

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|--------------------|----------------------------------|--------|------------|----------|---------|
| 1 | 1237 | 31:37 | Jack MARTIN | Stockport Harriers & AC | Male | 1 | 31:38 | 1 |
| 2 | 491 | 32:55 | Gareth WILLIAMS | Deestridders | Male | 2 | 32:56 | 2 |
| 3 | 367 | 33:10 | Colin SNOOK | Cornwall AC | Male | 3 | 33:12 | 3 |
| 4 | 391 | 33:45 | Nick JONES | Warrington AC | Male | 4 | 33:46 | 4 |
| 5 | 1031 | 33:52 | Peter BEYER | PB Fitness Academy | Male | 5 | 33:53 | 5 |
| 6 | 168 | 33:55 | Christopher GIDLOW | City of Stoke AC | Male | 6 | 33:56 | 6 |
| 7 | 493 | 33:56 | Steffan SAYER | Menai T&F | Male | 7 | 33:57 | 7 |
| 8 | 156 | 34:02 | Martin GREEN | North Wales Road Runners | Male | 8 | 34:03 | 8 |
| 9 | 326 | 34:13 | Chris WILLIAMS | Vale Royal AC | Male | 9 | 34:14 | 9 |
| 10 | 490 | 34:27 | Elliott COX | Buckley Running Club | Male | 10 | 34:29 | 10 |
| 11 | 495 | 34:33 | Dean LONGLEY | Prestatyn R.C. | Male | 11 | 34:34 | 11 |
| 12 | 475 | 34:36 | Paul SANKEY | Liverpool Harriers & AC | Male | 12 | 34:37 | 12 |
| 13 | 826 | 34:47 | Sean CONNOR | Knutsford Tri Club | Male | 13 | 34:49 | 13 |
| 14 | 250 | 35:00 | Gary ROWLINSON | Sale Harriers | Male | 14 | 35:02 | 14 |
| 15 | 973 | 35:23 | Andrew SHELBOURNE | Widnes Running Club | Male | 15 | 35:25 | 15 |
| 16 | 454 | 35:27 | Kristan MATUSZCZAK | Altrincham & District AC Limited | Male | 16 | 35:28 | 16 |
| 17 | 792 | 35:32 | Scott MINSHALL | Trentham Running Club | Male | 17 | 35:34 | 18 |
| 18 | 872 | 35:33 | Akkeal CHAMBETS | | Male | 18 | 35:34 | 19 |
| 19 | 268 | 35:33 | Michael HARRINGTON | Vale Royal AC | Male | 19 | 35:34 | 17 |
| 20 | 1122 | 35:34 | Tom GREAVES | Warrington Road Runners | Male | 20 | 35:36 | 20 |
| 21 | 171 | 35:37 | Brian SIMS | Lichfield Running Club | Male | 21 | 35:38 | 21 |
| 22 | 325 | 35:39 | Colin THOMPSON | Helsby Running Club | Male | 22 | 35:40 | 22 |
| 23 | 747 | 35:54 | Scott WILSON | Macclesfield Harriers & AC | Male | 23 | 35:57 | 23 |
| 24 | 926 | 36:01 | Mark HEAVEY | Warrington Road Runners | Male | 24 | 36:03 | 24 |
| 25 | 1188 | 36:11 | Tom MILLS | Thomas Mills | Male | 25 | 36:15 | 25 |
| 26 | 1233 | 36:23 | Gregory BECK | Manchester FrontRunners | Male | 26 | 36:25 | 26 |
| 27 | 184 | 36:26 | John CONVERY | Bingley Harriers & AC | Male | 27 | 36:27 | 27 |
| 28 | 177 | 36:37 | John HAYMAN | Lichfield Running Club | Male | 28 | 36:39 | 28 |
| 29 | 459 | 36:45 | Kirsty LONGLEY | Liverpool Pembroke & Sefton HAC | Female | 1 | 36:47 | 29 |
| 30 | 1005 | 36:57 | Jack ANTROBUS | Warrington Running Club | Male | 29 | 36:59 | 30 |
| 31 | 634 | 37:05 | Steven THOMPSON | Warrington Road Runners | Male | 30 | 37:07 | 31 |
| 32 | 649 | 37:08 | Will KOZER | Widnes Running Club | Male | 31 | 37:10 | 32 |
| 33 | 109 | 37:13 | Stephen WATMOUGH | Warrington AC | Male | 32 | 37:15 | 33 |
| 34 | 592 | 37:15 | Catherine HOWARD | Knowsley Harriers AC | Female | 2 | 37:17 | 34 |
| 35 | 604 | 37:27 | Damien JONES | Sale Harriers | Male | 33 | 37:29 | 35 |
| 36 | 831 | 37:35 | Adam RASHUD | | Male | 34 | 37:36 | 36 |
| 37 | 682 | 37:44 | Nicholas WAITE | Northwich Running Club | Male | 35 | 37:47 | 37 |
| 38 | 197 | 37:52 | Michael LAXTON | | Male | 36 | 37:53 | 38 |
| 39 | 970 | 37:58 | Ewan EDMONDSON | Macclesfield Harriers & AC | Male | 37 | 38:03 | 39 |
| 40 | 1235 | 37:58 | Andrew JAMIESON | | Male | 38 | 38:05 | 42 |
| 41 | 492 | 38:00 | Alex RYDER | Prestatyn R.C. | Male | 39 | 38:04 | 41 |
| 42 | 543 | 38:01 | Kye BYRNE | Warrington Running Club | Male | 40 | 38:03 | 40 |
| 43 | 125 | 38:06 | Stephen LAKER | Buckley Running Club | Male | 41 | 38:07 | 43 |
| 44 | 261 | 38:12 | Andrew DOWDSWELL | Widnes Running Club | Male | 42 | 38:17 | 44 |
| 45 | 984 | 38:21 | Perry MOORE | Warrington Road Runners | Male | 43 | 38:23 | 45 |
| 46 | 316 | 38:23 | Alex VENABLES | Red Rose Road Runners | Male | 44 | 38:25 | 46 |
| 47 | 494 | 38:30 | Leon BAGNALL | Prestatyn R.C. | Male | 45 | 38:34 | 47 |
| 48 | 660 | 38:37 | Paul CORLESS | Warrington Running Club | Male | 46 | 38:40 | 48 |
| 49 | 287 | 38:39 | Phil HUDSON | Oldham & Royton H & AC | Male | 47 | 38:42 | 49 |
| 50 | 1216 | 38:41 | Steve PAGE | Hyde Village Striders | Male | 48 | 38:45 | 50 |
| 51 | 423 | 38:44 | Jason THOMAS | Cybi Striders | Male | 49 | 38:49 | 51 |
| 52 | 227 | 38:46 | Shaun PHOENIX | St Helens Striders | Male | 50 | 38:49 | 52 |
| 53 | 449 | 38:52 | Neil HOLDING | Horwich R M I Harriers | Male | 51 | 38:53 | 53 |
| 54 | 223 | 38:55 | Chris THOMAS | Cybi Striders | Male | 52 | 39:00 | 55 |
| 55 | 727 | 38:56 | Jack PILKINGTON | Cheshire Constabulary Athletics | Male | 53 | 38:59 | 54 |
| 56 | 385 | 38:58 | Nicholas ARMSTRONG | Buckley Running Club | Male | 54 | 39:01 | 56 |
| 57 | 445 | 39:00 | Michael ROBBINS | Wrexham AC | Male | 55 | 39:03 | 57 |
| 58 | 388 | 39:07 | Pete TALBOYS | Lymm Runners | Male | 56 | 39:10 | 58 |
| 59 | 944 | 39:09 | Simon TOWERZEY | | Male | 57 | 39:12 | 59 |
| 60 | 351 | 39:11 | Peter JONES | Cybi Striders | Male | 58 | 39:16 | 61 |
| 61 | 715 | 39:13 | Karl BOWLES | | Male | 59 | 39:15 | 60 |
| 62 | 380 | 39:16 | Danielle JEPSON | | Female | 3 | 39:18 | 62 |
| 63 | 1089 | 39:25 | Miras ESKANDER | Middleton Harriers AC | Male | 60 | 39:30 | 63 |
| 64 | 575 | 39:28 | Darren JACKSON | Wigan Harriers | Male | 61 | 39:34 | 64 |
| 65 | 143 | 39:36 | Craig ANSELL | | Male | 62 | 39:40 | 66 |
| 66 | 1230 | 39:36 | Carmel TRIGGS | | Female | 4 | 39:40 | 65 |
| 67 | 246 | 39:38 | Mervyn WARD | Warrington AC | Male | 63 | 39:41 | 67 |
| 68 | 195 | 39:40 | David BROADBENT | Mossley AFC Running Club | Male | 64 | 39:44 | 69 |
| 69 | 497 | 39:41 | Amie BAGNALL | Prestatyn R.C. | Female | 5 | 39:43 | 68 |
| 70 | 438 | 39:42 | Andrew KEELEY | Penny Lane Striders | Male | 65 | 39:48 | 70 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|------------------|---------------------------------|--------|------------|----------|---------|
| 71 | 114 | 39:54 | Andy THOMAS | Sandbach Striders | Male | 66 | 39:57 | 71 |
| 72 | 415 | 39:56 | Matt WOODEN | Queen's Park Harriers | Male | 67 | 40:00 | 72 |
| 73 | 1008 | 39:59 | Nigel TAYLOR | Warrington Running Club | Male | 68 | 40:02 | 73 |
| 74 | 764 | 39:59 | Emma HUCKERBY | | Female | 6 | 40:03 | 74 |
| 75 | 1048 | 40:09 | Daniel BUNT | | Male | 69 | 40:12 | 75 |
| 76 | 998 | 40:10 | Alistair KELL | Sale Harriers | Male | 70 | 40:15 | 76 |
| 77 | 845 | 40:33 | Nathan CAMERON | Trinity Cycling Team | Male | 71 | 40:37 | 77 |
| 78 | 226 | 40:39 | Oliver COBURN | Marple Runners | Male | 72 | 40:44 | 78 |
| 79 | 421 | 40:43 | Carolyn DOOLEY | Vale Royal AC | Female | 7 | 40:45 | 79 |
| 80 | 115 | 41:00 | Paul ROBERTS | Widnes Running Club | Male | 73 | 41:07 | 81 |
| 81 | 1050 | 41:02 | Matthew CLAIR | Liverpool Running Club | Male | 74 | 41:04 | 80 |
| 82 | 933 | 41:03 | James WILLIAMS | Lymm Runners | Male | 75 | 41:09 | 82 |
| 83 | 450 | 41:08 | Richard WILLIAMS | Marple Runners | Male | 76 | 41:12 | 83 |
| 84 | 286 | 41:16 | Dave BARR | Liverpool Harriers & AC | Male | 77 | 41:20 | 84 |
| 85 | 410 | 41:19 | Lynden JAMES | | Male | 78 | 41:26 | 86 |
| 86 | 420 | 41:21 | Kate MOULDS | Vale Royal AC | Female | 8 | 41:24 | 85 |
| 87 | 637 | 41:24 | Alan MILES | Fetch Everyone | Male | 79 | 41:28 | 87 |
| 88 | 248 | 41:30 | Gyorgy KOHAN | | Male | 80 | 41:37 | 88 |
| 89 | 1046 | 41:30 | Oliver MORGAN | | Male | 81 | 41:37 | 89 |
| 90 | 762 | 41:36 | Julian DICKINSON | Lymm Runners | Male | 82 | 41:40 | 90 |
| 91 | 553 | 41:43 | Phil ROWEN | Lymm Runners | Male | 83 | 41:48 | 91 |
| 92 | 1011 | 41:45 | Andrew LESLIE | Widnes Running Club | Male | 84 | 41:52 | 92 |
| 93 | 780 | 41:48 | Russ PLATT | Warrington Road Runners | Male | 85 | 41:54 | 93 |
| 94 | 178 | 41:48 | Sarah BURTON | Lichfield Running Club | Female | 9 | 41:54 | 94 |
| 95 | 202 | 41:50 | Paul NORRIS | Wilmslow Running Club | Male | 86 | 41:56 | 95 |
| 96 | 35 | 41:53 | Matthew FLAGG | | Male | 87 | 41:57 | 96 |
| 97 | 1227 | 41:53 | Daniel GREEN | Warrington Road Runners | Male | 88 | 41:58 | 97 |
| 98 | 889 | 41:54 | Gavin GIBBONS | | Male | 89 | 42:02 | 99 |
| 99 | 431 | 41:54 | Matt HELME | | Male | 90 | 42:00 | 98 |
| 100 | 338 | 42:01 | Paul GARNETT | Wilmslow Running Club | Male | 91 | 42:06 | 100 |
| 101 | 1142 | 42:04 | James BLAIR | | Male | 92 | 42:10 | 101 |
| 102 | 947 | 42:13 | Louise BLIZZARD | Belgrave Harriers | Female | 10 | 42:16 | 102 |
| 103 | 578 | 42:17 | Scott SEALEY | CHESTER TRI CLUB | Male | 93 | 42:29 | 105 |
| 104 | 394 | 42:17 | Michael FAIRS | Wilmslow Running Club | Male | 94 | 42:22 | 103 |
| 105 | 16 | 42:22 | James BROOKER | Southport & Waterloo AC | Male | 95 | 42:25 | 104 |
| 106 | 1018 | 42:25 | Adam GLEAVE | | Male | 96 | 42:34 | 106 |
| 107 | 529 | 42:32 | Tom HAMPTON | Run Sandymoor | Male | 97 | 42:45 | 107 |
| 108 | 525 | 42:36 | Ian SCOULER | Northwich Running Club | Male | 98 | 42:46 | 109 |
| 109 | 282 | 42:40 | Oliver LISTER | | Male | 99 | 42:48 | 110 |
| 110 | 496 | 42:41 | Samantha DUTTON | Buckley Running Club | Female | 11 | 42:46 | 108 |
| 111 | 429 | 42:41 | Aam HYATT | | Male | 100 | 42:55 | 113 |
| 112 | 522 | 42:43 | Matt SANDERSON | Warrington Running Club | Male | 101 | 42:54 | 112 |
| 113 | 406 | 42:45 | Mike AISBITT | Skelmersdale Boundary Harriers | Male | 102 | 42:52 | 111 |
| 114 | 1191 | 42:46 | Michael MCCARTHY | | Male | 103 | 43:13 | 125 |
| 115 | 162 | 42:50 | Steve HILLIER | West Cheshire Athletic Club | Male | 104 | 42:56 | 115 |
| 116 | 720 | 42:51 | Greg IRVING | | Male | 105 | 42:55 | 114 |
| 117 | 147 | 42:54 | John WAITING | Marple Runners | Male | 106 | 42:58 | 116 |
