



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	10650	33:54	Przemyslaw Tomczak		Male	1	10k-M	1	33:54	1
2	21	34:19	Kevin Usher		Male	2	10k-M50	1	34:17	2
3	10727	34:42	paul Bagan	Spectrum Striders	Male	3	10k-M	2	34:42	3
4	10508	35:05	Andrew Draper	Lytham St Annes RRC	Male	4	10k-M	3	35:04	4
5	10605	35:10	Charlie Batho	Stockport Harriers	Male	5	10k-M40	1	35:05	5
6	10239	35:20	Colin Bishop	Helsby Running Club	Male	6	10k-M50	2	35:20	6
7	10126	35:22	Adam Rashud		Male	7	10k-M	4	35:21	7
8	10688	35:46	Christopher Larkin	Halton & Frodsham Harriers	Male	8	10k-M	5	35:45	8
9	10182	36:27	Paul Lancaster		Male	9	10k-M40	2	36:25	9
10	10673	36:37	Alfie Crockett		Male	10	10k-M	6	36:37	10
11	10543	37:33	Oliver Carey		Male	11	10k-M	7	37:33	11
12	10127	37:36	nick foden	abergele harriers	Male	12	10k-M	8	37:36	12
13	10620	37:42	Nick Bartley	Deestriders Running Club	Male	13	10k-M	9	37:41	13
14	10348	37:51	Michael Donnelly		Male	14	10k-M	10	37:50	14
15	10195	38:34	Tom Lincoln		Male	15	10k-M	11	38:32	15
16	10632	39:01	Michael Waring	Chester Triathlon Club	Male	16	10k-M40	3	38:58	16
17	10089	39:11	Damien Jones	Sale Harriers	Male	17	10k-M	12	39:09	17
18	10681	39:35	Jane Fletcher	Manchester Frontrunners	Female	1	10k-F	1	39:31	18
19	3104	39:50	Carmel Triggs		Female	2	10k-F	2	39:46	19
20	10575	39:50	Jon Leatherbarrow		Male	18	10k-M	13	39:48	20
21	188	40:36	Race Number 188		Male	19	10k-M	14	40:33	21
22	10538	40:53	Simon Trevithick		Male	20	10k-M40	4	40:45	22
23	10684	40:56	Lucy Etchells	Manchester Frontrunners	Female	3	10k-F	3	40:51	23
24	10245	41:04	chris falls	Warrington Running Club	Male	21	10k-M40	5	41:03	24
25	10340	41:12	Gareth Houghton	Buckley Runners	Male	22	10k-M40	6	41:10	25
26	10721	41:22	steven walton		Male	23	10k-M	15	41:16	26
27	10625	41:23	Miras Eskander	Middleton Harriers AC	Male	24	10k-M	16	41:17	27
28	10141	41:28	Ian Hamling		Male	25	10k-M	17	41:22	28
29	1567	41:29	Angela Delaney	Southport Waterloo AC	Female	4	10k-F40	1	41:25	29
30	10150	41:36	Ross McNair		Male	26	10k-M	18	41:32	30
31	10526	41:55	Martin Ballard	St Helens Striders	Male	27	10k-M	19	41:50	32
32	10260	41:58	les johnson	Razzers Runners	Male	28	10k-M40	7	41:49	31
33	10459	42:03	Howard Griffiths		Male	29	10k-M50	3	41:54	33
34	10687	42:05	Daniel Ormesher		Male	30	10k-M	20	42:00	35
35	10248	42:07	Joanne Lacking	Helsby	Female	5	10k-F	4	41:56	34
36	10189	42:15	Pawel Turek		Male	31	10k-M40	8	42:09	37
37	10160	42:23	Dean Mcnair		Male	32	10k-M	21	42:20	40
38	10655	42:25	Paul Jones	West End Runners	Male	33	10k-M40	9	42:17	39
39	10187	42:27	Keiran Weston		Male	34	10k-M	22	42:07	36
40	8002	42:34	Nicholas Crisp		Male	35	10k-M	23	42:09	38
41	10100	42:47	Liz Whitfield	Spectrum Striders	Female	6	10k-F	5	42:24	41
42	10739	43:00	Alan Spencer	Knowsley harriers ac	Male	36	10k-M50	4	42:40	45
43	10043	43:03	andy burnett		Male	37	10k-M60	1	42:52	46
44	10372	43:05	Pamela Thurtle	Penny Lane striders	Female	7	10k-F40	2	42:39	43
45	10539	43:06	Isabelle Trevithick	Warrington AC	Female	8	10k-F	6	42:58	48
46	10703	43:07	Alison Reid		Female	9	10k-F40	3	42:59	49
47	38	43:11	Jo Irvin	Pensby Runners	Female	10	10k-F	7	42:57	47
48	10145	43:12	Jeff Southall		Male	38	10k-M50	5	42:40	44
49	10446	43:55	John Felton	Oldham & Royton Harrier AC	Male	39	10k-M40	10	43:50	51
50	10499	44:01	Joanne Pollock		Female	11	10k-F	8	42:35	42
51	10562	44:19	Andrew Carey		Male	40	10k-M	24	44:04	53
52	10170	44:20	Matt Sanderson		Male	41	10k-M40	11	43:42	50
53	10798	44:25	Mark Valentine	Chorlton Runners	Male	42	10k-M	25	44:14	54
54	10233	44:32	James Daly	Liverpool Running Club	Male	43	10k-M	26	43:53	52
55	1970	44:41	Ken Harrison		Male	44	10k-M40	12	44:17	55
56	10462	44:46	craig belfield		Male	45	10k-M50	6	44:35	58
57	10337	44:50	roy gaskill	roy gaskill	Male	46	10k-M50	7	44:26	56
58	1666	44:53	Tracey Taylor	Sale Harriers	Female	12	10k-F	9	44:32	57
59	10225	45:00	Nicola Critchlow	Warrington Running club	Female	13	10k-F40	4	44:35	59
60	10392	45:38	Yi Zeng		Male	47	10k-M	27	45:19	64
61	10566	45:41	Andy Mills		Male	48	10k-M50	8	45:08	61
62	10637	45:42	Mark Shaw		Male	49	10k-M	28	45:32	66
63	10152	45:46	Benjamin Smith		Male	50	10k-M	29	45:19	63
64	10393	45:49	JAMES BROWN		Male	51	10k-M50	9	45:27	65
65	10055	46:01	Kelly Crossley	Warrington Athletics Club	Female	14	10k-F	10	45:35	67
66	10660	46:09	Liam Boardman	Widnes Running Club	Male	52	10k-M	30	46:01	71
67	10530	46:13	Craig Holland		Male	53	10k-M	31	45:03	60
68	10557	46:22	Daniel Taylor Spencer		Male	54	10k-M	32	45:51	69
69	10398	46:27	Andrew Beamish	Chorlton runners	Male	55	10k-M	33	45:57	70
70	10409	46:47	matt croft		Male	56	10k-M	34	46:19	72
71	10706	46:49	Tarja Barnes	Warrington Road Runners	Female	15	10k-F40	5	46:29	75
72	10709	47:22	Chris Littler		Male	57	10k-M	35	45:10	62
73	10498	47:28	Jane Ward	RazzersRunners	Female	16	10k-F50	1	46:36	77
74	10536	47:38	David Mayes	Spectrum Striders	Male	58	10k-M	36	46:43	78
75	10616	47:45	Dave Tomkins	Warrington AC	Male	59	10k-M60	2	46:28	74



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	10683	47:47	Scott Fisher	Warrington	Male	60	10k-M	37	47:34	88
77	10035	47:48	Sue Sanderson		Female	17	10k-F40	6	47:10	84
78	10118	47:57	Steve Liput		Male	61	10k-M	38	46:31	76
79	10370	47:59	Sam Smith		Male	62	10k-M	39	47:24	85
80	10081	48:06	paul mcwhirter		Male	63	10k-M40	13	45:47	68
81	10693	48:06	Rachael Holden	Helsby	Female	18	10k-F	11	47:54	92
82	10073	48:13	John Lazarus		Male	64	10k-M60	3	47:57	94
83	10734	48:24	Sarah Barrett		Female	19	10k-F	12	46:55	80
84	10247	48:32	Byron Perrett		Male	65	10k-M	40	48:21	103
85	10569	48:36	Ian Roberts	IRF - Isabella Rose Foundation	Male	66	10k-M40	14	46:53	79
86	10351	48:42	Jon Reynolds		Male	67	10k-M40	15	47:00	82
87	10719	48:48	Mark Barnes		Male	68	10k-M40	16	47:01	83
88	10445	48:57	Donna Gardner	Oldham and Royton harriers	Female	20	10k-F	13	47:45	89
89	10679	49:01	Geoff Douglass		Male	69	10k-M	41	47:26	87
90	10678	49:11	Joanne Carol Hansen		Female	21	10k-F	14	46:19	73
91	3019	49:13	Barry Hodgkin		Male	70	10k-M	42	47:56	93
92	10032	49:23	caroline Brown	Wigan & District	Female	22	10k-F40	7	48:12	101
93	10357	49:25	Eleanor Roberts	Spectrum Striders	Female	23	10k-F40	8	47:51	91
94	10716	49:25	Jefferson Gard	Penny Lane Striders	Male	71	10k-M40	17	48:00	95
95	2714	49:30	Sam Wagner		Male	72	10k-M	43	47:45	90
96	10750	49:33	Andrew OBrien	Warrington Running Club	Male	73	10k-M	44	49:33	116
97	10381	49:35	Alexander Garnett		Male	74	10k-M	45	48:02	96
98	10731	49:36	Rebecca Appleton		Female	24	10k-F	15	49:06	110
99	10243	49:36	keven butler		Male	75	10k-M40	18	48:17	102
100	10431	49:38	Simon Jardine	Warrington Running Club	Male	76	10k-M	46	48:04	98
