Male	94	10kM	58	44:06	109
106	2723	44:19	Gary Fox	Sunderland Harriers	Male	95	10kM40	29	44:17	113
107	2711	44:22	Craig Miles		Male	96	10kM	59	44:13	110
108	2632	44:27	Michael Price	Houghton Harriers	Male	97	10kM	60	43:46	102
109	2359	44:29	Ian Temby		Male	98	10kM	61	43:51	105
110	1994	44:29	Sean Davies		Male	99	10kM	62	44:18	114
111	1089	44:30	David Paley	New Marske Harriers	Male	100	10kM40	30	44:23	115
112	2589	44:33	Lisa Atkinson	Gateshead Harriers	Female	12	10kF	12	44:33	122
113	1019	44:34	Robert Young	Aycliffe Running Club	Male	101	10kM	63	44:25	117
114	2714	44:36	John Walton	Saltwell Harriers	Male	102	10kM40	31	44:29	120
115	1171	44:37	Andrew Melville		Male	103	10kM	64	44:24	116
116	2501	44:45	Kevin Brown		Male	104	10kM	65	44:34	123
117	2667	44:46	David Mullen		Male	105	10kM40	32	44:25	118
118	2750	44:51	Graham Fox		Male	106	10kM40	33	44:48	127
119	2583	44:52	Wendy Adams		Female	13	10kF40	1	44:46	126
120	1946	44:59	Jackson Stubbs		Male	107	10kM	66	44:00	108
121	2255	45:00	David Mawson	Cleveland Fire & Rescue	Male	108	10kM50	8	44:50	130
122	2335	45:01	Anthony Lowery		Male	109	10kM	67	43:51	106
123	1158	45:11	Dale Wilkinson	Sunderland Strollers	Male	110	10kM50	9	45:11	140
124	1629	45:11	John Coates		Male	111	10kM40	34	45:09	139
125	1029	45:14	Colin Temperley		Male	112	10kM50	10	44:32	121
126	2905	45:16	Stephen James Moore	Quakers Running Club	Male	113	10kM40	35	45:12	141
127	2391	45:17	Rory Graham		Male	114	10kM	68	44:49	128
128	2330	45:20	Christopher Kent		Male	115	10kM	69	45:12	142
129	2716	45:21	Michael Potter	Gateshead Harriers	Male	116	10kM	70	45:03	137
130	2864	45:23	Lee Breheny	Newcastle University	Male	117	10kM	71	44:27	119
131	2748	45:24	Christopher Dwyer		Male	118	10kM	72	45:02	135
132	2911	45:24	Graeme Rogers		Male	119	10kM	73	44:54	132
133	1837	45:26	Dominic Bland		Male	120	10kM	74	45:20	145
134	1483	45:28	Mark Wales		Male	121	10kM40	36	44:55	133
135	2403	45:28	Mary Hind	Sunderland Strollers	Female	14	10kF40	2	45:27	148
136	2221	45:30	Paul Callaghan		Male	122	10kM	75	45:02	136
137	1745	45:32	Simon Richardson		Male	123	10kM	76	45:15	143
138	2073	45:34	Paul Thornton		Male	124	10kM	77	43:59	107
139	2885	45:37	Janine Alexander		Female	15	10kF	13	45:07	138
140	1846	45:40	David Purvis		Male	125	10kM	78	45:20	146

141	2281	45:41	Harry Walker	Houghton Harriers	Male	126	10kM	79	45:28	149
142	1545	45:43	Adam Lee Conlin		Male	127	10kM	80	45:36	150
143	1433	45:45	Paul Dawson	Hunwick Harriers	Male	128	10kM	81	45:25	147
144	2850	45:46	Kieron Evenden		Male	129	10kM	82	45:01	134
145	1429	45:47	Fraser Craig		Male	130	10kM	83	45:36	151
146	1392	45:54	Daniel Sanderson		Male	131	10kM	84	45:44	153
147	2580	45:55	Stephen Brown		Male	132	10kM40	37	45:41	152
148	2492	45:55	Michelle Oconnor		Female	16	10kF	14	44:50	131
149	2223	45:56	Craig Smith		Male	133	10kM	85	44:34	124
150	2406	45:56	Robert Hanlan		Male	134	10kM	86	45:56	157
151	2794	45:58	Stephen Ashworth		Male	135	10kM	87	44:38	125
152	2308	45:59	Ashley Heatlie		Female	17	10kF	15	45:46	154
153	2261	46:02	Fergus Houston		Male	136	10kM	88	44:14	112
154	1288	46:06	Steven Kingsley		Male	137	10kM	89	45:53	156
155	2098	46:14	Wayne Smith	Sunderland Strollers	Male	138	10kM40	38	45:52	155
156	1405	46:15	Daniel Tromans		Male	139	10kM	90	45:59	159
157	1125	46:21	Jason Clement	Sunderland Strollers	Male	140	10kM40	39	45:58	158
158	1077	46:22	Brogan Carthy		Male	141	10kM	91	46:10	163
159	1981	46:26	Iain Cunningham		Male	142	10kM40	40	46:06	162
160	2862	46:26	David Norman		Male	143	10kM40	41	46:10	164
161	2452	46:28	Kevin Bodak		Male	144	10kM50	11	46:20	165
162	2942	46:30	Sam Jones		Male	145	10kM	92	45:19	144
163	1640	46:38	Claire Ocallaghan	South Shields Harriers	Female	18	10kF	16	46:34	170
164	1221	46:39	Alexander Phillips		Male	146	10kM	93	44:49	129
165	1063	46:41	Martin Greensitt		Male	147	10kM	94	46:32	169
166	1354	46:44	Paul Roddy	Sunderland Strollers	Male	148	10kM	95	46:38	173
167	1624	46:49	Adam King		Male	149	10kM	96	46:42	176
168	2675	46:50	Kevin Smith		Male	150	10kM40	42	46:34	171
169	2377	46:56	Philip Connor		Male	151	10kM60	2	46:54	180
170	2180	46:58	Shannel Curtis	Birtley AC	Female	19	10kF	17	46:56	182
171	2291	47:00	Mark Graham	Gateshead Harriers	Male	152	10kM40	43	46:43	177
172	2114	47:03	David Kelly		Male	153	10kM	97	46:55	181
173	1460	47:06	Kris Garthwaite		Male	154	10kM	98	46:26	167
174	2402	47:07	Alan Baker		Male	155	10kM40	44	46:41	175
175	1376	47:07	Andrew Wright		Male	156	10kM	99	46:45	178
176	2401	47:11	Iulia Fagas		Female	20	10kF	18	46:52	179
177	1052	47:11	Lauren Lang		Female	21	10kF	19	46:01	160
178	2650	47:12	Tim Harris		Male	157	10kM40	45	47:10	189
179	2718	47:15	Richard Beech	Brackla Harriers	Male	158	10kM50	12	46:25	166
180	2538	47:16	Anthony Tiernan	Sunderland Strollers	Male	159	10kM40	46	46:05	161
181	2587	47:18	Aaron Broomfield		Male	160	10kM	100	47:15	194
182	1736	47:21	Colin Hanna		Male	161	10kM40	47	46:40	174
183	2837	47:23	Lesley Watson	Sunderland Strollers	Female	22	10kF50	1	47:20	199
184	1794	47:29	Helen Whitfield	Tynedale Harriers	Female	23	10kF	20	47:13	192
185	2018	47:29	Jack Burdon		Male	162	10kM	101	46:27	168
186	1377	47:30	Anthony Downey		Male	163	10kM	102	47:16	195
187	2322	47:33	Stuart Tye		Male	164	10kM40	48	47:26	203
188	2466	47:36	Sarah Davies	Elvet Striders	Female	24	10kF40	3	47:33	206
189	2628	47:37	Conor Morris		Male	165	10kM	103	47:12	190
190	1793	47:38	Rachel Case		Female	25	10kF	21	47:17	196
191	1401	47:40	Callum Hulsmeier		Male	166	10kM	104	47:29	204
192	1129	47:42	Richard Cunningham		Male	167	10kM50	13	47:38	208
193	1488	47:44	Antonio Ribeiro		Male	168	10kM40	49	47:18	197
194	1073	47:47	John Grimshaw		Male	169	10kM50	14	47:20	200
195	1602	47:48	Richard Marston		Male	170	10kM50	15	47:48	215
196	2595	47:49	Sam Colquhoun		Female	26	10kF40	4	47:40	209
197	2545	47:52	Alistair Murray		Male	171	10kM50	16	47:47	213
198	2572	47:54	Umesh Poudyal		Male	172	10kM40	50	47:49	216
199	1169	47:56	Brian Stoker		Male	173	10kM40	51	47:01	184
200	1505	47:59	John Worrall		Male	174	10kM	105	47:55	222
201	2775	48:06	Michael Magill		Male	175	10kM	106	46:56	183
202	1945	48:06	David Barraclough	Sunderland Strollers	Male	176	10kM	107	47:45	210
203	2896	48:07	Gary Miller		Male	177	10kM50	17	47:45	211
204	1744	48:09	Carl Townley		Male	178	10kM	108	47:58	224
205	1427	48:10	Stuart Havery		Male	179	10kM	109	47:24	201
206	2820	48:10	Rachel Carr	North Shields Poly	Female	27	10kF	22	47:54	218
207	1623	48:10	Kelly Gillan	North Shields Poly	Female	28	10kF40	5	47:54	219
208	2819	48:11	Stephen Mills	Crook AC	Male	180	10kM40	52	46:34	172
209	2566	48:12	Chris Gurney		Male	181	10kM	110	47:06	187
210	2183	48:14	Andrew Chiu		Male	182	10kM	111	47:54	220

211	1900	48:17	Michael Welsh		Male	183	10kM	112	47:33	207
212	1773	48:18	Andrew Sanderson		Male	184	10kM	113	47:12	191
213	2701	48:18	Kerry Reed	Tynedale Harriers	Female	29	10kF40	6	48:14	233
214	2136	48:18	Paul Lydle		Male	185	10kM	114	47:09	188
215	2297	48:19	Neil Cummings		Male	186	10kM40	53	48:05	226
216	2017	48:20	Brett Johnson		Male	187	10kM40	54	47:13	193
217	2451	48:20	Denis Jennings		Male	188	10kM40	55	48:13	230
218	2687	48:21	Chris Hart		Male	189	10kM	115	48:13	231
219	2870	48:21	Tairo Matanhike		Female	30	10kF40	7	48:12	229
220	1076	48:22	Becky Donnelly		Female	31	10kF	23	48:11	228
221	2061	48:24	Alan Parkinson		Male	190	10kM40	56	47:05	186
222	1520	48:24	Phil Hayden	Northern Front Runners	Male	191	10kM40	57	47:54	221
223	2732	48:25	Caroline Fleetwood	Sunderland Harriers	Female	32	10kF	24	48:18	236
224	1970	48:28	Luke Brennan		Male	192	10kM	116	48:13	232
225	1199	48:28	Vikki Cotton	Sunderland Harriers	Female	33	10kF	25	48:21	238
226	1817	48:30	Kris Kelly		Male	193	10kM	117	48:19	237
227	1778	48:31	Glen Stephenson		Male	194	10kM40	58	47:18	198
228	1457	48:32	Nicola Brady	Tyne Bridge Harriers	Female	34	10kF	26	48:26	240
229	1551	48:35	Bryan Charlton		Male	195	10kM50	18	48:23	239
230	2298	48:38	John Walton		Male	196	10kM	118	48:29	245
231	2759	48:39	David Higgins		Male	197	10kM40	59	48:03	225
232	2647	48:41	David Matthew		Male	198	10kM	119	48:16	234
233	2241	48:44	Maria Ferry		Female	35	10kF40	8	48:37	252
234	2756	48:45	Craig Muller		Male	199	10kM40	60	48:30	246
235	2921	48:47	Roderick Stuart		Male	200	10kM40	61	47:03	185
236	1122	48:48	Keith Wilson	North York Moors AC	Male	201	10kM60	3	48:27	242
237	1352	48:49	Stephen Walsh		Male	202	10kM	120	47:47	214
238	2105	48:49	Tim Ellis		Male	203	10kM	121	47:25	202
239	2187	48:49	Kevin Sloan		Male	204	10kM	122	48:32	248
240	2509	48:50	Edward Gibson		Male	205	10kM40	62	47:45	212
241	2642	48:50	Stacey Leigh		Female	36	10kF	27	48:46	258
242	1378	48:51	Darren Teasdale		Male	206	10kM50	19	48:31	247
243	1299	48:51	Malcolm Fallow		Male	207	10kM50	20	48:37	253
244	2287	48:52	Alan Moutter	Sunderland Strollers	Male	208	10kM	123	48:40	255
245	2369	48:56	Shane Doran		Male	209	10kM40	63	48:36	251
246	1909	48:56	Jon Turner		Male	210	10kM	124	48:46	259
247	1283	48:59	Martin Richardson		Male	211	10kM	125	48:57	271
248	2218	49:02	Mark Pickett		Male	212	10kM	126	47:56	223
249	1912	49:04	Tim Noble		Male	213	10kM40	64	47:50	217
250	1414	49:06	Vincent Tobin		Male	214	10kM40	65	48:26	241
251	1293	49:07	Jonathan McKale		Male	215	10kM	127	48:42	257
252	1165	49:08	Darren Stoker		Male	216	10kM40	66	48:17	235
253	2231	49:09	Greig Murray		Male	217	10kM	128	48:48	263
254	2882	49:10	Michael Cassley		Male	218	10kM	129	48:54	269
255	2821	49:11	Peter Dods	Quakers Running Club	Male	219	10kM50	21	48:56	270
256	2888	49:11	Sally Riding		Female	37	10kF40	9	48:34	250
257	2547	49:13	Nathan Marshall		Male	220	10kM	130	48:51	264
258	2462	49:13	Paula Gregory		Female	38	10kF	28	48:33	249
259	1647	49:17	Michelle Cairns	Washington Running Club	Female	39	10kF40	10	48:37	254
260	2551	49:18	James McGovern		Male	221	10kM50	22	49:10	278
261	1767	49:19	Dave Candlish	SALTWELL HARRIERS	Male	222	10kM40	67	49:05	276
262	2938	49:20	Danielle Teasdale		Female	40	10kF	29	47:32	205
263	2869	49:21	Marc Joyce	Jarrow & Hebburn	Male	223	10kM	131	48:51	265
264	2613	49:23	Jonathan Bowes		Male	224	10kM	132	49:06	277
265	2658	49:26	Andrew Dobinson		Male	225	10kM40	68	48:46	260
266	2594	49:27	Hannah Martin		Female	41	10kF50	2	49:24	285
267	1547	49:28	Calvin Walker		Male	226	10kM	133	48:40	256
268	2614	49:31	Jason Braithwaite		Male	227	10kM	134	48:57	272
269	1216	49:35	Michael Johnston		Male	228	10kM	135	49:26	287
270	2561	49:41	Claire Cook	Tricademy Coaching	Female	42	10kF	30	49:22	284
271	1385	49:42	Luke Stoker		Male	229	10kM	136	48:28	243
272	2866	49:45	Jack Venable		Male	230	10kM	137	48:47	261
273	1464	49:45	Liam Taylor	Derwentside AC	Male	231	10kM	138	48:28	244
274	2319	49:48	Aaron Day	South Shields Harriers	Male	232	10kM	139	48:51	266
275	2316	49:51	Jason Varty		Male	233	10kM40	69	48:53	267
276	2222	49:52	Kevin Quirk		Male	234	10kM	140	49:24	286
277	1921	49:55	Martin Gibbins		Male	235	10kM	141	49:36	291
278	2812	49:59	Claire Purvis		Female	43	10kF	31	49:40	293
279	1434	50:00	Andrew Baldwin		Male	236	10kM40	70	49:49	299
280	1727	50:00	Ashleigh Little	South Shields Harriers	Female	44	10kF	32	49:03	275