| 118 | 1002 | 42:56 | Marco GIANNINI | Widnes Running Club | Male | 107 | 43:06 | 118 |
| 119 | 390 | 42:58 | John FOULDS | Northern Masters AC | Male | 108 | 43:04 | 117 |
| 120 | 948 | 43:01 | Stuart PAIZE | | Male | 109 | 43:12 | 123 |
| 121 | 521 | 43:01 | Sean FARRELLY | Warrington Road Runners | Male | 110 | 43:06 | 119 |
| 122 | 799 | 43:02 | Mike CARTER | Astley & Tyldesley Road Runners | Male | 111 | 43:07 | 120 |
| 123 | 157 | 43:03 | Carla GREEN | North Wales Road Runners | Female | 12 | 43:10 | 121 |
| 124 | 403 | 43:03 | Ruud PALMER | Chorlton Runners | Male | 112 | 43:12 | 122 |
| 125 | 294 | 43:06 | Shaun MCGRATH | Widnes Running Club | Male | 113 | 43:13 | 124 |
| 126 | 545 | 43:11 | Richard MURRAY | Warrington Running Club | Male | 114 | 43:22 | 127 |
| 127 | 369 | 43:13 | Andrew HADFIELD | | Male | 115 | 43:26 | 132 |
| 128 | 251 | 43:13 | Andrew GERRARD | Warrington Road Runners | Male | 116 | 43:18 | 126 |
| 129 | 812 | 43:15 | Laura DOOTSON | Wigan Harriers | Female | 13 | 43:22 | 128 |
| 130 | 603 | 43:16 | Ian RIVERS | Kirkby Milers AC | Male | 117 | 43:26 | 130 |
| 131 | 389 | 43:16 | Darran WILSON | | Male | 118 | 43:30 | 134 |
| 132 | 632 | 43:18 | Stuart DAVIDSON | | Male | 119 | 43:26 | 131 |
| 133 | 360 | 43:22 | Meziane AREZKI | | Male | 120 | 43:24 | 129 |
| 134 | 883 | 43:22 | Frankie YAN | | Male | 121 | 43:37 | 139 |
| 135 | 107 | 43:24 | Stephen BOWDEN | Warrington Road Runners | Male | 122 | 43:31 | 135 |
| 136 | 422 | 43:25 | Daisy PICKLES | Macclesfield Harriers & AC | Female | 14 | 43:28 | 133 |
| 137 | 580 | 43:26 | Alan SPENCER | Knowsley Harriers AC | Male | 123 | 43:41 | 142 |
| 138 | 1197 | 43:26 | Kane THOMPSON | Warrington Running Club | Male | 124 | 43:37 | 140 |
| 139 | 292 | 43:27 | Kelly ORMESHER | | Female | 15 | 43:32 | 136 |
| 140 | 481 | 43:29 | Chris GRAY | | Male | 125 | 43:50 | 148 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|---------------------|--------------------------|--------|------------|----------|---------|
| 141 | 785 | 43:29 | Nathan ASHURST | Warrington Running Club | Male | 126 | 43:42 | 143 |
| 142 | 1117 | 43:30 | Aimee TINSLEY | | Female | 16 | 43:36 | 137 |
| 143 | 269 | 43:30 | Lyn BRIDGE | Warrington Road Runners | Female | 17 | 43:36 | 138 |
| 144 | 663 | 43:32 | Anthony HORSFALL | St Helens Striders | Male | 127 | 43:41 | 141 |
| 145 | 995 | 43:32 | Matt SHILLABEER | St Helens Tri | Male | 128 | 43:44 | 144 |
| 146 | 47 | 43:35 | Gary DANIELS | Chorlton Runners | Male | 129 | 43:47 | 145 |
| 147 | 873 | 43:38 | Ricky LEE | Hyde Village Striders | Male | 130 | 43:51 | 149 |
| 148 | 392 | 43:39 | John PENNINGTON | Widnes Running Club | Male | 131 | 43:49 | 147 |
| 149 | 447 | 43:40 | Christopher MCELROY | Mossley Hill AC | Male | 132 | 43:47 | 146 |
| 150 | 882 | 43:43 | Liam MELLON | | Male | 133 | 44:00 | 152 |
| 151 | 243 | 43:49 | Lauren MARSDEN | Swinton Running Club | Female | 18 | 43:59 | 150 |
| 152 | 144 | 43:54 | Clive BEASOR | | Male | 134 | 44:00 | 151 |
| 153 | 823 | 43:58 | Rachel BEESLEY | St Helens Sutton AC | Female | 19 | 44:11 | 155 |
| 154 | 148 | 43:58 | Tony PEACOCK | Penny Lane Striders | Male | 135 | 44:07 | 153 |
| 155 | 585 | 44:00 | Anthony HILTON | Lymm Runners | Male | 136 | 44:09 | 154 |
| 156 | 1126 | 44:03 | David URBAN | | Male | 137 | 44:28 | 166 |
| 157 | 1134 | 44:04 | Elena DOWTHWAITE | | Female | 20 | 44:16 | 157 |
| 158 | 85 | 44:05 | Terry ERRINGTON | | Male | 138 | 44:13 | 156 |
| 159 | 324 | 44:08 | Russell GREEN | | Male | 139 | 44:20 | 160 |
| 160 | 477 | 44:12 | Matthew SMALLRIDGE | | Male | 140 | 44:19 | 158 |
| 161 | 990 | 44:14 | Brad EHLEN | Northwich Running Club | Male | 141 | 44:24 | 162 |
| 162 | 775 | 44:14 | Zack WAITING | | Male | 142 | 44:19 | 159 |
| 163 | 220 | 44:15 | Darren ROBERTS | Warrington Running Club | Male | 143 | 44:23 | 161 |
| 164 | 353 | 44:15 | Melanie JOHNSON | | Female | 21 | 44:29 | 167 |
| 165 | 1239 | 44:16 | Mike RACE | Salford Metropolitan AC | Male | 144 | 44:27 | 163 |
| 166 | 806 | 44:19 | David WILLIAMS | | Male | 145 | 44:32 | 168 |
| 167 | 1013 | 44:20 | Catherine FEARNLEY | Southport & Waterloo AC | Female | 22 | 44:28 | 164 |
| 168 | 425 | 44:20 | Keith LUNT | Southport & Waterloo AC | Male | 146 | 44:28 | 165 |
| 169 | 176 | 44:21 | Ian FAIRHURST | | Male | 147 | 44:44 | 172 |
| 170 | 1026 | 44:22 | Michael TAYLOR | | Male | 148 | 44:39 | 170 |
| 171 | 139 | 44:25 | Tariq AHMED | | Male | 149 | 44:35 | 169 |
| 172 | 387 | 44:28 | Karl DAVIES | | Male | 150 | 44:42 | 171 |
| 173 | 170 | 44:41 | Charlie TURNBULL | | Male | 151 | 44:53 | 174 |
| 174 | 735 | 44:41 | Jonathan DOBSON | UKRunChat Running Club | Male | 152 | 45:01 | 177 |
| 175 | 903 | 44:44 | Krzysztof PSONKA | | Male | 153 | 44:50 | 173 |
| 176 | 809 | 44:48 | Amy CORFIELD | St Helens Sutton AC | Female | 23 | 45:00 | 176 |
| 177 | 671 | 44:49 | Michael MONAGHAN | Warrington Road Runners | Male | 154 | 44:55 | 175 |
| 178 | 1240 | 44:52 | Michael BURKE | Swinton Running Club | Male | 155 | 45:03 | 178 |
| 179 | 879 | 44:57 | Elliot DILLON | | Male | 156 | 45:32 | 192 |
| 180 | 193 | 44:59 | Alice TAYLOR | Marple Runners | Female | 24 | 45:15 | 181 |
| 181 | 155 | 45:05 | James LAWSON-MILN | | Male | 157 | 45:20 | 183 |
| 182 | 293 | 45:05 | Kevin CAIRNS | St Helens Striders | Male | 158 | 45:09 | 179 |
| 183 | 405 | 45:08 | Anthony HARRISON | Winston Runners | Male | 159 | 45:20 | 182 |
| 184 | 877 | 45:08 | Mark PORRITT | Mossley AFC Running Club | Male | 160 | 45:14 | 180 |
| 185 | 871 | 45:10 | Shaun CHAMBERS | | Male | 161 | 45:29 | 188 |
| 186 | 989 | 45:12 | Ben TANDY | | Male | 162 | 45:25 | 185 |
| 187 | 1241 | 45:12 | Daniel HALL | | Male | 163 | 45:28 | 186 |
| 188 | 408 | 45:12 | Nate WINSTANLEY | | Male | 164 | 45:21 | 184 |
| 189 | 402 | 45:13 | Nik GALLOWAY | | Male | 165 | 45:34 | 193 |
| 190 | 936 | 45:19 | Charles NICHOLSON | Manchester Road Runners | Male | 166 | 45:30 | 190 |
| 191 | 448 | 45:19 | Callum MCINTYRE | | Male | 167 | 45:37 | 196 |
| 192 | 786 | 45:20 | Mark SKELTON | Penny Lane Striders | Male | 168 | 45:35 | 194 |
| 193 | 503 | 45:20 | Kelly CROSSLEY | Warrington AC | Female | 25 | 45:28 | 187 |
| 194 | 939 | 45:20 | Adam HILL | Warrington Running Club | Male | 169 | 45:29 | 189 |
| 195 | 1090 | 45:22 | Pauline HORSFALL | St Helens Striders | Female | 26 | 45:31 | 191 |
| 196 | 212 | 45:27 | Barbara HALL | | Female | 27 | 45:35 | 195 |
| 197 | 44 | 45:28 | Chris MYERS | | Male | 170 | 45:55 | 203 |
| 198 | 994 | 45:30 | Mark BARRACLOUGH | Holmfirth Harriers | Male | 171 | 45:42 | 199 |
| 199 | 300 | 45:31 | Rick HOWELLS | | Male | 172 | 45:38 | 197 |
| 200 | 28 | 45:32 | Jeremy WOODHAM | Marple Runners | Male | 173 | 45:48 | 202 |
| 201 | 467 | 45:32 | Lee SUTTON | | Male | 174 | 45:45 | 200 |
| 202 | 498 | 45:35 | Jenna BAGNALL | Prestatyn R.C. | Female | 28 | 45:39 | 198 |
| 203 | 1223 | 45:41 | Paul MASON | Wigan Harriers | Male | 175 | 45:45 | 201 |
| 204 | 597 | 45:45 | Stuart BARRY | Knowsley Harriers AC | Male | 176 | 46:00 | 204 |
| 205 | 693 | 45:49 | Roger SEDDON | Warrington Running Club | Male | 177 | 46:15 | 213 |
| 206 | 824 | 45:50 | Paul HOLDEN | Warrington Running Club | Male | 178 | 46:01 | 205 |
| 207 | 988 | 45:51 | Mike MCGEE | | Male | 179 | 46:07 | 209 |
| 208 | 536 | 45:53 | Kieron CARR | Knowsley Harriers AC | Male | 180 | 46:09 | 210 |
| 209 | 1053 | 45:54 | Ste JOHNSON | | Male | 181 | 46:03 | 208 |
| 210 | 1054 | 45:54 | Rick JOHNSON | Warrington Running Club | Male | 182 | 46:03 | 207 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|-----------------------|----------------------------------|--------|------------|----------|---------|
| 211 | 370 | 46:00 | Duncan DICKINSON | Altrincham & District AC Limited | Male | 183 | 46:14 | 212 |
| 212 | 982 | 46:00 | Liam SLYDELL | | Male | 184 | 46:02 | 206 |
| 213 | 237 | 46:03 | James WARNOCK | | Male | 185 | 46:11 | 211 |
| 214 | 482 | 46:03 | Andrew COLLINS | | Male | 186 | 46:25 | 215 |
| 215 | 61 | 46:10 | Stephen DALE | Warrington Running Club | Male | 187 | 46:31 | 216 |
| 216 | 183 | 46:14 | David BISBY | | Male | 188 | 46:39 | 222 |
| 217 | 173 | 46:15 | John ARCHER | Winston Runners | Male | 189 | 46:19 | 214 |
| 218 | 1006 | 46:17 | Paul WHARTON | | Male | 190 | 46:38 | 221 |
| 219 | 1131 | 46:20 | Gareth KING | | Male | 191 | 46:33 | 219 |
| 220 | 949 | 46:20 | Peter PAIZE | | Male | 192 | 46:31 | 217 |
| 221 | 311 | 46:22 | Tony DAGNALL | St Helens Striders | Male | 193 | 46:41 | 224 |
| 222 | 346 | 46:23 | John OWEN | Altrincham & District AC Limited | Male | 194 | 46:55 | 230 |
| 223 | 1055 | 46:26 | Mark GERRARD | Widnes Running Club | Male | 195 | 46:36 | 220 |
| 224 | 131 | 46:26 | Siu Wai SUNG | | Male | 196 | 46:39 | 223 |
| 225 | 745 | 46:27 | Daniel TAYLOR SPENCER | | Male | 197 | 46:33 | 218 |
| 226 | 963 | 46:30 | Craig MILLINGTON | | Male | 198 | 46:51 | 228 |
| 227 | 1028 | 46:31 | Thomas LAWSON | | Male | 199 | 46:50 | 227 |
| 228 | 203 | 46:31 | Sian GULLIVER | Macclesfield Harriers & AC | Female | 29 | 46:43 | 225 |
| 229 | 277 | 46:32 | Chris MATTHEWS | | Male | 200 | 46:48 | 226 |
| 230 | 452 | 46:36 | Jake JONES | | Male | 201 | 46:52 | 229 |
| 231 | 207 | 46:38 | Phillip YOUNG | | Male | 202 | 47:00 | 231 |
| 232 | 628 | 46:45 | Adrienne HALL | Wallasey AC | Female | 30 | 47:02 | 232 |
| 233 | 1058 | 46:47 | Jenny MANN | | Female | 31 | 47:14 | 235 |
| 234 | 146 | 46:55 | Gary MCGOVERN | Widnes Running Club | Male | 203 | 47:08 | 233 |
| 235 | 955 | 46:58 | Luke WELBURN | | Male | 204 | 47:20 | 239 |
| 236 | 635 | 46:59 | Paul HARRISON | | Male | 205 | 47:12 | 234 |
| 237 | 623 | 47:03 | Alexander WOOLLAM | | Male | 206 | 47:16 | 237 |