101	10609	49:43	Christopher Burgess		Male	77	10k-M50	10	48:34	104
102	12	49:53	MARK Davies		Male	78	10k-M50	11	49:16	111
103	10769	49:53	Paula Maguire	Abegele harriers	Female	25	10k-F	16	48:42	106
104	10259	49:54	JANETTE BYRNE	MACCLESFIELD HARRIERS AC	Female	26	10k-F50	2	48:10	100
105	10667	49:54	Vicky Unsworth	Liverpool harriers	Female	27	10k-F	17	48:10	99
106	10691	49:56	Andrew Murphy		Male	79	10k-M	47	46:56	81
107	10039	49:57	Keith Dunn		Male	80	10k-M60	4	48:40	105
108	10547	50:06	Tony Ashurst		Male	81	10k-M40	19	48:54	108
109	1024	50:06	Stephen Firth	Road Runners Club	Male	82	10k-M40	20	47:25	86
110	1572	50:10	Peter Newstead		Male	83	10k-M40	21	48:49	107
111	2917	50:11	callum moss		Male	84	10k-M	48	48:03	97
112	1921	50:14	Christopher Blyth		Male	85	10k-M40	22	49:01	109
113	10771	50:16	Guy Lambert		Female	28	10k-F	18	49:22	113
114	2051	50:49	Lisa Jamieson	Pudsey Pacers	Female	29	10k-F40	9	50:22	128
115	10680	50:53	David Hughes	penny lane striders	Male	86	10k-M50	12	49:28	114
116	10730	50:59	Andrew Appleton		Male	87	10k-M40	23	50:30	131
117	10490	51:02	Katharine Taggart	St. Helens Striders	Female	30	10k-F	19	50:49	141
118	10131	51:16	Louise Edwards		Female	31	10k-F	20	50:03	122
119	2822	51:30	Michael Williams	Helsby RC	Male	88	10k-M	49	49:22	112
120	10478	51:34	Chris Lyon		Male	89	10k-M	50	50:18	125
121	10354	51:38	Lindsey Crompton		Female	32	10k-F	21	49:37	118
122	10329	51:47	Craig Brooks		Male	90	10k-M40	24	50:30	133
123	10486	51:51	David Wiggins	Helsby	Male	91	10k-M50	13	49:45	119
124	10482	51:56	Simon Knott		Male	92	10k-M40	25	50:18	126
125	2278	51:57	Jason Revill	Astley & Tyldesley Road Runner	Male	93	10k-M40	26	50:44	138
126	10238	51:58	Phillip Dunn		Male	94	10k-M	51	49:33	115
127	2918	52:03	Mel Whiteside	Warrington Running Club	Male	95	10k-M50	14	50:30	132
128	10723	52:10	lisa highfield	Sandbach Striders	Female	33	10k-F	22	50:26	130
129	10080	52:12	Clare Firth		Female	34	10k-F	23	49:54	121
130	1526	52:15	Mark Whitfield	Altrincham & District AC	Male	96	10k-M40	27	50:21	127
131	10371	52:16	Jonathan Butler		Male	97	10k-M40	28	50:17	124
132	2392	52:26	Rebecca Massey	Deestridders	Female	35	10k-F40	10	49:34	117
133	10258	52:29	Melanie Power	Macclesfield Harrier AC	Female	36	10k-F40	11	50:44	140
134	10295	52:29	Michael Hall		Male	98	10k-M60	5	50:42	137
135	10101	52:30	Louise McCarty		Female	37	10k-F40	12	50:57	145
136	10411	52:31	Sadie Hazeldine		Female	38	10k-F	24	51:02	148
137	10298	52:31	Ali Culshaw	Mersey Tri	Female	39	10k-F50	3	50:44	139
138	10699	52:34	Oliver Thomas	Skipton AC	Male	99	10k-M	52	50:11	123
139	10388	52:38	Alexander Roberts	Spectrum striders	Male	100	10k-M	53	51:04	153
140	10365	52:38	David Roberts	Spectrum Striders	Male	101	10k-M50	15	51:05	154
141	10647	52:40	Kerrie Davidson	Penny Lane Striders	Female	40	10k-F	25	50:41	135
142	10704	52:43	Elaine Cassidy		Female	41	10k-F50	4	52:15	179
143	10658	52:44	Brian Yorke		Male	102	10k-M40	29	50:55	144
144	10103	52:46	Amanda Bentley	Warrington Running Club	Female	42	10k-F40	13	52:11	176
145	10048	52:51	Sarah Sewell	Buxton & District AC	Female	43	10k-F50	5	51:05	155
146	10663	52:56	Julie Kirk		Female	44	10k-F40	14	51:44	167
147	10602	52:57	Iain Bowes		Male	103	10k-M40	30	50:42	136
148	10063	52:59	Carl Hollowood		Male	104	10k-M40	31	49:51	120
149	10310	53:01	Laura Owens	Liverpool running club	Female	45	10k-F	26	51:02	149
150	10515	53:03	Lee Higgins		Male	105	10k-M	54	51:03	151



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
151	10311	53:03	Leslie Owens	Liverpool running club	Male	106	10k-M50	16	51:03	152
152	10244	53:05	Nicola Hughes	Red Rose Road Runners	Female	46	10k-F	27	51:22	156
153	1756	53:11	Nick Shelley		Male	107	10k-M40	32	53:11	203
154	10573	53:12	Aimee Jo Clare		Female	47	10k-F	28	51:54	171
155	10545	53:13	Sharon Case		Female	48	10k-F40	15	51:42	163
156	10544	53:13	Charlotte Case		Female	49	10k-F	29	51:43	164
157	10364	53:16	David Taylor	Northern Vets	Male	108	10k-M40	33	51:28	158
158	10754	53:23	Gareth Dunning		Male	109	10k-M	55	50:58	146
159	10297	53:30	martin kavanagh		Male	110	10k-M40	34	51:41	162
160	10096	53:31	Jade Booth	ST.HELENS STRIDERS	Female	50	10k-F	30	52:07	174
161	10493	53:32	Anne Fortune	Spectrum Striders Running Club	Female	51	10k-F60	1	52:07	173
162	10634	53:33	Zoe Simpkin	Fylde Coast Running	Female	52	10k-F40	16	51:32	159
163	10382	53:35	Dave Barlow		Male	111	10k-M	56	51:44	166
164	10702	53:37	Jo Al-Moukhtar		Female	53	10k-F40	17	53:08	201
165	10053	53:38	Richard Berry		Male	112	10k-M50	17	51:33	160
166	10014	53:51	Lesley Greenlees		Female	54	10k-F50	6	50:35	134
167	10682	53:54	Mark Birchenough		Male	113	10k-M40	35	51:49	169
168	10710	53:55	Garath Coulter		Male	114	10k-M40	36	50:54	143
169	1176	53:56	Rhea Thomas	Helsby RC	Female	55	10k-F	31	51:51	170
170	10492	53:57	Alison Bonathan		Female	56	10k-F	32	51:44	165
171	3105	54:03	Steve Edwards		Male	115	10k-M40	37	54:00	218
172	2025	54:07	Mike Gregory		Male	116	10k-M	57	52:07	175
173	1046	54:08	Paul Storah		Male	117	10k-M40	38	51:38	161
174	10772	54:10	Daniel Mogg		Male	118	10k-M	58	50:23	129
175	2009	54:12	Jennifer Gregory		Female	57	10k-F	33	52:13	177
176	10489	54:16	Mike Gill		Male	119	10k-M40	39	52:24	184
177	10488	54:16	Lisa Gill		Female	58	10k-F40	18	52:24	185
178	10763	54:28	Liam Sherlock	Team Deane	Male	120	10k-M40	40	50:50	142
179	10443	54:29	Georgina Lewis		Female	59	10k-F	34	52:23	183
180	10186	54:32	John Wright		Male	121	10k-M50	18	52:48	192
181	10758	54:33	Mat Gill		Male	122	10k-M	59	52:46	191
182	10194	54:34	Andrea Daniels		Female	60	10k-F40	19	52:51	193
183	10029	54:35	Carmel Meredew		Female	61	10k-F40	20	52:44	190
184	10271	54:39	Andy Peters		Male	123	10k-M	60	52:33	186
185	10156	54:40	Charles Turnbull		Male	124	10k-M	61	50:58	147
186	10456	54:49	Dave Thompson	Spectrum Striders	Male	125	10k-M60	6	53:39	212
187	10452	54:51	Will Beesley		Male	126	10k-M	62	53:36	208
188	10397	54:52	Kate Poole	Chorlton Runners	Female	62	10k-F	35	52:35	187
189	10662	54:52	Lesley Finnih	Penny Lane Striders	Female	63	10k-F	36	52:38	189
190	10577	54:53	James Stockton		Male	127	10k-M	63	52:55	196
191	10576	54:53	Paul Stockton		Male	128	10k-M40	41	52:57	197
192	10707	54:54	kevin channell		Male	129	10k-M40	42	51:03	150
193	10644	54:56	David Linge	Chester Road Runners	Male	130	10k-M	64	52:52	195
194	10643	54:56	Nat Linge	Chester Road Runners	Female	64	10k-F40	21	52:52	194
195	10377	54:56	john Needle		Male	131	10k-M40	43	51:24	157
196	8011	54:58	Tim Bray		Male	132	10k-M	65	52:36	188
197	10331	54:58	Louise Hill		Female	65	10k-F	37	53:03	199
198	10611	54:59	Ryan Horne		Male	133	10k-M	66	51:49	168
199	10537	55:01	Julie Felton	Oldham & Royton harriers AC	Female	66	10k-F40	22	53:49	214