281	1769	50:02	Jacqui Candlish	Saltwell Harriers	Female	45	10kF40	11	49:47	297
282	2233	50:03	Nathan Dodd		Male	237	10kM	142	49:42	295
283	2394	50:04	Richard Abbott		Male	238	10kM60	4	49:54	301
284	2296	50:05	Will Nicholson		Male	239	10kM	143	49:01	274
285	2840	50:06	Catherine Elliott		Female	46	10kF	33	49:56	303
286	2495	50:06	Emma North		Female	47	10kF	34	49:21	283
287	1880	50:06	Ian Lumley		Male	240	10kM40	71	49:28	288
288	2848	50:10	Phil Lightburn		Male	241	10kM40	72	50:01	308
289	2897	50:11	Matthew Wroe		Male	242	10kM	144	48:09	227
290	1686	50:11	Ian Ellis		Male	243	10kM50	23	48:47	262
291	1876	50:12	Lee Corner		Male	244	10kM40	73	49:57	305
292	1157	50:13	John Young	Aycliffe Running Club	Male	245	10kM60	5	50:04	310
293	2055	50:15	Michael Greig		Male	246	10kM	145	49:51	300
294	2591	50:18	James Sharp		Male	247	10kM	146	48:58	273
295	2935	50:23	Amy Burdis	Northbrook AC	Female	48	10kF	35	49:29	289
296	1213	50:23	Michael Gilboy		Male	248	10kM	147	50:15	319
297	2845	50:27	Brian Marshall	Jarrow & Hebburn	Male	249	10kM	148	49:38	292
298	2133	50:28	Jonathan Mason		Male	250	10kM	149	49:12	279
299	2430	50:30	David Allison		Male	251	10kM	150	49:14	280
300	1943	50:31	Simon Daniels		Male	252	10kM40	74	49:44	296
301	1107	50:34	Ethan Bunker		Male	253	10kM	151	49:18	281
302	2472	50:35	Terry Musgrave		Male	254	10kM	152	49:59	306
303	1707	50:36	John Gartland		Male	255	10kM	153	49:18	282
304	2913	50:37	Clare Stradling	Quakers Running Club	Female	49	10kF	36	50:02	309
305	2435	50:40	James Cairns		Male	256	10kM60	6	50:26	324
306	2290	50:40	Richard Hall	Elvet Striders	Male	257	10kM50	24	48:53	268
307	2321	50:40	Ian Butt		Male	258	10kM	154	50:33	334
308	2320	50:40	Anthony Richards		Male	259	10kM	155	50:35	337
309	1862	50:42	David Alderson		Male	260	10kM50	25	50:13	316
310	2832	50:44	David Ede	Dudley Kingswinford RC	Male	261	10kM40	75	50:30	329
311	1359	50:44	Lisa Hutchinson	Sunderland Strollers	Female	50	10kF	37	50:26	325
312	1451	50:46	Sarah Graham		Female	51	10kF	38	49:56	304
313	1210	50:46	Christopher McCabe		Male	262	10kM	156	50:33	335
314	2500	50:49	Keith McMahon		Male	263	10kM	157	50:12	315
315	1916	50:52	Paul Frost		Male	264	10kM	158	50:34	336
316	2052	50:55	Kieren Jennings		Male	265	10kM	159	49:48	298
317	1081	50:57	Scott Calvert		Male	266	10kM40	76	50:54	351
318	2459	50:57	Claire Joss		Female	52	10kF	39	50:16	320
319	2612	50:58	David Jackson		Male	267	10kM	160	49:33	290
320	2362	51:00	Ian Horner		Male	268	10kM40	77	50:07	312
321	1847	51:02	Paul Bennett		Male	269	10kM40	78	50:44	344
322	2123	51:02	Paula Lumsden		Female	53	10kF	40	50:41	341
323	1532	51:07	Malcolm Lodge		Male	270	10kM40	79	50:21	322
324	2331	51:08	Dan Brandon		Male	271	10kM	161	51:08	369
325	1438	51:09	Maria Ragnarsson		Female	54	10kF	41	51:05	360
326	2731	51:10	Dominic Fowler		Male	272	10kM	162	50:09	313
327	2874	51:12	Paul Trigg		Male	273	10kM	163	51:01	354
328	1502	51:13	Sam Cattanach		Male	274	10kM	164	50:27	326
329	1942	51:14	Martin Chambers		Male	275	10kM50	26	50:31	333
330	1897	51:14	Lee Langford		Male	276	10kM	165	50:30	330
331	2277	51:15	Andrew Victory		Male	277	10kM	166	50:52	347
332	1723	51:18	Jeff Tweedy	Sunderland Strollers	Male	278	10kM	167	51:09	372
333	2247	51:19	Mark Moon		Male	279	10kM	168	49:55	302
334	2422	51:21	Philip Atkinson		Male	280	10kM40	80	51:03	355
335	1389	51:21	Lee Croucher		Male	281	10kM	169	50:09	314
336	2745	51:23	Jonathan Parker		Male	282	10kM	170	50:14	317
337	2490	51:23	Matthew Whitehead		Male	283	10kM	171	50:45	345
338	1517	51:23	Michael Irwin		Male	284	10kM	172	51:17	380
339	1609	51:24	Adam Khalil		Male	285	10kM	173	51:04	358
340	2916	51:25	Luke Schindler		Male	286	10kM	174	50:30	331
341	2805	51:29	Peter Lane		Male	287	10kM	175	49:59	307
342	1812	51:29	Lee Head		Male	288	10kM40	81	51:17	381
343	2782	51:30	Joseph Kibbler		Male	289	10kM	176	51:07	364
344	2238	51:30	Andrew MacPherson		Male	290	10kM	177	50:48	346
345	1109	51:30	Amy Callaghan		Female	55	10kF	42	49:40	294
346	1316	51:32	Stacey Ellis		Female	56	10kF	43	50:22	323
347	1244	51:33	Caroline Morgan		Female	57	10kF	44	51:14	376
348	2749	51:34	Liam Henry		Male	291	10kM	178	50:59	352
349	2469	51:35	Steven Cessford		Male	292	10kM	179	51:04	359
350	1010	51:36	Stuart Baker		Male	293	10kM40	82	51:35	401

351	1548	51:36	Melvin Sutherland		Male	294	10kM	180	51:18	382
352	2625	51:37	Paul Facey		Male	295	10kM	181	50:39	340
353	2895	51:38	Helen Nelson		Female	58	10kF	45	50:27	327
354	2766	51:39	Dave Allen	PB Fitness	Male	296	10kM	182	51:03	356
355	2674	51:39	Dan Thornton		Male	297	10kM	183	51:21	386
356	2773	51:39	Judith Robinson	Gateshead Harriers	Female	59	10kF40	12	51:22	388
357	2005	51:40	Alison Gunn		Female	60	10kF40	13	51:24	392
358	2679	51:40	Steven Bourke		Male	298	10kM	184	51:40	408
359	2901	51:41	Ryan Moore		Male	299	10kM	185	51:26	394
360	1155	51:42	Philip Guard		Male	300	10kM	186	51:07	365
361	2847	51:43	Vanessa Scott		Female	61	10kF	46	51:39	406
362	1680	51:43	Rebecca Trenholme		Female	62	10kF	47	50:36	338
363	1203	51:44	Michael Ditchburn		Male	301	10kM	187	51:21	387
364	2823	51:44	Andrew Townsend		Male	302	10kM	188	51:23	391
365	2066	51:44	Christopher Bulmer		Male	303	10kM	189	50:38	339
366	2793	51:45	Mark Oxberry		Male	304	10kM	190	50:41	342
367	1147	51:47	Stephen Manifold	Crook & District AC	Male	305	10kM50	27	51:12	374
368	1172	51:47	John Melville		Male	306	10kM	191	51:34	399
369	1448	51:48	William Potter		Male	307	10kM	192	51:35	402
370	2586	51:49	Stuart Barker		Male	308	10kM	193	51:14	377
371	2423	51:51	Jamie Baldasera		Male	309	10kM	194	50:52	348
372	2069	51:51	Mark Lloyd		Male	310	10kM	195	51:18	383
373	2565	51:51	Michael Powell		Male	311	10kM	196	51:34	400
374	2441	51:51	Thmoas Gathercole		Male	312	10kM	197	51:26	395
375	1482	51:52	Stephen Snowball		Male	313	10kM40	83	51:49	411
376	2532	51:53	Michael Conroy		Male	314	10kM	198	51:05	361
377	2666	51:54	Dawn McGeorge		Female	63	10kF	48	50:29	328
378	1430	51:54	Rory O'Hagan		Male	315	10kM	199	51:03	357
379	1998	51:57	Glenn Laws		Male	316	10kM	200	50:16	321
380	2404	51:57	Russell Holman		Male	317	10kM40	84	50:30	332
381	2299	52:00	Raymond Flanagan		Male	318	10kM	201	50:06	311
382	2388	52:01	Ian Redshaw		Male	319	10kM50	28	51:18	384
383	2317	52:03	Steven Hoggets		Male	320	10kM40	85	51:05	362
384	2771	52:03	Andrew Teasdale		Male	321	10kM	202	51:39	407
385	1536	52:05	Trevor Larssen		Male	322	10kM40	86	51:22	389
386	2808	52:06	Mark Hazell	South Shields Harriers	Male	323	10kM40	87	50:41	343
387	2001	52:06	Michael Weir		Male	324	10kM	203	51:07	366
388	2112	52:08	Ian Hedley		Male	325	10kM	204	50:53	350
389	2209	52:08	Matthew Whitwood		Male	326	10kM	205	50:59	353
390	2720	52:09	Darrell Willis		Male	327	10kM40	88	51:45	410
391	1192	52:11	Julie Collinson	Wallsend Harriers	Female	64	10kF40	14	51:29	397
392	2011	52:11	Baz Calvert		Male	328	10kM	206	52:02	420
393	1022	52:11	Megan Campbell		Female	65	10kF	49	51:31	398
394	2010	52:12	Angela Calvert	Sunderland Harriers	Female	66	10kF	50	52:04	424
395	2521	52:15	Claire Gallagher		Female	67	10kF	51	51:14	378
396	2555	52:15	Hirohito Imakoji		Male	329	10kM	207	50:14	318
397	1297	52:16	Michelle O'Neill	Sunderland Strollers	Female	68	10kF40	15	52:11	432
398	1519	52:17	Kev Brown		Male	330	10kM	208	52:08	428
399	2520	52:19	Luke Gallagher		Male	331	10kM	209	51:19	385
400	2127	52:22	Lalage Brown	Elswick Harriers	Female	69	10kF50	3	52:02	421
401	2349	52:23	Russ Close		Male	332	10kM50	29	52:12	434
402	2207	52:23	Anna Stokle		Female	70	10kF	52	51:15	379
403	1738	52:23	Andrew Jackson		Male	333	10kM	210	51:06	363
404	2077	52:25	Devon Scott		Female	71	10kF	53	50:52	349
405	1413	52:32	Simon Graham		Male	334	10kM	211	52:08	429
406	2498	52:34	Christian Lloyd		Male	335	10kM	212	51:07	367
407	2497	52:34	Rob Lloyd		Male	336	10kM40	89	51:07	368
408	2524	52:34	Rachael Watson		Female	72	10kF	54	51:53	413
409	1265	52:34	Thomas Scullion		Male	337	10kM60	7	51:54	414
410	1604	52:35	Stuart Smith	Blackhill Bounders	Male	338	10kM40	90	52:15	435
411	2511	52:35	Trish O'Neill		Female	73	10kF50	4	52:32	448
412	1783	52:35	Kim Fox	Sunderland Harriers	Female	74	10kF40	16	52:21	437
413	2434	52:36	Richard Molyneux		Male	339	10kM40	91	52:10	431
414	1200	52:38	Chris Shearsmith		Male	340	10kM	213	52:07	426
415	2576	52:40	Joseph Cummings		Male	341	10kM	214	52:25	441
416	1159	52:42	Philip Parker		Male	342	10kM50	30	51:22	390
417	2568	52:44	Richard Eastauagh		Male	343	10kM40	92	51:09	373
418	1762	52:45	Mark Scott		Male	344	10kM50	31	51:08	370
419	1974	52:45	Paul Etherington		Male	345	10kM	215	52:02	422
420	2424	52:48	Michael Gibbon		Male	346	10kM	216	52:36	449

421	2040	52:49	Lauren Cummings		Female	75	10kF	55	52:26	443
422	1384	52:49	Philip Williams		Male	347	10kM	217	51:37	403
423	1101	52:53	David Gatherer	Sunderland Strollers	Male	348	10kM60	8	52:40	455
424	2047	52:55	Jake Hawkyard		Male	349	10kM	218	51:08	371
425	1174	52:57	Roseanne Dougan		Female	76	10kF	56	52:50	464
426	2201	52:57	Darren Miller		Male	350	10kM40	93	52:26	444
427	2925	52:58	David Levison	Ponteland Runners	Male	351	10kM40	94	51:26	396
428	1935	52:59	Chris Stavers		Male	352	10kM	219	52:26	445
429	1028	53:00	Margaret Blake	Sunderland Strollers	Female	77	10kF	57	52:57	473
430	1403	53:01	Craig Smith		Male	353	10kM	220	51:40	409
431	1142	53:02	Greg Dixon		Male	354	10kM	221	51:58	418
432	2090	53:03	Ross Crooks		Male	355	10kM	222	51:24	393
433	2219	53:04	Mark Sanders		Male	356	10kM	223	51:13	375
434	2449	53:04	Luke Wilson		Male	357	10kM	224	52:04	425
435	1854	53:04	Shirley Sutton		Female	78	10kF40	17	52:49	463
436	1011	53:05	Peter Devlin	Swaledale Runners	Male	358	10kM50	32	52:54	468
437	2460	53:05	Jill Platten		Female	79	10kF	58	52:50	465
438	1404	53:06	Adam Haynes		Male	359	10kM	225	52:09	430
439	1367	53:08	Jilly Bell		Female	80	10kF40	18	52:11	433
440	1116	53:08	David Saunders	Carnegie Harriers	Male	360	10kM50	33	52:00	419
441	2543	53:09	Matthew Briggs		Male	361	10kM	226	53:04	475
442	2707	53:10	Christopher Hartley		Male	362	10kM50	34	52:02	423
443	2445	53:10	Stephen Gavin		Male	363	10kM	227	52:24	440
444	2050	53:10	Helen Tucker		Female	81	10kF40	19	52:43	456
445	1247	53:11	Chris Hern		Male	364	10kM	228	51:37	404
446	1440	53:13	David Adams		Male	365	10kM50	35	53:05	476
447	2080	53:13	Steve Flanagan		Male	366	10kM50	36	53:09	478
448	2934	53:13	Diane Martin		Female	82	10kF	59	52:37	453
449	2092	53:14	Rebecca Lane		Female	83	10kF40	20	52:43	457
450	2715	53:14	Connor Arnold		Male	367	10kM	229	52:23	439
451	2757	53:15	Katherine Conway		Female	84	10kF	60	52:56	471
452	2226	53:15	Chris Waddle		Male	368	10kM	230	51:37	405
453	2529	53:15	Mark Ridsdale		Male	369	10kM	231	52:25	442
454	1752	53:23	Robert Austin		Male	370	10kM50	37	52:48	461
455	1951	53:24	Paul Burnip		Male	371	10kM40	95	52:07	427
456	2031	53:25	Sean McDermott		Male	372	10kM40	96	52:47	460
457	2015	53:27	Mark Lawson		Male	373	10kM40	97	51:57	416
458	2465	53:27	David Lee		Male	374	10kM	232	52:55	469
459	1287	53:28	Sharon Clark		Female	85	10kF40	21	52:37	454
460	2086	53:28	Sue Chadwick		Female	86	10kF50	5	53:00	474
461	1215	53:29	Gavin Ledwith		Male	375	10kM40	98	51:52	412
462	1095	53:31	Dave Gillham		Male	376	10kM40	99	51:54	415
463	2783	53:32	John Dowell		Male	377	10kM40	100	52:46	459
464	1616	53:34	Paul Bevan		Male	378	10kM40	101	53:19	484
465	1034	53:35	Louise Peacock		Female	87	10kF	61	53:27	492
466	2153	53:36	Nicola Lazzarini		Male	379	10kM	233	51:57	417
467	1875	53:37	Peter Hurrell		Female	88	10kF	62	53:36	504
468	2012	53:37	Lucie Forster	Sunderland Harriers	Female	89	10kF	63	53:29	498
469	2479	53:38	Alison Slowther	Jarrow & Hebburn	Female	90	10kF	64	52:48	462
470	1030	53:38	Lesley Garnham		Female	91	10kF40	22	53:27	493
471	2662	53:41	Andrew Miller		Male	380	10kM50	38	53:38	505
472	2607	53:44	Karen Brogden		Female	92	10kF40	23	53:08	477
473	2095	53:47	David Newham		Male	381	10kM	234	53:22	487
474	2746	53:50	Adrienne Edwardson		Female	93	10kF40	24	52:52	466
475	2533	53:54	Daniel Rae		Male	382	10kM	235	53:28	497
476	1196	53:54	Juliet Robinson		Female	94	10kF40	25	53:11	482
477	2930	53:54	Neil Marley		Male	383	10kM	236	53:29	499
478	2724	53:58	Taryn Whittle		Female	95	10kF	65	53:20	485
479	2725	53:58	A Whittle		Male	384	10kM	237	53:20	486
480	2150	54:00	Mike Batty		Male	385	10kM	238	52:36	450
481	2482	54:03	Jonny Parker		Male	386	10kM	239	53:29	500
482	1743	54:04	Steve Cummings		Male	387	10kM40	102	52:44	458
483	1980	54:05	Lee Craig		Male	388	10kM40	103	52:20	436
484	2728	54:05	Darren Carty		Male	389	10kM40	104	53:39	508
485	2619	54:06	Helen MacDonald		Female	96	10kF50	6	54:05	528
486	2880	54:08	Simon Stafford		Male	390	10kM	240	53:50	518
487	1471	54:10	David Merriweather		Male	391	10kM40	105	53:43	513
488	2831	54:10	Craig Gale		Male	392	10kM	241	53:32	501
489	2719	54:11	Liz Beech	Brackla Harriers	Female	97	10kF50	7	52:28	447
490	1673	54:12	Jun Shao		Male	393	10kM	242	52:36	451