| 238 | 1014 | 47:03 | Neil HANNETT | Penny Lane Striders | Male | 207 | 47:31 | 243 |
| 239 | 309 | 47:06 | Robbie TRECARCHI | Knowsley Harriers AC | Male | 208 | 47:22 | 241 |
| 240 | 73 | 47:08 | Graham DEANE | Knowsley Harriers AC | Male | 209 | 47:37 | 245 |
| 241 | 121 | 47:09 | Kerry JONES | | Female | 32 | 47:18 | 238 |
| 242 | 661 | 47:09 | Cheryl ROBINSON | Warrington Running Club | Female | 33 | 47:21 | 240 |
| 243 | 283 | 47:10 | Paul GORMAN | | Male | 210 | 47:31 | 244 |
| 244 | 54 | 47:10 | Stephen HOLLIS | | Male | 211 | 47:15 | 236 |
| 245 | 71 | 47:15 | Stephen PICKFORD | Warrington Running Club | Male | 212 | 47:23 | 242 |
| 246 | 652 | 47:22 | Rob LLOYD | Widnes Running Club | Male | 213 | 47:47 | 249 |
| 247 | 228 | 47:23 | Matthew ROBERTS | | Male | 214 | 47:46 | 248 |
| 248 | 1029 | 47:26 | Anthony BELL | Steel City Striders | Male | 215 | 47:41 | 246 |
| 249 | 1064 | 47:27 | Agnieszka KRAWCZYK | | Female | 34 | 47:54 | 255 |
| 250 | 110 | 47:28 | Tim EVANS | Lymm Runners | Male | 216 | 47:45 | 247 |
| 251 | 18 | 47:34 | Ross WEBB | | Male | 217 | 47:55 | 257 |
| 252 | 680 | 47:36 | Janice MCDONNELL | Warrington Running Club | Female | 35 | 47:50 | 250 |
| 253 | 463 | 47:36 | Simon HUGHES | Marple Runners | Male | 218 | 47:58 | 258 |
| 254 | 376 | 47:37 | Tom CLARKE | Mossley Hill AC | Male | 219 | 47:51 | 251 |
| 255 | 957 | 47:38 | Ferris AITCHISON | | Male | 220 | 47:59 | 259 |
| 256 | 912 | 47:40 | Tony GREEN | Penny Lane Striders | Male | 221 | 47:53 | 253 |
| 257 | 30 | 47:41 | Tarja BARNES | Warrington Road Runners | Female | 36 | 47:55 | 256 |
| 258 | 186 | 47:43 | Daniel MCGONIGLE | | Male | 222 | 48:07 | 261 |
| 259 | 852 | 47:43 | Janos GEERING | Northwich Running Club | Male | 223 | 47:53 | 254 |
| 260 | 520 | 47:47 | Paul NEILL | Warrington Running Club | Male | 224 | 48:12 | 265 |
| 261 | 4 | 47:47 | David MARSH | Southport & Waterloo AC | Male | 225 | 47:52 | 252 |
| 262 | 777 | 47:52 | Steven YATES | Burnden Road Runners | Male | 226 | 48:09 | 263 |
| 263 | 876 | 47:55 | Alan REDFORD | | Male | 227 | 48:04 | 260 |
| 264 | 70 | 47:56 | Matt HARRIS | | Male | 228 | 48:23 | 269 |
| 265 | 20 | 47:57 | Rob POWER | | Male | 229 | 48:08 | 262 |
| 266 | 362 | 48:01 | Nick ANSELL | | Male | 230 | 48:21 | 267 |
| 267 | 217 | 48:01 | Guy ROBERTS | | Male | 231 | 48:36 | 273 |
| 268 | 893 | 48:03 | Aidan O'REILLY | | Male | 232 | 48:35 | 272 |
| 269 | 474 | 48:07 | Steven AYLOTT | | Male | 233 | 48:20 | 266 |
| 270 | 800 | 48:09 | Peter MOVILLE | St Helens Striders | Male | 234 | 48:25 | 270 |
| 271 | 620 | 48:11 | Mark NEWLAND | | Male | 235 | 48:11 | 264 |
| 272 | 488 | 48:12 | Andrew KEOGH | | Male | 236 | 48:23 | 268 |
| 273 | 679 | 48:16 | Mark BELL | Warrington Running Club | Male | 237 | 48:30 | 271 |
| 274 | 675 | 48:16 | John LEATHER | Warrington Running Club | Male | 238 | 48:42 | 278 |
| 275 | 645 | 48:22 | David BERRY | | Male | 239 | 48:56 | 287 |
| 276 | 958 | 48:23 | Michael SHEPHERD | | Male | 240 | 48:43 | 280 |
| 277 | 766 | 48:23 | Steven BUCKLEY | St Helens Striders | Male | 241 | 48:42 | 277 |
| 278 | 404 | 48:24 | Vicki FERGUSSON | Chorlton Runners | Female | 37 | 48:38 | 274 |
| 279 | 1232 | 48:24 | Sean TRIGGS | | Male | 242 | 48:45 | 282 |
| 280 | 117 | 48:25 | Matthew SIMPSON | | Male | 243 | 48:48 | 284 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|--------------------|-----------------------------|--------|------------|----------|---------|
| 281 | 875 | 48:26 | Paul MINTON | Start2Jog | Male | 244 | 48:43 | 279 |
| 282 | 866 | 48:28 | Mike GREGORY | | Male | 245 | 48:39 | 275 |
| 283 | 135 | 48:32 | Marcus RIGBY | Warrington Running Club | Male | 246 | 48:40 | 276 |
| 284 | 895 | 48:34 | Jack CHADWICK | | Male | 247 | 48:45 | 281 |
| 285 | 761 | 48:35 | Darren SLYDELL | Warrington Running Club | Male | 248 | 48:48 | 283 |
| 286 | 72 | 48:36 | Daniel MCCRORIE | | Male | 249 | 49:04 | 291 |
| 287 | 584 | 48:36 | Jason ROWBOTTOM | Lymm Runners | Male | 250 | 48:55 | 286 |
| 288 | 348 | 48:46 | Sadie HAZELDINE | | Female | 38 | 49:09 | 293 |
| 289 | 437 | 48:46 | William KEELEY | Penny Lane Striders | Male | 251 | 48:59 | 288 |
| 290 | 835 | 48:46 | Mark WALTON | | Male | 252 | 49:17 | 298 |
| 291 | 407 | 48:49 | Philip KANE | | Male | 253 | 48:53 | 285 |
| 292 | 413 | 48:50 | Jenny MCCLELLAND | Lymm Runners | Female | 39 | 49:10 | 294 |
| 293 | 456 | 48:52 | Mark POVALL | | Male | 254 | 49:04 | 290 |
| 294 | 1051 | 48:52 | Christian DANIELS | | Male | 255 | 49:02 | 289 |
| 295 | 1180 | 48:54 | Haylie MADDEN | | Female | 40 | 49:28 | 308 |
| 296 | 1072 | 48:54 | Simon RUSHTON | Marple Runners | Male | 256 | 49:24 | 305 |
| 297 | 240 | 48:55 | Mark SCOTT | Liverpool Running Club | Male | 257 | 49:08 | 292 |
| 298 | 158 | 48:55 | Joe COSTELLO | | Male | 258 | 49:19 | 299 |
| 299 | 513 | 48:56 | Craig DENNEN | Widnes Running Club | Male | 259 | 49:22 | 302 |
| 300 | 1034 | 48:56 | Kevin CURTIS | Ellesmere Port RC | Male | 260 | 49:19 | 300 |
| 301 | 275 | 48:57 | Rachael BARLOW | | Female | 41 | 49:23 | 304 |
| 302 | 262 | 48:57 | Jonathan HUSSEY | | Male | 261 | 49:25 | 306 |
| 303 | 276 | 48:58 | Aine KEATING | | Female | 42 | 49:20 | 301 |
| 304 | 753 | 48:59 | Adrian PRIDGEON | St Helens Striders | Male | 262 | 49:16 | 297 |
| 305 | 1187 | 49:01 | John HOUGHTON | | Male | 263 | 49:11 | 295 |
| 306 | 200 | 49:01 | David POYSER | | Male | 264 | 49:26 | 307 |
| 307 | 770 | 49:02 | Jeff PATTON | | Male | 265 | 49:14 | 296 |
| 308 | 797 | 49:05 | Joanna MADDOCKS | Lymm Runners | Female | 43 | 49:22 | 303 |
| 309 | 959 | 49:09 | Daniel POPE | | Male | 266 | 49:36 | 312 |
| 310 | 1224 | 49:10 | Lynn MOSELEY | Lymm Runners | Female | 44 | 49:43 | 317 |
| 311 | 815 | 49:10 | Steven RADCLIFFE | | Male | 267 | 49:51 | 330 |
| 312 | 1095 | 49:10 | Scott OWEN | | Male | 268 | 49:48 | 321 |
| 313 | 256 | 49:11 | Jack GOLDSWORTHY | | Male | 269 | 49:37 | 313 |
| 314 | 215 | 49:13 | Haroon RASHID | | Male | 270 | 49:41 | 316 |
| 315 | 48 | 49:14 | Lindsay MCLOUGHLIN | | Female | 45 | 49:34 | 310 |
| 316 | 848 | 49:15 | David SHARP | Sandbach Striders | Male | 271 | 49:36 | 311 |
| 317 | 68 | 49:16 | Elizabeth NEWSTEAD | | Female | 46 | 49:31 | 309 |
| 318 | 77 | 49:18 | David FRENCH | Marple Runners | Male | 272 | 49:48 | 322 |
| 319 | 396 | 49:18 | Ian GALLOWAY | Marple Runners | Male | 273 | 49:49 | 326 |
| 320 | 337 | 49:19 | David LIMBRICK | Islwyn RC | Male | 274 | 50:19 | 345 |
| 321 | 790 | 49:20 | Natalie WARREN | | Female | 47 | 49:49 | 325 |
| 322 | 1190 | 49:20 | Nicola GODFREY | | Female | 48 | 49:50 | 327 |
| 323 | 1127 | 49:20 | Bronwyn DAWSON | | Female | 49 | 49:46 | 318 |
| 324 | 981 | 49:20 | Lisa CROMPTON | Dragons Running Club (Sale) | Female | 50 | 49:54 | 334 |
| 325 | 892 | 49:21 | Jeremy CARR | | Male | 275 | 49:48 | 323 |
| 326 | 1015 | 49:22 | April WILKINSON | Warrington Road Runners | Female | 51 | 49:37 | 315 |
| 327 | 372 | 49:23 | Matthew ROBERTS | | Male | 276 | 49:37 | 314 |
| 328 | 382 | 49:25 | Amanda HEY | Radcliffe AC | Female | 52 | 49:51 | 329 |
| 329 | 127 | 49:25 | David SIMPSON | | Male | 277 | 49:49 | 324 |
| 330 | 308 | 49:26 | Peter SMITH | | Male | 278 | 49:53 | 332 |
| 331 | 974 | 49:29 | Yvonne NEARY | | Female | 53 | 49:47 | 320 |
| 332 | 929 | 49:31 | Graham DONELAN | | Male | 279 | 49:50 | 328 |
| 333 | 366 | 49:33 | John MOORE | Halifax Harriers & AC | Male | 280 | 50:09 | 341 |
| 334 | 441 | 49:35 | Mark POVEY | | Male | 281 | 49:52 | 331 |
| 335 | 828 | 49:36 | Laura COLE | | Female | 54 | 50:23 | 351 |
| 336 | 119 | 49:38 | Sheila JONES | Radcliffe AC | Female | 55 | 50:04 | 339 |
| 337 | 940 | 49:39 | Linda STATHAM | Warrington Road Runners | Female | 56 | 49:46 | 319 |
| 338 | 39 | 49:40 | Liam WILKINSON | Warrington Road Runners | Male | 282 | 49:58 | 335 |
| 339 | 313 | 49:41 | David SUDLOW | | Male | 283 | 49:54 | 333 |
| 340 | 523 | 49:41 | Becky STEVENS | Warrington Running Club | Female | 57 | 50:19 | 346 |
| 341 | 239 | 49:44 | Philip O'ROURKE | Liverpool Running Club | Male | 284 | 50:03 | 338 |
| 342 | 932 | 49:44 | Miranda NEWWEY | Warrington Road Runners | Female | 58 | 49:59 | 336 |
| 343 | 943 | 49:45 | Mike DURKIN | | Male | 285 | 50:20 | 347 |
| 344 | 433 | 49:47 | Lee BIBBY | | Male | 286 | 50:16 | 343 |
| 345 | 1047 | 49:47 | Elaine MOUNTFORD | Warrington Road Runners | Female | 59 | 50:03 | 337 |
| 346 | 1027 | 49:50 | Melanie BRADLEY | Northwich Running Club | Female | 60 | 50:22 | 350 |
| 347 | 937 | 49:51 | Joanna KURP | | Female | 61 | 50:25 | 353 |
| 348 | 244 | 49:52 | Tim HAWKINS | | Male | 287 | 50:14 | 342 |
| 349 | 670 | 49:56 | Craig TESSYMAN | Fylde Coast Runners | Male | 288 | 50:29 | 356 |
| 350 | 257 | 49:56 | Tony HART | Fylde Coast Runners | Male | 289 | 50:29 | 355 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|--------------------|---------------------------------|--------|------------|----------|---------|
| 351 | 224 | 49:59 | Matt ASHTON | Red Rose Road Runners | Male | 290 | 50:17 | 344 |
| 352 | 767 | 49:59 | Vanessa THOMSON | Astley & Tyldesley Road Runners | Female | 62 | 50:24 | 352 |
| 353 | 229 | 50:00 | Luke MCGOVERN | | Male | 291 | 50:21 | 349 |
| 354 | 934 | 50:02 | Michael WILLIAMS | Road Runners Club | Male | 292 | 50:07 | 340 |
| 355 | 860 | 50:03 | James MCDERMOTT | | Male | 293 | 50:20 | 348 |
| 356 | 750 | 50:06 | David KELLY | | Male | 294 | 50:26 | 354 |
| 357 | 298 | 50:07 | Steve LOVERIDGE | Marple Runners | Male | 295 | 50:37 | 359 |
| 358 | 63 | 50:11 | Joseph RICE | | Male | 296 | 50:34 | 357 |
| 359 | 138 | 50:17 | Neil MACDONALD | | Male | 297 | 50:46 | 360 |
| 360 | 165 | 50:17 | John ATKINSON | | Male | 298 | 50:48 | 361 |
| 361 | 1175 | 50:18 | Kevin PEERS | | Male | 299 | 50:52 | 362 |