200	10558	55:03	Cai Roberts	NWRRRC	Male	134	10k-M	67	52:18	180
201	10559	55:03	Kelly Alford	N.W.R.R.C	Female	67	10k-F	38	52:19	181
202	10061	55:11	Becky Scully		Female	68	10k-F	39	52:13	178
203	10413	55:12	Andrew Wills		Male	135	10k-M	68	51:57	172
204	10675	55:22	Alexander Woollam		Male	136	10k-M	69	53:20	204
205	3202	55:24	Andrew Lloyd		Male	137	10k-M	70	53:31	206
206	10429	55:43	Michael Rathbone		Male	138	10k-M	71	54:31	237
207	10362	55:46	Sarah Kennard		Female	69	10k-F40	23	54:20	232
208	10038	55:49	Hannah Bell		Female	70	10k-F40	24	53:54	217
209	10018	55:50	Brian Simpson		Male	139	10k-M60	7	53:53	216
210	10422	55:50	Alex Skelton		Female	71	10k-F	40	54:08	221
211	10251	55:52	Carol Richardson		Female	72	10k-F50	7	54:03	219
212	10033	55:55	Mike Gough		Male	140	10k-M	72	54:17	228
213	8001	55:58	Elizabeth Mullett		Female	73	10k-F	41	53:39	210
214	8003	55:58	Lee Birchall		Male	141	10k-M40	44	53:39	211
215	10336	56:01	Bernadette Jervis		Female	74	10k-F50	8	53:32	207
216	10328	56:04	Rebecca Ashton		Female	75	10k-F	42	54:34	239
217	10236	56:06	John Crossland		Male	142	10k-M50	19	54:17	229
218	2767	56:07	Clare Lee		Female	76	10k-F40	25	54:12	224
219	8009	56:07	Kate Stolworthy		Female	77	10k-F	43	53:45	213
220	10177	56:09	Daniel Pope		Male	143	10k-M	73	52:22	182
221	3133	56:24	Edyta Burgess	Winston Runners	Female	78	10k-F40	26	53:52	215
222	10108	56:27	James Taylor		Male	144	10k-M	74	54:13	225
223	10322	56:29	Fiona Richardson	Chester Road Runners	Female	79	10k-F40	27	54:25	233
224	10698	56:30	Amena Madden	Liverpool running club	Female	80	10k-F40	28	54:31	236
225	8016	56:31	Darren Garland		Male	145	10k-M40	45	54:08	222



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
226	10759	56:31	Mark Scott	Liverpool Running Club	Male	146	10k-M50	20	54:33	238
227	10235	56:33	Ian Hewitt		Male	147	10k-M40	46	54:04	220
228	10726	56:38	Nicola Kozer	Widnes Running Club	Female	81	10k-F	44	54:51	246
229	10335	56:44	Tim Hemming		Male	148	10k-M50	21	54:14	226
230	10615	56:47	Helen Power		Female	82	10k-F40	29	54:19	230
231	1602	56:47	Gareth Parry		Male	149	10k-M40	47	52:58	198
232	10303	56:49	Dave White		Male	150	10k-M	75	54:20	231
233	10420	56:50	Eleanor Redhead		Female	83	10k-F	45	54:47	243
234	1505	56:53	David Jones		Male	151	10k-M40	48	53:21	205
235	10380	56:55	Alice Graves-Morris		Female	84	10k-F40	30	54:25	234
236	1683	56:56	Dan Martin		Male	152	10k-M	76	53:08	200
237	1554	56:56	Elizabeth Twist		Female	85	10k-F	46	53:08	202
238	10711	56:58	Michael Leonard		Male	153	10k-M	77	55:04	248
239	172	56:59	Victoria Hughes		Female	86	10k-F	47	54:16	227
240	10334	57:04	Shelagh Hemming	Lymm Runners	Female	87	10k-F50	9	54:34	240
241	8005	57:07	Rebecca Fryer		Female	88	10k-F	48	54:48	244
242	10523	57:08	Michael Cook		Male	154	10k-M50	22	55:13	251
243	10479	57:15	David Brittles		Male	155	10k-M	78	55:17	254
244	10720	57:16	Rachel Sweeney		Female	89	10k-F	49	56:39	289
245	10306	57:20	Jonathan Williams		Male	156	10k-M	79	55:48	272
246	10095	57:21	Emma Norman		Female	90	10k-F40	31	55:26	258
247	10626	57:22	Paul Donegan Donegan		Male	157	10k-M50	23	55:31	260
248	10136	57:22	Matthew Brennon		Male	158	10k-M40	49	55:11	250
249	1603	57:27	Katie Parry		Female	91	10k-F40	32	53:38	209
250	10708	57:31	Graham Noble		Male	159	10k-M40	50	54:12	223
251	10761	57:32	Martin Mustoe		Male	160	10k-M	80	55:26	257
252	10401	57:32	Adrian Leeming	Chorlton Runners	Male	161	10k-M40	51	55:11	249
253	10342	57:33	Laura Ogilvie		Female	92	10k-F	50	54:41	241
254	10399	57:34	Kate Poole	Chorlton Runners	Female	93	10k-F	51	55:17	255
255	10441	57:35	Louise Herridge	Warrington Running Club	Female	94	10k-F	52	55:48	271
256	10760	57:39	Annabel Newey		Female	95	10k-F	53	55:13	252
257	10042	57:42	Jenny Castle	Swinton RC	Female	96	10k-F40	33	55:26	259
258	10532	57:44	Neal Ford		Male	162	10k-M	81	55:36	264
259	10138	57:46	Carolyn Caugther		Female	97	10k-F	54	54:42	242
260	10639	57:49	Kathryn Horsley	Knowsley harriers	Female	98	10k-F40	34	56:05	278
261	10020	57:52	Lee Jackson		Male	163	10k-M	82	55:43	269
262	1920	57:55	jo knight		Female	99	10k-F40	35	55:39	266
263	10548	57:57	Louise Hayes	St Helens Sutton AC	Female	100	10k-F	55	56:31	285
264	10110	58:00	Andrew Johnson		Male	164	10k-M40	52	54:50	245
265	10168	58:05	Emma Bonner	Warrington Running Club	Female	101	10k-F40	36	55:37	265
266	10712	58:10	Andrew Kevan		Male	165	10k-M40	53	55:54	275
267	10736	58:10	lindsay mcleod		Female	102	10k-F40	37	54:54	247
268	10367	58:14	Amel Menacere		Female	103	10k-F	56	56:14	279
269	1585	58:16	Philip Jackson		Male	166	10k-M50	24	55:33	262
270	1428	58:16	Steven Muskett		Male	167	10k-M40	54	55:33	263
271	10154	58:17	Stephen Smith		Male	168	10k-M50	25	56:27	283
272	10369	58:19	Raymond Hayes		Male	169	10k-M50	26	56:38	287
273	10317	58:19	geoffrey cowling		Male	170	10k-M40	55	56:38	288
274	10749	58:24	Stuart Ryder		Male	171	10k-M40	56	55:52	273
275	10506	58:28	Richard Mc donagh		Male	172	10k-M	83	54:30	235
276	10232	58:31	Paul Wood		Male	173	10k-M	84	55:13	253
277	10725	58:31	Emma Jenner		Female	104	10k-F	57	55:57	276
278	10366	58:35	Sarah Connolly		Female	105	10k-F	58	55:33	261
279	10458	58:46	Michelle Thomas		Female	106	10k-F40	38	57:05	298
280	10617	58:47	Vicky Berry		Female	107	10k-F	59	55:41	267
281	10596	58:53	Rachel Lyon		Female	108	10k-F	60	55:53	274
282	10347	58:55	Gill Lomax		Female	109	10k-F	61	56:57	296
283	10729	58:59	ian emson		Male	174	10k-M40	57	56:43	292
284	10770	59:06	Louisa Mogg		Female	110	10k-F	62	55:19	256
285	10062	59:08	Alexandra Hooton		Female	111	10k-F40	39	56:00	277
286	10460	59:10	Claire Hand		Female	112	10k-F	63	56:43	291
287	10099	59:10	Geoff Hand	Spectrum Striders Running club	Male	175	10k-M60	8	56:43	293
288	10068	59:10	Katie Dyke		Female	113	10k-F	64	55:42	268
289	2537	59:12	Rachael Lowe	Warrington Running Club	Female	114	10k-F	65	57:38	311
290	10023	59:15	stephen springall	spectrum striders	Male	176	10k-M50	27	57:25	305
291	10368	59:16	lisa burtenshaw	chester running club	Female	115	10k-F	66	56:43	294
292	10495	59:19	Claire Meadows	Penny Lane Striders	Female	116	10k-F40	40	57:20	303
293	10395	59:20	Simon Hedges	Chorlton Runners	Male	177	10k-M40	58	57:29	307
294	10396	59:20	Sue Goddard	not a member	Female	117	10k-F50	10	57:29	306
295	10385	59:25	Dawn owen		Female	118	10k-F50	11	57:10	300
296	10450	59:29	Sue Gallagher	Chester Road Runners	Female	119	10k-F40	41	56:56	295
297	10017	59:34	Samantha Tennant	Lymm Runners	Female	120	10k-F40	42	56:24	281
298	10224	59:39	Fiona Alderton	Fylde Coast Runners	Female	121	10k-F50	12	56:27	282
299	10475	59:43	Stacey Gernon	Warrington Running Club	Female	122	10k-F	67	55:47	270