491	2135	54:13	Jonathan Dinsmore		Male	394	10kM	243	52:26	446
492	2438	54:13	Dominic Grant		Male	395	10kM	244	52:56	472
493	1959	54:14	Helen Knight		Female	98	10kF	66	53:27	494
494	2708	54:17	Bob Balmer	South Shields Harriers	Male	396	10kM60	9	54:09	533
495	2592	54:18	Emma Welsh		Female	99	10kF	67	52:53	467
496	1722	54:19	George Liddle		Male	397	10kM50	39	53:27	495
497	2735	54:19	Mary Beech	Brackla Harriers	Female	100	10kF50	8	52:36	452
498	2458	54:21	Anthony Barrass		Male	398	10kM	245	52:22	438
499	1637	54:23	Steven Lorrison		Male	399	10kM	246	54:03	527
500	1558	54:25	Thomas Storey		Male	400	10kM40	106	54:13	537
501	2111	54:25	Ian Grimwood		Male	401	10kM	247	53:41	510
502	2110	54:25	David Hoogewerf		Male	402	10kM	248	53:41	511
503	1996	54:27	Lee Anderson		Male	403	10kM40	107	53:41	512
504	3642	54:27	Geoff Seagrove		Male	404	10kM50	40	53:26	490
505	1818	54:28	Gordon Smith		Male	405	10kM60	10	53:53	520
506	2446	54:30	Anthony Smith		Male	406	10kM40	108	53:09	479
507	1775	54:31	Michelle Mustard		Female	101	10kF40	26	54:16	542
508	1454	54:31	Stanley Close		Male	407	10kM40	109	54:30	558
509	2414	54:32	Kevin Marshall		Male	408	10kM40	110	54:32	561
510	2582	54:35	Neil Critchley		Male	409	10kM40	111	53:39	509
511	1989	54:35	Denise Forster		Female	102	10kF50	9	54:20	547
512	2573	54:36	Paul Andrew		Male	410	10kM50	41	53:27	496
513	1615	54:36	Jon Brettell		Male	411	10kM	249	53:15	483
514	2034	54:40	Killian Turbitt		Male	412	10kM	250	52:55	470
515	2194	54:42	Carolyn Brunton		Female	103	10kF	68	54:37	568
516	2546	54:44	Paul Green		Male	413	10kM	251	54:12	536
517	1918	54:44	Andrew Tait		Male	414	10kM	252	54:07	531
518	2763	54:45	Alex Antonopoulos		Male	415	10kM	253	54:34	564
519	1051	54:46	Mark Wrightson		Male	416	10kM40	112	54:35	565
520	2190	54:47	Christine Woods	Durham City Harriers	Female	104	10kF50	10	54:00	525
521	2154	54:48	Joseph Mullen		Male	417	10kM	254	53:09	480
522	2340	54:49	Scott Brown		Male	418	10kM	255	54:25	552
523	1097	54:50	Alex Scott		Male	419	10kM	256	54:32	562
524	1621	54:51	Felicity Conlon		Female	105	10kF	69	54:32	563
525	1490	54:52	Stuart Robson		Male	420	10kM50	42	54:19	546
526	2798	54:52	Paul Dunn		Male	421	10kM50	43	54:15	541
527	2907	54:53	David Coverdale	Sunderland Strollers	Male	422	10kM	257	53:38	506
528	1066	54:56	Louise Laws		Female	106	10kF40	27	53:49	515
529	1863	54:56	Kevin Richardsoni		Male	423	10kM40	113	54:29	556
530	2758	54:56	David Laws		Male	424	10kM40	114	53:49	516
531	2171	54:57	Lisa Young		Female	107	10kF40	28	54:38	569
532	2294	54:57	Helen Matterson	St Theresa's leeds	Female	108	10kF	70	54:20	548
533	2295	54:57	Luke Matterson		Male	425	10kM	258	54:20	549
534	1589	54:58	Adam Turnbull		Male	426	10kM	259	54:50	585
535	1765	54:58	Raymond Robson		Male	427	10kM50	44	54:09	534
536	2390	54:59	Kelly Marrin		Female	109	10kF40	29	54:46	580
537	2854	54:59	Andy Leadbitter		Male	428	10kM	260	54:52	587
538	2833	54:59	Hamish Elliott		Male	429	10kM40	115	54:53	592
539	2215	55:00	Wren Langford		Female	110	10kF	71	53:09	481
540	2337	55:01	Janice Stewart		Female	111	10kF	72	54:46	581
541	1759	55:01	John MacE		Male	430	10kM40	116	53:25	488
542	2548	55:02	Liam Huitson		Male	431	10kM	261	53:26	491
543	1804	55:02	David Hogg		Male	432	10kM	262	54:05	529
544	1397	55:02	Francis Williams		Male	433	10kM	263	53:25	489
545	2754	55:03	Michael Leather		Male	434	10kM	264	54:17	544
546	1588	55:03	Michael Turnbull		Male	435	10kM50	45	54:56	595
547	2129	55:05	Patrick Horne		Male	436	10kM	265	55:03	600
548	2302	55:05	Alan Elgie		Male	437	10kM	266	54:38	570
549	1150	55:05	Tracey Burlinson	Sunderland Strollers	Female	112	10kF40	30	54:11	535
550	2448	55:05	David Henderson		Male	438	10kM40	117	53:48	514
551	2948	55:07	Madeleine Mortimer		Female	113	10kF	73	53:58	523
552	2125	55:07	Jessica Nevin		Female	114	10kF	74	53:59	524
553	1048	55:09	Paul Oxberry	Sunderland Strollers	Male	439	10kM	267	54:05	530
554	1549	55:12	Helen Taylor		Female	115	10kF	75	53:55	521
555	2130	55:13	Jan Matthews		Female	116	10kF40	31	54:45	578
556	2173	55:14	Dennis Hern	Sunderland Harriers	Male	440	10kM40	118	54:23	551
557	2637	55:16	Robert Oliver		Male	441	10kM	268	53:49	517
558	2229	55:17	Mark Orton		Male	442	10kM40	119	54:35	566
559	1575	55:17	Liam McGinty		Male	443	10kM	269	53:50	519
560	2811	55:17	Sarah Massey		Female	117	10kF	76	54:08	532

561	2049	55:18	Ben Kenobi		Male	444	10kM	270	54:46	582
562	1032	55:19	Tony Winspear		Male	445	10kM40	120	54:14	539
563	2051	55:19	Neil Thackray		Male	446	10kM	271	54:47	584
564	2743	55:19	Adam Hagg		Male	447	10kM	272	54:16	543
565	1334	55:20	Leah Jamieson		Female	118	10kF	77	54:41	574
566	1923	55:21	Jennifer Stewart	Blyth Running Club	Female	119	10kF	78	54:25	553
567	1371	55:22	Adam Davis		Male	448	10kM	273	54:38	571
568	2240	55:24	Daniel March		Male	449	10kM	274	53:38	507
569	1774	55:24	Keith Rhowbotham	Sunderland Strollers	Male	450	10kM	275	54:52	588
570	1795	55:25	Daniel Urwin-McCowie		Male	451	10kM	276	54:55	594
571	2849	55:26	Jonathan Kilner		Male	452	10kM	277	53:35	503
572	1465	55:26	Bev Crain		Female	120	10kF40	32	54:53	593
573	2699	55:26	Frank Williamson		Male	453	10kM60	11	53:56	522
574	2185	55:28	David Ganley		Male	454	10kM	278	53:33	502
575	1332	55:29	Darren Ainsley		Male	455	10kM40	121	54:46	583
576	2742	55:30	Victoria Bowyer		Female	121	10kF	79	54:26	555
577	1435	55:32	Sophie Brown		Female	122	10kF	80	55:18	611
578	1541	55:33	Thomas Monaghan		Male	456	10kM	279	54:20	550
579	1046	55:35	Diane Barker		Female	123	10kF50	11	55:23	618
580	1042	55:35	James Prescott		Male	457	10kM50	46	55:21	613
581	2878	55:35	Paul Wilkinson		Male	458	10kM	280	54:52	589
582	2485	55:36	Maureen Hern	Sunderland Harriers	Female	124	10kF40	33	54:45	579
583	2564	55:38	Claire Higgins		Female	125	10kF	81	55:02	599
584	1012	55:38	Gavin Tempest		Male	459	10kM	281	54:13	538
585	2456	55:39	Kathryn Hancock		Female	126	10kF	82	54:35	567
586	1950	55:40	Jessica Burnip		Female	127	10kF	83	54:25	554
587	2909	55:41	Iain Burn		Male	460	10kM	282	55:15	608
588	2344	55:41	David Tiplady		Male	461	10kM40	122	55:04	601
589	1656	55:43	Mark Bainbridge		Male	462	10kM	283	55:12	606
590	1992	55:43	Donna Doherty		Female	128	10kF	84	54:43	577
591	1161	55:43	Micky Shore	Elswick Harriers	Male	463	10kM	284	54:42	575
592	1768	55:45	Leslie Payn		Male	464	10kM60	12	54:39	573
593	1626	55:46	Jonathan Rose		Male	465	10kM	285	55:24	619
594	1789	55:48	Danielle Andrew		Female	129	10kF	85	54:01	526
595	1801	55:48	Hazel Hall	Sunderland Strollers	Female	130	10kF40	34	55:24	620
596	1327	55:49	Gareth Cardus		Male	466	10kM	286	54:30	559
597	1222	55:50	B Malcolmson		Female	131	10kF	86	55:21	614
598	1223	55:50	Frank Reid		Male	467	10kM50	47	55:21	615
599	1761	55:51	Neil Lang		Male	468	10kM40	123	54:14	540
600	2008	55:53	Andy Munro		Male	469	10kM	287	55:31	621
601	2734	55:54	Nicola Nelson-Taylor		Female	132	10kF40	35	55:15	609
602	2733	55:54	David Noble		Male	470	10kM40	124	55:15	610
603	1962	55:54	Lisa Sheldon		Female	133	10kF40	36	55:13	607
604	2910	55:56	David Henderson		Male	471	10kM40	125	54:18	545
605	1853	55:57	Claire Earle	Hartlepool Burn Road Harriers	Female	134	10kF40	37	54:31	560
606	2186	56:01	Robert Baharie		Male	472	10kM	288	55:51	640
607	2927	56:02	Joanna Taylor	Tyne Bridge Harriers	Female	135	10kF	87	54:38	572
608	1139	56:06	Simon Godfrey		Male	473	10kM	289	55:04	602
609	1149	56:06	Colin Matthews		Male	474	10kM	290	55:40	628
610	2254	56:08	Kenneth Hannah		Male	475	10kM60	13	56:03	649
611	1940	56:08	Katie Coulson		Female	136	10kF	88	55:00	598
612	2346	56:10	John Boddy		Male	476	10kM	291	54:42	576
613	2537	56:11	Joanna Spragg		Female	137	10kF	89	54:57	597
614	2873	56:13	Jean MacKay		Female	138	10kF50	12	55:58	644
615	2739	56:13	John Hill		Male	477	10kM	292	55:19	612
616	1808	56:19	Callum Mitchell		Male	478	10kM	293	54:56	596
617	1466	56:20	Peter Hopper		Male	479	10kM50	48	56:08	659
618	1485	56:21	Matthew Butler		Male	480	10kM	294	56:02	648
619	1585	56:23	Michael Brown		Male	481	10kM	295	54:52	590
620	1584	56:23	Sarah Collins		Female	139	10kF	90	54:52	591
621	2807	56:24	Paul Bramley		Male	482	10kM	296	55:33	623
622	2736	56:24	Tony Hodgson		Male	483	10kM	297	56:10	663
623	2777	56:25	Thomas Morris		Male	484	10kM60	14	54:51	586
624	2358	56:25	Peter Gurney		Male	485	10kM	298	54:29	557
625	1895	56:26	Emma Rodden		Female	140	10kF	91	56:18	673
626	2737	56:26	Christopher Gettins		Male	486	10kM	299	56:13	668
627	1314	56:26	Graeme Pearce		Male	487	10kM	300	55:38	627
628	2665	56:27	Ian Marshall		Male	488	10kM50	49	55:09	604
629	2949	56:27	Bryan Crennell		Male	489	10kM40	126	55:45	631
630	1053	56:28	Dennis Colgin		Male	490	10kM60	15	56:04	652

631	2677	56:29	Rachael Humphries		Female	141	10kF	92	55:50	639
632	2262	56:29	Paul Stronge		Male	491	10kM50	50	56:11	666
633	2325	56:30	Rachel Jones	Tyne Bridge Harriers	Female	142	10kF	93	56:14	669
634	2649	56:30	Amy Stephenson	Sunderland Strollers	Female	143	10kF	94	55:44	630
635	2618	56:32	Alastair MacDonald		Male	492	10kM50	51	56:30	688
636	1219	56:34	Nicola Hardy		Female	144	10kF	95	56:04	653
637	1977	56:35	Stuart Paul		Male	493	10kM	301	55:08	603
638	2627	56:36	Gary Dodds		Male	494	10kM	302	56:05	656
639	1282	56:39	Stephen Ellis	Elvet Striders	Male	495	10kM60	16	55:51	641
640	2036	56:42	Trevor Sirmond	Saltwell Harriers	Male	496	10kM50	52	56:42	703
641	1469	56:42	Lynn Dixon		Female	145	10kF60	1	56:29	685
642	1481	56:42	Simon Wardle		Male	497	10kM	303	55:59	645
643	2884	56:43	Jonathan Crompton		Male	498	10kM	304	56:03	650
644	2248	56:43	Patricia Carruthers		Female	146	10kF	96	55:54	643
645	2523	56:44	Kelly Hymer	Ponteland Runners	Female	147	10kF	97	56:22	677
646	2410	56:44	James Wilson		Male	499	10kM	305	55:46	632
647	2464	56:45	Christopher Orwin		Male	500	10kM40	127	55:33	624
648	2270	56:46	Ruth Newton		Female	148	10kF	98	56:18	674
649	1763	56:46	Oily McFarlane		Male	501	10kM	306	55:36	625
650	2257	56:47	Wilfred Cresswell		Male	502	10kM50	53	55:36	626
651	1516	56:49	Helen Doyle		Female	149	10kF60	2	56:35	691
652	1963	56:50	Andrea Jackson	Derwentside AC	Female	150	10kF	99	56:39	701
653	2385	56:51	Gemma Boyd		Female	151	10kF	100	56:15	670
654	2914	56:51	Maria Stanley		Female	152	10kF	101	55:49	638
655	1164	56:52	Emma Curran		Female	153	10kF40	38	56:00	646
656	1828	56:52	Dan Mullen		Male	503	10kM	307	56:42	704
657	1666	56:53	Jonathan Noble		Male	504	10kM40	128	55:40	629
658	2784	56:54	Andrew Tilbury		Male	505	10kM50	54	56:22	678
659	1480	56:55	Jennifer Gibson		Female	154	10kF40	39	56:48	706
660	1087	56:56	Sharron Myers	Wallsend Harriers	Female	155	10kF40	40	56:12	667
661	1901	56:56	Camilla Hall		Female	156	10kF	102	55:11	605
662	2182	56:57	Peter Lowes		Male	506	10kM	308	56:01	647
663	1848	56:57	Sam Dixon	Hartlepool Burn Road Harriers	Female	157	10kF40	41	55:31	622
664	2463	56:58	Catrina Orwin		Female	158	10kF40	42	55:46	633
665	1374	57:01	Ian McGregor		Male	507	10kM40	129	55:21	616
666	2829	57:02	C Hetherington		Male	508	10kM40	130	56:54	713
667	1930	57:03	Steven Gordon		Male	509	10kM40	131	57:03	722
668	2634	57:03	Deborah Smith	Sunderland Harriers	Female	159	10kF40	43	56:49	709
669	1997	57:03	Susie Thompson		Female	160	10kF40	44	56:08	660
670	2639	57:03	Darren Newby		Male	510	10kM	309	56:50	710
671	1381	57:04	Paul Callaghan		Male	511	10kM50	55	55:52	642
672	2563	57:04	Alison O'Brien		Female	161	10kF	103	56:04	654
673	2915	57:05	Sask Munden		Female	162	10kF	104	56:10	664
674	1607	57:06	Chris Sykes	Thirsk and Sowerby Harriers	Male	512	10kM60	17	56:25	680
675	1766	57:06	Philip Mason		Male	513	10kM	310	56:20	675
676	2367	57:07	Gavin Stockley		Male	514	10kM	311	57:07	724
677	1009	57:09	Michelle Musther		Female	163	10kF40	45	55:22	617
678	2610	57:11	Miranda Parry		Female	164	10kF40	46	56:58	718
679	2053	57:11	Chris Day		Male	515	10kM	312	55:47	634
680	2799	57:13	Andrew Naylor		Male	516	10kM	313	56:57	716
681	1987	57:15	Matthias Ritz		Male	517	10kM	314	56:04	655
682	1844	57:17	Darren Seales		Male	518	10kM40	132	56:38	700
683	2560	57:18	John Clark		Male	519	10kM50	56	56:05	657
684	1498	57:18	Suzanne Watson		Female	165	10kF	105	57:00	720
685	2278	57:19	Suzanne Staines		Female	166	10kF	106	56:41	702
686	2693	57:21	Marie Levitt		Female	167	10kF	107	56:43	705
687	2795	57:23	Paul Oley		Male	520	10kM40	133	56:03	651
688	1567	57:24	Louise Cook		Female	168	10kF	108	56:56	715
689	2508	57:24	Ray Bainbridge	Sunderland Strollers	Male	521	10kM50	57	56:17	672
690	1452	57:26	Nikki Renton	Ponteland Runners	Female	169	10kF40	47	57:04	723
691	2876	57:27	David Pallister		Male	522	10kM	315	56:09	661
692	2409	57:27	Neal Evans		Male	523	10kM	316	57:23	737
693	2002	57:28	Barry Middleton		Male	524	10kM40	134	56:57	717
694	2936	57:30	Brendan McCabe		Male	525	10kM	317	57:09	728
695	2119	57:35	Stephen Brennan		Male	526	10kM40	135	56:59	719
696	2024	57:35	Brian Breheny		Male	527	10kM50	58	56:34	690
697	2025	57:35	Diane Breheny		Female	170	10kF50	13	56:35	692
698	1023	57:37	Gary Carey		Male	528	10kM	318	57:37	754
699	2151	57:37	David Magee		Male	529	10kM	319	55:47	635
700	2413	57:37	Jonathan Brown		Male	530	10kM	320	55:47	636