| 362 | 686 | 50:21 | David HUGHES | Penny Lane Striders | Male | 300 | 50:36 | 358 |
| 363 | 465 | 50:23 | Tony SOUTHWORTH | Chorlton Runners | Male | 301 | 51:10 | 374 |
| 364 | 1148 | 50:24 | Alexander KELLY | Widnes Running Club | Male | 302 | 51:01 | 368 |
| 365 | 549 | 50:25 | Gary MCLEAN | Warrington Running Club | Male | 303 | 50:58 | 366 |
| 366 | 479 | 50:27 | Dawn ATHERTON | | Female | 63 | 50:56 | 364 |
| 367 | 52 | 50:34 | Dawn ABRAHAMS | | Female | 64 | 50:53 | 363 |
| 368 | 1192 | 50:35 | Rawdon JONES | | Male | 304 | 51:00 | 367 |
| 369 | 9 | 50:35 | Paul BUNKER | | Male | 305 | 51:15 | 379 |
| 370 | 1194 | 50:36 | Richard GOUGH | | Male | 306 | 51:12 | 376 |
| 371 | 506 | 50:41 | Nicola YORK | | Female | 65 | 51:09 | 372 |
| 372 | 880 | 50:42 | Susan SMITH | | Female | 66 | 50:57 | 365 |
| 373 | 738 | 50:42 | Sarah GREGSON | | Female | 67 | 51:05 | 370 |
| 374 | 185 | 50:42 | Mike KELLY | Marple Runners | Male | 307 | 51:13 | 378 |
| 375 | 1066 | 50:43 | Ian CASSIDY | | Male | 308 | 51:01 | 369 |
| 376 | 160 | 50:45 | Alan COOPER | Fylde Coast Runners | Male | 309 | 51:15 | 380 |
| 377 | 1060 | 50:48 | Kevin CHANNELL | | Male | 310 | 51:16 | 382 |
| 378 | 609 | 50:48 | Caroline WEAVER | Warrington Running Club | Female | 68 | 51:12 | 375 |
| 379 | 579 | 50:49 | Damian COWELL | Warrington Running Club | Male | 311 | 51:12 | 377 |
| 380 | 697 | 50:51 | Richard FLUSKEY | | Male | 312 | 51:07 | 371 |
| 381 | 312 | 50:51 | Barry MAY | Northwich Running Club | Male | 313 | 51:31 | 389 |
| 382 | 1004 | 50:52 | Paul MOORE | | Male | 314 | 51:09 | 373 |
| 383 | 1163 | 50:53 | Robert BUSBY | | Male | 315 | 51:15 | 381 |
| 384 | 161 | 50:54 | Trevor MCWHIRTER | | Male | 316 | 51:23 | 386 |
| 385 | 1212 | 50:55 | Andrew WILBOURN | | Male | 317 | 51:35 | 392 |
| 386 | 249 | 50:55 | Ian PINNINGTON | Mossley Hill AC | Male | 318 | 51:17 | 383 |
| 387 | 46 | 51:01 | Andrew LEDWITH | | Male | 319 | 51:21 | 384 |
| 388 | 610 | 51:01 | Becky COOPER | | Female | 69 | 51:22 | 385 |
| 389 | 547 | 51:02 | Tony JENKINSON | | Male | 320 | 51:31 | 391 |
| 390 | 320 | 51:02 | John LONGDEN | | Male | 321 | 51:43 | 394 |
| 391 | 546 | 51:02 | Peter KELLY | | Male | 322 | 51:31 | 390 |
| 392 | 76 | 51:05 | Mervyn GRADY | Widnes Running Club | Male | 323 | 51:51 | 401 |
| 393 | 333 | 51:05 | David EVANS | | Male | 324 | 51:43 | 395 |
| 394 | 306 | 51:06 | Chris HEWITT | Southport & Waterloo AC | Male | 325 | 51:48 | 397 |
| 395 | 270 | 51:10 | Simon WARMAN | | Male | 326 | 51:30 | 388 |
| 396 | 985 | 51:11 | Andy GREENHALGH | | Male | 327 | 51:29 | 387 |
| 397 | 642 | 51:14 | Neil EGERTON | Widnes Running Club | Male | 328 | 51:53 | 402 |
| 398 | 78 | 51:19 | Tom MELLOR | | Male | 329 | 51:56 | 404 |
| 399 | 172 | 51:20 | Tom HORNBY | | Male | 330 | 51:58 | 406 |
| 400 | 711 | 51:21 | Claire RILEY | Warrington Running Club | Female | 70 | 51:49 | 399 |
| 401 | 65 | 51:22 | Julie SENIOR | | Female | 71 | 51:48 | 398 |
| 402 | 26 | 51:24 | Peter BURTON | Lymm Runners | Male | 331 | 51:42 | 393 |
| 403 | 869 | 51:24 | Greg JONES | | Male | 332 | 52:04 | 410 |
| 404 | 1003 | 51:30 | James MOORE | | Male | 333 | 51:47 | 396 |
| 405 | 991 | 51:31 | Hugh MCLAY | Fylde Coast Runners | Male | 334 | 52:03 | 409 |
| 406 | 917 | 51:34 | John BARR | | Male | 335 | 52:05 | 411 |
| 407 | 401 | 51:37 | Ken CONNOR | | Male | 336 | 51:58 | 407 |
| 408 | 303 | 51:38 | Ed BEATTIE | | Male | 337 | 51:59 | 408 |
| 409 | 74 | 51:39 | Onnor HAMPSON | Knowsley Harriers AC | Female | 72 | 52:08 | 412 |
| 410 | 37 | 51:39 | Andy BASTON | | Male | 338 | 52:30 | 423 |
| 411 | 321 | 51:44 | James BROWN | | Male | 339 | 52:26 | 421 |
| 412 | 201 | 51:44 | Simon FENTON | Wilmslow Running Club | Male | 340 | 51:50 | 400 |
| 413 | 1118 | 51:44 | Bethan Wyn ROBERTS | | Female | 73 | 52:15 | 415 |
| 414 | 633 | 51:45 | Mike MCMAHON | Warrington Road Runners | Male | 341 | 52:14 | 413 |
| 415 | 365 | 51:45 | Joe FLYNN | | Male | 342 | 51:57 | 405 |
| 416 | 211 | 51:47 | Rosemary ROGERS | West Cheshire Athletic Club | Female | 74 | 51:54 | 403 |
| 417 | 700 | 51:54 | Darren THOMAS | Warrington Running Club | Male | 343 | 52:19 | 417 |
| 418 | 837 | 51:54 | Rob ELLISON | | Male | 344 | 52:29 | 422 |
| 419 | 458 | 51:56 | Richard STUDZINSKI | South Cheshire Harriers | Male | 345 | 52:15 | 414 |
| 420 | 81 | 51:58 | Jonathan WALSH | | Male | 346 | 52:17 | 416 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|---------------------|-----------------------------|--------|------------|----------|---------|
| 421 | 164 | 52:02 | Steve ATKINSON | | Male | 347 | 52:33 | 424 |
| 422 | 611 | 52:03 | Dave LOWE | | Male | 348 | 52:24 | 420 |
| 423 | 234 | 52:05 | Mandy RAYNER | | Female | 75 | 52:41 | 427 |
| 424 | 120 | 52:05 | Mike GOODWIN | | Male | 349 | 53:01 | 436 |
| 425 | 1010 | 52:07 | David TODD | Warrington Running Club | Male | 350 | 52:22 | 418 |
| 426 | 187 | 52:07 | John SHIPLEY | Warrington Running Club | Male | 351 | 52:22 | 419 |
| 427 | 329 | 52:10 | Daniel JACKSON | | Male | 352 | 52:35 | 425 |
| 428 | 105 | 52:11 | Hilary MASSEY | | Female | 76 | 52:40 | 426 |
| 429 | 1077 | 52:15 | Rob HEYWOOD | Marple Runners | Male | 353 | 52:45 | 428 |
| 430 | 233 | 52:16 | John RAYNER | | Male | 354 | 52:52 | 432 |
| 431 | 798 | 52:19 | Michael WHEWELL | Accrington Road Runners | Male | 355 | 53:16 | 446 |
| 432 | 384 | 52:20 | Touqir MIRZA | | Male | 356 | 52:52 | 431 |
| 433 | 58 | 52:21 | Andy MATHER | | Male | 357 | 52:45 | 429 |
| 434 | 1001 | 52:25 | Andrew HANKINSON | Widnes Running Club | Male | 358 | 53:03 | 437 |
| 435 | 535 | 52:28 | Tracey CARR | Knowsley Harriers AC | Female | 77 | 52:56 | 434 |
| 436 | 1012 | 52:30 | Amanda BRADBURY | Southport & Waterloo AC | Female | 78 | 53:12 | 441 |
| 437 | 561 | 52:33 | Lisa WEBB | Widnes Running Club | Female | 79 | 53:11 | 440 |
| 438 | 658 | 52:36 | Laura EAGLETON | Lymm Runners | Female | 80 | 53:03 | 438 |
| 439 | 104 | 52:38 | William STANIARD | | Male | 359 | 53:37 | 456 |
| 440 | 108 | 52:38 | S CROSS | Marple Runners | Male | 360 | 53:19 | 447 |
| 441 | 961 | 52:39 | Les MCADAM | Run Sandymoor | Male | 361 | 52:53 | 433 |
| 442 | 341 | 52:40 | David DICKINSON | | Male | 362 | 53:14 | 442 |
| 443 | 778 | 52:41 | Dave FURK | | Male | 363 | 53:26 | 449 |
| 444 | 40 | 52:41 | Sarah BOWLES | | Female | 81 | 53:10 | 439 |
| 445 | 290 | 52:42 | Graham HOWELL | Liverpool Harriers & AC | Male | 364 | 52:49 | 430 |
| 446 | 607 | 52:47 | Louise EDWARDS | | Female | 82 | 53:16 | 443 |
| 447 | 434 | 52:52 | Rachel MCGOLDRICK | St Helens Sutton AC | Female | 83 | 53:16 | 444 |
| 448 | 435 | 52:52 | Maria MCGOLDRICK | St Helens Sutton AC | Female | 84 | 53:16 | 445 |
| 449 | 1182 | 52:52 | Wayne DARBYSHIRE | | Male | 365 | 53:39 | 458 |
| 450 | 1218 | 52:55 | Dean GREGORY | | Male | 366 | 53:47 | 467 |
| 451 | 499 | 52:56 | Coral MCSHANE | Prestatyn R.C. | Female | 85 | 53:01 | 435 |
| 452 | 946 | 52:59 | Mick O'BRIEN | Knowsley Harriers AC | Male | 367 | 53:32 | 452 |
| 453 | 443 | 53:01 | Mike BURTON | | Male | 368 | 53:32 | 453 |
| 454 | 299 | 53:02 | Mike RICHARDS | | Male | 369 | 53:27 | 450 |
| 455 | 733 | 53:02 | Alison TAYLOR SLINN | | Female | 86 | 53:39 | 457 |
| 456 | 504 | 53:02 | Hilary PRICE | Widnes Running Club | Female | 87 | 53:40 | 460 |
| 457 | 646 | 53:05 | Helen MOORE | Widnes Wasps Ladies R C | Female | 88 | 53:24 | 448 |
| 458 | 518 | 53:05 | Louise HILL | | Female | 89 | 53:46 | 466 |
| 459 | 510 | 53:07 | Ste COOPER | | Male | 370 | 53:57 | 473 |
| 460 | 271 | 53:08 | Graham CONLON | | Male | 371 | 53:32 | 454 |
| 461 | 854 | 53:09 | Andrew EDGE | | Male | 372 | 54:00 | 475 |
| 462 | 446 | 53:09 | Claire MEADOWS | Penny Lane Striders | Female | 90 | 53:39 | 459 |
| 463 | 97 | 53:13 | Debby COARD | | Female | 91 | 53:52 | 469 |
| 464 | 457 | 53:17 | Stefan STUDZINSKI | South Cheshire Harriers | Male | 373 | 53:36 | 455 |
| 465 | 968 | 53:17 | Anthony O'KEEFFE | | Male | 374 | 54:12 | 485 |
| 466 | 763 | 53:18 | David HUGHES | | Male | 375 | 54:05 | 479 |
| 467 | 34 | 53:19 | Tom RHULE | | Male | 376 | 53:31 | 451 |
| 468 | 885 | 53:19 | Mark HALL | | Male | 377 | 54:13 | 487 |
| 469 | 428 | 53:20 | Steve WEBSTER | | Male | 378 | 54:08 | 481 |
| 470 | 297 | 53:21 | Stan COTTIER | Liverpool Running Club | Male | 379 | 54:03 | 476 |
| 471 | 122 | 53:22 | Mark JONES | | Male | 380 | 53:45 | 464 |
| 472 | 80 | 53:24 | Kyle LAMBERT | | Male | 381 | 53:45 | 463 |
| 473 | 163 | 53:24 | Stephen BROOK | Queensbury Running Club | Male | 382 | 53:44 | 462 |
| 474 | 776 | 53:27 | Ben KNIGHT | Burnden Road Runners | Male | 383 | 53:43 | 461 |
| 475 | 182 | 53:28 | Andrea ROWSON | Marple Runners | Female | 92 | 54:09 | 482 |
| 476 | 1043 | 53:29 | Sam PUGH | | Male | 384 | 54:22 | 494 |
| 477 | 55 | 53:29 | David SHAW | | Male | 385 | 54:32 | 503 |
| 478 | 655 | 53:32 | Ian BERRY | | Male | 386 | 54:11 | 484 |
| 479 | 416 | 53:33 | Steve SMITH | Liverpool Running Club | Male | 387 | 53:53 | 470 |
| 480 | 126 | 53:34 | Tony HAILS | | Male | 388 | 53:56 | 472 |
| 481 | 801 | 53:34 | James SMITHERS | | Male | 389 | 54:04 | 478 |
| 482 | 188 | 53:36 | Laura AHEARN | Marple Runners | Female | 93 | 54:07 | 480 |
| 483 | 460 | 53:37 | Thomas WHITING | | Male | 390 | 53:50 | 468 |
| 484 | 832 | 53:38 | Peter MILLEA | | Male | 391 | 53:56 | 471 |
| 485 | 142 | 53:39 | Emma BEASOR | | Female | 94 | 53:46 | 465 |
| 486 | 473 | 53:40 | Stuart WRIGHT | | Male | 392 | 54:23 | 495 |
| 487 | 502 | 53:41 | Carol RICHARDSON | | Female | 95 | 54:14 | 488 |
| 488 | 1149 | 53:43 | Carly BAKER | Dragons Running Club (Sale) | Female | 96 | 54:16 | 489 |
| 489 | 938 | 53:43 | Katie LLOYD | Knowsley Harriers AC | Female | 97 | 54:26 | 498 |