300	10016	59:49	michael jaras	spectrum striders	Male	178	10k-M70+	1	56:21	280





# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
301	10104	59:51	Emma Johnson		Female	123	10k-F	68	57:16	302
302	10753	59:52	Sandra Ellison	Wallasey athletics club	Female	124	10k-F50	13	58:02	325
303	10752	59:52	Jessikha Ellison	Wallasey Athletics Club	Female	125	10k-F	69	58:03	326
304	10137	1:00:00	Colin Moston	Victoria Park Running Club	Male	179	10k-M60	9	57:21	304
305	10623	1:00:01	Nan Roberts		Female	126	10k-F40	43	58:20	331
306	10507	1:00:07	Rebecca Heyes	Penny Lane Strideras	Female	127	10k-F	70	58:09	327
307	10222	1:00:09	Janet Redpath	Spectrum Striders	Female	128	10k-F60	2	58:19	330
308	10408	1:00:11	Pamela Hughes		Female	129	10k-F50	14	56:29	284
309	10656	1:00:11	Susan Pollard		Female	130	10k-F40	44	58:10	329
310	10211	1:00:11	Sean Gunnery-Hitchen	Warrington Running Club	Male	180	10k-M	85	58:37	341
311	10090	1:00:11	Vickie Brindle		Female	131	10k-F40	45	57:54	318
312	10091	1:00:11	Jackie Knight		Female	132	10k-F70+	1	57:54	319
313	10613	1:00:13	Roseanne Rooney		Female	133	10k-F40	46	57:06	299
314	10513	1:00:20	Jenny Peers	Warrington Running Club	Female	134	10k-F40	47	57:55	320
315	10040	1:00:20	Louise Casey	warrington running club	Female	135	10k-F	71	57:56	321
316	10229	1:00:23	Sheil Hambleton		Female	136	10k-F60	3	58:32	336
317	10520	1:00:25	Charley Lintern		Female	137	10k-F	72	57:52	316
318	10161	1:00:25	Natalie Gray		Female	138	10k-F	73	56:40	290
319	80	1:00:26	Race Number 80		Male	181	10k-M	86	56:59	297
320	10674	1:00:27	Tom Cartwright		Male	182	10k-M	87	57:59	322
321	10049	1:00:29	Steph Scully		Female	139	10k-F50	15	57:30	309
322	10471	1:00:36	stee dean		Female	140	10k-F	74	58:48	347
323	10640	1:00:39	Colin Harris		Female	141	10k-F	75	59:16	359
324	10046	1:00:41	Chris Roach		Male	183	10k-M	88	58:41	342
325	10649	1:00:41	James Abbott		Male	184	10k-M	89	56:38	286
326	10549	1:00:43	Cathy George		Female	142	10k-F40	48	58:25	334
327	10619	1:00:43	Ben Lukey		Male	185	10k-M40	59	57:33	310
328	10428	1:00:47	Linda Rodgers	liverpool running Club	Female	143	10k-F50	16	59:02	357
329	8018	1:00:47	Katy Wey		Female	144	10k-F40	49	57:54	317
330	10045	1:00:48	Jackie Roach		Female	145	10k-F50	17	58:48	345
331	10181	1:00:48	Bonnie Halsall		Female	146	10k-F	76	58:00	323
332	10572	1:00:51	Jo Clare		Female	147	10k-F40	50	59:34	369
333	10480	1:00:53	David Hughes		Male	186	10k-M	90	58:55	352
334	3781	1:00:55	Helen Clayton		Female	148	10k-F40	51	57:30	308
335	10633	1:00:58	Rachel Harris		Female	149	10k-F	77	58:37	340
336	10121	1:00:58	Rebecca Gerrard		Female	150	10k-F	78	58:57	354
337	3032	1:00:58	Michelle Doyle		Female	151	10k-F	79	59:10	358
338	10180	1:00:58	Pam Bonson		Female	152	10k-F50	18	58:32	337
339	10608	1:01:03	Shelley Bear-Kearney		Female	153	10k-F	80	57:12	301
340	10226	1:01:06	Graeme Williams		Male	187	10k-M50	28	1:01:06	404
341	2004	1:01:07	Denise Irving-Lang	Winston Runners	Female	154	10k-F	81	58:35	338
342	10079	1:01:08	Debbie Guest	Warrington running club	Female	155	10k-F40	52	57:39	312
343	10344	1:01:08	Robert Perry		Male	188	10k-M40	60	59:00	355
344	195	1:01:15	Angela Powers		Female	156	10k-F	82	59:02	356
345	10685	1:01:18	patrick fisher		Male	189	10k-M40	61	57:40	313
346	10742	1:01:20	Rob Deane	Dacorun & Tring AC	Male	190	10k-M50	29	58:01	324
347	10375	1:01:23	Elaine Mullen		Female	157	10k-F40	53	58:35	339
348	10635	1:01:28	CELESTE SCARGILL		Female	158	10k-F	83	59:24	364
349	10472	1:01:29	Angharad Lewis		Female	159	10k-F	84	59:25	365
350	10584	1:01:29	Nicola Jermaine-Jones		Female	160	10k-F	85	58:28	335
351	10686	1:01:32	John Baden	St Helens TRI	Male	191	10k-M	91	59:16	360
352	1297	1:01:33	Sarah Whaley		Female	161	10k-F	86	57:50	314
353	1640	1:01:33	Claire Jones	Warrington running club	Female	162	10k-F	87	57:51	315
354	10291	1:01:34	Joanne Fera-Blears		Female	163	10k-F	88	58:10	328
355	10285	1:01:37	Stuart Musgrave		Male	192	10k-M40	62	59:47	374
356	1438	1:01:38	Kieran Doherty		Male	193	10k-M50	30	58:21	333
357	10320	1:01:50	Allison Pickup	Darwen Dashers	Female	164	10k-F40	54	58:46	344
358	10321	1:01:50	Michelle Connolly	Darwen Dashers	Female	165	10k-F	89	58:45	343
359	10070	1:01:53	Jo Hill		Female	166	10k-F40	55	59:21	362
360	10534	1:01:54	Mark Stephens		Male	194	10k-M	92	58:48	346
361	10417	1:01:54	Caroline Thomas		Female	167	10k-F40	56	59:45	373
362	10282	1:01:57	Michelle Wilson	Warrington Running Club	Female	168	10k-F40	57	58:20	332
363	10427	1:01:57	Annmarie Daley	Liverpool running Club	Female	169	10k-F	90	59:50	378
364	10454	1:01:59	Steven Mycock		Male	195	10k-M	93	58:49	348
365	10455	1:01:59	Clare Mycock		Female	170	10k-F	91	58:49	349
366	10281	1:02:04	Helen Marklove		Female	171	10k-F	92	59:55	380
367	10255	1:02:07	Liane Clarke	Warringtonroad Runners	Female	172	10k-F50	19	59:20	361
368	10774	1:02:07	Laura Weale		Female	173	10k-F	93	59:47	376
369	10600	1:02:12	cath thomson		Female	174	10k-F40	58	59:37	372
370	10470	1:02:15	Elena Dowthwaite		Female	175	10k-F	94	1:00:02	383
371	10665	1:02:21	Linda Brizell		Female	176	10k-F	95	59:48	377
372	10618	1:02:23	Sandra McGreavy	Warrington running club	Female	177	10k-F50	20	59:59	381
373	10106	1:02:24	Nick Ince	Warrington Running Club	Male	196	10k-M	94	59:59	382
374	10666	1:02:25	Claire Leslie		Female	178	10k-F40	59	59:52	379
375	81	1:02:25	Race Number 81		Male	197	10k-M	95	58:57	353



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
376	10207	1:02:27	Jemma Leigh		Female	179	10k-F	96	1:00:16	387
377	10484	1:02:32	Darren Maguire		Male	198	10k-M40	63	58:52	351
378	10109	1:02:33	Justine Broadley	Sale Dragons	Female	180	10k-F40	60	59:24	363
379	10491	1:02:33	Ian Hart		Male	199	10k-M40	64	58:51	350
380	10052	1:02:34	Mark Acton		Male	200	10k-M40	65	59:32	368
381	10487	1:02:43	Richard Armitage		Male	201	10k-M	96	1:00:13	385
382	10323	1:02:47	Donna Watt	Chester Road Runners	Female	181	10k-F40	61	1:00:42	393
383	10733	1:02:54	John Taylor		Male	202	10k-M40	66	1:00:05	384
384	59	1:02:55	Race Number 59		Male	203	10k-M	97	1:01:33	414
385	10563	1:02:55	Graham Williams		Male	204	10k-M	98	1:00:37	391
386	10561	1:02:55	Julia Evans		Female	182	10k-F50	21	1:00:37	392
387	10542	1:02:56	Vicki Banks	Warrington Running Club	Female	183	10k-F40	62	59:28	366
388	10241	1:02:57	Jayne Hamilton	Isabella Rose	Female	184	10k-F40	63	1:01:12	406
389	10586	1:02:58	Karen Shelbourne	Warrington Running Club	Female	185	10k-F40	64	59:30	367
390	10737	1:02:59	Emilie Scholey		Female	186	10k-F	97	59:35	371
391	1038	1:03:00	Kate Davies		Female	187	10k-F40	65	59:34	370
392	1050	1:03:10	Maddy Cocker	Warrington Running Club	Female	188	10k-F40	66	1:00:49	394