701	2137	57:37	Liam Brown		Male	531	10kM	321	55:48	637
702	2879	57:37	Carl Smith	Sunderland Strollers	Male	532	10kM	322	56:27	683
703	1003	57:38	Claire Shipley		Female	171	10kF	109	57:10	729
704	1346	57:38	Marc Wood		Male	533	10kM	323	57:08	725
705	1400	57:38	Corinne Walton		Female	172	10kF	110	57:08	726
706	2534	57:39	Samantha Bosher		Female	173	10kF	111	56:16	671
707	1345	57:39	Tony Wood		Male	534	10kM40	136	57:08	727
708	2553	57:39	Chris King		Male	535	10kM	324	56:29	686
709	1055	57:39	Nicola Stockley		Female	174	10kF	112	57:31	752
710	2370	57:41	Michaela Hood		Female	175	10kF	113	56:52	712
711	1924	57:42	Philip Winetroube		Male	536	10kM40	137	56:25	681
712	2853	57:43	Jason Bohane		Male	537	10kM	325	56:55	714
713	2060	57:43	Godfrey Adamson		Male	538	10kM40	138	56:48	707
714	1286	57:45	Tina Mitchell		Female	176	10kF40	48	57:24	740
715	2865	57:45	Lesley Battle		Female	177	10kF50	14	57:24	741
716	2019	57:46	Nicola Challoner		Female	178	10kF40	49	56:06	658
717	1625	57:46	Helen O'Neil	Ponteland Runners	Female	179	10kF	114	57:24	742
718	2672	57:46	Lisa Scorer	Blyth Running Club	Female	180	10kF	115	56:23	679
719	1799	57:47	Paul Iley		Male	539	10kM	326	56:48	708
720	2081	57:48	Michael Goodman		Male	540	10kM50	59	56:37	695
721	2601	57:49	Paul Greener		Male	541	10kM40	139	56:21	676
722	1684	57:49	Mark Don		Male	542	10kM50	60	56:50	711
723	1486	57:49	Lewis Pemberton		Male	543	10kM	327	56:33	689
724	1343	57:50	Peter Robinson		Male	544	10kM	328	57:15	731
725	2350	57:54	Ian Butler		Male	545	10kM40	140	57:32	753
726	1772	57:55	Kirsty Younger		Female	181	10kF	116	57:38	755
727	1934	57:55	Mark Dugdale		Male	546	10kM40	141	57:24	743
728	1814	57:58	Paul Williamson		Male	547	10kM50	61	56:37	696
729	2386	57:58	Lisa Kelley		Female	182	10kF	117	56:10	665
730	1539	58:01	Jillian McGuren		Female	183	10kF	118	57:18	732
731	2922	58:02	Cara Swain		Female	184	10kF	119	57:41	758
732	2216	58:02	Andrea McNally		Female	185	10kF	120	57:22	735
733	2654	58:04	Donna Corrigan	Sunderland Harriers	Female	186	10kF	121	57:18	733
734	1938	58:04	Debra James	Sunderland Harriers	Female	187	10kF40	50	57:49	765
735	1757	58:04	Samantha Smith		Female	188	10kF	122	57:23	738
736	1341	58:05	Sarah Dart		Female	189	10kF	123	57:38	756
737	1503	58:06	Lynn Batey		Female	190	10kF40	51	57:26	748
738	2091	58:07	Andrew Hepburn		Male	548	10kM	329	56:29	687
739	1524	58:10	Annie Cooper		Female	191	10kF40	52	57:51	767
740	1556	58:12	Ross Gorrings		Male	549	10kM	330	56:37	697
741	1555	58:12	Jackie Barnes		Female	192	10kF40	53	56:37	698
742	1806	58:13	Julie Miller		Female	193	10kF	124	57:56	772
743	1805	58:13	Stephen Miller		Male	550	10kM60	18	57:56	773
744	1840	58:18	Clare Grieves		Female	194	10kF	125	56:09	662
745	1631	58:18	Giles Wright		Male	551	10kM	331	57:02	721
746	1872	58:21	Joanne Byrne		Female	195	10kF40	54	57:25	745
747	2056	58:22	Andrew McCullough		Male	552	10kM50	62	56:37	699
748	2360	58:23	Andrew Carroll		Male	553	10kM	332	57:13	730
749	2408	58:24	Kristina Vickers	Jarrow & Hebburn	Female	196	10kF40	55	56:27	684
750	1337	58:25	Hannah Merrick		Female	197	10kF	126	58:00	781
751	1831	58:26	Anthony Murray		Male	554	10kM	333	56:25	682
752	1965	58:27	Lucy Steel		Female	198	10kF	127	58:02	782
753	1574	58:29	Jonny Henson		Male	555	10kM40	142	58:19	797
754	1146	58:29	Thomas Hart		Male	556	10kM	334	57:54	769
755	2378	58:29	Julie Robinson		Female	199	10kF40	56	57:39	757
756	2581	58:30	Sarah Harler		Female	200	10kF	128	58:13	787
757	1605	58:31	Emma Pattison		Female	201	10kF	129	58:13	788
758	1851	58:35	Jade Cooke		Female	202	10kF	130	58:29	805
759	1993	58:38	Claire Everett		Female	203	10kF	131	57:41	759
760	2124	58:39	Toni Smith		Female	204	10kF	132	58:18	792
761	2875	58:43	Sue-Ellen Pallister		Female	205	10kF	133	57:25	746
762	2303	58:45	Janine Wade		Female	206	10kF	134	58:18	793
763	1746	58:47	Craig Smith		Male	557	10kM	335	58:18	794
764	1721	58:50	Raymond Baker		Male	558	10kM60	19	58:44	818
765	1833	58:51	John Davies		Male	559	10kM	336	58:21	798
766	1163	58:51	Charlotte Smithson	Ilkley Harriers	Female	207	10kF40	57	57:51	768
767	1499	58:52	Lisa Jones		Female	208	10kF	135	58:33	810
768	2824	58:52	Claire Hamilton		Female	209	10kF40	58	57:30	751
769	2160	58:52	Russell Tyerman		Male	560	10kM40	143	57:22	736
770	2842	58:53	Lesley Rowell		Female	210	10kF40	59	58:48	822

771	1732	58:53	Lori Brown		Female	211	10kF	136	58:50	825
772	2068	58:53	Natasha Steel		Female	212	10kF	137	58:29	806
773	1642	58:54	Kate Ayre		Female	213	10kF	138	58:46	821
774	1542	58:54	Helen Raymond		Female	214	10kF	139	57:20	734
775	2626	58:54	Laura McKinlay		Female	215	10kF	140	57:56	774
776	2236	58:54	Stephen Atkinson		Male	561	10kM50	63	57:28	750
777	1802	58:55	Fionnuala Cowhie		Female	216	10kF	141	57:54	770
778	2705	58:56	Rebecca Fisher	Elvet Striders	Female	217	10kF	142	57:24	744
779	1300	58:57	Deborah Boal-Wallace		Female	218	10kF	143	58:57	839
780	1301	58:57	Allen Wallace		Male	562	10kM	337	58:02	783
781	2122	58:58	David Sampson		Male	563	10kM40	144	57:26	749
782	2752	58:58	Craig Williams		Male	564	10kM	338	58:17	790
783	2279	58:59	Kevin Gibney		Male	565	10kM40	145	58:26	802
784	1312	59:00	Ruth Craxford		Female	219	10kF	144	58:36	812
785	1839	59:01	Toni Collier		Female	220	10kF	145	58:53	829
786	2653	59:04	Marie Talbot		Female	221	10kF40	60	58:25	800
787	2638	59:04	Steve Knight		Male	566	10kM	339	58:26	803
788	1999	59:07	Ian Hogg		Male	567	10kM50	64	57:25	747
789	1292	59:07	Joanne Proctor		Female	222	10kF	146	58:57	840
790	2189	59:08	Alex Johnston		Male	568	10kM	340	58:17	791
791	2309	59:10	Leahanne Brodie		Female	223	10kF	147	57:58	776
792	2762	59:11	Danny McKay		Male	569	10kM40	146	57:23	739
793	2531	59:11	James Seabury		Male	570	10kM	341	58:12	786
794	2740	59:12	Stuart Reed		Male	571	10kM	342	58:18	795
795	1537	59:13	Hayley Deacon	Jarrow & Hebburn	Female	224	10kF	148	58:54	835
796	2338	59:13	Alan Stewart		Male	572	10kM40	147	58:58	841
797	1035	59:13	Angela Rathbone		Female	225	10kF50	15	58:33	811
798	1719	59:14	Amy Armstrong		Female	226	10kF	149	59:08	845
799	1328	59:14	Samuel Fletcher		Male	573	10kM	343	57:47	761
800	2683	59:15	Tawa Zegeni		Male	574	10kM	344	59:12	848
801	1926	59:15	Sarah Calvert		Female	227	10kF	150	59:05	844
802	1162	59:15	Tina Kelly	Ponteland Runners	Female	228	10kF40	61	58:54	836
803	2730	59:16	Anthony Robson		Male	575	10kM	345	59:03	842
804	1277	59:16	Lewis Wilkinson		Male	576	10kM	346	57:48	763
805	1088	59:16	Steve Woodward		Male	577	10kM60	20	57:57	775
806	2834	59:18	Sue Hamilton		Female	229	10kF40	62	58:49	824
807	1927	59:22	Nicole Brenen		Female	230	10kF	151	59:12	849
808	2326	59:24	Catherine Hunter		Female	231	10kF40	63	58:53	830
809	1113	59:25	Paul Leonard		Male	578	10kM50	65	59:08	846
810	1258	59:26	Lynne Tufts		Female	232	10kF40	64	58:38	814
811	1836	59:26	Claire Hopkins		Female	233	10kF	152	58:21	799
812	2722	59:26	Andrew Younger		Male	579	10kM40	148	59:11	847
813	2268	59:28	Stephen Scott		Male	580	10kM50	66	58:29	807
814	1712	59:28	Christopher McVeigh		Male	581	10kM	347	57:47	762
815	1114	59:28	Liam McVeigh		Male	582	10kM	348	57:48	764
816	1920	59:29	Stephen Hackers		Male	583	10kM	349	57:45	760
817	1373	59:30	Alistair Dewar		Male	584	10kM	350	57:50	766
818	2584	59:32	Louise Cumming		Female	234	10kF	153	58:43	817
819	2709	59:32	Clare Gray		Female	235	10kF	154	58:18	796
820	1115	59:35	Kevin Philliskirk		Male	585	10kM	351	57:59	779
821	2617	59:36	Alison Wright		Female	236	10kF	155	58:53	831
822	1491	59:37	Owen Gordon		Male	586	10kM40	149	58:41	815
823	1572	59:39	Iain Richardson	Heaton Harriers	Male	587	10kM	352	57:54	771
824	1302	59:40	Sarah Rankin		Female	237	10kF50	16	59:16	855
825	1697	59:40	Steven Dodsworth		Male	588	10kM50	67	58:45	819
826	2381	59:40	Bob Davies		Male	589	10kM40	150	59:15	852
827	2382	59:40	Sheila Davies		Female	238	10kF40	65	59:16	856
828	2412	59:41	Julie Anne Henderson		Female	239	10kF40	66	59:39	874
829	2868	59:42	Samantha Meredith		Female	240	10kF40	67	57:58	777
830	3830	59:43	Ian Richardson		Male	590	10kM40	151	57:58	778
831	3829	59:43	Victoria French		Female	241	10kF40	68	57:59	780
832	1280	59:43	Adam Carr		Male	591	10kM	353	58:29	808
833	1279	59:44	Victoria Lugsden		Female	242	10kF	156	58:30	809
834	1879	59:44	Josh Coles		Male	592	10kM	354	59:16	857
835	2415	59:46	Gemma Harmon	Blyth Running Club	Female	243	10kF	157	58:50	826
836	1383	59:46	Alan Foley		Male	593	10kM	355	58:28	804
837	2689	59:55	Mark Woodhouse		Male	594	10kM50	68	59:44	879
838	2836	59:55	Elizabeth Seagrove		Female	244	10kF50	17	58:54	837
839	1275	59:57	Kevin Spence		Male	595	10kM40	152	59:15	853
840	2030	59:57	Fiona Richardson		Female	245	10kF	158	58:10	785

841	2906	59:57	Michael Dodds		Male	596	10kM50	69	59:49	889
842	1439	1:00:00	David Jones		Male	597	10kM	356	58:52	827
843	1234	1:00:01	Caroline Milner	Sunderland Strollers	Female	246	10kF40	69	58:07	784
844	2375	1:00:03	Pam Brenen		Female	247	10kF40	70	59:34	866
845	1603	1:00:04	George Nicholson	Elvet Striders	Male	598	10kM60	21	59:04	843
846	2590	1:00:05	Ann Ryall		Female	248	10kF40	71	58:52	828
847	1622	1:00:05	Lesley Vest		Female	249	10kF50	18	58:53	832
848	2079	1:00:08	Thomas Usher		Male	599	10kM	357	58:45	820
849	2692	1:00:09	Paul Milner		Male	600	10kM40	153	58:15	789
850	1754	1:00:10	Andrew Austin		Male	601	10kM	358	59:35	867
851	2577	1:00:11	Dave Westgarth		Male	602	10kM	359	58:53	833
852	1036	1:00:14	Pete Coulson		Male	603	10kM	360	58:48	823
853	1791	1:00:16	Isabelle Hearnshaw		Female	250	10kF	159	59:15	854
854	1832	1:00:18	Clare Weir		Female	251	10kF	160	59:19	861
855	2167	1:00:20	Beverley Bexley		Female	252	10kF40	72	58:54	838
856	1819	1:00:20	Indre Janulionyte		Female	253	10kF	161	58:25	801
857	1235	1:00:20	Philip Marsden		Male	604	10kM	361	59:30	865
858	1092	1:00:21	Paul Holden		Male	605	10kM60	22	1:00:15	909
859	1281	1:00:23	Gill Snaith		Female	254	10kF40	73	59:38	873
860	1423	1:00:26	Karen Wright		Female	255	10kF40	74	59:46	883
861	1565	1:00:27	Andy Williams		Male	606	10kM	362	59:37	871
862	2751	1:00:28	Andrew Smithson		Male	607	10kM	363	58:53	834
863	1751	1:00:29	Katie Bulmer-Cooke		Female	256	10kF	162	56:35	693
864	1569	1:00:30	Jessica Barker		Female	257	10kF	163	56:36	694
865	2220	1:00:30	Jack Stevenson		Male	608	10kM	364	58:41	816
866	2827	1:00:32	Olivia West		Female	258	10kF	164	1:00:11	904
867	2704	1:00:32	Charity Murefu		Female	259	10kF	165	58:36	813
868	1695	1:00:32	Joanne Hall		Female	260	10kF	166	59:18	860
869	2574	1:00:35	Judy Andrew		Female	261	10kF50	19	59:26	863
870	1130	1:00:36	David Morrison		Male	609	10kM50	70	1:00:13	905
871	2264	1:00:36	Stephen Turnbull		Male	610	10kM40	154	59:17	859
872	1005	1:00:37	Steven Jones		Male	611	10kM	365	59:40	875
873	2932	1:00:38	Glenn Price		Male	612	10kM50	71	59:52	894
874	2282	1:00:39	Clare Metcalfe	Elvet Striders	Female	262	10kF	167	59:36	869
875	1986	1:00:40	Simon Tate		Male	613	10kM	366	1:00:26	915
876	2640	1:00:40	Anthony Hudson		Male	614	10kM	367	1:00:26	916
877	2327	1:00:43	Alison Lowes	Blyth Running Club	Female	263	10kF	168	59:47	886
878	1351	1:00:45	Emma Walsh		Female	264	10kF	169	59:44	880
879	2371	1:00:46	Holly Gunn		Female	265	10kF	170	59:55	897
880	2857	1:00:46	Andrew Muckles		Male	615	10kM	368	59:12	850
881	2481	1:00:47	Simon Parker		Male	616	10kM40	155	1:00:13	906
882	2328	1:00:47	Andrew Dickens		Male	617	10kM40	156	59:23	862
883	2483	1:00:47	Sara Parker		Female	266	10kF40	75	1:00:13	907
884	1529	1:00:49	Paul Westcott		Male	618	10kM50	72	1:00:23	912
885	1513	1:00:49	Craig Seago	South Shields Harriers	Male	619	10kM	369	59:16	858
886	2416	1:00:50	Emma Gifford		Female	267	10kF40	76	59:12	851
887	2738	1:00:50	Nicola Hopper		Female	268	10kF	171	59:51	891
888	1971	1:00:51	John Cowen	Derwentside AC	Male	620	10kM40	157	1:00:40	924
889	1198	1:00:52	Sarah Dewhurst		Female	269	10kF40	77	59:51	892
890	2615	1:00:52	Alan Conway		Male	621	10kM40	158	59:35	868
891	2579	1:00:54	Patricia White	South Shields Harriers	Female	270	10kF60	3	59:51	893
892	2515	1:00:58	Jaime Zamora		Male	622	10kM	370	59:40	876
893	1823	1:00:59	Rob Harding		Male	623	10kM	371	59:50	890
894	2791	1:01:06	Terry Widger		Male	624	10kM40	159	59:36	870
895	2764	1:01:06	Gillian Cunningham		Female	271	10kF40	78	1:00:55	941
896	2227	1:01:07	Celia Nicholson		Female	272	10kF	172	1:00:10	903
897	2596	1:01:09	Belinda Amos		Female	273	10kF40	79	1:00:06	899
898	2471	1:01:11	Rebecca Blyth		Female	274	10kF	173	1:00:21	911
899	1635	1:01:13	Stephen Roberts		Male	625	10kM	372	59:43	877
900	1636	1:01:13	Charlotte Mitchell		Female	275	10kF	174	59:43	878
901	2428	1:01:16	Andrew Lindridge		Male	626	10kM	373	1:01:11	960
902	1620	1:01:17	Emma Bottoms	Washington Running Club	Female	276	10kF	175	59:37	872
903	1557	1:01:18	Simon Cheape		Male	627	10kM	374	59:27	864
904	2312	1:01:21	Michael Cook		Male	628	10kM	375	1:00:15	910
905	1323	1:01:21	Lisa Linton		Female	277	10kF40	80	1:01:02	954
906	1777	1:01:23	Roslyn Finnigan		Female	278	10kF	176	1:00:08	901
907	2657	1:01:24	Mitchell Bell		Male	629	10kM	376	59:45	881
908	1251	1:01:24	Alison Harkness		Female	279	10kF40	81	1:00:36	922
909	2656	1:01:27	Claire Bell		Female	280	10kF	177	59:48	887
910	2659	1:01:28	Daniel French		Male	630	10kM	377	1:01:04	956