| 490 | 960 | 53:43 | Tom MEACHIN | | Male | 393 | 54:04 | 477 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|----------------------|----------------------------|--------|------------|----------|---------|
| 491 | 245 | 53:43 | Richard JONES | Lymm Runners | Male | 394 | 54:21 | 493 |
| 492 | 1036 | 53:44 | Paul TIMMS | | Male | 395 | 53:58 | 474 |
| 493 | 829 | 53:46 | Ed TETLEY | | Male | 396 | 54:34 | 506 |
| 494 | 190 | 53:48 | Tracey BRERETON | Marple Runners | Female | 98 | 54:33 | 505 |
| 495 | 266 | 53:50 | William MILLER | Fylde Coast Runners | Male | 397 | 54:25 | 497 |
| 496 | 253 | 53:50 | Fiona WILSON | Macclesfield Harriers & AC | Female | 99 | 54:12 | 486 |
| 497 | 1204 | 53:50 | Maddi HODGSON | | Female | 100 | 54:09 | 483 |
| 498 | 462 | 53:51 | Mark WRUGHT | | Male | 398 | 54:35 | 507 |
| 499 | 339 | 53:51 | Alison DEYKIN | Marple Runners | Female | 101 | 54:31 | 502 |
| 500 | 225 | 53:51 | Simon ELLIS | Knowsley Harriers AC | Male | 399 | 54:28 | 500 |
| 501 | 662 | 53:52 | Martin WILLIAMS | Warrington Running Club | Male | 400 | 54:28 | 499 |
| 502 | 819 | 53:55 | Rick ROWE | | Male | 401 | 54:20 | 492 |
| 503 | 1164 | 53:55 | Louise BUSBY | | Female | 102 | 54:19 | 490 |
| 504 | 1173 | 54:00 | David SWINGLER | Liverpool Running Club | Male | 402 | 54:19 | 491 |
| 505 | 137 | 54:01 | Brian ROBERTS | | Male | 403 | 54:37 | 509 |
| 506 | 544 | 54:04 | Louise MURRAY | Warrington Running Club | Female | 103 | 54:29 | 501 |
| 507 | 310 | 54:05 | Nicola DALEY | Widnes Wasps Ladies R C | Female | 104 | 54:24 | 496 |
| 508 | 564 | 54:05 | Stacey GERON | Warrington Running Club | Female | 105 | 55:00 | 517 |
| 509 | 849 | 54:08 | Lisa ATHERTON | Wigan Harriers | Female | 106 | 54:35 | 508 |
| 510 | 191 | 54:08 | Emma LOVERIDGE | Marple Runners | Female | 107 | 54:53 | 512 |
| 511 | 22 | 54:14 | Louise REEVE | | Female | 108 | 54:32 | 504 |
| 512 | 27 | 54:17 | Mary BURTON | Lymm Runners | Female | 109 | 54:37 | 510 |
| 513 | 1033 | 54:18 | Lisa LEE | Widnes Running Club | Female | 110 | 54:55 | 514 |
| 514 | 87 | 54:22 | Sarah MATTHEWS | Widnes Running Club | Female | 111 | 55:03 | 520 |
| 515 | 1198 | 54:22 | Angiy MICHAEL | | Female | 112 | 55:01 | 518 |
| 516 | 1016 | 54:28 | Peter CARROLL | | Male | 404 | 54:56 | 515 |
| 517 | 886 | 54:28 | Andrew CLAYTON | Northwich Running Club | Male | 405 | 55:06 | 521 |
| 518 | 1061 | 54:32 | Ryan BEELEY | | Male | 406 | 54:55 | 513 |
| 519 | 484 | 54:33 | Sue STRANG | | Female | 113 | 54:41 | 511 |
| 520 | 956 | 54:33 | Dawn HIGNETT | Widnes Running Club | Female | 114 | 55:19 | 523 |
| 521 | 925 | 54:34 | Gareth GRINDLE | | Male | 407 | 55:47 | 532 |
| 522 | 924 | 54:34 | Brian CAMPBELL | | Male | 408 | 55:47 | 533 |
| 523 | 923 | 54:42 | Beckie WESTERN | | Female | 115 | 55:07 | 522 |
| 524 | 10 | 54:43 | Krissi RICHARDS | | Female | 116 | 55:02 | 519 |
| 525 | 638 | 54:46 | Yasmin HUSSAIN | Lymm Runners | Female | 117 | 55:28 | 525 |
| 526 | 5 | 54:50 | Tom PENDLEBURY | | Male | 409 | 54:57 | 516 |
| 527 | 945 | 54:55 | Elaine RILEY | Widnes Running Club | Female | 118 | 55:35 | 526 |
| 528 | 398 | 54:58 | Karen PADDON | | Female | 119 | 55:42 | 531 |
| 529 | 359 | 55:00 | Paul LEAHAIR | | Male | 410 | 55:38 | 530 |
| 530 | 931 | 55:00 | Laura HUTCHINSON | Wigan Harriers | Female | 120 | 55:37 | 529 |
| 531 | 825 | 55:00 | Laura EDWARDS | | Female | 121 | 55:21 | 524 |
| 532 | 783 | 55:09 | Michael THOMPSTONE | Winston Runners | Male | 411 | 55:35 | 527 |
| 533 | 784 | 55:10 | Michelle GILBERT | Winston Runners | Female | 122 | 55:36 | 528 |
| 534 | 1000 | 55:26 | Roz HOWARTH | | Female | 123 | 55:58 | 539 |
| 535 | 221 | 55:27 | Kath ROBERTS | Warrington Running Club | Female | 124 | 56:17 | 547 |
| 536 | 1196 | 55:27 | Mark PAYLER | Darwen Dashers RC | Male | 412 | 55:52 | 535 |
| 537 | 273 | 55:28 | Anna GOODWIN | Swinton Running Club | Female | 125 | 55:50 | 534 |
| 538 | 278 | 55:28 | Gemma SUTHERINGTON | Lymm Runners | Female | 126 | 56:11 | 543 |
| 539 | 1040 | 55:30 | Fiona NIGHTINGALE | | Female | 127 | 56:04 | 542 |
| 540 | 716 | 55:32 | Lisa LLOYD | Warrington Running Club | Female | 128 | 55:57 | 538 |
| 541 | 1096 | 55:32 | Ian ROBERTS | Team Isabella-Rose | Male | 413 | 56:20 | 549 |
| 542 | 683 | 55:33 | Julie COOPER | | Female | 129 | 55:54 | 537 |
| 543 | 1157 | 55:33 | Paul DONEGAN | | Male | 414 | 56:01 | 540 |
| 544 | 236 | 55:38 | Matthew ADAMS | | Male | 415 | 55:54 | 536 |
| 545 | 1236 | 55:39 | Andrea LORANT | | Female | 130 | 56:16 | 546 |
| 546 | 62 | 55:41 | Mohammed KAWSER | | Male | 416 | 56:26 | 553 |
| 547 | 1231 | 55:41 | Steve EDWARDS | | Male | 417 | 56:03 | 541 |
| 548 | 307 | 55:42 | Lucy MARTIN | | Female | 131 | 56:24 | 552 |
| 549 | 710 | 55:44 | Maryam BAGHERI | Warrington Running Club | Female | 132 | 56:13 | 544 |
| 550 | 593 | 55:44 | Nicola LINGLEY-HEATH | Warrington Running Club | Female | 133 | 56:18 | 548 |
| 551 | 739 | 55:45 | Jennifer REEVE | Warrington Running Club | Female | 134 | 56:30 | 555 |
| 552 | 1080 | 55:47 | Charlotte HENSHAW | Warrington Running Club | Female | 135 | 56:36 | 558 |
| 553 | 865 | 55:49 | Ste WALKER | | Male | 418 | 56:52 | 570 |
| 554 | 975 | 55:50 | Cat DAVIES | | Female | 136 | 56:21 | 550 |
| 555 | 291 | 55:51 | Nat HOBSON | | Female | 137 | 56:33 | 556 |
| 556 | 589 | 55:52 | Liz TETLEY | Lymm Runners | Female | 138 | 56:13 | 545 |
| 557 | 232 | 55:55 | Michael HAMLIN | | Male | 419 | 56:46 | 566 |
| 558 | 621 | 55:55 | Jan SWALES | Widnes Running Club | Female | 139 | 56:36 | 559 |
| 559 | 894 | 55:56 | Robert DOWNES | | Male | 420 | 56:28 | 554 |
| 560 | 526 | 55:56 | Nick BARTLETT | Knowsley Harriers AC | Male | 421 | 56:38 | 560 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|-------|---------------------|-------------------------|--------|------------|----------|---------|
| 561 | 331 | 55:57 | Eleanor SWIFT | | Female | 140 | 56:34 | 557 |
| 562 | 631 | 55:59 | Tania WILD | Lymm Runners | Female | 141 | 56:42 | 563 |
| 563 | 374 | 56:01 | Karen RODGERS | | Female | 142 | 56:24 | 551 |
| 564 | 295 | 56:02 | John NORRIS | Bramhall Runners | Male | 422 | 56:44 | 565 |
| 565 | 296 | 56:03 | Amanda COLLINGE | | Female | 143 | 56:43 | 564 |
| 566 | 972 | 56:08 | Denise GREHAN | Warrington Road Runners | Female | 144 | 56:41 | 561 |
| 567 | 971 | 56:08 | Alan GREHAN | Warrington Road Runners | Male | 423 | 56:41 | 562 |
| 568 | 810 | 56:09 | Diane TAKTAK | St Helens Tri | Female | 145 | 56:57 | 574 |
| 569 | 305 | 56:14 | Dave GALLOWAY | | Male | 424 | 56:53 | 571 |
| 570 | 690 | 56:15 | Simon DUNCAN | | Male | 425 | 56:56 | 573 |
| 571 | 1207 | 56:16 | Diane ARMITT | | Female | 146 | 56:53 | 572 |
| 572 | 986 | 56:18 | Jayne ELLIS | Knowsley Harriers AC | Female | 147 | 57:01 | 577 |
| 573 | 106 | 56:18 | Robyn HIMSWORTH | | Female | 148 | 56:48 | 567 |
| 574 | 426 | 56:18 | Sarah LUNT | Southport & Waterloo AC | Female | 149 | 56:48 | 568 |
| 575 | 1071 | 56:18 | Maria RUSHTON | Marple Runners | Female | 150 | 57:00 | 575 |
| 576 | 1052 | 56:19 | Tom ROBINSON | | Male | 426 | 57:01 | 578 |
| 577 | 318 | 56:19 | Alex LESLIE | | Male | 427 | 57:00 | 576 |
| 578 | 759 | 56:20 | Neil COUCH | | Male | 428 | 57:35 | 589 |
| 579 | 691 | 56:23 | Jo FENWICK | | Female | 151 | 57:26 | 587 |
| 580 | 918 | 56:23 | Jack LYNCH-NICHOLLS | | Male | 429 | 56:50 | 569 |
| 581 | 345 | 56:25 | Sophie WHITEHEAD | | Female | 152 | 57:10 | 581 |
| 582 | 140 | 56:33 | Philip DEAN | | Male | 430 | 57:35 | 590 |
| 583 | 288 | 56:33 | Paul SAVAGE | | Male | 431 | 57:08 | 580 |
| 584 | 189 | 56:37 | Brenda CHADDERTON | Marple Runners | Female | 153 | 57:22 | 586 |
| 585 | 1079 | 56:37 | Stewart BRYAN | | Male | 432 | 57:18 | 583 |
| 586 | 166 | 56:38 | Steven BUXTON | | Male | 433 | 57:19 | 584 |
| 587 | 1154 | 56:38 | Catherine NEVIN | Penny Lane Striders | Female | 154 | 57:06 | 579 |
| 588 | 23 | 56:48 | Rachel PENKETH | | Female | 155 | 57:46 | 600 |
| 589 | 1107 | 56:49 | Jackie GOURLEY | Resolution Runners | Female | 156 | 57:15 | 582 |
| 590 | 464 | 56:52 | Dorothy MULDOON | Chorlton Runners | Female | 157 | 57:38 | 594 |
| 591 | 51 | 56:55 | Sue WALSH | | Female | 158 | 57:20 | 585 |
| 592 | 159 | 56:55 | David MCGOWAN | | Male | 434 | 57:38 | 592 |
| 593 | 25 | 56:56 | Megan TIFFIN | | Female | 159 | 57:54 | 605 |
| 594 | 619 | 56:57 | Andrew WILLIS | Warrington Running Club | Male | 435 | 57:42 | 596 |
| 595 | 399 | 57:02 | Darren MAGUIRE | | Male | 436 | 57:36 | 591 |
| 596 | 813 | 57:03 | Liam NOCK | | Male | 437 | 57:39 | 595 |
| 597 | 1135 | 57:04 | John CROSSLAND | | Male | 438 | 57:34 | 588 |
| 598 | 235 | 57:06 | Peter MARSH | Swinton Running Club | Male | 439 | 57:43 | 598 |
| 599 | 757 | 57:08 | Ian WILLIAMS | Warrington Road Runners | Male | 440 | 57:43 | 599 |
| 600 | 485 | 57:09 | Charlotte MEACHIN | | Female | 160 | 58:05 | 612 |
| 601 | 180 | 57:09 | Charlie MACKEY | | Male | 441 | 57:42 | 597 |
| 602 | 206 | 57:09 | Glyn DAVIES | Warrington Running Club | Male | 442 | 57:56 | 606 |
| 603 | 334 | 57:10 | Ros THOMPSON | | Female | 161 | 58:00 | 608 |
| 604 | 427 | 57:15 | Victoria ROSE | | Female | 162 | 57:50 | 602 |
| 605 | 1069 | 57:16 | Anthony HILL | | Male | 443 | 58:01 | 609 |
| 606 | 674 | 57:16 | Jonathan TUCKER | Warrington Running Club | Male | 444 | 57:52 | 603 |
| 607 | 179 | 57:16 | John MACKEY | | Male | 445 | 57:49 | 601 |
| 608 | 726 | 57:18 | Andrew GIBSON | Sandbach Striders | Male | 446 | 57:56 | 607 |
| 609 | 66 | 57:20 | Andrea DAWSON | | Female | 163 | 58:19 | 616 |
| 610 | 1039 | 57:21 | Sean BOND | | Male | 447 | 57:53 | 604 |
| 611 | 1035 | 57:23 | Tracy CULLY | Run Sandymoor | Female | 164 | 57:38 | 593 |