393	10175	1:03:11	Clare Evans		Female	189	10k-F40	67	1:00:34	390
394	10528	1:03:17	Paula Sharrocks		Female	190	10k-F40	68	1:00:23	388
395	10527	1:03:18	Carolyn Jones		Female	191	10k-F40	69	1:00:23	389
396	10031	1:03:51	Janette Gormley		Female	192	10k-F50	22	1:00:14	386
397	10745	1:03:52	Race Number 10745		Male	205	10k-M	99	59:47	375
398	10210	1:03:54	Chloe Bowen		Female	193	10k-F	98	1:01:10	405
399	10421	1:03:54	Heather Flaherty		Female	194	10k-F	99	1:01:14	407
400	10476	1:03:55	Diane Lyon		Female	195	10k-F50	23	1:00:55	397
401	10250	1:03:55	Liam Anderson		Male	206	10k-M	100	1:01:17	408
402	10339	1:03:57	Michelle Sileck-Ainsley		Female	196	10k-F40	70	1:00:51	395
403	10345	1:03:57	Mark Moore		Male	207	10k-M50	31	1:00:51	396
404	10606	1:03:58	paul thompson	barnsley athletics club	Male	208	10k-M50	32	1:01:03	402
405	10622	1:04:07	Chris Melbourne		Male	209	10k-M	101	1:01:05	403
406	10588	1:04:08	Jill Longshaw	Rossendale Harriers	Female	197	10k-F50	24	1:01:03	401
407	10671	1:04:16	Richie Sutherland		Male	210	10k-M	102	1:01:01	400
408	10672	1:04:16	Louise Sutherland		Female	198	10k-F	100	1:01:00	399
409	10587	1:04:18	Rebecca Madew		Female	199	10k-F	101	1:04:18	476
410	10424	1:04:22	Mandy Kitchen		Female	200	10k-F	102	1:01:28	413
411	4	1:04:22	Paul Warburton		Male	211	10k-M	103	1:01:52	419
412	10449	1:04:33	Mel Levingston		Female	201	10k-F	103	1:01:34	415
413	10463	1:04:34	Jayne Rizzotti		Female	202	10k-F40	71	1:01:19	409
414	8004	1:04:36	Rebecca Brookes		Female	203	10k-F	104	1:02:16	427
415	10447	1:04:37	jane morris		Female	204	10k-F50	25	1:02:18	428
416	10448	1:04:37	jennie McCarthy		Female	205	10k-F50	26	1:02:18	429
417	10444	1:04:38	Emma Davies	Warrington running club	Female	206	10k-F	105	1:00:57	398
418	10497	1:04:41	Mark Berry		Male	212	10k-M	104	1:01:19	410
419	10529	1:04:42	Anne Nightingale		Female	207	10k-F40	72	1:02:08	425
420	10512	1:04:46	Charlotte Sinkings		Female	208	10k-F	106	1:02:15	426
421	1757	1:04:51	Mathew Crawley		Male	213	10k-M	105	1:01:36	416
422	10133	1:05:00	Lenka Habsudova		Female	209	10k-F	107	1:03:05	443
423	10107	1:05:06	JOHN WHITTINGTON		Male	214	10k-M40	67	1:01:41	418
424	10389	1:05:08	Gemma Elam		Female	210	10k-F	108	1:02:46	435
425	10564	1:05:12	Inma Ruiz	Penny Lane Striders	Female	211	10k-F40	73	1:01:53	420
426	10325	1:05:13	Carol Platt		Female	212	10k-F50	27	1:02:57	438
427	8015	1:05:18	Christopher Wright		Male	215	10k-M	106	1:02:24	431
428	10751	1:05:21	Laura Turner		Female	213	10k-F	109	1:01:20	411
429	10741	1:05:22	Karen Wood		Female	214	10k-F40	74	1:01:20	412
430	10237	1:05:24	Stephen Dunn		Male	216	10k-M50	33	1:02:59	439
431	10738	1:05:25	Donna Mead	Atherton running club	Female	215	10k-F	110	1:02:00	422
432	10579	1:05:32	STEPHANIE BATTERSBY		Female	216	10k-F40	75	1:03:37	461
433	10453	1:05:38	Jannette EVANS		Female	217	10k-F40	76	1:02:23	430
434	10419	1:05:39	Sarah Hall		Female	218	10k-F	111	1:02:46	436
435	10350	1:05:40	Natalie Cosgrove	Sheffield Running Club	Female	219	10k-F	112	1:01:40	417
436	10669	1:05:41	David Harrison		Male	217	10k-M	107	1:02:31	432
437	10257	1:05:42	Joanne Brown	Blackburn Road Runners	Female	220	10k-F40	77	1:03:04	442
438	10146	1:05:43	Becci Keller		Female	221	10k-F40	78	1:02:02	423
439	7	1:05:43	Hazel Smith		Female	222	10k-F40	79	1:02:39	434
440	10692	1:05:43	Sally Fincham		Female	223	10k-F40	80	1:02:02	424
441	10610	1:05:44	Arthur Kelly		Male	218	10k-M50	34	1:01:58	421
442	10292	1:05:58	Charlotte Kelly		Female	224	10k-F40	81	1:03:02	440
443	10289	1:05:58	Clare Johnson-Higgs		Female	225	10k-F40	82	1:03:02	441
444	10191	1:06:00	suzanne cupples		Female	226	10k-F40	83	1:03:15	446
445	10473	1:06:02	Peter Kelsey		Male	219	10k-M	108	1:03:22	449
446	10373	1:06:05	Angela Wallbank		Female	227	10k-F40	84	1:03:16	447
447	1865	1:06:08	Laura Cunnington		Female	228	10k-F	113	1:03:36	459
448	8073	1:06:09	Elaine Saunders		Female	229	10k-F	114	1:04:07	471
449	10242	1:06:09	Jackie Hamilton	Isabella Rose	Female	230	10k-F60	4	1:04:24	482
450	10312	1:06:10	Peter Brown		Male	220	10k-M	109	1:03:25	454



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
451	10582	1:06:11	Zoe Taylor		Female	231	10k-F	115	1:03:35	457
452	10583	1:06:11	Laura Jones		Female	232	10k-F	116	1:03:35	458
453	10076	1:06:12	Carolyn Hall		Female	233	10k-F50	28	1:03:23	451
454	1806	1:06:18	Katie Webster	Whitchurch Whippets	Female	234	10k-F	117	1:03:42	463
455	173	1:06:20	Race Number 173		Male	221	10k-M	110	1:03:37	460
456	10114	1:06:21	Kate Reece		Female	235	10k-F40	85	1:03:45	467
457	10059	1:06:24	tracey brown		Female	236	10k-F40	86	1:02:32	433
458	10120	1:06:25	Sarah Seddon		Female	237	10k-F	118	1:03:21	448
459	10353	1:06:34	Tina Gee		Female	238	10k-F	119	1:04:32	484
460	10010	1:06:34	Michael Graham		Male	222	10k-M	111	1:04:20	480
461	10198	1:06:35	Victoria Geering		Female	239	10k-F40	87	1:04:02	469
462	10352	1:06:40	Laura McWalters		Female	240	10k-F	120	1:04:38	486
463	10585	1:06:40	Adam Jermaine-jones		Male	223	10k-M	112	1:03:38	462
464	10358	1:06:40	Louise Henderson		Female	241	10k-F	121	1:04:38	487
465	10439	1:06:41	Graeme McAvoy		Male	224	10k-M	113	1:03:43	466
466	10592	1:06:42	Paul Moloney		Male	225	10k-M	114	1:03:09	444
467	10597	1:06:42	Claire Jukes		Female	242	10k-F	122	1:03:42	464
468	10593	1:06:43	Kate Davey		Female	243	10k-F	123	1:03:10	445
469	10363	1:06:45	Alli Hunt		Female	244	10k-F50	29	1:04:04	470
470	10765	1:06:46	Abi Schwarz		Female	245	10k-F	124	1:04:11	473
471	10568	1:06:48	Emily Sinkinson		Female	246	10k-F	125	1:04:40	489
472	10308	1:06:51	Jodie Hopewell		Female	247	10k-F	126	1:02:48	437
473	10263	1:06:52	Paul Whitby		Male	226	10k-M40	68	1:04:20	478
474	10203	1:06:52	Jill Culling		Female	248	10k-F50	30	1:04:19	477
475	8013	1:06:55	Muhammad Bajwa		Male	227	10k-M	115	1:04:01	468
476	10302	1:06:59	Fiona Martin		Female	249	10k-F	127	1:03:43	465
477	2061	1:07:02	Jessica Hutchings		Female	250	10k-F	128	1:04:20	479
478	10410	1:07:03	Thomas Lee		Male	228	10k-M	116	1:05:29	514
479	8006	1:07:04	Jessica Henry		Female	251	10k-F	129	1:04:45	493
480	10500	1:07:08	Lauren Wilcox		Female	252	10k-F	130	1:03:23	450
481	10612	1:07:08	Frances Murphy		Female	253	10k-F	131	1:04:10	472
482	10501	1:07:09	Josephine Jarvis		Female	254	10k-F	132	1:03:24	452
483	10183	1:07:13	Anthony Stephens		Male	229	10k-M	117	1:05:38	519
484	10580	1:07:14	Aleksander Dolenc		Male	230	10k-M40	69	1:04:58	496
485	10764	1:07:18	Marion O'Grady	Red Rose Road Runners	Female	255	10k-F50	31	1:04:44	491
486	10767	1:07:18	Sandra Bentley	Widnes Wasps	Female	256	10k-F40	88	1:03:30	455
487	10525	1:07:18	Kelly Woodward	Widnes Wasps	Female	257	10k-F	133	1:03:30	456
488	10209	1:07:22	Faye McMahon		Female	258	10k-F	134	1:04:39	488