911	2630	1:01:29	Andrew Johnsom		Male	631	10kM	378	1:00:47	927
912	2712	1:01:30	Nicola Castell		Female	281	10kF	178	1:00:06	900
913	2099	1:01:30	Gary Cookland		Male	632	10kM40	160	1:01:25	969
914	1566	1:01:31	Alan Cook		Male	633	10kM40	161	1:01:03	955
915	1593	1:01:33	Rebecca Roberts		Female	282	10kF	179	1:00:32	918
916	2323	1:01:33	Mark Davison		Male	634	10kM	379	1:01:29	973
917	2486	1:01:33	Anthony Nield		Male	635	10kM50	73	1:00:33	920
918	2096	1:01:34	Charlotte Quereshi		Female	283	10kF	180	59:45	882
919	1675	1:01:34	Wendy Ward		Female	284	10kF	181	1:00:02	898
920	2028	1:01:34	Niamh McKigney		Female	285	10kF	182	59:54	895
921	2170	1:01:35	Sarah Murray		Female	286	10kF	183	1:01:05	957
922	2602	1:01:37	Toni Kirtley		Female	287	10kF	184	1:00:47	928
923	2825	1:01:37	Rachel Taylor		Female	288	10kF	185	1:00:57	944
924	2605	1:01:37	Maragret Swales		Female	289	10kF40	82	1:00:49	935
925	1657	1:01:37	Marie-Therese Brady		Female	290	10kF40	83	1:00:33	921
926	1526	1:01:37	Jayde Merrington		Female	291	10kF	186	1:00:24	913
927	2802	1:01:38	Denise Kennedy		Female	292	10kF40	84	59:46	884
928	2280	1:01:40	Robin Linton		Male	636	10kM	380	59:48	888
929	2470	1:01:40	Joan Tatters	Sunderland Strollers	Female	293	10kF50	20	1:00:24	914
930	1886	1:01:42	Emma Kelly		Female	294	10kF	187	1:00:09	902
931	1535	1:01:42	Z Namuli-Nsubuga		Female	295	10kF	188	59:46	885
932	2364	1:01:43	Catherine Cooke		Female	296	10kF	189	1:00:41	925
933	1726	1:01:43	Sara Reed		Female	297	10kF40	85	1:00:55	942
934	2542	1:01:44	Karen Crangle		Female	298	10kF40	86	1:00:48	931
935	2156	1:01:45	Donna Watson		Female	299	10kF	190	1:01:28	971
936	2598	1:01:45	Emily Chisholm		Female	300	10kF	191	1:00:54	939
937	1515	1:01:45	Gemma Inskipp		Female	301	10kF	192	1:01:38	981
938	2597	1:01:45	Donna Chisholm		Female	302	10kF40	87	1:00:55	943
939	2214	1:01:46	Samantha Cummings		Female	303	10kF	193	59:54	896
940	2946	1:01:47	Jonathan Hibbert		Male	637	10kM	381	1:00:49	936
941	1372	1:01:51	Emma Parker		Female	304	10kF	194	1:00:57	945
942	2691	1:01:51	Melissa Wright		Female	305	10kF	195	1:00:57	946
943	1237	1:01:51	Alison Philp		Female	306	10kF	196	1:00:57	947
944	2567	1:01:52	Emily Sewell		Female	307	10kF	197	1:01:19	965
945	1259	1:01:56	Ian Tufts		Male	638	10kM40	162	1:01:08	959
946	2405	1:01:57	Andrew Luffingham		Male	639	10kM40	163	1:01:31	975
947	1262	1:01:59	Danielle Williams		Female	308	10kF	198	1:00:57	948
948	1176	1:01:59	Lindsay Spencer		Female	309	10kF40	88	1:01:42	986
949	1177	1:01:59	Colin Dent		Male	640	10kM50	74	1:01:42	987
950	1911	1:02:00	Mark Addison		Male	641	10kM	382	1:01:31	976
951	1910	1:02:00	Kate Bayis		Female	310	10kF	199	1:01:31	977
952	2513	1:02:00	Amanda Porteous		Female	311	10kF	200	1:00:37	923
953	1189	1:02:02	Julie Furneval		Female	312	10kF	201	1:00:30	917
954	2664	1:02:02	Suzanne Herkes		Female	313	10kF40	89	1:01:45	991
955	2310	1:02:04	Clare Dransfield		Female	314	10kF40	90	1:00:53	937
956	1864	1:02:04	Steve Martin		Male	642	10kM50	75	1:01:13	963
957	2839	1:02:04	Ashley Head		Female	315	10kF	202	1:00:13	908
958	1411	1:02:07	Chandrakant Patel		Male	643	10kM40	164	1:00:48	932
959	2789	1:02:07	Anna Lumsdon	Sunderland Strollers	Female	316	10kF	203	1:00:58	950
960	2166	1:02:13	Helen Potter		Female	317	10kF	204	1:01:33	978
961	2530	1:02:13	Lisa Russell		Male	644	10kM	383	1:01:07	958
962	2398	1:02:13	Piotr Niedbal		Male	645	10kM	384	1:02:01	1005
963	1733	1:02:15	Gary Binsley		Male	646	10kM40	165	1:00:59	952
964	1231	1:02:16	Simon Oxley		Male	647	10kM	385	1:01:26	970
965	1353	1:02:16	Peter Cooper		Male	648	10kM40	166	1:01:58	1004
966	2899	1:02:17	Andrew Elliott	Derwentside AC	Male	649	10kM	386	1:01:28	972
967	1643	1:02:17	David Scott		Male	650	10kM40	167	1:00:54	940
968	2493	1:02:18	Lisa McConnell	Tyne Bridge Harriers	Female	318	10kF	205	1:00:47	929
969	2512	1:02:18	Lynda Rochester	Tyne Bridge Harriers	Female	319	10kF40	91	1:00:47	930
970	2272	1:02:19	Chris Watson		Male	651	10kM	387	1:00:32	919
971	2379	1:02:19	Sarah Berry		Female	320	10kF	206	1:01:23	968
972	2260	1:02:21	John Heaney		Male	652	10kM50	76	1:01:19	966
973	2307	1:02:28	Joan Keary		Female	321	10kF	207	1:01:33	979
974	1779	1:02:31	Ryan Curry		Male	653	10kM	388	1:01:11	961
975	1780	1:02:31	Graham Curry		Male	654	10kM50	77	1:01:11	962
976	1473	1:02:31	Gillian McCain		Female	322	10kF40	92	1:02:19	1018
977	2273	1:02:32	Sophie Petch		Female	323	10kF	208	1:00:45	926
978	1431	1:02:33	Jonathan Housego		Male	655	10kM	389	1:01:00	953
979	2072	1:02:33	Elizabeth Swainston		Female	324	10kF50	21	1:00:58	951
980	1178	1:02:33	Joanne New	Sunderland Strollers	Female	325	10kF40	93	1:02:21	1020

981	1306	1:02:35	Denis Hargrave	Sunderland Strollers	Male	656	10kM60	23	1:00:53	938
982	2761	1:02:35	Lori McGovern		Female	326	10kF	209	1:00:48	933
983	2768	1:02:36	Mark McGovern		Male	657	10kM	390	1:00:48	934
984	1521	1:02:37	Raymond Hadley		Male	658	10kM	391	1:01:50	997
985	1677	1:02:38	Robert Bland		Male	659	10kM	392	1:01:17	964
986	1571	1:02:39	Laura Willis		Female	327	10kF	210	1:02:10	1012
987	1399	1:02:41	Christina Orr		Female	328	10kF	211	1:01:19	967
988	2289	1:02:45	Helen Hall	Elvet Striders	Female	329	10kF40	94	1:00:57	949
989	1659	1:02:46	Greg Chalk		Male	660	10kM	393	1:02:02	1007
990	1507	1:02:49	Stuart Douglas		Male	661	10kM40	168	1:01:36	980
991	2347	1:02:49	Lee Thompson		Male	662	10kM	394	1:01:45	992
992	2195	1:02:50	Michael Coyne		Male	663	10kM40	169	1:02:29	1027
993	1787	1:02:50	Beverley Poulter		Female	330	10kF40	95	1:01:45	993
994	1788	1:02:50	Lyn Rose		Male	664	10kM40	170	1:01:45	994
995	2085	1:02:52	David Huntley		Male	665	10kM50	78	1:01:43	989
996	1320	1:02:54	Joy Craighead		Male	666	10kM	395	1:01:52	998
997	1225	1:02:54	Malcolm Craighead	North East Veterans	Male	667	10kM50	79	1:01:53	1000
998	1321	1:02:54	David Hirst		Male	668	10kM	396	1:01:52	999
999	1696	1:02:55	Linda Dodsworth		Female	331	10kF40	96	1:02:01	1006
1000	2744	1:02:57	Wendy Fail		Female	332	10kF	212	1:02:36	1033
1001	2374	1:02:59	Peter Bennett		Male	669	10kM	397	1:01:49	996
1002	2552	1:03:03	Carly Shaw		Female	333	10kF	213	1:02:16	1016
1003	2468	1:03:05	Andrea Cessford		Female	334	10kF	214	1:02:33	1029
1004	1388	1:03:05	Samantha Parkhouse		Female	335	10kF	215	1:02:38	1034
1005	1284	1:03:05	Susan Sugden		Female	336	10kF	216	1:01:30	974
1006	2585	1:03:06	Alison Corr		Female	337	10kF40	97	1:02:44	1036
1007	1546	1:03:06	David Denton		Male	670	10kM	398	1:01:41	985
1008	2700	1:03:08	Christine Smith		Female	338	10kF	217	1:01:39	982
1009	2439	1:03:09	Jessica Ball	Tyne Bridge Harriers	Female	339	10kF	218	1:01:44	990
1010	1417	1:03:10	Wayne Strong		Male	671	10kM	399	1:02:02	1008
1011	2786	1:03:10	Becky Mason		Female	340	10kF	219	1:01:39	983
1012	1418	1:03:12	Maria Davis	Sunderland Harriers	Female	341	10kF	220	1:01:53	1001
1013	2785	1:03:13	Molly Coombes		Female	342	10kF	221	1:01:42	988
1014	1428	1:03:16	Ryan McGee		Male	672	10kM	400	1:02:08	1010
1015	1470	1:03:16	Hayley Ramm		Female	343	10kF	222	1:02:49	1039
1016	1365	1:03:16	Jayne McKenna		Female	344	10kF40	98	1:02:19	1019
1017	1983	1:03:17	Helen Baron		Female	345	10kF	223	1:02:56	1046
1018	1044	1:03:18	Colin Fozzard	Seafrunt Smilers	Male	673	10kM50	80	1:02:27	1026
1019	2562	1:03:20	Steph Humble		Female	346	10kF	224	1:01:40	984
1020	2788	1:03:20	Ian Gordon		Male	674	10kM	401	1:01:48	995
1021	2648	1:03:23	Tracey Carver		Female	347	10kF40	99	1:02:25	1024
1022	1903	1:03:24	Lauren Glen		Female	348	10kF	225	1:01:57	1003
1023	2083	1:03:27	Anna Cowan		Female	349	10kF	226	1:03:21	1068
1024	2082	1:03:27	Philippa Parsons		Female	350	10kF	227	1:03:20	1067
1025	2609	1:03:28	Neville Dazley		Male	675	10kM40	171	1:03:10	1059
1026	2940	1:03:28	Carole Hodgson		Female	351	10kF40	100	1:03:11	1060
1027	1655	1:03:29	Jane Scutt		Female	352	10kF50	22	1:03:09	1058
1028	2087	1:03:31	Nicky Johnson		Female	353	10kF40	101	1:01:54	1002
1029	2603	1:03:32	Christy Sanderson		Female	354	10kF	228	1:02:44	1037
1030	1982	1:03:32	Rachael Lewis		Female	355	10kF	229	1:03:11	1061
1031	1694	1:03:33	Ryan Howards		Male	676	10kM	402	1:02:18	1017
1032	1421	1:03:34	Graeme Thompson		Male	677	10kM40	172	1:03:17	1065
1033	1143	1:03:36	Andrew Maw		Male	678	10kM	403	1:02:24	1022
1034	2336	1:03:36	Dermot Hamblin		Male	679	10kM40	173	1:02:10	1013
1035	2397	1:03:36	Ian Ross		Male	680	10kM50	81	1:03:03	1049
1036	2006	1:03:36	Joanne Bone		Female	356	10kF40	102	1:02:52	1040
1037	2395	1:03:37	Brenda Abbott		Female	357	10kF50	23	1:03:04	1052
1038	1639	1:03:39	Lee Henderson		Male	681	10kM	404	1:02:24	1023
1039	1168	1:03:41	Michelle Lovatt		Female	358	10kF40	103	1:02:08	1011
1040	1770	1:03:43	Sandra Smyth		Female	359	10kF40	104	1:03:15	1064
1041	2814	1:03:44	Amy Hill		Female	360	10kF	230	1:02:35	1032
1042	2292	1:03:44	Tracey Gorringe		Female	361	10kF50	24	1:02:13	1015
1043	1151	1:03:46	Ian McQuillan		Male	682	10kM40	174	1:02:26	1025
1044	2741	1:03:47	Max Veale		Male	683	10kM	405	1:03:12	1062
1045	2258	1:03:47	Marc Leslie		Male	684	10kM40	175	1:03:35	1082
1046	2945	1:03:48	Emily Harbottle		Female	362	10kF	231	1:03:07	1054
1047	1238	1:03:51	Sue Dickinson	Sunderland Strollers	Female	363	10kF50	25	1:02:21	1021
1048	1108	1:03:53	Abbie Callaghan		Female	364	10kF	232	1:02:03	1009
1049	2288	1:03:56	Julie Brown		Female	365	10kF40	105	1:03:44	1095
1050	2684	1:03:56	Tracey Anderson		Female	366	10kF40	106	1:03:43	1093

1051	1045	1:03:59	Neil Leighton		Male	685	10kM40	176	1:03:03	1050
1052	1790	1:04:00	Brian Johnston	Sunderland Strollers	Male	686	10kM60	24	1:03:36	1083
1053	2670	1:04:03	Richard Docherty		Male	687	10kM	406	1:02:58	1047
1054	1856	1:04:04	Mark Laing		Male	688	10kM	407	1:02:11	1014
1055	1191	1:04:04	Michelle Marlee		Female	367	10kF40	107	1:03:04	1053
1056	2859	1:04:05	Michelle Braithwaite		Female	368	10kF40	108	1:03:34	1081
1057	2032	1:04:05	Mark Kennedy		Male	689	10kM	408	1:02:30	1028
1058	2669	1:04:06	Antonia Smith		Female	369	10kF	233	1:03:00	1048
1059	1614	1:04:09	Mark Dunkley		Male	690	10kM	409	1:02:47	1038
1060	1188	1:04:13	Lindsay Sheriff		Female	370	10kF	234	1:02:41	1035
1061	2174	1:04:20	Laura Middleton		Female	371	10kF	235	1:04:04	1104
1062	1665	1:04:20	Adam Pattinson		Male	691	10kM	410	1:02:34	1030
1063	1083	1:04:20	Kim Duncan		Female	372	10kF	236	1:04:04	1105
1064	1835	1:04:20	Beth Wynter		Female	373	10kF	237	1:02:34	1031
1065	1803	1:04:21	Kathleen Boyle		Female	374	10kF	238	1:04:10	1110
1066	1501	1:04:22	John Cresswell		Male	692	10kM50	82	1:03:47	1097
1067	2007	1:04:22	Helen Looker		Female	375	10kF	239	1:03:22	1069
1068	2467	1:04:23	Tracy Ahmed		Female	376	10kF40	109	1:03:32	1080
1069	1528	1:04:23	Susan Edwards	Sunderland Strollers	Female	377	10kF40	110	1:02:55	1044
1070	2093	1:04:23	Tracy Effard		Female	378	10kF50	26	1:03:37	1084
1071	2285	1:04:23	Sean Gooding		Male	693	10kM	411	1:03:28	1075
1072	2286	1:04:23	Cheryl Lake		Female	379	10kF	240	1:03:29	1077
1073	1197	1:04:27	Angela Clarkson		Female	380	10kF	241	1:03:24	1070
1074	1380	1:04:29	Ian McDonald		Male	694	10kM40	177	1:02:53	1042
1075	2200	1:04:29	Lindsay MacRae		Female	381	10kF	242	1:02:53	1043
1076	1432	1:04:29	Katharine Ayre		Female	382	10kF	243	1:03:40	1088
1077	1627	1:04:30	Donna Smiles		Female	383	10kF	244	1:03:03	1051
1078	2116	1:04:31	Julia Clifford	Evenwood Road Runners	Female	384	10kF40	111	1:03:57	1101
1079	2809	1:04:31	Kay Neal		Female	385	10kF40	112	1:02:52	1041
1080	2600	1:04:33	Alex Kirtley		Female	386	10kF	245	1:03:43	1094
1081	1964	1:04:33	William Reed		Male	695	10kM60	25	1:03:25	1071
1082	1969	1:04:34	Charlotte Greenwell		Female	387	10kF	246	1:03:08	1055
1083	2165	1:04:39	R Dennett-Thorpe		Male	696	10kM50	83	1:04:32	1137
1084	1184	1:04:39	Ian Windsor		Male	697	10kM	412	1:02:55	1045
1085	1059	1:04:43	Graham Brown		Male	698	10kM	413	1:03:12	1063
1086	2206	1:04:44	Carlos Neves		Male	699	10kM40	178	1:03:08	1056
1087	1269	1:04:44	Rebecca Haynes		Female	388	10kF	247	1:03:48	1098
1088	2205	1:04:44	M Neves		Female	389	10kF40	113	1:03:08	1057
1089	1014	1:04:44	Gemma Bain		Female	390	10kF	248	1:03:59	1103
1090	1303	1:04:45	Lynne Robson		Female	391	10kF	249	1:03:29	1078
1091	2877	1:04:46	Mandy Roche		Female	392	10kF40	114	1:04:33	1138
1092	1253	1:04:46	James Ford		Male	700	10kM60	26	1:03:48	1099
1093	1038	1:04:47	Margaret Thompson	Sunderland Harriers	Female	393	10kF50	27	1:04:33	1139
1094	1956	1:04:49	Jimmy Pyle		Male	701	10kM40	179	1:03:39	1086
1095	2536	1:04:49	Jill Holden		Female	394	10kF40	115	1:03:53	1100
1096	2107	1:04:52	Kevin Finlay		Male	702	10kM	414	1:04:14	1113
1097	1025	1:04:52	Thomas Finnie		Male	703	10kM	415	1:04:14	1114
1098	1725	1:04:55	Wendy Douglas		Female	395	10kF50	28	1:04:15	1116
1099	1658	1:04:56	Alison Brown		Female	396	10kF40	116	1:03:57	1102
1100	1830	1:04:57	Andrea Dobson		Female	397	10kF40	117	1:04:09	1109
1101	1887	1:04:57	Francesca Morrissey		Female	398	10kF	250	1:03:25	1072
1102	1442	1:04:58	Jack Coulson		Male	704	10kM	416	1:04:56	1151
1103	2772	1:04:59	John Archer		Male	705	10kM50	84	1:04:14	1115
1104	2676	1:05:02	Alan Middlemast		Male	706	10kM	417	1:04:41	1142
1105	1335	1:05:03	Jason Elliott		Male	707	10kM40	180	1:04:13	1111
1106	1713	1:05:06	Edith Chapman		Female	399	10kF	251	1:03:45	1096
1107	1441	1:05:09	Nina Coulson		Female	400	10kF	252	1:05:05	1158
1108	1919	1:05:09	Alison Wilkinson	Hunwick Harriers	Female	401	10kF40	118	1:03:26	1073
1109	1902	1:05:09	Matthew Crow	Elvet Striders	Male	708	10kM	418	1:03:26	1074
1110	1426	1:05:10	Juliet Carling		Female	402	10kF40	119	1:04:08	1108
1111	1915	1:05:10	Donna Tonkinson		Female	403	10kF40	120	1:03:39	1087
1112	1586	1:05:12	Claire Cameron		Female	404	10kF	253	1:03:31	1079
1113	1166	1:05:13	Audrey Williams		Female	405	10kF60	4	1:03:18	1066
1114	1577	1:05:13	Rhian May		Female	406	10kF	254	1:04:21	1124
1115	1050	1:05:14	Carla Fisher	Seafrunt Smilers	Female	407	10kF40	121	1:04:21	1125
1116	1740	1:05:14	Dawn Clennett		Female	408	10kF40	122	1:04:20	1123
1117	1742	1:05:14	Julia Waller		Female	409	10kF50	29	1:04:21	1126
1118	1741	1:05:14	Mark Vincent		Male	709	10kM40	181	1:04:21	1127
1119	1477	1:05:18	Adam O' Neill		Male	710	10kM	419	1:04:51	1148
1120	2324	1:05:18	Emily Rowlands		Female	410	10kF	255	1:03:38	1085