| 612 | 259 | 57:26 | Ian PATTERSON | | Male | 448 | 58:38 | 631 |
| 613 | 814 | 57:27 | Peter CUNLIFFE | | Male | 449 | 58:03 | 611 |
| 614 | 1176 | 57:28 | Daniel TAYLOR | Daniel Taylor | Male | 450 | 58:37 | 630 |
| 615 | 919 | 57:28 | Michelle WILSON | Warrington Running Club | Female | 165 | 58:01 | 610 |
| 616 | 1200 | 57:31 | Simon KNOTT | | Male | 451 | 58:27 | 624 |
| 617 | 219 | 57:34 | Eli ATKINSON | Northwich Running Club | Female | 166 | 58:16 | 615 |
| 618 | 208 | 57:34 | Stephen CAIN | | Male | 452 | 58:15 | 614 |
| 619 | 999 | 57:34 | Brenda SPOTSWOOD | Swinton Running Club | Female | 167 | 58:28 | 625 |
| 620 | 768 | 57:37 | Eleanor SMITH | | Female | 168 | 58:13 | 613 |
| 621 | 1086 | 57:38 | Linda JONES | Warrington Running Club | Female | 169 | 58:27 | 623 |
| 622 | 1220 | 57:38 | Gillian LONG | | Female | 170 | 58:25 | 621 |
| 623 | 409 | 57:39 | Diane BOARDMAN | Truro Running Club | Female | 171 | 58:24 | 620 |
| 624 | 774 | 57:39 | Justine DEMPSEY | Lymm Runners | Female | 172 | 58:26 | 622 |
| 625 | 132 | 57:42 | Greg MURRAY | Widnes Running Club | Male | 453 | 58:23 | 619 |
| 626 | 500 | 57:42 | Rachel SIMM | Wigan Harriers | Female | 173 | 58:39 | 632 |
| 627 | 1025 | 57:43 | Roy HAGGETT | | Male | 454 | 58:44 | 634 |
| 628 | 1221 | 57:49 | Donna MANNION | | Female | 174 | 58:21 | 618 |
| 629 | 373 | 57:49 | Jackie JONES | Liverpool Running Club | Female | 175 | 58:21 | 617 |
| 630 | 563 | 57:51 | Ange LEAH | Warrington Running Club | Female | 176 | 58:46 | 638 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|---------|--------------------------|----------------------------|--------|------------|----------|---------|
| 631 | 862 | 57:51 | Louise PEACOCK | Warrington Running Club | Female | 177 | 58:46 | 637 |
| 632 | 419 | 57:52 | Liam WEBB | | Male | 455 | 58:30 | 627 |
| 633 | 455 | 57:53 | Nick HUGHES | | Male | 456 | 58:33 | 629 |
| 634 | 951 | 57:54 | Justina JAMES | | Female | 178 | 58:29 | 626 |
| 635 | 468 | 57:54 | Michelle METCALFE | | Female | 179 | 58:57 | 645 |
| 636 | 1203 | 57:55 | Leanne GALLOWAY TOWNSEND | | Female | 180 | 58:51 | 641 |
| 637 | 319 | 57:57 | Simon ASHWORTH | | Male | 457 | 58:32 | 628 |
| 638 | 681 | 57:58 | Sue BEESLEY | | Female | 181 | 58:46 | 636 |
| 639 | 42 | 58:01 | Andy WHITE | | Male | 458 | 58:53 | 643 |
| 640 | 1017 | 58:02 | Jane BLACKLIN | Southport & Waterloo AC | Female | 182 | 58:45 | 635 |
| 641 | 864 | 58:02 | Kathryn ELLIS | Lymm Runners | Female | 183 | 58:49 | 640 |
| 642 | 440 | 58:06 | Liam MAGUIRE | | Male | 459 | 58:40 | 633 |
| 643 | 512 | 58:07 | Dave RICKART | Warrington Running Club | Male | 460 | 58:51 | 642 |
| 644 | 167 | 58:07 | Ruairi GILLEN | | Male | 461 | 58:48 | 639 |
| 645 | 568 | 58:20 | Rebecca MOON | | Female | 184 | 59:05 | 648 |
| 646 | 267 | 58:21 | Jeff MCGLINCHEY | | Male | 462 | 59:29 | 660 |
| 647 | 1081 | 58:26 | Louise BRADBURY | Warrington Running Club | Female | 185 | 59:15 | 655 |
| 648 | 1193 | 58:26 | Waldemar HEISE | | Male | 463 | 59:29 | 661 |
| 649 | 356 | 58:28 | Michael PUGH | | Male | 464 | 59:16 | 656 |
| 650 | 50 | 58:29 | Dave BOTTOMS | | Male | 465 | 58:55 | 644 |
| 651 | 377 | 58:31 | Ian HOPKINSON | Radcliffe AC | Male | 466 | 59:29 | 662 |
| 652 | 571 | 58:34 | Katie HANKEY | Run Sandymoor | Female | 186 | 59:13 | 654 |
| 653 | 181 | 58:36 | Fiona MACKEY | | Female | 187 | 59:09 | 649 |
| 654 | 653 | 58:37 | Kaylee HARRISON | Warrington Running Club | Female | 188 | 59:04 | 647 |
| 655 | 548 | 58:38 | Stephen OWEN | Victoria Park Running Club | Male | 467 | 59:22 | 657 |
| 656 | 13 | 58:40 | Laura OWEN | | Female | 189 | 59:23 | 658 |
| 657 | 997 | 58:41 | Freya MOTTRAM | | Female | 190 | 59:10 | 650 |
| 658 | 976 | 58:45 | Paula SMITH | Wirral AC | Female | 191 | 58:58 | 646 |
| 659 | 304 | 58:46 | Michael WILSON | | Male | 468 | 59:11 | 652 |
| 660 | 605 | 58:47 | Sarah KELLY | Chorlton Runners | Female | 192 | 59:49 | 668 |
| 661 | 1166 | 58:48 | Kathryn HORSLEY | Knowsley Harriers AC | Female | 193 | 59:45 | 667 |
| 662 | 32 | 0:58:49 | Melissa FENLON | | Female | 194 | 1:00:00 | 675 |
| 663 | 361 | 58:53 | Hannah GERRARD | | Female | 195 | 59:10 | 651 |
| 664 | 38 | 58:57 | Sidney MOLYNEUX | Picton Sports Centre RC | Male | 469 | 59:24 | 659 |
| 665 | 858 | 0:58:57 | Andrew BEESLEY | | Male | 470 | 1:00:00 | 676 |
| 666 | 281 | 58:58 | Janet HAYLOCK | | Female | 196 | 59:49 | 669 |
| 667 | 953 | 59:02 | Matthew BEAUMONT | Warrington Running Club | Male | 471 | 59:43 | 666 |
| 668 | 414 | 59:02 | Lamia CAHMAN | Ellesmere Port RC | Female | 197 | 59:37 | 663 |
| 669 | 487 | 59:02 | Wendy CLEMENTS | | Female | 198 | 59:13 | 653 |
| 670 | 141 | 59:02 | Simon PRESCOTT | Ellesmere Port RC | Male | 472 | 59:38 | 664 |
| 671 | 1144 | 59:05 | Paul WRIGHT | | Male | 473 | 59:55 | 671 |
| 672 | 562 | 0:59:05 | Lisa MCKENNA | Warrington Road Runners | Female | 199 | 1:00:05 | 678 |
| 673 | 550 | 0:59:06 | Jenny SMITH | Warrington Road Runners | Female | 200 | 1:00:05 | 679 |
| 674 | 322 | 0:59:06 | Robyn MCGLINCHEY | | Female | 201 | 1:00:14 | 682 |
| 675 | 1205 | 59:11 | Shelley BEAR-KEARNEY | | Female | 202 | 59:39 | 665 |
| 676 | 1044 | 0:59:15 | Lindsey BLACK | | Female | 203 | 1:00:00 | 677 |
| 677 | 641 | 59:15 | Mike HIGHTON | Widnes Running Club | Male | 474 | 59:55 | 670 |
| 678 | 517 | 59:15 | Stuart BLACKBURN | Warrington Running Club | Male | 475 | 59:55 | 672 |
| 679 | 1129 | 59:23 | Emma LEIGH | | Female | 204 | 59:59 | 674 |
| 680 | 1083 | 59:29 | James TAYLOR | | Male | 476 | 59:58 | 673 |
| 681 | 916 | 0:59:33 | Stephen HELSBY | | Male | 477 | 1:00:46 | 693 |
| 682 | 285 | 0:59:34 | Patricia WRIGHT | | Female | 205 | 1:00:29 | 686 |
| 683 | 781 | 0:59:38 | Lisa ARMSTRONG | | Female | 206 | 1:00:40 | 690 |
| 684 | 289 | 0:59:38 | Stephanie SAVAGE | | Female | 207 | 1:00:13 | 681 |
| 685 | 199 | 0:59:43 | William CHEN | | Male | 478 | 1:00:58 | 704 |
| 686 | 624 | 0:59:44 | Mark DANIELS | Warrington Running Club | Male | 479 | 1:00:51 | 697 |
| 687 | 436 | 0:59:44 | Matyas FABIAN | | Male | 480 | 1:00:40 | 689 |
| 688 | 1074 | 0:59:46 | Jayne HAMILTON | IRF-Team Isabella Rose | Female | 208 | 1:00:35 | 688 |
| 689 | 613 | 0:59:46 | Jayne BUCK | | Female | 209 | 1:00:10 | 680 |
| 690 | 667 | 0:59:47 | Joanna BUCKLEY | | Female | 210 | 1:00:57 | 702 |
| 691 | 412 | 0:59:47 | Grace MATHISON | | Female | 211 | 1:00:17 | 683 |
| 692 | 808 | 0:59:47 | Shelley HUGHES | | Female | 212 | 1:00:17 | 684 |
| 693 | 363 | 0:59:48 | Tammy HOLMES | | Female | 213 | 1:00:33 | 687 |
| 694 | 643 | 0:59:48 | Ann-Marie WILD | | Female | 214 | 1:00:46 | 694 |
| 695 | 1049 | 0:59:48 | Emma ATHERTON | | Female | 215 | 1:00:23 | 685 |
| 696 | 1160 | 0:59:54 | Anna SITEK | | Female | 216 | 1:00:58 | 703 |
| 697 | 773 | 0:59:55 | Emma LEWIS | | Female | 217 | 1:00:53 | 698 |
| 698 | 789 | 0:59:56 | Michael O'GRADY | | Male | 481 | 1:01:12 | 710 |
| 699 | 301 | 0:59:57 | Andrew GRIMMER | | Male | 482 | 1:00:53 | 699 |
| 700 | 751 | 0:59:59 | Rebecca CAPEWELL | | Female | 218 | 1:01:04 | 706 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|---------|---------------------|-----------------------------|--------|------------|----------|---------|
| 701 | 241 | 1:00:00 | Alan WAINWRIGHT | | Male | 483 | 1:00:49 | 695 |
| 702 | 1112 | 1:00:00 | Ian WILLIAMSON | | Male | 484 | 1:00:41 | 691 |
| 703 | 242 | 1:00:00 | Olwyn WAINWRIGHT | | Female | 219 | 1:00:50 | 696 |
| 704 | 538 | 1:00:04 | Gary YOUNG | Warrington Running Club | Male | 485 | 1:01:36 | 723 |
| 705 | 1021 | 1:00:06 | Sam FRIETT | Ellesmere Port RC | Female | 220 | 1:00:54 | 700 |
| 706 | 868 | 1:00:06 | Lynsey THOMAS | | Female | 221 | 1:00:54 | 701 |
| 707 | 874 | 1:00:09 | Karen MACHIN | Rainhill Plodders | Female | 222 | 1:01:17 | 713 |
| 708 | 887 | 1:00:12 | Simon HALLIGAN | | Male | 486 | 1:01:28 | 719 |
| 709 | 424 | 1:00:17 | Graham JONES | | Male | 487 | 1:00:45 | 692 |
| 710 | 375 | 1:00:20 | Jane MCCARTHY | | Female | 223 | 1:01:05 | 708 |
| 711 | 900 | 1:00:24 | Claire HARDING | Dragons Running Club (Sale) | Female | 224 | 1:01:28 | 720 |
| 712 | 264 | 1:00:27 | Rhian KEOGH | | Female | 225 | 1:01:05 | 707 |
| 713 | 644 | 1:00:28 | Michelle THOMAS | | Female | 226 | 1:01:25 | 716 |
| 714 | 1121 | 1:00:30 | Sheila HAMBLETON | Victoria Park Running Club | Female | 227 | 1:01:14 | 711 |
| 715 | 1217 | 1:00:34 | Claire LOUISE | Warrington Running Club | Female | 228 | 1:02:06 | 736 |
| 716 | 466 | 1:00:36 | Kate BROOKES | | Female | 229 | 1:01:43 | 728 |
| 717 | 86 | 1:00:37 | Alison HEYWOOD | | Female | 230 | 1:01:20 | 714 |
| 718 | 911 | 1:00:37 | Charles COMMINS | Warrington Road Runners | Male | 488 | 1:01:46 | 731 |
| 719 | 213 | 1:00:40 | Cait FINNEGAN | | Female | 231 | 1:01:29 | 721 |
| 720 | 169 | 1:00:41 | Jim GARVEY | Penny Lane Striders | Male | 489 | 1:01:03 | 705 |
| 721 | 314 | 1:00:41 | Lee HOPKINS | | Male | 490 | 1:01:27 | 718 |
| 722 | 315 | 1:00:42 | Jane MILLER | | Female | 232 | 1:01:27 | 717 |
| 723 | 566 | 1:00:42 | Audra MATTHEWS | | Female | 233 | 1:01:43 | 729 |
| 724 | 279 | 1:00:42 | Christine YEARSLEY | | Female | 234 | 1:01:16 | 712 |
| 725 | 555 | 1:00:42 | Michael BARLOW | | Male | 491 | 1:01:43 | 730 |
| 726 | 145 | 1:00:52 | David HOLDEN | | Male | 492 | 1:01:10 | 709 |
| 727 | 927 | 1:00:52 | Sarah BROUGH | Warrington Running Club | Female | 235 | 1:01:34 | 722 |
| 728 | 527 | 1:00:55 | Cara BARTLETT | Knowsley Harriers AC | Female | 236 | 1:01:37 | 724 |
| 729 | 599 | 1:01:01 | Becci KELLER | Warrington Running Club | Female | 237 | 1:01:38 | 726 |
| 730 | 540 | 1:01:01 | Tony DAVIDSON | FIVE 0 RUNNERS | Male | 493 | 1:01:38 | 725 |