489	10102	1:07:23	Daniel Scully		Male	231	10k-M	118	1:04:32	483
490	10695	1:07:27	Angela Gillan		Female	259	10k-F40	89	1:03:24	453
491	2317	1:07:27	Grace Lewis	Chester Road Runners	Female	260	10k-F	135	1:05:19	507
492	10384	1:07:40	Stephanie Jabateh		Female	261	10k-F	136	1:05:01	497
493	10293	1:07:45	louise clifton	warrington running club	Female	262	10k-F40	90	1:05:03	498
494	10670	1:07:46	Angela Moray		Female	263	10k-F	137	1:04:35	485
495	10552	1:07:47	Adrian Ross		Male	232	10k-M	119	1:04:44	490
496	10318	1:07:48	Sioux McGee	Penny lane striders	Female	264	10k-F50	32	1:04:11	474
497	10341	1:07:48	Sarah Parsons	Penny Lane Striders	Female	265	10k-F40	91	1:04:11	475
498	10591	1:07:54	Tracey Fisher	Warrington Running Club	Female	266	10k-F40	92	1:04:24	481
499	10111	1:07:57	Shaun Wantling		Male	233	10k-M40	70	1:05:08	501
500	10423	1:07:58	Jen Harrison		Female	267	10k-F	138	1:04:51	494
501	10013	1:08:03	Carol Fell		Female	268	10k-F60	5	1:05:48	523
502	10607	1:08:07	"steven ""the hat"" McVitie	barnsley athletics club	Male	234	10k-M40	71	1:05:13	504
503	10332	1:08:09	SARA SIMPSON		Female	269	10k-F40	93	1:05:11	503
504	10219	1:08:12	Kate Haslam		Female	270	10k-F40	94	1:05:34	517
505	10551	1:08:15	Laura Carter	Widnes Runners	Female	271	10k-F	139	1:05:22	508
506	10149	1:08:29	Sarah Lee		Female	272	10k-F	140	1:05:52	526
507	10253	1:08:31	kim mccarthy		Female	273	10k-F	141	1:05:46	521
508	10252	1:08:31	Caroline Clare		Female	274	10k-F	142	1:05:46	522
509	10641	1:08:36	Sarah Brough	Warrington Running Club	Female	275	10k-F	143	1:04:57	495
510	10556	1:08:41	Shelley Heneghan	Rossendale Harriers	Female	276	10k-F40	95	1:05:35	518
511	10113	1:08:42	Kyle Foster		Male	235	10k-M	120	1:06:06	533
512	1795	1:08:46	Meg Daintith		Female	277	10k-F40	96	1:04:45	492
513	10179	1:08:48	Emma Connolly		Female	278	10k-F	144	1:05:32	516
514	10290	1:08:49	Diane Springall	Spectrum striders	Female	279	10k-F50	33	1:05:24	511
515	10064	1:08:49	Victoria Coley		Female	280	10k-F	145	1:05:23	510
516	10762	1:08:49	Maureen Taylor		Female	281	10k-F50	34	1:05:04	500
517	1615	1:08:50	Amanda Garratt		Female	282	10k-F	146	1:05:22	509
518	10174	1:08:51	Lee Howard-Armitage		Male	236	10k-M	121	1:06:07	534
519	10594	1:08:52	Lisa Grey		Female	283	10k-F40	97	1:05:27	513
520	10246	1:08:53	Andy Friery		Male	237	10k-M40	72	1:07:09	560
521	10019	1:08:55	Stewart Bryan		Male	238	10k-M50	35	1:05:59	528
522	1626	1:08:56	Diane White	Warrington running club	Female	284	10k-F40	98	1:05:03	499
523	10406	1:09:00	Rebecca Whitfield		Female	285	10k-F	147	1:05:13	505
524	10165	1:09:01	Andrew Pearson		Male	239	10k-M50	36	1:07:32	568
525	2094	1:09:03	Kane GREEN		Male	240	10k-M	122	1:05:30	515



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
526	10200	1:09:04	Michelle Maycock		Female	286	10k-F	148	1:06:16	536
527	10327	1:09:04	Gemma Littlefair		Female	287	10k-F	149	1:05:18	506
528	10374	1:09:07	DONNA ADDI		Female	288	10k-F40	99	1:05:08	502
529	10074	1:09:15	Justina James		Female	289	10k-F40	100	1:06:32	544
530	10451	1:09:15	Thea McCarten		Female	290	10k-F40	101	1:06:31	542
531	10319	1:09:19	Louise Bentley		Female	291	10k-F40	102	1:05:52	527
532	10277	1:09:20	Mark Evans		Male	241	10k-M	123	1:05:24	512
533	10333	1:09:21	Melanie West		Female	292	10k-F40	103	1:06:44	547
534	8008	1:09:22	Kate Millard		Female	293	10k-F	150	1:06:27	541
535	10690	1:09:23	Helen Matthews		Female	294	10k-F	151	1:05:50	525
536	10689	1:09:23	mike tait		Male	242	10k-M	124	1:05:49	524
537	8012	1:09:26	Matthew Heaney		Male	243	10k-M	125	1:06:31	543
538	10164	1:09:28	John Daniels		Male	244	10k-M	126	1:06:23	538
539	10732	1:09:33	Nicola Sivori		Female	295	10k-F40	104	1:06:17	537
540	10231	1:09:35	Hannah Workman		Female	296	10k-F	152	1:07:07	559
541	10379	1:09:36	Graham Sparkes		Male	245	10k-M50	37	1:06:45	548
542	10766	1:09:39	Jayne Hughes		Female	297	10k-F40	105	1:07:04	557
543	10268	1:09:47	Tamsin Hawkins		Female	298	10k-F40	106	1:06:42	546
544	10162	1:09:53	Victoria Taylor		Female	299	10k-F	153	1:06:07	535
545	10264	1:09:55	Ian Litherland		Male	246	10k-M40	73	1:06:01	529
546	10205	1:09:56	Tony Range		Male	247	10k-M50	38	1:06:02	530
547	2410	1:09:56	Claire Range		Female	300	10k-F	154	1:06:02	531
548	10309	1:09:57	Dominika Gesicka-Bajon		Female	301	10k-F	155	1:06:51	550
549	10718	1:09:58	Mike Palmer		Male	248	10k-M40	74	1:06:47	549
550	10541	1:10:00	Jade Smith		Female	302	10k-F	156	1:06:32	545
551	10304	1:10:02	Haylie Madden		Female	303	10k-F	157	1:06:25	539
552	10212	1:10:03	Ryan Beeley		Male	249	10k-M	127	1:06:26	540
553	1836	1:10:03	Thomas Jackson		Male	250	10k-M	128	1:07:10	562
554	10403	1:10:04	alethea chester		Female	304	10k-F40	107	1:07:04	558
555	10748	1:10:05	Emma Buckley	Widnes Wasps Ladies R C	Female	305	10k-F	158	1:05:44	520
556	10404	1:10:09	rachel mulhearn		Female	306	10k-F	159	1:07:10	561
557	10546	1:10:10	Bob Nickson		Male	251	10k-M60	10	1:06:05	532
558	10516	1:10:19	Deisy Caires		Female	307	10k-F	160	1:08:03	577
559	10598	1:10:19	Antonio Rocha		Male	252	10k-M	129	1:08:03	578
560	10599	1:10:20	Denise Costa		Female	308	10k-F	161	1:08:03	579
561	10273	1:10:21	Catherine harris		Female	309	10k-F50	35	1:08:17	591
562	10677	1:10:30	Susan steindorff	dragons rc sale	Female	310	10k-F40	108	1:07:23	566
563	10112	1:10:37	Frances McGlynn		Female	311	10k-F60	6	1:07:59	576
564	10555	1:10:40	Stephen Price		Male	253	10k-M40	75	1:10:40	630
565	10553	1:10:40	Robyn Harrison		Female	312	10k-F	162	1:10:40	631
566	10628	1:10:40	Andrew Holden		Male	254	10k-M	130	1:10:40	632
567	10554	1:10:40	Lee Harrison		Male	255	10k-M40	76	1:10:40	633
568	2828	1:10:45	Emma Raynes		Female	313	10k-F40	109	1:07:56	575
569	1580	1:10:46	Kathryn McGann		Female	314	10k-F40	110	1:07:41	571
570	10540	1:10:48	Liz Kewley		Female	315	10k-F40	111	1:07:20	564
571	10714	1:10:49	Amanda Benson	Chorlton Runners	Female	316	10k-F40	112	1:06:57	554
572	10416	1:10:50	Eimear Griffin		Female	317	10k-F	163	1:08:41	596
573	10139	1:10:58	Kathryn Evanson		Female	318	10k-F	164	1:07:54	574
574	10254	1:10:59	roy ward		Male	256	10k-M50	39	1:06:58	555
575	2258	1:10:59	Allan Wilson		Male	257	10k-M50	40	1:07:32	569
576	10481	1:10:59	Alison Lydon		Female	319	10k-F	165	1:07:16	563
577	10696	1:10:59	Louise Quinn		Female	320	10k-F40	113	1:06:56	553
578	10301	1:11:03	Mike Williams		Male	258	10k-M	131	1:06:55	551
579	10300	1:11:03	Griff Williams		Male	259	10k-M	132	1:06:56	552
580	10299	1:11:06	Claire Williams		Female	321	10k-F	166	1:06:58	556
581	10383	1:11:10	Claire McEwen		Female	322	10k-F50	36	1:08:18	592
582	1747	1:11:11	Rachel Simm	St Helens Striders	Female	323	10k-F	167	1:07:35	570
583	10128	1:11:12	Rachel Aldersley		Female	324	10k-F	168	1:07:41	572