1121	2389	1:05:19	Keran Hodgson		Female	411	10kF40	123	1:04:07	1107
1122	1914	1:05:19	Stacy Burman		Female	412	10kF	256	1:05:02	1156
1123	1358	1:05:22	Philip Lowes		Male	711	10kM	420	1:03:28	1076
1124	1855	1:05:24	Nichola Mann		Female	413	10kF	257	1:04:31	1135
1125	2351	1:05:24	Michael Scott		Male	712	10kM	421	1:04:42	1143
1126	1618	1:05:24	Claire Walsh		Female	414	10kF	258	1:04:15	1117
1127	1361	1:05:28	Susan Jobling		Female	415	10kF40	124	1:04:13	1112
1128	2541	1:05:31	Marie Lanaghan		Female	416	10kF40	125	1:05:01	1155
1129	1594	1:05:31	Liam Crosby		Male	713	10kM	422	1:05:21	1177
1130	2352	1:05:32	Sarah MacNeil		Female	417	10kF	259	1:04:56	1152
1131	2175	1:05:32	Matt Magee		Male	714	10kM	423	1:03:41	1089
1132	2138	1:05:32	Catherine Brown		Female	418	10kF50	30	1:03:41	1090
1133	2147	1:05:32	Bryan Magee		Male	715	10kM50	85	1:03:42	1091
1134	1954	1:05:33	Janine Berry		Female	419	10kF40	126	1:04:06	1106
1135	1459	1:05:33	Clare Simmons		Female	420	10kF	260	1:03:42	1092
1136	2162	1:05:33	Michelle Payne		Female	421	10kF	261	1:04:40	1141
1137	2245	1:05:40	Beverley Gray		Female	422	10kF60	5	1:05:34	1189
1138	2246	1:05:40	Danielle Crone		Female	423	10kF	262	1:05:35	1192
1139	2376	1:05:40	Deborah Lopez-Fannen		Female	424	10kF40	127	1:05:34	1190
1140	2244	1:05:40	Andrea Warne		Female	425	10kF40	128	1:05:34	1191
1141	1976	1:05:41	Deirdre Cunningham		Female	426	10kF	263	1:04:59	1153
1142	1550	1:05:43	Clare Emmerson		Female	427	10kF40	129	1:05:12	1164
1143	1581	1:05:43	Aisling Reilly		Female	428	10kF40	130	1:05:12	1165
1144	1497	1:05:45	Graham Henry		Male	716	10kM40	182	1:04:35	1140
1145	1416	1:05:46	Shellie Nichols		Female	429	10kF	264	1:05:21	1178
1146	1661	1:05:47	Joanne Anderson		Female	430	10kF40	131	1:04:19	1121
1147	2629	1:05:47	Joanne Wollaston		Female	431	10kF40	132	1:04:19	1122
1148	1724	1:05:51	Sarah Tweedy		Female	432	10kF	265	1:05:41	1196
1149	1698	1:05:51	Louise Calderwood		Female	433	10kF40	133	1:04:25	1128
1150	1086	1:05:51	Gillian Allinson		Female	434	10kF40	134	1:04:25	1129
1151	2516	1:05:52	Angus McLagan		Male	717	10kM	424	1:05:21	1179
1152	2818	1:05:52	Jemma Dalkin		Female	435	10kF	266	1:05:06	1159
1153	1689	1:05:53	Anthony Blackmorr		Male	718	10kM40	183	1:04:47	1144
1154	2838	1:05:53	Jane Niven		Female	436	10kF40	135	1:04:27	1132
1155	1264	1:05:53	Michelle Phillips		Female	437	10kF40	136	1:04:27	1133
1156	1560	1:05:55	David Morris		Male	719	10kM40	184	1:04:49	1145
1157	1064	1:05:56	Robert Whitelaw		Male	720	10kM60	27	1:05:16	1170
1158	2843	1:05:57	Andrew Slater		Male	721	10kM50	86	1:05:15	1169
1159	2851	1:05:58	Chris Hallett		Male	722	10kM	425	1:05:12	1166
1160	2549	1:05:59	Peter Hewitson		Male	723	10kM40	185	1:04:16	1118
1161	2550	1:05:59	Leanne Hill		Female	438	10kF	267	1:04:17	1119
1162	2776	1:06:00	Alistair Morris		Male	724	10kM	426	1:04:26	1131
1163	1988	1:06:02	Tina Murphy		Female	439	10kF50	31	1:04:31	1136
1164	2903	1:06:06	Rebecca Franklin-Ray		Female	440	10kF	268	1:05:11	1160
1165	2904	1:06:06	Richard Ray		Male	725	10kM40	186	1:05:11	1161
1166	2076	1:06:07	Kathryn Fenwick		Female	441	10kF	269	1:05:20	1174
1167	1443	1:06:07	Leanne Barrow		Female	442	10kF	270	1:04:50	1146
1168	1444	1:06:07	Jane Robson		Female	443	10kF40	137	1:04:50	1147
1169	1106	1:06:07	Michelle Rogerson		Female	444	10kF40	138	1:04:52	1149
1170	2197	1:06:08	Hannah Renwick		Female	445	10kF	271	1:04:18	1120
1171	1307	1:06:12	Keith Hargrave	Sunderland Strollers	Male	726	10kM50	87	1:04:30	1134
1172	2109	1:06:14	Pauline Ranson	Hartlepool Burn Road Harriers	Female	446	10kF50	32	1:04:25	1130
1173	2276	1:06:14	Ron Ho		Male	727	10kM60	28	1:04:53	1150
1174	2517	1:06:15	Amanda Mellor		Female	447	10kF	272	1:05:46	1199
1175	1913	1:06:15	Claire Truscott		Female	448	10kF	273	1:05:43	1197
1176	2556	1:06:19	Michael Bonallie	Road Runner Club	Male	728	10kM50	88	1:06:06	1215
1177	1641	1:06:20	Ann Wheatley		Female	449	10kF50	33	1:05:57	1212
1178	2680	1:06:22	Caroline Foster		Female	450	10kF	274	1:05:43	1198
1179	1261	1:06:26	Susan Walsh		Female	451	10kF40	139	1:05:38	1194
1180	1173	1:06:29	Emma Jarvis		Female	452	10kF	275	1:05:02	1157
1181	2108	1:06:31	Gillian Forster		Female	453	10kF	276	1:05:11	1162
1182	2020	1:06:31	Samantha Forster		Female	454	10kF	277	1:05:11	1163
1183	2778	1:06:32	Anthony Daly		Male	729	10kM40	187	1:05:48	1201
1184	1136	1:06:35	Catherine Walker	Elvet Striders	Female	455	10kF50	34	1:05:19	1173
1185	2494	1:06:35	Karrie Rutherford	Elvet Striders	Female	456	10kF	278	1:05:18	1171
1186	2474	1:06:36	Gail Craig	Elvet Striders	Female	457	10kF40	140	1:05:18	1172
1187	2678	1:06:36	Jeff Hollinsworth		Male	730	10kM	427	1:05:35	1193
1188	1894	1:06:37	Laura O'Brien		Female	458	10kF	279	1:06:26	1229
1189	1882	1:06:37	Sarah Temperley		Female	459	10kF	280	1:06:26	1230
1190	2660	1:06:38	Dionne Robinson		Female	460	10kF	281	1:05:47	1200

1191	1937	1:06:44	Robyn Scott		Female	461	10kF	282	1:06:19	1225
1192	1220	1:06:45	Paul Clark		Male	731	10kM	428	1:05:20	1175
1193	1111	1:06:46	Michael Cox		Male	732	10kM50	89	1:06:26	1231
1194	1386	1:06:47	Abby Mason		Female	462	10kF	283	1:06:18	1223
1195	2126	1:06:48	Tim Mulford		Male	733	10kM40	188	1:06:15	1221
1196	1822	1:06:53	Sarah O'Neill		Female	463	10kF	284	1:04:59	1154
1197	2084	1:06:56	Nicola Robson		Female	464	10kF	285	1:05:20	1176
1198	1310	1:06:57	Michelle Jones		Female	465	10kF40	141	1:06:34	1238
1199	1016	1:06:57	Joanne Watson		Female	466	10kF40	142	1:05:28	1182
1200	1015	1:06:57	Iain Watson		Male	734	10kM40	189	1:05:28	1183
1201	1852	1:06:58	Iain Milne		Male	735	10kM	429	1:06:21	1227
1202	2202	1:06:59	Wan Michael		Male	736	10kM	430	1:05:28	1184
1203	1195	1:07:00	Keith Slater		Male	737	10kM40	190	1:06:28	1233
1204	2604	1:07:01	Sheryl Appleby		Female	467	10kF	286	1:06:10	1216
1205	2943	1:07:03	Amy Robinson		Female	468	10kF	287	1:05:55	1209
1206	1484	1:07:06	Carl Heywood		Male	738	10kM	431	1:05:50	1202
1207	1461	1:07:06	Emma Lamb		Female	469	10kF	288	1:05:32	1187
1208	1860	1:07:08	Nick Hood		Male	739	10kM40	191	1:05:12	1167
1209	1861	1:07:08	Dawn Ormston		Female	470	10kF40	143	1:05:12	1168
1210	1387	1:07:10	Lauren McLaren		Female	471	10kF	289	1:06:40	1247
1211	1145	1:07:10	Chris Hills		Male	740	10kM40	192	1:06:46	1253
1212	1360	1:07:12	Kelly Angus		Female	472	10kF40	144	1:05:56	1210
1213	1947	1:07:14	Amy Harrison		Female	473	10kF	290	1:05:52	1203
1214	1062	1:07:15	Lisa Thornton		Female	474	10kF	291	1:05:33	1188
1215	2274	1:07:15	Lindsay Edgar		Female	475	10kF	292	1:06:37	1241
1216	2392	1:07:16	Caroline Dunkley		Female	476	10kF	293	1:05:54	1208
1217	3129	1:07:16	John Barrow		Male	741	10kM40	193	1:05:21	1180
1218	2204	1:07:19	Jayne Hutchinson		Female	477	10kF40	145	1:05:38	1195
1219	2454	1:07:20	Helen Doona	Sedgefield Harriers	Female	478	10kF	294	1:05:26	1181
1220	2519	1:07:21	Terry Magee		Male	742	10kM50	90	1:05:30	1185
1221	2518	1:07:21	Christine Teasdale		Female	479	10kF50	35	1:05:30	1186
1222	1878	1:07:29	Ann Kirtley		Female	480	10kF50	36	1:07:05	1268
1223	1750	1:07:29	Dawn Goodfellow		Female	481	10kF40	146	1:07:05	1269
1224	2284	1:07:29	Robyn Brannigan		Female	482	10kF50	37	1:06:33	1236
1225	2671	1:07:30	Angela Slater		Female	483	10kF50	38	1:06:33	1237
1226	1141	1:07:30	Heidi Readman-Ahmed		Female	484	10kF	295	1:05:57	1213
1227	2721	1:07:31	Linda Robinson		Female	485	10kF50	39	1:07:18	1276
1228	2646	1:07:31	Anth Ford		Male	743	10kM	432	1:06:32	1235
1229	2177	1:07:31	Joanne Johnson		Female	486	10kF	296	1:05:52	1204
1230	1715	1:07:32	Kate Davey		Female	487	10kF50	40	1:05:52	1205
1231	2013	1:07:34	Michelle Conroy		Female	488	10kF	297	1:06:50	1255
1232	1829	1:07:35	Janet Garrett		Female	489	10kF	298	1:06:51	1256
1233	1278	1:07:35	Ashleigh Blackburn		Female	490	10kF	299	1:06:25	1228
1234	2078	1:07:38	Anthony Welsh		Male	744	10kM	433	1:06:14	1220
1235	1709	1:07:38	Andrew Robson		Male	745	10kM	434	1:06:18	1224
1236	2041	1:07:40	Kathryn Waites		Female	491	10kF40	147	1:06:34	1239
1237	2042	1:07:40	Ruth Davies		Female	492	10kF40	148	1:06:34	1240
1238	1890	1:07:42	Erin Forrest		Female	493	10kF	300	1:06:43	1251
1239	2852	1:07:43	Sam Feekins		Male	746	10kM	435	1:06:56	1261
1240	2074	1:07:43	Alison Simms	Elvet Striders	Female	494	10kF40	149	1:06:41	1248
1241	1318	1:07:43	Lisa Kirkbride		Female	495	10kF40	150	1:06:41	1249
1242	2393	1:07:44	Joanne Smiles		Female	496	10kF	301	1:06:12	1217
1243	2813	1:07:45	Louise Woods		Female	497	10kF40	151	1:06:42	1250
1244	1422	1:07:45	Christopher Thompson		Male	747	10kM	436	1:07:27	1281
1245	2780	1:07:45	Lisa Horn		Female	498	10kF40	152	1:05:52	1206
1246	2265	1:07:46	Robyn Barber		Female	499	10kF	302	1:05:56	1211
1247	1128	1:07:46	Andrew Bell		Male	748	10kM40	194	1:07:23	1280
1248	1250	1:07:46	Charlotte Dickinson		Female	500	10kF	303	1:06:16	1222
1249	2779	1:07:46	Arlene Anderson		Female	501	10kF40	153	1:05:52	1207
1250	2104	1:07:46	Paul Mason		Male	749	10kM40	195	1:06:39	1242
1251	2059	1:07:47	Lucy Meek		Female	502	10kF40	154	1:06:03	1214
1252	1276	1:07:48	Anthony Wilkinson		Male	750	10kM40	196	1:06:20	1226
1253	1263	1:07:51	Michelle Cockbain		Female	503	10kF	304	1:06:39	1243
1254	1583	1:07:51	Charlene Scothern		Female	504	10kF	305	1:06:39	1244
1255	2636	1:07:54	Stephen Coffey		Male	751	10kM	437	1:06:26	1232
1256	2526	1:07:54	Alison Tear		Female	505	10kF40	155	1:06:51	1257
1257	1170	1:07:56	Yvonne Wilson	Gateshead Harriers	Female	506	10kF40	156	1:07:07	1270
1258	1047	1:07:56	Dawn Leighton		Female	507	10kF40	157	1:07:00	1264
1259	2886	1:07:56	Nathan Reed		Male	752	10kM	438	1:06:12	1218
1260	2917	1:07:56	Ashleigh Emms		Female	508	10kF	306	1:06:12	1219