| 731 | 265 | 1:01:05 | Ann MILLER | Fylde Coast Runners | Female | 238 | 1:01:40 | 727 |
| 732 | 36 | 1:01:06 | Lewis PORTER | | Male | 494 | 1:01:58 | 733 |
| 733 | 354 | 1:01:10 | Caroline THORPE | | Female | 239 | 1:02:03 | 734 |
| 734 | 687 | 1:01:10 | Carole HUGHES | Warrington Running Club | Female | 240 | 1:02:06 | 735 |
| 735 | 395 | 1:01:11 | Katie LOMAX | Lymm Runners | Female | 241 | 1:01:23 | 715 |
| 736 | 966 | 1:01:14 | Nicola DAWSON | | Female | 242 | 1:02:09 | 738 |
| 737 | 587 | 1:01:14 | Helen DOROSZKIEWICZ | Northwich Running Club | Female | 243 | 1:01:57 | 732 |
| 738 | 586 | 1:01:15 | Sarah CLAYTON | | Female | 244 | 1:02:06 | 737 |
| 739 | 614 | 1:01:23 | Jason WHITESIDE | | Male | 495 | 1:02:16 | 739 |
| 740 | 664 | 1:01:32 | Sandra WORTHINGTON | Warrington Running Club | Female | 245 | 1:02:28 | 741 |
| 741 | 284 | 1:01:34 | Sarah GORMAN | | Female | 246 | 1:02:23 | 740 |
| 742 | 533 | 1:01:36 | Dewi GRIFFITHS | Fylde Coast Runners | Male | 496 | 1:02:51 | 751 |
| 743 | 850 | 1:01:39 | Wendy CHEETHAM | Wigan Harriers | Female | 247 | 1:02:49 | 750 |
| 744 | 379 | 1:01:45 | Susan BEAN | Chorlton Runners | Female | 248 | 1:02:38 | 745 |
| 745 | 471 | 1:01:48 | Paul Richard TAYLOR | Oldham & Royton H & AC | Male | 497 | 1:02:41 | 747 |
| 746 | 836 | 1:01:48 | Gail ANDREWS | Warrington Running Club | Female | 249 | 1:02:35 | 743 |
| 747 | 461 | 1:01:49 | Jean CLEMENCE | | Female | 250 | 1:02:56 | 753 |
| 748 | 1116 | 1:01:51 | Keri MAUND | | Female | 251 | 1:02:45 | 749 |
| 749 | 596 | 1:01:52 | Kathleen TAYLOR | Ellesmere Port RC | Female | 252 | 1:02:41 | 746 |
| 750 | 870 | 1:01:54 | Julie LEWIS | Ellesmere Port RC | Female | 253 | 1:02:42 | 748 |
| 751 | 340 | 1:02:02 | Michelle DICKINSON | | Female | 254 | 1:02:35 | 744 |
| 752 | 569 | 1:02:05 | Ian O'CONNOR | Warrington Running Club | Male | 498 | 1:03:16 | 762 |
| 753 | 60 | 1:02:07 | Guy JOHNSTON | | Male | 499 | 1:02:52 | 752 |
| 754 | 1119 | 1:02:08 | Wendy JONES | Chorlton Runners | Female | 255 | 1:03:01 | 756 |
| 755 | 1105 | 1:02:09 | Jonny LEATHERBARROW | McCarkiss Endurance Project | Male | 500 | 1:03:00 | 754 |
| 756 | 1123 | 1:02:10 | Sara BODLE | | Female | 256 | 1:03:00 | 755 |
| 757 | 788 | 1:02:10 | Christine WYN-JONES | | Female | 257 | 1:02:34 | 742 |
| 758 | 558 | 1:02:12 | Dave BROWN | | Male | 501 | 1:03:13 | 759 |
| 759 | 557 | 1:02:12 | Kay THOMPSON | | Female | 258 | 1:03:13 | 760 |
| 760 | 559 | 1:02:12 | Clare HARRISON | | Female | 259 | 1:03:14 | 761 |
| 761 | 230 | 1:02:15 | Els STEIGER | | Female | 260 | 1:03:17 | 763 |
| 762 | 983 | 1:02:24 | Val BELLINGHAM | Runcorn Plodders | Female | 261 | 1:03:19 | 764 |
| 763 | 136 | 1:02:24 | Karen KAVANAGH | Ellesmere Port RC | Female | 262 | 1:03:13 | 758 |
| 764 | 756 | 1:02:26 | Julie MERCER | | Female | 263 | 1:03:22 | 767 |
| 765 | 755 | 1:02:26 | Mel LLOYD | | Female | 264 | 1:03:22 | 766 |
| 766 | 64 | 1:02:29 | Paul EVANS | | Male | 502 | 1:03:42 | 773 |
| 767 | 530 | 1:02:32 | David BISHOP | | Male | 503 | 1:03:29 | 769 |
| 768 | 417 | 1:02:38 | Imran KHAN | | Male | 504 | 1:03:26 | 768 |
| 769 | 598 | 1:02:39 | Frankie FIXTER | Knowsley Harriers AC | Female | 265 | 1:03:38 | 770 |
| 770 | 1202 | 1:02:41 | Joanne EDWARDS | Penny Lane Striders | Female | 266 | 1:03:47 | 776 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|---------|---------------------|---------------------------------|--------|------------|----------|---------|
| 771 | 153 | 1:02:43 | Dawn COLLINS | | Female | 267 | 1:03:54 | 779 |
| 772 | 196 | 1:02:44 | Danielle RICHARDSON | | Female | 268 | 1:03:45 | 775 |
| 773 | 204 | 1:02:46 | Helen PEERS | | Female | 269 | 1:03:45 | 774 |
| 774 | 843 | 1:02:49 | Hannah BATE | | Female | 270 | 1:03:20 | 765 |
| 775 | 847 | 1:02:49 | Jenny PEERS | Warrington Running Club | Female | 271 | 1:03:39 | 771 |
| 776 | 453 | 1:02:50 | Sandra MCGREAVY | Warrington Running Club | Female | 272 | 1:03:39 | 772 |
| 777 | 1094 | 1:02:52 | Karen MORRIS | Astley & Tyldesley Road Runners | Female | 273 | 1:03:51 | 777 |
| 778 | 1022 | 1:02:53 | Wayne MILLARD | | Male | 505 | 1:04:02 | 784 |
| 779 | 556 | 1:02:54 | Lynsey NAPIER | | Female | 274 | 1:03:53 | 778 |
| 780 | 1132 | 1:02:55 | Aslam RASHUD | | Male | 506 | 1:03:55 | 781 |
| 781 | 752 | 1:02:56 | Mansimran SINGH | | Male | 507 | 1:04:01 | 783 |
| 782 | 608 | 1:03:04 | Helen GOLDSMITH | Warrington Running Club | Female | 275 | 1:04:09 | 786 |
| 783 | 1226 | 1:03:07 | Tom HURST | | Male | 508 | 1:03:07 | 757 |
| 784 | 560 | 1:03:11 | Stuart CLARK | | Male | 509 | 1:03:55 | 780 |
| 785 | 336 | 1:03:12 | Michael MORTON | | Male | 510 | 1:04:26 | 793 |
| 786 | 524 | 1:03:12 | Alison SPENCER | Davenport runners | Female | 276 | 1:04:10 | 787 |
| 787 | 100 | 1:03:17 | Benjamin GAUNT | | Male | 511 | 1:03:59 | 782 |
| 788 | 378 | 1:03:18 | James BLUNDELL | | Male | 512 | 1:04:16 | 789 |
| 789 | 332 | 1:03:19 | Alison EWING | | Female | 277 | 1:04:24 | 792 |
| 790 | 591 | 1:03:19 | Anna CAMPBELL | | Female | 278 | 1:04:28 | 796 |
| 791 | 590 | 1:03:19 | Benjamin HARPER | | Male | 513 | 1:04:28 | 797 |
| 792 | 175 | 1:03:25 | Ian HILL | | Male | 514 | 1:04:30 | 798 |
| 793 | 214 | 1:03:25 | Matthew ASHCROFT | | Male | 515 | 1:04:13 | 788 |
| 794 | 941 | 1:03:27 | Lindsay WRIGHT | | Female | 279 | 1:04:18 | 790 |
| 795 | 1101 | 1:03:30 | Clare BARKER | | Female | 280 | 1:04:21 | 791 |
| 796 | 151 | 1:03:36 | Rachel LAVIN | | Female | 281 | 1:04:38 | 800 |
| 797 | 996 | 1:03:40 | William DAWBARN | | Male | 516 | 1:04:09 | 785 |
| 798 | 486 | 1:03:41 | Yvonne ILLSLEY | | Female | 282 | 1:04:37 | 799 |
| 799 | 317 | 1:03:43 | Ken HORNE | | Male | 517 | 1:04:27 | 794 |
| 800 | 260 | 1:03:43 | Kate WATERHOUSE | Stafford Triathlon Club | Female | 283 | 1:04:28 | 795 |
| 801 | 116 | 1:03:46 | Bryan FORTH | Warrington Road Runners | Male | 518 | 1:04:55 | 809 |
| 802 | 1155 | 1:03:46 | Karen EVANS | Warrington Road Runners | Female | 284 | 1:04:53 | 808 |
| 803 | 913 | 1:03:46 | Joanna GORDON | Warrington Road Runners | Female | 285 | 1:04:53 | 807 |
| 804 | 209 | 1:03:49 | Rachel LEDSON | | Female | 286 | 1:04:40 | 801 |
| 805 | 897 | 1:03:49 | Megan THOMAS | | Female | 287 | 1:04:40 | 802 |
| 806 | 1162 | 1:03:52 | James MATTHEWS | | Male | 519 | 1:05:01 | 812 |
| 807 | 1091 | 1:03:52 | Laura CARTER | Widnes Running Club | Female | 288 | 1:04:41 | 804 |
| 808 | 381 | 1:03:54 | Zuzana TOTOVA | | Female | 289 | 1:04:49 | 806 |
| 809 | 648 | 1:03:54 | Liane CLARKE | Warrington Road Runners | Female | 290 | 1:05:01 | 811 |
| 810 | 8 | 1:03:55 | Keith BRETHERTON | | Male | 520 | 1:04:47 | 805 |
| 811 | 56 | 1:03:56 | Emma SHAW | | Female | 291 | 1:04:57 | 810 |
| 812 | 841 | 1:04:06 | Isabel ENECHI | | Female | 292 | 1:04:41 | 803 |
| 813 | 323 | 1:04:18 | Dorothy SHORROCK | Trawden Athletic Club | Female | 293 | 1:05:19 | 813 |
| 814 | 149 | 1:04:23 | Tracy SHEPPARD | | Female | 294 | 1:05:28 | 817 |
| 815 | 231 | 1:04:25 | Amanda MORGAN | | Female | 295 | 1:05:22 | 815 |
| 816 | 891 | 1:04:32 | Paul CAMPBELL | | Male | 521 | 1:05:25 | 816 |
| 817 | 616 | 1:04:47 | Carolyn JONES | Warrington Running Club | Female | 296 | 1:05:45 | 821 |
| 818 | 594 | 1:04:48 | David AINSWORTH | | Male | 522 | 1:05:37 | 820 |
| 819 | 636 | 1:04:48 | Jade AINSWORTH | | Female | 297 | 1:05:37 | 819 |
| 820 | 1219 | 1:04:50 | Carl MCLEAN | | Male | 523 | 1:05:56 | 823 |
| 821 | 1102 | 1:04:55 | Anne WHITE | | Female | 298 | 1:05:57 | 824 |
| 822 | 630 | 1:04:58 | Tony JONES | | Male | 524 | 1:05:22 | 814 |
| 823 | 842 | 1:04:59 | Leanne WILLIAMSON | | Female | 299 | 1:05:30 | 818 |
| 824 | 898 | 1:05:01 | Nicola BRASSINGTON | | Female | 300 | 1:05:52 | 822 |
| 825 | 640 | 1:05:04 | Ron MAKIN | | Male | 525 | 1:06:03 | 825 |
| 826 | 1009 | 1:05:04 | Michael SMITH | | Male | 526 | 1:06:19 | 829 |
| 827 | 921 | 1:05:07 | Becky CORNES | | Female | 301 | 1:06:20 | 830 |
| 828 | 470 | 1:05:11 | Cathy GILBERT | Widnes Running Club | Female | 302 | 1:06:24 | 832 |
| 829 | 617 | 1:05:13 | Paula SHARROCKS | Warrington Running Club | Female | 303 | 1:06:09 | 827 |
| 830 | 357 | 1:05:17 | Darren CARTER | | Male | 527 | 1:06:27 | 838 |
| 831 | 1222 | 1:05:21 | Joanne FAIRHURST | Wigan Harriers | Female | 304 | 1:06:15 | 828 |
| 832 | 247 | 1:05:29 | Nick BEESLEY | | Male | 528 | 1:06:32 | 839 |
| 833 | 280 | 1:05:29 | Alan YEARSLEY | | Male | 529 | 1:06:06 | 826 |
| 834 | 478 | 1:05:32 | Paul ADAMS | | Male | 530 | 1:06:25 | 833 |
| 835 | 439 | 1:05:32 | Denise ADAMS | | Female | 305 | 1:06:25 | 834 |
| 836 | 672 | 1:05:33 | Natalie GRAY | | Female | 306 | 1:06:26 | 835 |
| 837 | 714 | 1:05:33 | Victoria TAYLOR | | Female | 307 | 1:06:26 | 836 |
| 838 | 469 | 1:05:35 | Lynda ROBINSON | | Female | 308 | 1:06:43 | 841 |
| 839 | 3 | 1:05:36 | Fraser STEELE | | Male | 531 | 1:06:37 | 840 |
| 840 | 344 | 1:05:38 | John NANSON | | Male | 532 | 1:06:44 | 842 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|---------|------------------------|--------------------------------|--------|------------|----------|---------|
| 841 | 343 | 1:05:38 | Joanne GOULDING | | Female | 309 | 1:06:44 | 843 |
| 842 | 1174 | 1:05:43 | Mark ACTON | Northwich Running Club | Male | 533 | 1:06:27 | 837 |
| 843 | 896 | 1:05:56 | Carolyn FLANAGAN | Warrington Road Runners | Female | 310 | 1:07:04 | 849 |
| 844 | 627 | 1:05:57 | Veronique CORNES | | Female | 311 | 1:06:52 | 846 |
| 845 | 626 | 1:05:58 | David CORNES | | Male | 534 | 1:06:52 | 847 |
| 846 | 483 | 1:06:00 | Heather LEWIS | | Female | 312 | 1:06:22 | 831 |
| 847 | 1067 | 1:06:05 | Gerard BURNS | | Male | 535 | 1:07:19 | 854 |
| 848 | 851 | 1:06:07 | Clare MOSS | | Female | 313 | 1:07:03 | 848 |
| 849 | 1068 | 1:06:08 | Race Number 1068 | | Male | 536 | 1:07:06 | 850 |