584	10581	1:11:14	Stacey Green	Chorlton Runners	Female	325	10k-F	169	1:07:22	565
585	10407	1:11:14	Samantha Crane		Female	326	10k-F40	114	1:07:27	567
586	10521	1:11:15	Harvey Booth		Male	260	10k-M	133	1:08:13	584
587	10522	1:11:15	Jade Malem		Female	327	10k-F	170	1:08:14	585
588	10026	1:11:27	Jo Jones		Female	328	10k-F40	115	1:07:45	573
589	10503	1:11:31	katie garner		Female	329	10k-F	171	1:08:08	583
590	156	1:11:31	Julie Cooper	Warrington Running Club	Female	330	10k-F50	37	1:08:07	582
591	3360	1:11:43	Benjamin Wall		Male	261	10k-M	134	1:08:39	595
592	1172	1:11:47	Kerry Versfeld		Female	331	10k-F40	116	1:08:59	600
593	10349	1:11:50	Debbie Watson		Female	332	10k-F40	117	1:09:14	605
594	10202	1:11:53	Lisa Whittaker		Female	333	10k-F	172	1:09:21	606
595	10188	1:11:57	Tracy Lever	HYDE VILLAGE STRIDERS	Female	334	10k-F	173	1:08:44	597
596	10075	1:11:59	Kelly Hall		Female	335	10k-F	174	1:09:09	603
597	10267	1:12:00	John Howie	Macclesfield Harriers	Male	262	10k-M50	41	1:08:07	580
598	10269	1:12:00	Linda Wakefield		Female	336	10k-F50	38	1:08:07	581
599	10713	1:12:05	Stephanie Wise	Chorlton Runners	Female	337	10k-F50	39	1:08:14	586
600	10715	1:12:06	Naomi Buckley		Female	338	10k-F	175	1:08:14	587





# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
601	10651	1:12:18	Emma Stringer		Female	339	10k-F	176	1:08:16	588
602	10652	1:12:18	Phil Cooper		Male	263	10k-M50	42	1:08:16	589
603	10653	1:12:18	Sarah Cooper		Female	340	10k-F	177	1:08:17	590
604	10266	1:12:19	Debbie Whalley		Female	341	10k-F40	118	1:08:31	593
605	10261	1:12:19	sarah varley		Female	342	10k-F	178	1:08:31	594
606	1881	1:12:19	Louise Grantham	Lymm Runners	Female	343	10k-F50	40	1:09:38	609
607	1879	1:12:19	Elena Jones	Lymm	Female	344	10k-F40	119	1:09:38	610
608	10169	1:12:23	Greg N		Male	264	10k-M40	77	1:08:50	598
609	10402	1:12:25	Lindsey Evans	Macclesfield Harrier's	Female	345	10k-F40	120	1:10:03	614
610	10009	1:12:25	Abi Leyland	macclesfield harriers	Female	346	10k-F40	121	1:10:03	613
611	10220	1:12:25	Sue Schilling	Macclesfield Harriers	Female	347	10k-F40	122	1:10:04	615
612	10768	1:12:26	Louise Brown		Female	348	10k-F	179	1:10:04	616
613	10105	1:12:27	Sarita Howarth		Female	349	10k-F40	123	1:09:00	601
614	10483	1:12:29	Pam Mason		Female	350	10k-F40	124	1:09:28	608
615	10129	1:12:30	Shelley Lee	Macclesfield Harriers	Female	351	10k-F40	125	1:10:26	625
616	10228	1:12:31	Carla Inman		Female	352	10k-F	180	1:08:51	599
617	10123	1:12:44	Jim Ashall		Male	265	10k-M50	43	1:09:58	611
618	10262	1:12:44	Mike Tress		Male	266	10k-M50	44	1:09:58	612
619	10496	1:12:45	Sara Murray		Female	353	10k-F	181	1:09:11	604
620	10425	1:12:46	Kerry Mutch		Female	354	10k-F50	41	1:09:08	602
621	10378	1:12:55	Dawn Needle		Female	355	10k-F40	126	1:09:22	607
622	10464	1:13:00	Bethany Baddeley		Female	356	10k-F	182	1:10:14	620
623	10465	1:13:01	Tom Lloyd		Male	267	10k-M	135	1:10:15	621
624	10659	1:13:12	Tony Tonks		Male	268	10k-M40	78	1:10:17	622
625	10184	1:13:13	debbie Turner		Female	357	10k-F40	127	1:10:36	628
626	10143	1:13:13	Kellie Edgar		Female	358	10k-F40	128	1:10:36	629
627	10004	1:13:17	Dawn Halliday		Female	359	10k-F	183	1:10:20	624
628	10435	1:13:17	Joanne Bate	warrington running club	Female	360	10k-F	184	1:10:20	623
629	10356	1:13:21	Elliott Wilkins		Male	269	10k-M40	79	1:11:06	636
630	10208	1:13:25	Jo Fenwick		Female	361	10k-F	185	1:10:12	618
631	10550	1:13:26	Christopher Lee	Penny Lane Striders	Male	270	10k-M	136	1:10:13	619
632	10276	1:13:43	Cassie Geraghty		Female	362	10k-F	186	1:11:09	637
633	10728	1:13:48	Lisa Gomes		Female	363	10k-F	187	1:10:29	626
634	10567	1:13:53	Sharon Delooze		Female	364	10k-F40	129	1:11:16	638
635	10346	1:13:54	Megan Browne		Female	365	10k-F	188	1:11:16	639
636	10135	1:14:01	Jane Littlefair		Female	366	10k-F50	42	1:10:35	627
637	10436	1:14:01	Nicola Ingle		Female	367	10k-F40	130	1:11:01	634
638	139	1:14:07	Alan Wilkinson		Male	271	10k-M	137	1:10:09	617
639	10535	1:14:27	Zara Lomax		Female	368	10k-F	189	1:11:49	644
640	10287	1:14:43	Janine Rudenko		Female	369	10k-F50	43	1:11:46	643
641	10296	1:14:51	Garry Bilington		Male	272	10k-M40	80	1:11:28	641
642	10518	1:14:53	Sara McLintock		Female	370	10k-F	190	1:11:35	642
643	10270	1:15:00	Katrina Beswick		Female	371	10k-F40	131	1:12:21	651
644	8007	1:15:02	Sapphire Rees		Female	372	10k-F	191	1:11:02	635
645	10624	1:15:03	Sheila Thornton	Flyde Coast Runners	Female	373	10k-F50	44	1:11:22	640
646	10153	1:15:10	REBECCA MAGUIRE		Female	374	10k-F40	132	1:11:56	645
647	10036	1:15:22	Niki Spedding		Female	375	10k-F40	133	1:12:43	653
648	10636	1:15:30	Alex Scargill		Male	273	10k-M	138	1:13:26	665
649	10125	1:15:36	jayne bottomley		Female	376	10k-F	192	1:12:09	648
650	10124	1:15:36	kathryn farmer		Female	377	10k-F40	134	1:12:10	649
651	10595	1:15:47	Amanda Glover	Warrington Running Club	Female	378	10k-F	193	1:12:08	647
652	10077	1:15:48	Victoria Woolcock		Female	379	10k-F	194	1:12:57	654
653	10697	1:15:49	Yeelam Wong		Female	380	10k-F	195	1:12:23	652
654	10082	1:15:55	Farina Cahm		Female	381	10k-F40	135	1:13:04	656
655	10705	1:15:56	Karen Satina		Female	382	10k-F	196	1:12:07	646
656	10432	1:15:57	Michelle Hayes		Female	383	10k-F	197	1:13:04	657
657	10560	1:16:00	Jo White	Warrington Running Club	Female	384	10k-F40	136	1:12:18	650
658	10227	1:16:00	Laura Appleton	Warrington Running Club	Female	385	10k-F	198	1:13:03	655
659	10387	1:16:02	Ian Ormshaw		Male	274	10k-M50	45	1:13:21	661
660	10386	1:16:02	Paula Ormshaw		Female	386	10k-F40	137	1:13:21	662
661	10217	1:16:02	Jonathan Clayton		Male	275	10k-M	139	1:13:23	663
662	10216	1:16:02	Shereen Ormshaw		Female	387	10k-F	199	1:13:23	664
663	10234	1:16:03	Ann marie Hatton		Female	388	10k-F40	138	1:13:34	668
664	10440	1:16:11	pauline mcavoy		Female	389	10k-F40	139	1:13:14	660
665	2567	1:16:13	susan saddoo		Female	390	10k-F40	140	1:13:27	667
666	10645	1:16:30	Mushtaq Ahmed		Male	276	10k-M60	11	1:14:18	680
667	10201	1:16:31	Gillian Reid		Female	391	10k-F40	141	1:13:43	669
668	10654	1:16:46	Emma Chaplin		Female	392	10k-F40	142	1:13:09	658
669	10648	1:16:46	Susie Blake		Female	393	10k-F	200	1:13:09	659
670	10272	1:16:48	Richard Jones		Male	277	10k-M	140	1:14:10	674
671	10274	1:16:58	Phill Moir-Riches		Male	278	10k-M	141	1:13:26	666
672	10338	1:17:01	Sally King	Fenland RC	Female	394	10k-F50	45	1:14:14	679
673	10167	1:17:05	Amanda Bramhall		Female	395	10k-F40	143	1:14:23	683
674	10514	1:17:14	Jean McGowan		Female	396	10k-F40	144	1:14:11	675
675	10565	1:17:14	Vicki Jones		Female	397	10k-F40	145	1:14:11	676



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
676	3161	1:17:17	Gemma Moran	Warrington Running Club	Female	398	10k-F	201	1:14:20	681