1261	2039	1:08:02	Sarah Wilkinson		Female	509	10kF40	158	1:06:30	1234
1262	1587	1:08:04	Dean McCormack		Male	753	10kM	439	1:06:39	1245
1263	1054	1:08:05	Christine Sayer	Sunderland Strollers	Female	510	10kF	307	1:07:56	1299
1264	2113	1:08:08	Helen Hedley		Female	511	10kF	308	1:06:51	1258
1265	1591	1:08:08	Bernadette Crooks		Female	512	10kF40	159	1:07:20	1278
1266	1580	1:08:09	Christopher Grantham		Male	754	10kM	440	1:07:20	1279
1267	2844	1:08:13	Amber Stonehouse		Female	513	10kF	309	1:07:19	1277
1268	2673	1:08:13	Joanne Thornton		Female	514	10kF	310	1:07:55	1297
1269	2363	1:08:13	Rebecca Casey	Low Fell	Female	515	10kF	311	1:07:01	1265
1270	1841	1:08:16	Kay Taylor		Female	516	10kF	312	1:06:59	1262
1271	1842	1:08:16	Henning Saelzer	Sun City Triathlon Club	Male	755	10kM	441	1:06:59	1263
1272	2950	1:08:18	Nicola Duke		Female	517	10kF	313	1:06:44	1252
1273	1007	1:08:18	Roy Mills		Male	756	10kM60	29	1:06:53	1259
1274	1570	1:08:19	Vicky Snowball		Female	518	10kF	314	1:06:39	1246
1275	1932	1:08:19	Laura Gibson	Elvet Striders	Female	519	10kF	315	1:07:01	1266
1276	1933	1:08:19	Natalie Johnson	Elvet Striders	Female	520	10kF	316	1:07:01	1267
1277	2856	1:08:21	Dennis Patterson		Male	757	10kM50	91	1:07:27	1282
1278	2855	1:08:21	Natalie Walters		Female	521	10kF40	160	1:07:28	1283
1279	2345	1:08:27	Gaynor Briscoe		Female	522	10kF40	161	1:06:54	1260
1280	1885	1:08:27	Andrea Hall		Female	523	10kF40	162	1:08:03	1306
1281	2920	1:08:34	Allison Thompson		Female	524	10kF50	41	1:08:06	1309
1282	1043	1:08:34	Deb Fozzard	Seafrunt Smilers	Female	525	10kF50	42	1:07:42	1291
1283	1368	1:08:36	Karen Purvis		Female	526	10kF	317	1:08:08	1312
1284	1662	1:08:44	Julie Penfold		Female	527	10kF	318	1:06:48	1254
1285	2242	1:08:48	Alison Dorrian		Female	528	10kF40	163	1:08:18	1318
1286	1049	1:08:51	Suzanne Bell		Female	529	10kF40	164	1:07:09	1271
1287	1893	1:08:51	Lisa Fleming		Female	530	10kF	319	1:07:09	1272
1288	1446	1:08:52	Eleanor Proctor		Female	531	10kF	320	1:07:54	1296
1289	2871	1:08:57	David Payne		Male	758	10kM	442	1:07:52	1294
1290	2753	1:08:58	Debbie Burnham		Female	532	10kF40	165	1:07:52	1295
1291	1595	1:09:00	Joanne Outhwaite	Silky Sole Sisters	Female	533	10kF40	166	1:07:17	1275
1292	1563	1:09:00	Nicola Alderson		Female	534	10kF	321	1:07:16	1273
1293	1590	1:09:00	Stacey Tough		Female	535	10kF	322	1:07:16	1274
1294	1628	1:09:00	Barbara Smiles		Female	536	10kF60	6	1:07:33	1286
1295	2631	1:09:01	Claire Smiles		Female	537	10kF	323	1:07:34	1287
1296	2101	1:09:08	Cara Cragg		Female	538	10kF	324	1:07:37	1288
1297	2329	1:09:09	Karen Van Baelen	Low Fell	Female	539	10kF40	167	1:07:56	1300
1298	2491	1:09:10	Joanne Keers		Female	540	10kF	325	1:08:13	1317
1299	1953	1:09:12	Tracey Elliott		Female	541	10kF40	168	1:07:57	1301
1300	2525	1:09:13	Christina Auld		Female	542	10kF	326	1:08:08	1313
1301	2774	1:09:13	Emma Purvis		Female	543	10kF	327	1:08:10	1315
1302	2892	1:09:15	Andrew Turnbull		Male	759	10kM	443	1:07:58	1302
1303	2923	1:09:22	Claire Field		Female	544	10kF	328	1:08:08	1314
1304	1904	1:09:23	Fleur Clarke		Female	545	10kF	329	1:07:46	1292
1305	2624	1:09:24	David Bresnen		Male	760	10kM40	197	1:07:29	1284
1306	2623	1:09:25	Jane Bresnen		Female	546	10kF40	169	1:07:30	1285
1307	2159	1:09:25	Michele Gettins		Female	547	10kF	330	1:09:08	1343
1308	2554	1:09:26	Janet Scott		Female	548	10kF	331	1:07:50	1293
1309	1134	1:09:27	Keith Groves		Male	761	10kM50	92	1:07:39	1289
1310	1135	1:09:27	Heather Groves		Female	549	10kF50	43	1:07:39	1290
1311	1072	1:09:30	Paul Gales		Male	762	10kM40	198	1:09:09	1346
1312	1873	1:09:32	Douglas Hunter		Male	763	10kM50	93	1:07:59	1303
1313	1013	1:09:32	Ray Barnett		Male	764	10kM50	94	1:09:15	1350
1314	2890	1:09:35	Steven Gowland		Male	765	10kM	444	1:09:06	1340
1315	1760	1:09:38	Gail Lang		Female	550	10kF40	170	1:08:01	1304
1316	1758	1:09:38	Denise MacE		Female	551	10kF40	171	1:08:02	1305
1317	2213	1:09:38	Lesley Purvis		Female	552	10kF40	172	1:08:37	1331
1318	1154	1:09:40	Katherine McDermott		Female	553	10kF	332	1:07:55	1298
1319	2883	1:09:41	Rachel Grant		Female	554	10kF	333	1:08:33	1328
1320	1214	1:09:41	Debra Thorpe		Female	555	10kF40	173	1:08:32	1324
1321	1131	1:09:41	Michelle Donnelly	Sunderland Strollers	Female	556	10kF40	174	1:08:32	1325
1322	1249	1:09:46	Gerry Donnelly		Male	766	10kM50	95	1:09:18	1353
1323	2141	1:09:50	Graham McClelland		Male	767	10kM50	96	1:09:43	1370
1324	2645	1:09:53	Louise Bolt	Sunderland Strollers	Female	557	10kF40	175	1:08:34	1329
1325	2797	1:09:53	Mandy Cowell		Female	558	10kF50	44	1:09:53	1382
1326	2796	1:09:53	Andrea Cowell		Female	559	10kF	334	1:09:21	1357
1327	1305	1:09:54	Katherine Armstrong		Female	560	10kF40	176	1:08:03	1307
1328	2484	1:09:54	Sam Henderson		Male	768	10kM	445	1:08:24	1321
1329	1324	1:09:54	Jennifer Lloyd		Female	561	10kF	335	1:08:03	1308
1330	1256	1:09:55	Emma Lewis		Female	562	10kF	336	1:09:22	1359

1331	2118	1:09:56	Aaron Brennan		Male	769	10kM	446	1:09:19	1356
1332	2044	1:09:57	Joshua Wilkinson		Male	770	10kM	447	1:09:10	1348
1333	1336	1:09:58	Wendy Anderson		Female	563	10kF40	177	1:09:08	1344
1334	2271	1:10:01	Sharon Reilly		Female	564	10kF40	178	1:08:07	1310
1335	2235	1:10:01	Jackie Randell		Female	565	10kF40	179	1:08:07	1311
1336	2196	1:10:01	Alexandra Knapton		Female	566	10kF	337	1:08:11	1316
1337	2179	1:10:02	Craig Stewart		Male	771	10kM	448	1:08:21	1320
1338	2063	1:10:03	Carly Gray		Female	567	10kF	338	1:09:58	1388
1339	2926	1:10:03	Nicola Ridley		Female	568	10kF	339	1:09:32	1361
1340	1492	1:10:04	Lindsey Carter		Female	569	10kF50	45	1:09:09	1347
1341	2450	1:10:06	Maria Fuller		Female	570	10kF	340	1:08:25	1322
1342	2891	1:10:11	Neil Grieves		Male	772	10kM	449	1:09:42	1369
1343	1319	1:10:14	Maggie Davison		Female	571	10kF50	46	1:08:43	1332
1344	1905	1:10:16	Charlotte Bailey		Female	572	10kF	341	1:09:51	1376
1345	1295	1:10:17	David Brack		Male	773	10kM50	97	1:10:13	1395
1346	1296	1:10:17	Julie Brack		Female	573	10kF40	180	1:10:14	1396
1347	2198	1:10:17	Lesley Lydon	Jarrow & Hebburn	Female	574	10kF	342	1:08:20	1319
1348	1821	1:10:18	David Barker		Male	774	10kM40	199	1:08:55	1334
1349	2243	1:10:18	Fiona Ross		Female	575	10kF	343	1:08:30	1323
1350	1883	1:10:19	Anthony Wilson		Male	775	10kM40	200	1:09:03	1338
1351	1884	1:10:19	Ben Wilson		Male	776	10kM	450	1:09:03	1339
1352	1194	1:10:24	Graham Darby		Male	777	10kM40	201	1:08:36	1330
1353	1704	1:10:25	Michelle Russell		Female	576	10kF	344	1:08:32	1326
1354	1973	1:10:27	Victoria Olley		Female	577	10kF	345	1:09:44	1371
1355	1975	1:10:27	Claire Storey		Female	578	10kF	346	1:09:44	1372
1356	2822	1:10:30	Michael Cowan		Male	778	10kM40	202	1:08:53	1333
1357	1369	1:10:31	Christine Pope		Female	579	10kF40	181	1:10:04	1392
1358	1512	1:10:32	Julie Carr		Female	580	10kF	347	1:08:57	1336
1359	1925	1:10:35	Mike Elliott	Elvet Striders	Male	779	10kM60	30	1:08:58	1337
1360	2149	1:10:36	Rob Lavender		Male	780	10kM	451	1:09:12	1349
1361	1509	1:10:37	Ewan Douglas	Birtley young persons club	Male	781	10kM	452	1:09:24	1360
1362	1776	1:10:38	Elena Kharlamova		Female	581	10kF	348	1:09:54	1383
1363	2161	1:10:39	Laura Richardson		Female	582	10kF	349	1:09:52	1379
1364	1811	1:10:39	Nadyne Brown		Female	583	10kF	350	1:09:40	1368
1365	2489	1:10:39	Christopher Pacey		Male	782	10kM	453	1:08:55	1335
1366	2599	1:10:42	Laura Watson		Female	584	10kF	351	1:09:54	1384
1367	1820	1:10:44	Julie Barker	Durham City Harriers	Female	585	10kF	352	1:09:21	1358
1368	2043	1:10:47	Rebecca Wilkinson		Female	586	10kF	353	1:10:00	1390
1369	1699	1:10:50	Scott Wilson		Male	783	10kM	454	1:09:07	1341
1370	1667	1:10:50	Fiona Williams		Female	587	10kF	354	1:09:08	1345
1371	1668	1:10:51	Christine Clay		Female	588	10kF50	47	1:09:07	1342
1372	1898	1:10:53	Jason Meecham		Male	784	10kM40	203	1:10:00	1391
1373	2569	1:10:54	Louise Ryder		Female	589	10kF40	182	1:09:17	1352
1374	2311	1:10:54	Shalini Ganesan		Female	590	10kF	355	1:09:51	1377
1375	1425	1:10:54	Kate Pierce		Female	591	10kF	356	1:10:22	1404
1376	2339	1:10:56	Mari Stewart		Female	592	10kF40	183	1:09:18	1354
1377	2275	1:10:56	Louise Horncastle		Female	593	10kF	357	1:09:18	1355
1378	1390	1:10:57	Nicola Kilkenny		Female	594	10kF40	184	1:10:04	1393
1379	2094	1:10:59	John Jobson		Male	785	10kM40	204	1:10:48	1415
1380	2178	1:11:00	Kay Moir		Female	595	10kF	358	1:10:16	1398
1381	2387	1:11:00	S Wan-McQuillan		Female	596	10kF40	185	1:09:34	1363
1382	1960	1:11:02	Rebecca Wiseman		Female	597	10kF40	186	1:09:45	1373
1383	2894	1:11:02	Andrew Flannery		Male	786	10kM	455	1:09:33	1362
1384	1315	1:11:03	Joanne Kimmitt		Female	598	10kF	359	1:10:14	1397
1385	1117	1:11:05	Sue Cuthbertson	Sunderland Strollers	Female	599	10kF50	48	1:09:56	1387
1386	1596	1:11:08	Daniel Waugh		Male	787	10kM	456	1:09:15	1351
1387	2355	1:11:15	Richard Brown		Male	788	10kM	457	1:08:32	1327
1388	2427	1:11:16	Susan Cann		Female	600	10kF40	187	1:09:38	1366
1389	1272	1:11:19	Richard Ball	Ball	Male	789	10kM50	98	1:09:39	1367
1390	1021	1:11:20	Christopher Hunt		Male	790	10kM	458	1:10:41	1409
1391	2239	1:11:21	Paul McCoy		Male	791	10kM	459	1:09:58	1389
1392	1907	1:11:22	Natalie Elwell		Female	601	10kF	360	1:10:19	1402
1393	1908	1:11:22	Gareth Elwell		Male	792	10kM	460	1:10:20	1403
1394	1271	1:11:26	Katie Ball		Female	602	10kF	361	1:09:47	1374
1395	1531	1:11:27	David Murphy		Male	793	10kM40	205	1:09:34	1364
1396	1104	1:11:30	Alison Miller		Female	603	10kF40	188	1:09:47	1375
1397	1227	1:11:32	Janice McCully		Female	604	10kF40	189	1:09:54	1385
1398	2770	1:11:33	Mark McCully		Male	794	10kM40	206	1:09:54	1386
1399	2835	1:11:34	Nicola Cundall		Female	605	10kF40	190	1:09:37	1365
1400	2872	1:11:34	Dawn Evans	Radcliffe AC	Female	606	10kF40	191	1:10:29	1406

1401	1252	1:11:35	Karen Nicholson		Female	607	10kF40	192	1:09:51	1378
1402	2088	1:11:36	Stephen McBride		Male	795	10kM	461	1:10:24	1405
1403	2504	1:11:41	Naomi Edmondson		Female	608	10kF	362	1:10:16	1399
1404	2503	1:11:42	Anthony Peel		Male	796	10kM	462	1:10:17	1400
1405	2575	1:11:45	Paula Hudson		Female	609	10kF	363	1:09:52	1380
1406	2668	1:11:45	Claire Fenwick		Female	610	10kF	364	1:09:52	1381
1407	2263	1:11:53	Gemma Staines		Female	611	10kF	365	1:10:40	1408
1408	1144	1:11:54	Barry Batey	Tyne and Wear Fire	Male	797	10kM60	31	1:11:20	1429
1409	2912	1:11:54	Glenn Batey		Male	798	10kM	463	1:11:19	1428
1410	2643	1:11:55	Joanne Potts		Female	612	10kF	366	1:10:57	1423
1411	2644	1:11:55	Christopher Wylie		Male	799	10kM	464	1:10:56	1422
1412	2900	1:11:58	Liz Hebdon		Female	613	10kF	367	1:11:48	1441
1413	2354	1:12:03	William Brown		Male	800	10kM60	32	1:10:06	1394
1414	2361	1:12:05	Martine Horner		Female	614	10kF	368	1:11:12	1426
1415	2014	1:12:05	Paul Humble		Male	801	10kM	465	1:10:18	1401
1416	2306	1:12:07	Amy Moran		Female	615	10kF	369	1:11:12	1427
1417	1000	1:12:10	Derek Robson		Male	802	10kM50	99	1:11:45	1436
1418	1001	1:12:10	Judith Slocombe		Female	616	10kF40	193	1:11:45	1437
1419	1652	1:12:13	Mick McGurk	New Marske Harriers	Male	803	10kM60	33	1:10:44	1412
1420	1653	1:12:13	Christine McGurk		Female	617	10kF60	7	1:10:45	1413
1421	1896	1:12:18	Nicola Johnson		Female	618	10kF	370	1:12:01	1445
1422	1110	1:12:18	Laura Cox	Sunderland Strollers	Female	619	10kF	371	1:11:59	1444
1423	2685	1:12:25	Nicola McIntosh		Female	620	10kF40	194	1:11:47	1439
1424	1474	1:12:25	Clare Philliskirk		Female	621	10kF	372	1:10:50	1419
1425	1475	1:12:26	George Philliskirk		Male	804	10kM60	34	1:10:51	1421
1426	1236	1:12:26	Laura Jackson	Elvet Striders	Female	622	10kF	373	1:12:02	1446
1427	2426	1:12:28	Maurice Cann		Male	805	10kM50	100	1:10:49	1416
1428	2478	1:12:29	Daniel Magee		Male	806	10kM	466	1:10:42	1410
1429	2939	1:12:30	Fiona Daghish		Female	623	10kF	374	1:10:50	1420
1430	2037	1:12:34	Patricia Hayes		Female	624	10kF40	195	1:10:38	1407
1431	2502	1:12:35	Lucy Foster		Female	625	10kF	375	1:11:28	1430
1432	1362	1:12:36	Helen Stainsby		Female	626	10kF	376	1:10:49	1417
1433	1308	1:12:37	Anna Hargrave	Sunderland Strollers	Female	627	10kF40	196	1:10:45	1414
1434	2507	1:12:37	Deborah Mann	Sedgefield Harriers	Female	628	10kF50	49	1:10:42	1411
1435	2380	1:12:41	Tony Matthews		Male	807	10kM40	207	1:10:49	1418
1436	2918	1:12:42	Steve Watson		Male	808	10kM50	101	1:12:08	1449
1437	2251	1:12:44	Nicola Atkinson		Female	629	10kF	377	1:12:13	1450
1438	2817	1:12:46	Katie Glover		Female	630	10kF	378	1:11:37	1434
1439	1078	1:12:47	Alyson Hogarth	Billingham Marsh House	Female	631	10kF50	50	1:12:06	1448
1440	2527	1:12:47	Hannah Seaman		Female	632	10kF	379	1:11:47	1440
1441	1074	1:12:48	Sara Randles		Female	633	10kF40	197	1:11:35	1431
1442	1670	1:12:50	Julie Warren		Female	634	10kF	380	1:11:51	1442
1443	1720	1:12:52	David Snell		Male	809	10kM60	35	1:12:47	1456
1444	1415	1:12:52	Gillian Farnell		Female	635	10kF40	198	1:11:03	1424
1445	1080	1:12:54	Nicola Stannard		Female	636	10kF40	199	1:12:42	1455
1446	1966	1:12:54	Kelly Dove		Female	637	10kF	381	1:11:06	1425
1447	2164	1:12:57	Gillian Harrison		Female	638	10kF	382	1:12:22	1452
1448	1972	1:13:01	Rebecca Conroy		Female	639	10kF	383	1:12:17	1451
1449	2131	1:13:11	Jane Harvey		Female	640	10kF	384	1:11:58	1443
1450	1874	1:13:17	Danielle Hunter		Female	641	10kF	385	1:11:45	1438
1451	2097	1:13:20	Claire Ingram		Female	642	10kF	386	1:12:03	1447
1452	1467	1:13:25	Lesley Gordon		Female	643	10kF40	200	1:11:35	1432
1453	1468	1:13:25	Lesley Gordon		Male	810	10kM50	102	1:11:36	1433
1454	1995	1:13:27	Claire Summerside		Female	644	10kF	387	1:11:44	1435
1455	1522	1:13:27	Phil Sly		Male	811	10kM	467	1:13:27	1467
1456	2425	1:13:50	Reza Lan		Male	812	10kM	468	1:13:38	1469
1457	1026	1:13:52	Sarah Carroll		Female	645	10kF	388	1:13:02	1461
1458	1892	1:13:56	Scott Wilson-Laing		Male	813	10kM	469	1:13:22	1465
1459	1891	1:13:56	Catherine George		Female	646	10kF	389	1:13:22	1466
1460	1355	1:14:00	Jo Wilkes		Female	647	10kF40	201	1:13:03	1462
1461	1289	1:14:01	Janette Russell		Female	648	10kF50	51	1:13:39	1470
1462	2181	1:14:06	Katherine Daley		Female	649	10kF	390	1:12:33	1453
1463	1527	1:14:07	Deborah Gray		Female	650	10kF40	202	1:12:33	1454
1464	1458	1:14:31	Andy Thorne		Male	814	10kM	470	1:13:09	1463
1465	2184	1:14:34	Laura Watson		Female	651	10kF	391	1:12:53	1457
1466	2058	1:14:36	Andrew Kerr		Male	815	10kM40	208	1:12:53	1458
1467	2048	1:14:39	Julie Findlay		Female	652	10kF40	203	1:12:58	1459
1468	1085	1:14:39	Susan Wilson	Sunderland Strollers	Female	653	10kF40	204	1:12:58	1460
1469	2054	1:14:44	Diane Cooper		Female	654	10kF40	205	1:14:22	1473
1470	2155	1:14:56	Jeff Wilson		Male	816	10kM50	103	1:13:15	1464