| 850 | 2 | 1:06:09 | Sarah STEELE | | Female | 314 | 1:07:09 | 851 |
| 851 | 689 | 1:06:10 | Linda DOHERTY | | Female | 315 | 1:06:51 | 845 |
| 852 | 787 | 1:06:22 | Marie ROE | Golborne Joggers | Female | 316 | 1:07:16 | 853 |
| 853 | 967 | 1:06:28 | Hayley O'KEEFFE | | Female | 317 | 1:07:23 | 855 |
| 854 | 451 | 1:06:29 | Lauren SHORT | | Female | 318 | 1:07:15 | 852 |
| 855 | 1169 | 1:06:31 | Michelle PARTINGTON | | Female | 319 | 1:07:24 | 856 |
| 856 | 1244 | 1:06:33 | Charlotte MARTIN | | Female | 320 | 1:07:33 | 861 |
| 857 | 205 | 1:06:36 | Rebecca WILSON | | Female | 321 | 1:07:29 | 858 |
| 858 | 694 | 1:06:36 | Sarah SEDDON | Warrington Running Club | Female | 322 | 1:07:33 | 860 |
| 859 | 75 | 1:06:40 | Rebecca OAKES | Fylde Coast Runners | Female | 323 | 1:07:28 | 857 |
| 860 | 371 | 1:06:43 | Chris HAGGETT | | Male | 537 | 1:07:59 | 864 |
| 861 | 1168 | 1:06:44 | Louisa DUNN | | Female | 324 | 1:07:59 | 863 |
| 862 | 1167 | 1:06:44 | Lis WEST | | Female | 325 | 1:07:58 | 862 |
| 863 | 554 | 1:06:50 | Alli HUNT | Buckley Running Club | Female | 326 | 1:06:50 | 844 |
| 864 | 859 | 1:06:54 | James GILGANNON | Warrington Running Club | Male | 538 | 1:08:06 | 868 |
| 865 | 904 | 1:06:57 | Charlotte MERCER | | Female | 327 | 1:08:07 | 869 |
| 866 | 905 | 1:06:57 | Sam FOX | | Male | 539 | 1:08:08 | 870 |
| 867 | 99 | 1:07:05 | Andy LITTLER | | Male | 540 | 1:08:19 | 871 |
| 868 | 717 | 1:07:07 | Karen CARTWRIGHT | Warrington Running Club | Female | 328 | 1:08:02 | 866 |
| 869 | 519 | 1:07:07 | Donna GILLESPIE-GREENE | Warrington Running Club | Female | 329 | 1:08:02 | 867 |
| 870 | 1103 | 1:07:12 | Ian TURNBULL | | Male | 541 | 1:08:02 | 865 |
| 871 | 987 | 1:07:17 | Andrew HARRISON-PITT | | Male | 542 | 1:08:35 | 876 |
| 872 | 489 | 1:07:19 | Matt KEOGH | | Male | 543 | 1:07:30 | 859 |
| 873 | 418 | 1:07:25 | Hannah WORKMAN | | Female | 330 | 1:08:19 | 872 |
| 874 | 744 | 1:07:27 | Rach MAIRS | | Female | 331 | 1:08:30 | 875 |
| 875 | 1075 | 1:07:33 | Jackie HAMILTON | IRF-Team Isabella Rose | Female | 332 | 1:08:28 | 873 |
| 876 | 1179 | 1:07:44 | James HALL | | Male | 544 | 1:08:45 | 877 |
| 877 | 1150 | 1:07:44 | Becky STYLES | Bramhall Runners | Female | 333 | 1:08:45 | 878 |
| 878 | 794 | 1:07:52 | Jules LUCOCK | Warrington Running Club | Female | 334 | 1:08:50 | 881 |
| 879 | 514 | 1:07:52 | Sarah LEE | Skelmersdale Boundary Harriers | Female | 335 | 1:08:46 | 879 |
| 880 | 302 | 1:08:00 | Charlotte SINKINGS | | Female | 336 | 1:08:29 | 874 |
| 881 | 760 | 1:08:01 | Hugh BARRY | | Male | 545 | 1:08:53 | 882 |
| 882 | 803 | 1:08:02 | Jade CARTER | | Female | 337 | 1:09:14 | 884 |
| 883 | 1238 | 1:08:04 | Caroline WALDRON | | Female | 338 | 1:09:07 | 883 |
| 884 | 1037 | 1:08:16 | Victoria HIGHAM | | Female | 339 | 1:09:27 | 885 |
| 885 | 400 | 1:08:21 | Elliw ROBERTS | | Female | 340 | 1:09:31 | 887 |
| 886 | 43 | 1:08:39 | Christopher HOYLE | | Male | 546 | 1:08:48 | 880 |
| 887 | 386 | 1:08:40 | Susan PEMBERTON | | Female | 341 | 1:09:31 | 886 |
| 888 | 1156 | 1:09:00 | Nicola DUTTON | Warrington Road Runners | Female | 342 | 1:10:06 | 888 |
| 889 | 833 | 1:09:08 | Rebecca MELLOR | Warrington Running Club | Female | 343 | 1:10:13 | 890 |
| 890 | 954 | 1:09:08 | Catherine CARR | Warrington Running Club | Female | 344 | 1:10:13 | 891 |
| 891 | 1076 | 1:09:15 | Lee SMITH | | Male | 547 | 1:10:12 | 889 |
| 892 | 358 | 1:09:40 | Duncan WORTH | | Male | 548 | 1:10:27 | 892 |
| 893 | 21 | 1:10:12 | Kimberley WILLIAMS | | Female | 345 | 1:10:56 | 893 |
| 894 | 84 | 1:10:16 | Anne-Kathrin BENDER | | Female | 346 | 1:11:27 | 894 |
| 895 | 45 | 1:10:20 | Lynne CONNELL | | Female | 347 | 1:11:34 | 896 |
| 896 | 442 | 1:10:31 | Rachael FLYNN | Warrington Running Club | Female | 348 | 1:11:43 | 898 |
| 897 | 1042 | 1:10:34 | Josie RATTER-EVISON | | Female | 349 | 1:11:31 | 895 |
| 898 | 1243 | 1:10:39 | Mark PERCY | | Male | 549 | 1:11:50 | 900 |
| 899 | 539 | 1:10:41 | Eve KAPOOR | | Female | 350 | 1:11:54 | 901 |
| 900 | 216 | 1:10:55 | John NOAKES | | Male | 550 | 1:11:41 | 897 |
| 901 | 899 | 1:10:56 | Cheryl NICHOLLS | | Female | 351 | 1:11:48 | 899 |
| 902 | 349 | 1:10:58 | John NEEDLE | | Male | 551 | 1:11:57 | 902 |
| 903 | 350 | 1:10:58 | Dawn NEEDLE | | Female | 352 | 1:11:57 | 903 |
| 904 | 606 | 1:11:13 | Stacey DEEMING | | Female | 353 | 1:12:17 | 904 |
| 905 | 978 | 1:11:21 | Kevin STOLL | | Male | 552 | 1:12:32 | 908 |
| 906 | 772 | 1:11:23 | Georgina GOULDING | | Female | 354 | 1:12:21 | 905 |
| 907 | 1185 | 1:11:38 | Tracy JONES | | Female | 355 | 1:12:29 | 906 |
| 908 | 1186 | 1:11:38 | Megan JONES | | Female | 356 | 1:12:29 | 907 |
| 909 | 570 | 1:11:42 | Wendy CLOHESSY | | Female | 357 | 1:12:40 | 909 |
| 910 | 96 | 1:11:52 | Diane FORBISTER | Kirkby Milers AC | Female | 358 | 1:12:51 | 910 |

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Gun Time | Gun Pos |
|------|------|---------|--------------------|-------------------------|--------|------------|----------|---------|
| 911 | 615 | 1:12:04 | Ashley Jade BUTLER | | Female | 359 | 1:12:58 | 911 |
| 912 | 198 | 1:12:11 | Li Vern YAP | | Female | 360 | 1:13:26 | 912 |
| 913 | 666 | 1:12:19 | Tom LEE | | Male | 553 | 1:13:27 | 913 |
| 914 | 1151 | 1:12:34 | Rebecca QUINN | | Female | 361 | 1:13:49 | 916 |
| 915 | 368 | 1:12:40 | Stephen CAUNCE | | Male | 554 | 1:13:34 | 914 |
| 916 | 1100 | 1:12:42 | Lisa RODICK | | Female | 362 | 1:13:36 | 915 |
| 917 | 1208 | 1:12:56 | Antony GRACE | Warrington Running Club | Male | 555 | 1:14:08 | 919 |
| 918 | 625 | 1:12:57 | Trish PRESTON | Warrington Running Club | Female | 363 | 1:14:08 | 921 |
| 919 | 1 | 1:12:58 | Lucy WATERS | | Female | 364 | 1:14:13 | 922 |
| 920 | 67 | 1:13:00 | Nicola SHAW | | Female | 365 | 1:14:00 | 917 |
| 921 | 816 | 1:13:08 | Rach STEAD | | Female | 366 | 1:14:18 | 923 |
| 922 | 601 | 1:13:09 | Cathy SOWDEN | | Female | 367 | 1:14:19 | 924 |
| 923 | 802 | 1:13:14 | Helen SMITHERS | Warrington Running Club | Female | 368 | 1:14:20 | 925 |
| 924 | 657 | 1:13:34 | Megan BROWNE | | Female | 369 | 1:14:08 | 920 |
| 925 | 665 | 1:13:34 | Sharon DELOOZE | | Female | 370 | 1:14:08 | 918 |
| 926 | 432 | 1:13:49 | Suparna DASGUPTA | | Female | 371 | 1:15:05 | 928 |
| 927 | 965 | 1:13:58 | Cheryl LATHAM | | Female | 372 | 1:15:11 | 929 |
| 928 | 1139 | 1:14:02 | Dawn HALLIDAY | Warrington Running Club | Female | 373 | 1:14:42 | 926 |
| 929 | 1143 | 1:14:03 | Charlotte EARPS | | Female | 374 | 1:14:43 | 927 |
| 930 | 1141 | 1:14:28 | Jen HARRISON | | Female | 375 | 1:15:15 | 930 |
| 931 | 192 | 1:14:43 | Glen BARTON | | Male | 556 | 1:15:59 | 931 |
| 932 | 709 | 1:15:37 | Kirsty ANDERSON | | Female | 376 | 1:16:00 | 932 |
| 933 | 1183 | 1:16:11 | Lyndsey GILBEY | | Female | 377 | 1:17:08 | 933 |
| 934 | 706 | 1:17:10 | Paul CORMAN | Chorlton Runners | Male | 557 | 1:18:08 | 934 |
| 935 | 701 | 1:17:10 | Angela CORMAN | Chorlton Runners | Female | 378 | 1:18:08 | 935 |
| 936 | 1158 | 1:17:44 | Martin BILLINGTON | | Male | 558 | 1:18:53 | 936 |
| 937 | 532 | 1:18:16 | Gwenda MARSHALL | Fylde Coast Runners | Female | 379 | 1:19:31 | 938 |
| 938 | 103 | 1:18:27 | Jay ROBY | | Male | 559 | 1:18:55 | 937 |
| 939 | 793 | 1:18:57 | Beth BROWNE | | Female | 380 | 1:19:31 | 939 |
| 940 | 1136 | 1:19:12 | Meg DAINTITH | Warrington Running Club | Female | 381 | 1:20:19 | 941 |
| 941 | 124 | 1:19:31 | Ann BRADBURY | | Female | 382 | 1:20:45 | 943 |
| 942 | 123 | 1:19:31 | Carol HIGGINS | | Female | 383 | 1:20:45 | 944 |
| 943 | 748 | 1:19:35 | Maggie WARBURTON | Warrington Running Club | Female | 384 | 1:20:39 | 942 |
| 944 | 1242 | 1:19:45 | Laura HURST | Warrington Plodders | Female | 385 | 1:20:49 | 945 |
| 945 | 69 | 1:19:51 | Jan KEENAGHAN | | Female | 386 | 1:20:11 | 940 |
| 946 | 688 | 1:19:58 | Amanda GLOVER | Warrington Running Club | Female | 387 | 1:21:03 | 946 |
| 947 | 29 | 1:20:51 | Sarah BLACKSHAW | | Female | 388 | 1:22:03 | 947 |
| 948 | 1215 | 1:21:28 | Caroline NEWTON | Warrington Running Club | Female | 389 | 1:22:45 | 949 |
| 949 | 1030 | 1:21:30 | Helen MCNAMARA | | Female | 390 | 1:22:33 | 948 |
| 950 | 1209 | 1:21:35 | Sally APPLEBY | Warrington Running Club | Female | 391 | 1:22:45 | 950 |
| 951 | 639 | 1:21:44 | Paul CHADWICK | | Male | 560 | 1:22:49 | 951 |
| 952 | 1084 | 1:22:15 | Carol FELL | | Female | 392 | 1:22:53 | 952 |
| 953 | 472 | 1:22:52 | James FERN | | Male | 561 | 1:24:00 | 954 |
| 954 | 1115 | 1:22:54 | Amie GOODIER | | Female | 393 | 1:24:01 | 955 |
| 955 | 1093 | 1:22:54 | Stephanie JABATEH | Warrington Running Club | Female | 394 | 1:24:01 | 956 |
| 956 | 846 | 1:23:19 | Ange FRACKLETON | | Female | 395 | 1:23:58 | 953 |
| 957 | 88 | 1:23:29 | Annette PARKER | | Female | 396 | 1:24:40 | 957 |
| 958 | 915 | 1:24:34 | Lesley MASON | | Female | 397 | 1:25:35 | 958 |
| 959 | 1159 | 1:24:56 | Lauren EARPS | | Female | 398 | 1:26:04 | 959 |
| 960 | 49 | 1:25:13 | Kelly CALDERBANK | | Female | 399 | 1:26:11 | 960 |
| 961 | 33 | 1:25:37 | Rebecca MASON | | Female | 400 | 1:26:50 | 964 |
| 962 | 330 | 1:25:43 | Hayley MCNICHOLAS | Wallasey AC | Female | 401 | 1:26:30 | 961 |
| 963 | 327 | 1:25:44 | Frances MURPHY | | Female | 402 | 1:26:30 | 962 |
| 964 | 573 | 1:25:49 | Laura MAGEE | | Female | 403 | 1:26:49 | 963 |
| 965 | 574 | 1:25:51 | Chris MAGEE | | Male | 562 | 1:26:51 | 965 |
| 966 | 1211 | 1:31:14 | Jennifer GRACE | Warrington Running Club | Female | 404 | 1:32:25 | 967 |
| 967 | 677 | 1:31:14 | Nicola BAKER | Warrington Running Club | Female | 405 | 1:32:25 | 966 |
| 968 | 1078 | 1:31:37 | Lauren PARKER | Warrington Running Club | Female | 406 | 1:32:49 | 968 |
| 969 | 347 | 1:34:16 | Cath FREEMAN | | Female | 407 | 1:35:06 | 969 |