677	10747	1:17:17	Joanne Rusling	Warrington running club	Female	399	10k-F	202	1:14:20	682
678	10355	1:17:27	Anthony Finegan		Male	279	10k-M	142	1:13:47	670
679	10134	1:17:31	Joanne Geraghty		Female	400	10k-F40	146	1:14:05	673
680	1152	1:17:57	Hilary Moors		Female	401	10k-F40	147	1:13:56	671
681	10773	1:17:57	Jill Thomason		Female	402	10k-F	203	1:13:56	672
682	1695	1:18:08	Helen Smithers	Warrington Running Club	Female	403	10k-F40	148	1:15:25	689
683	10278	1:18:09	Alison Thomas		Female	404	10k-F	204	1:14:13	677
684	2730	1:18:09	Zena Thompson		Female	405	10k-F40	149	1:14:13	678
685	10630	1:18:22	David Hudd		Male	280	10k-M50	46	1:18:22	704
686	10627	1:18:33	Joanne Moody	Liverpool running club	Female	406	10k-F	205	1:15:45	691
687	10324	1:18:33	Debi McMillan	Penny Lane Striders	Female	407	10k-F40	150	1:15:45	692
688	10629	1:18:39	Marie Hall		Female	408	10k-F	206	1:14:47	684
689	10509	1:18:52	cherree caddick		Female	409	10k-F40	151	1:14:50	685
690	10426	1:18:53	Lindsey Cork		Female	410	10k-F40	152	1:14:50	686
691	1177	1:19:02	amanda jack	warrington running club	Female	411	10k-F40	153	1:15:19	687
692	10494	1:19:05	Lydia Hawthorn		Female	412	10k-F	207	1:15:23	688
693	10438	1:19:25	Jennifer Lewis		Female	413	10k-F50	46	1:15:28	690
694	10604	1:19:28	Kira Bowes		Female	414	10k-F	208	1:16:33	694
695	10603	1:19:28	Lisa Bowes		Female	415	10k-F40	154	1:16:33	695
696	3249	1:19:35	sharon cottam		Female	416	10k-F40	155	1:16:48	697
697	69	1:19:46	David Marsh	Southport Watetloo AC	Male	281	10k-M50	47	1:19:36	713
698	10024	1:19:47	Jan Marsh	Southport Waterloo AC	Female	417	10k-F60	7	1:16:40	696
699	10240	1:20:09	Helen Doroszkiewicz		Female	418	10k-F40	156	1:17:06	700
700	10474	1:20:22	Ange Leah	Warrington Running club	Female	419	10k-F40	157	1:16:26	693
701	10313	1:20:43	Daniel Brown		Male	282	10k-M	143	1:17:58	701
702	10315	1:20:44	Colette Brown		Female	420	10k-F50	47	1:17:59	702
703	10214	1:20:49	Sally Shawcross		Female	421	10k-F40	158	1:16:52	698
704	10213	1:20:49	Cathryn Sloan		Female	422	10k-F40	159	1:16:52	699
705	1578	1:21:24	Dominique vernon	Warrington running club	Female	423	10k-F	209	1:18:06	703
706	10505	1:22:02	Andrea Wright		Female	424	10k-F50	48	1:18:39	708
707	10502	1:22:02	loretta garner		Female	425	10k-F40	160	1:18:39	709
708	10085	1:22:03	Jane Green		Female	426	10k-F40	161	1:18:34	707
709	10504	1:22:04	gina edis		Female	427	10k-F40	162	1:18:41	710
710	10717	1:22:05	Kiera Abel		Female	428	10k-F	210	1:19:00	711
711	10646	1:22:21	Elizabeth Davies	Liverpool Running Club	Female	429	10k-F	211	1:19:32	712
712	10434	1:22:22	JAN HOLLAND		Female	430	10k-F40	163	1:18:25	705
713	10433	1:22:22	Diane Moore		Female	431	10k-F40	164	1:18:25	706
714	10072	1:22:34	Peter Smith		Male	283	10k-M40	81	1:19:43	714
715	10071	1:22:35	Vikki Leay		Female	432	10k-F	212	1:19:44	715
716	10390	1:22:54	Rachel Whitfield		Female	433	10k-F	213	1:19:52	718
717	10533	1:23:23	Donna Butler		Female	434	10k-F50	49	1:20:17	721
718	37	1:23:27	Linda Carey		Female	435	10k-F50	50	1:20:12	720
719	10722	1:23:43	Dan Arrowsmith		Male	284	10k-M	144	1:19:48	716
720	10025	1:23:45	Rachael Bickerton		Female	436	10k-F	214	1:19:50	717
721	10147	1:23:50	Gillian Kelly	St. Helens Striders	Female	437	10k-F40	165	1:21:16	725
722	10307	1:24:07	Sue Flanagan	Warrington Running Club	Female	438	10k-F50	51	1:21:28	727
723	10415	1:24:07	Bernadette Glover		Female	439	10k-F50	52	1:20:03	719
724	10178	1:24:15	Angela McVey		Female	440	10k-F	215	1:21:00	723
725	10571	1:24:26	Amy McCormack		Female	441	10k-F	216	1:21:42	729
726	10570	1:24:27	Rebecca Dean		Female	442	10k-F40	166	1:21:43	730
727	10414	1:24:33	Angela Goalen		Female	443	10k-F40	167	1:20:29	722
728	10286	1:25:06	Annette Parker		Female	444	10k-F50	53	1:21:01	724
729	10517	1:25:29	Rebecca Chappell		Female	445	10k-F	217	1:21:33	728
730	10155	1:25:31	Brenda Turnbull	Warrington Running club	Female	446	10k-F40	168	1:21:25	726
731	10097	1:25:37	Tracey Walker	Warrington running club	Female	447	10k-F50	54	1:21:43	731
732	10418	1:25:52	ian stansfield	todmorden harriers & athletic c	Male	285	10k-M70+	2	1:22:47	733
733	10249	1:26:13	Louise Cowan		Female	448	10k-F50	55	1:22:07	732
734	10755	1:26:26	Dave Minshull		Male	286	10k-M50	48	1:23:50	735
735	10510	1:27:02	angela gregory	Shropshire Shufflers	Female	449	10k-F	218	1:24:20	736
736	10466	1:27:03	Nicola Dunbabin		Female	450	10k-F	219	1:23:24	734
737	10069	1:30:30	Debi Jones		Female	451	10k-F50	56	1:27:01	737
738	10735	1:31:10	Andrew Rogers		Male	287	10k-M40	82	1:28:10	738
739	10122	1:31:10	Natalie Rogers		Female	452	10k-F	220	1:28:10	739
740	10442	1:32:48	Claire McCann	Warrington Running Club	Female	453	10k-F	221	1:28:43	740
741	10701	1:32:48	JULIE NOLAN		Female	454	10k-F50	57	1:28:44	741
742	2763	1:33:32	Jeanine Perkins		Female	455	10k-F40	169	1:29:10	742
743	10531	1:34:04	Catherine Freeman		Female	456	10k-F	222	1:31:03	743
744	10316	1:34:16	Sue Pinkett		Female	457	10k-F40	170	1:31:20	744
745	10314	1:34:17	Alison Boyer		Female	458	10k-F40	171	1:31:21	745
746	1621	1:35:26	nicola baker	Warrington running club	Female	459	10k-F40	172	1:31:31	746
747	2805	1:35:56	Dawn Vickery	Northwich Running Club	Female	460	10k-F50	58	1:33:38	749
748	10190	1:36:00	Sarah Hardman		Female	461	10k-F	223	1:32:51	747
749	10157	1:36:01	Gemma Inman		Female	462	10k-F	224	1:32:57	748
750	196	1:39:06	Ashley Robinson		Male	288	10k-M	145	1:38:33	753



# English Half Marathon 10k 2016

18th September 2016

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
751	10800	1:40:20	Tim Nuttal		Male	289	10k-M	146	1:36:26	750
752	10694	1:40:20	Dawn Gerrard		Female	463	10k-F	225	1:36:27	751
753	10005	1:41:20	Lauren Parker	Warrington running club	Female	464	10k-F	226	1:36:58	752
754	10437	1:48:17	Lesley Whitfield	Warrington Running Club	Female	465	10k-F50	59	1:43:55	754
755	66	1:51:49	Paul Doherty		Male	290	10k-M	147	1:50:29	756
756	10159	1:53:45	Helen Davies	Widnes Wasps LRC	Female	466	10k-F40	173	1:52:09	758
757	10163	1:54:14	Chris Hargreaves		Male	291	10k-M	148	1:52:21	759
758	10185	1:54:56	Phil Sefton	Btr	Male	292	10k-M50	49	1:50:47	757
759	10003	1:54:56	Nicola Lingley-heath	Warrington Running Club	Female	467	10k-F	227	1:50:28	755
760	194	2:02:30	Terry Bussey		Male	293	10k-M	149	1:58:44	760
761	10044	2:03:06	Sarah Mills	Chester Road Runners	Female	468	10k-F	228	2:01:53	761
762	10001	2:15:26	Dawn Cullen	Dawn	Female	469	10k-F	229	2:12:07	762
763	185	2:19:29	Damian Cross		Male	294	10k-M	150	2:16:19	763
764	10093	2:41:47	Janet Thomas		Female	470	10k-F50	60	2:38:40	764
765	10092	2:46:29	Dawn Shaw	Warrington running club	Female	471	10k-F40	174	2:42:53	765