1471	1008	1:15:11	Glenn Furness		Male	817	10kM40	209	1:14:34	1475
1472	1273	1:15:19	Clare Cromarty		Female	655	10kF40	206	1:15:00	1486
1473	1167	1:15:25	Jacqueline Rackstraw		Female	656	10kF40	207	1:13:32	1468
1474	1869	1:15:26	William Cessford		Male	818	10kM50	104	1:14:56	1485
1475	1785	1:15:30	Heather Ainsworth		Female	657	10kF	392	1:13:51	1471
1476	2544	1:15:40	Sophie Kelly		Female	658	10kF	393	1:15:35	1503
1477	2029	1:15:49	Shannon Crawford		Female	659	10kF	394	1:15:03	1488
1478	1181	1:15:50	Penny Ransom		Female	660	10kF	395	1:15:15	1496
1479	1850	1:15:51	Rachael Jenkins		Female	661	10kF	396	1:15:45	1506
1480	2437	1:15:57	Jeanette Ball		Female	662	10kF60	8	1:14:32	1474
1481	1579	1:15:58	Sarah Forster		Female	663	10kF	397	1:15:29	1502
1482	1525	1:15:58	David Brien		Male	819	10kM	471	1:15:14	1495
1483	1449	1:15:59	Michelle Matthews		Female	664	10kF	398	1:14:02	1472
1484	2535	1:16:01	Heather Baker		Female	665	10kF40	208	1:15:28	1500
1485	1120	1:16:02	Rachel Murray		Female	666	10kF	399	1:14:54	1483
1486	1119	1:16:02	Julie Murray		Female	667	10kF50	52	1:14:55	1484
1487	1728	1:16:03	K Alderson-Flood		Female	668	10kF	400	1:15:55	1508
1488	2115	1:16:05	Sandie Hall		Female	669	10kF40	209	1:14:51	1482
1489	1313	1:16:15	Alexia Hardy		Female	670	10kF40	210	1:15:26	1498
1490	1630	1:16:16	Nicola Wright		Female	671	10kF40	211	1:15:00	1487
1491	2457	1:16:18	Maxine Watchman		Female	672	10kF40	212	1:14:49	1479
1492	2889	1:16:18	Claire Forrester		Female	673	10kF	401	1:14:49	1480
1493	2893	1:16:19	Andrew Lee		Male	820	10kM	472	1:14:50	1481
1494	2528	1:16:20	Lisa Seaman		Female	674	10kF40	213	1:15:20	1497
1495	1939	1:16:31	Katharine Bartlett	Elvet Striders	Female	675	10kF40	214	1:15:28	1501
1496	2065	1:16:33	Louise Bulmer		Female	676	10kF	402	1:15:27	1499
1497	2620	1:16:33	Thomas Chacko		Male	821	10kM50	105	1:14:38	1476
1498	1450	1:16:38	Jan Mason		Female	677	10kF40	215	1:14:45	1477
1499	2212	1:16:38	Colin Hancock		Male	822	10kM50	106	1:14:45	1478
1500	2089	1:16:45	Dale Smith		Male	823	10kM40	210	1:15:05	1489
1501	1394	1:16:46	Helen Finn		Female	678	10kF	403	1:15:11	1491
1502	1601	1:16:46	Paul Forster		Male	824	10kM40	211	1:15:11	1492
1503	1798	1:16:48	Kellie Thompson		Female	679	10kF	404	1:15:05	1490
1504	1356	1:16:54	Carol Gray		Female	680	10kF40	216	1:15:11	1493
1505	1137	1:16:55	Julie Purcell		Female	681	10kF40	217	1:15:11	1494
1506	1617	1:16:58	Jill Dempsey		Female	682	10kF40	218	1:15:37	1504
1507	1936	1:17:03	Kelly Sinclair		Female	683	10kF	405	1:16:29	1514
1508	2635	1:17:08	Lucy Richardson		Female	684	10kF	406	1:15:40	1505
1509	1102	1:17:20	Emma Jones		Female	685	10kF	407	1:16:01	1510
1510	2429	1:17:23	Anne-Marie Dunn		Female	686	10kF40	219	1:17:23	1527
1511	2372	1:17:24	Dawn Sullivan		Female	687	10kF	408	1:16:05	1511
1512	1990	1:17:34	Louise Glover		Female	688	10kF	409	1:16:17	1513
1513	1024	1:17:38	Julia Christie		Female	689	10kF	410	1:17:01	1523
1514	2729	1:17:45	John Lyons		Male	825	10kM50	107	1:16:45	1518
1515	1827	1:17:50	Sarah Juliff		Female	690	10kF	411	1:17:10	1524
1516	2313	1:17:50	Julia Campbell		Female	691	10kF40	220	1:17:10	1525
1517	1797	1:17:56	Molly Adamson		Female	692	10kF	412	1:16:10	1512
1518	1638	1:17:59	Barbara Harker		Female	693	10kF50	53	1:16:57	1521
1519	1859	1:17:59	Jason Wright		Male	826	10kM	473	1:15:57	1509
1520	1834	1:18:00	Elisa Jackson		Female	694	10kF	413	1:15:51	1507
1521	1057	1:18:06	Audrey Ambrose		Female	695	10kF	414	1:16:34	1515
1522	2616	1:18:06	Helen Conway		Female	696	10kF	415	1:16:48	1520
1523	2253	1:18:13	Junaid Niazi		Male	827	10kM	474	1:17:52	1533
1524	1245	1:18:19	Alan Jones		Male	828	10kM40	212	1:16:36	1516
1525	1246	1:18:19	Kate Jones		Female	697	10kF	416	1:16:36	1517
1526	2787	1:18:25	Laura Tumilty		Female	698	10kF	417	1:17:34	1531
1527	2021	1:18:31	Christine Bostock		Male	829	10kM60	36	1:17:00	1522
1528	1796	1:18:33	Robert Adamson		Male	830	10kM50	108	1:16:47	1519
1529	1056	1:18:41	Mike Ambrose		Male	831	10kM	475	1:17:11	1526
1530	1543	1:18:52	Paul Warrener		Male	832	10kM	476	1:18:13	1536
1531	2710	1:18:58	Lynn Blackett		Female	699	10kF	418	1:17:25	1528
1532	1508	1:19:03	Julie Douglas		Female	700	10kF40	221	1:17:49	1532
1533	1152	1:19:03	Amar Sudan		Female	701	10kF50	54	1:19:01	1544
1534	2539	1:19:06	Anthony Wright		Male	833	10kM	477	1:17:27	1529
1535	2540	1:19:06	Joanne Easten		Female	702	10kF	419	1:17:27	1530
1536	1370	1:19:32	Lauren Bell		Female	703	10kF	420	1:19:06	1545
1537	1786	1:19:34	Lisa Crawley	Low Fell	Female	704	10kF40	222	1:18:22	1539
1538	1592	1:19:40	Lesley Somers		Female	705	10kF50	55	1:17:59	1534
1539	2140	1:19:57	Joanne McClelland		Female	706	10kF	421	1:19:51	1554
1540	1391	1:20:03	Andrea Richardson		Female	707	10kF40	223	1:19:11	1546

1541	1610	1:20:07	Ashleigh Judd	Female	708	10kF	422	1:18:43	1541
1542	2444	1:20:08	Verenaisi Salabula-N	Female	709	10kF	423	1:18:59	1543
1543	1099	1:20:09	Nicola Marquis	Female	710	10kF40	224	1:18:12	1535
1544	1691	1:20:10	Joan Watt	Female	711	10kF60	9	1:19:30	1552
1545	1871	1:20:14	Jordan Smart	Male	834	10kM	478	1:18:21	1537
1546	1870	1:20:14	Rebecca Harrison	Female	712	10kF	424	1:18:21	1538
1547	1412	1:20:19	Sophie Berry	Female	713	10kF	425	1:19:15	1547
1548	2933	1:20:19	Fleur O'Dwyer	Female	714	10kF	426	1:19:15	1548
1549	2937	1:20:19	Bethany Beck	Female	715	10kF	427	1:19:15	1549
1550	1232	1:20:20	Kelly McKittrick	Female	716	10kF40	225	1:18:58	1542
1551	2057	1:20:21	Rebecca Turp	Female	717	10kF	428	1:18:31	1540
1552	1260	1:20:24	Judy Hansen	Female	718	10kF50	56	1:19:32	1553
1553	1407	1:20:25	Louise McLellan	Female	719	10kF40	226	1:20:03	1556
1554	2641	1:20:26	Nicola Tiffen	Female	720	10kF40	227	1:20:02	1555
1555	1455	1:20:47	Zoe Robertson	Female	721	10kF	429	1:19:24	1550
1556	2000	1:20:48	Carl Lynn	Male	835	10kM	479	1:19:29	1551
1557	2453	1:21:15	Kevin Clarke	Male	836	10kM40	213	1:21:05	1561
1558	1201	1:21:49	Neil Hardy	Male	837	10kM	480	1:21:19	1562
1559	2333	1:21:57	Joanne Thompson	Female	722	10kF	430	1:20:05	1557
1560	2334	1:21:57	Vikki Matthews	Female	723	10kF	431	1:20:06	1558
1561	1816	1:22:09	Katie Williamson	Female	724	10kF	432	1:20:47	1559
1562	1309	1:22:11	Brian Mason	Male	838	10kM	481	1:20:55	1560
1563	2908	1:22:14	Sophie Dunning	Female	725	10kF	433	1:21:55	1564
1564	1748	1:22:19	Ruth Nicholson	Female	726	10kF	434	1:21:56	1565
1565	1747	1:22:19	Samantha Morgan	Female	727	10kF	435	1:21:56	1566
1566	1037	1:22:33	Marie Howe	Female	728	10kF	436	1:21:53	1563
1567	2075	1:22:47	Trevor Thompson	Male	839	10kM60	37	1:22:01	1567
1568	2487	1:24:12	Genna Stainforth	Female	729	10kF	437	1:22:32	1568
1569	1600	1:24:19	Lisa Megan	Female	730	10kF40	228	1:23:34	1573
1570	2931	1:24:19	Lisa Shotton	Female	731	10kF40	229	1:23:34	1574
1571	1240	1:24:27	Anthony Watson	Male	840	10kM	482	1:23:52	1577
1572	1006	1:24:32	Tom Barrie	Male	841	10kM60	38	1:23:24	1570
1573	1634	1:24:32	Nina Bowers	Female	732	10kF40	230	1:23:21	1569
1574	1027	1:24:48	Joanne Finnie	Female	733	10kF	438	1:24:11	1579
1575	2432	1:24:50	Albert Amiss	Male	842	10kM60	39	1:23:58	1578
1576	1093	1:25:11	Helen Thompson	Female	734	10kF	439	1:23:29	1571
1577	2016	1:25:22	Richard Cota	Male	843	10kM40	214	1:23:33	1572
1578	1069	1:25:33	Joanne Stewart	Female	735	10kF	440	1:23:45	1575
1579	1070	1:25:34	David Noon	Male	844	10kM50	109	1:23:46	1576
1580	1561	1:25:43	Alison Sopp	Female	736	10kF50	57	1:25:02	1584
1581	1559	1:25:43	Peter Sopp	Male	845	10kM50	110	1:25:00	1583
1582	1239	1:25:52	Gavin Reynolds	Male	846	10kM	483	1:25:16	1585
1583	2139	1:26:04	Emma Burnett	Female	737	10kF	441	1:24:36	1582
1584	2357	1:26:16	Lucy Brown	Female	738	10kF	442	1:24:18	1580
1585	2356	1:26:17	Stephen Brown	Male	847	10kM	484	1:24:20	1581
1586	1648	1:26:59	Jennifer Ruddick	Female	739	10kF40	231	1:26:26	1588
1587	2100	1:28:12	Lisa Murphy	Female	740	10kF40	232	1:27:14	1591
1588	1753	1:28:13	Thomas Atkinson	Male	848	10kM50	111	1:28:13	1595
1589	2157	1:28:13	Gillian Magee	Female	741	10kF50	58	1:26:21	1586
1590	2663	1:28:14	Marissa Magee	Female	742	10kF	443	1:26:21	1587
1591	2652	1:28:33	Mark Smith	Male	849	10kM	485	1:26:58	1589
1592	2651	1:28:34	Charlotte Patton	Female	743	10kF	444	1:26:59	1590
1593	1160	1:28:46	Janine Munroe	Female	744	10kF	445	1:27:53	1594
1594	1632	1:29:15	Sharon Gunn	Female	745	10kF50	59	1:27:30	1592
1595	1633	1:29:15	Cheryl Gunn	Female	746	10kF	446	1:27:30	1593
1596	1922	1:29:31	Kerrie Highcock	Female	747	10kF	447	1:28:34	1596
1597	2522	1:29:32	Christine Richmond	Female	748	10kF50	60	1:28:34	1597
1598	2655	1:29:42	Danielle Moore	Female	749	10kF	448	1:29:03	1598
1599	2681	1:29:42	Anthony Stringer	Male	850	10kM	486	1:29:03	1599
1600	1084	1:30:39	Laurina Dixon	Female	750	10kF50	61	1:30:22	1605
1601	1782	1:30:39	Beverly Page	Female	751	10kF40	233	1:30:25	1606
1602	1669	1:30:50	Jo Nelson	Female	752	10kF40	234	1:29:45	1604
1603	1619	1:31:07	Suzanne Bottoms	Female	753	10kF	449	1:29:27	1603
1604	1714	1:31:15	Nicola Newton	Female	754	10kF40	235	1:29:19	1600
1605	1706	1:31:16	Shelley Humble	Female	755	10kF	450	1:29:20	1601
1606	1688	1:31:20	Rizwan Yousuf	Male	851	10kM	487	1:30:53	1610
1607	1729	1:31:20	Gemma Humble	Female	756	10kF	451	1:29:24	1602
1608	1379	1:31:33	Victoria Neil	Female	757	10kF	452	1:31:07	1611
1609	2193	1:32:32	John Ferry	Male	852	10kM	488	1:30:45	1607
1610	2293	1:32:32	Colin Benson	Male	853	10kM	489	1:30:46	1608

Washington Running Club

1611	2003	1:32:33	Graeme Ferry	Male	854	10kM50	112	1:30:46	1609
1612	1100	1:33:08	Susan Carr	Female	758	10kF40	236	1:31:11	1612
1613	1815	1:34:00	Elizabeth Williamson	Female	759	10kF40	237	1:32:39	1614
1614	2477	1:34:28	Denise Magee	Female	760	10kF40	238	1:32:36	1613
1615	1687	1:34:32	Abdul Kadir Yousuf	Male	855	10kM50	113	1:34:05	1619
1616	1711	1:34:38	Kathleen Nicholson	Female	761	10kF	453	1:33:27	1615
1617	1071	1:35:21	Christine Tilley	Female	762	10kF50	62	1:33:33	1617
1618	1410	1:35:24	Amy Angus	Female	763	10kF	454	1:34:58	1620
1619	2622	1:35:25	Fay Stokell	Female	764	10kF	455	1:33:30	1616
1620	2259	1:35:28	Bronwyn Woodburn	Female	765	10kF	456	1:33:38	1618
1621	2682	1:36:02	John Phillipson	Male	856	10kM50	114	1:35:05	1621
1622	1112	1:37:25	Stacey Storey	Female	766	10kF	457	1:35:57	1622
1623	1002	1:37:59	Sarah Hartford	Female	767	10kF	458	1:37:53	1623
1624	2420	1:47:27	Tony Lane	Male	857	10kM	490	1:45:38	1624
1625	2417	1:47:27	Rachel Zahou	Female	768	10kF	459	1:45:39	1625
1626	2419	1:48:17	Jonathan Smith	Male	858	10kM	491	1:46:29	1626
1627	2418	1:48:17	Emma Smith	Female	769	10kF	460	1:46:29	1627
1628	2473	1:48:32	Aileen Henderson	Female	770	10kF40	239	1:46:58	1628
1629	1781	1:48:32	Lynna Rosli	Female	771	10kF	461	1:47:51	1629
1630	2621	1:50:53	Lynne Burnham	Female	772	10kF40	240	1:48:58	1630
1631	1716	1:53:56	Lindsey Quinn	Female	773	10kF	462	1:53:56	1633
1632	1682	1:53:56	Kathryn Forte	Female	774	10kF	463	1:53:09	1632
1633	1683	1:53:56	Judith Bilton	Female	775	10kF40	241	1:53:08	1631
1634	2168	1:56:52	Michael Ross	Male	859	10kM50	115	1:55:47	1634