



Trail Betws 10km

11th November 2017

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	336	38:10	Jason Williams	Hermitage Harriers	Male	1	10km M40	1	38:09	1
2	176	39:59	Geraint Jones	Hebog	Male	2	10km MSEN	1	39:57	2
3	1	41:26	Paul Wathan	Eryri Harriers	Male	3	10km MSEN	2	41:25	3
4	263	41:58	Andrew Rowe	Eryri Harriers	Male	4	10km MSEN	3	41:55	4
5	65	42:13	Mark Davies	Nwrrc	Male	5	10km M40	2	42:10	5
6	174	42:39	Aron Huw Jones	Rhedwyr Hebog Runners	Male	6	10km MU18	1	42:38	7
7	294	42:41	Tim Tansley	Oswestry Olympians	Male	7	10km M45	1	42:37	6
8	197	42:58	Ian Magill		Male	8	10km M45	2	42:55	8
9	5	43:28	Charles Allington		Male	9	10km MSEN	4	43:26	9
10	337	43:36	Lucy Williamson	Ilkley Harriers	Female	1	10km FSEN	1	43:30	10
11	41	43:46	Mark Byrne	Royal Air Force	Male	10	10km MSEN	5	43:44	11
12	153	44:06	Owen Humphreys	Beaumaris Town Road Runners	Male	11	10km M45	3	44:00	12
13	312	44:30	Michael Waring	Chester Triathlon Club	Male	12	10km M50	1	44:27	13
14	133	44:41	Elliw Haf	Eryri Harriers	Female	2	10km FSEN	2	44:38	14
15	36	44:41	Nic Brook	Eryri Harriers	Male	13	10km M40	3	44:38	15
16	296	44:44	Jason Thomas	Cybi Striders	Male	14	10km M40	4	44:41	16
17	239	44:48	Gary Porter-Jones	Eryri Harriers	Male	15	10km M45	4	44:45	17
18	285	45:27	Chris Spillane	Colwyn Bay Athletics	Male	16	10km M45	5	45:25	18
19	142	46:24	Ross Hemmings		Male	17	10km MSEN	6	46:18	19
20	207	46:33	Jay Mitchell		Male	18	10km M40	5	46:23	20
21	143	46:46	Alex Herron	Wolverhampton & Bilston AC	Male	19	10km MSEN	7	46:45	21
22	107	47:01	Harry Forshaw		Male	20	10km MSEN	8	46:49	22
23	146	47:02	andrew holloway		Male	21	10km MSEN	9	47:00	23
24	37	47:46	Guto Brosschot		Male	22	10km MSEN10		47:08	24
25	297	47:46	David thomas		Male	23	10km M40	6	47:35	26
26	308	47:48	Ian Walker		Male	24	10km M55	1	47:43	27
27	52	47:49	Ryan Cooke		Male	25	10km MSEN11		47:23	25
28	106	48:13	Nigel Foo	Penny Lane Striders	Male	26	10km M45	6	48:04	29
29	274	48:15	Damian Sidnell	Aberystwyth AC	Male	27	10km M55	2	48:11	31
30	325	48:15	Paul Williams		Male	28	10km M40	7	47:53	28
31	182	48:21	Rhiannon Kamink	Aberystwyth Uni	Female	3	10km FSEN	3	48:16	32
32	109	48:21	Susan Fourie	Chester Triathlon Club	Female	4	10km F40	1	48:08	30
33	66	48:36	WILL DAVIES		Male	29	10km M50	2	48:17	33
34	60	48:48	suzy Cumming		Female	5	10km F40	2	48:44	36
35	90	48:50	Dylan Evans	Meirionnydd Running Club	Male	30	10km M55	3	48:40	35
36	67	48:52	Dylan Davies		Male	31	10km M40	8	48:33	34
37	69	48:55	jon davis	Oswestry Olympians	Male	32	10km M45	7	48:51	37
38	303	49:20	John Edward Tithecott		Male	33	10km MSEN12		49:15	39
39	64	49:20	George Daval	OutdoorLads	Male	34	10km MSEN13		49:00	38
40	245	49:55	Llyr Rees	Beaumaris Town Road Runners	Male	35	10km M45	8	49:49	42
41	342	49:57	Matthew Wordsworth		Male	36	10km MU18	2	49:33	40
42	193	50:09	Katie Lloyd		Female	6	10km FSEN	4	50:06	46
43	86	50:14	Stuart Elliott		Male	37	10km M40	9	50:06	45
44	262	50:17	Robert Rose		Male	38	10km M45	9	49:59	43
45	326	50:21	Alwen Williams		Female	7	10km F40	3	50:18	49
46	341	50:21	Elizabeth Woodfield	Holmfirth Harriers A C	Female	8	10km F40	4	50:05	44
47	277	50:22	Steve Smith	Wallasey AC	Male	39	10km M45	10	50:18	50
48	73	50:23	Jasmin Dobson	WARRINGTON AC	Female	9	10km FSEN	5	50:17	48
49	114	50:44	Sarah Gatford		Female	10	10km FSEN	6	50:27	51
50	34	50:45	Geoff Brierley	Gwydyr MC	Male	40	10km M40	10	50:16	47
51	127	50:55	Rich Griffiths		Male	41	10km MSEN14		50:40	52
52	253	51:11	Andrew Roberts	GOG Triathlon	Male	42	10km M50	3	50:54	53
53	314	51:20	Nick Watson		Male	43	10km MSEN15		50:58	54
54	288	51:55	Craig Steele		Male	44	10km MSEN16		51:45	57
55	137	51:57	Shaun Hamilton-Hunter		Male	45	10km M45	11	51:26	55
56	214	51:59	Anne Mynott	Colwyn Bay Athletics	Female	11	10km F50	1	51:55	60
57	123	52:06	Colin Goulder	Cheshire Tally Ho	Male	46	10km MSEN17		51:45	56
58	118	52:09	david Glover	Warrington Running Club	Male	47	10km MSEN18		51:57	61
59	156	52:21	Neil Jenkins	Chester Triathlon Club	Male	48	10km M50	4	51:53	59
60	198	52:27	Eliza Martin	Pembrokeshire Harriers	Female	12	10km FU18	1	52:22	63
61	217	52:31	John Nightingale		Male	49	10km M45	12	52:03	62
62	307	52:35	Anthony Walker		Male	50	10km MSEN19		52:29	64
63	310	52:37	Jane Walsh	Beaumaris Town Road Runners	Female	13	10km F40	5	51:52	58
64	140	52:49	IAN HARRIS	Wolverhampton & Bilston AC	Male	51	10km M50	5	52:41	65
65	316	53:01	Jenny Wells		Female	14	10km FSEN	7	52:52	67
66	42	53:02	Fred Campbell-Jones		Male	52	10km MSEN20		52:43	66
67	301	53:07	Luke Thornton		Male	53	10km M45	13	53:01	70
68	160	53:14	Katie Johnson	Penny Lane Striders	Female	15	10km FSEN	8	53:07	73
69	148	53:15	Chris Hoult	Eryri Harriers	Male	54	10km M50	6	52:59	68
70	345	53:18	Kelly Wynn	Hyde Village Striders	Female	16	10km F40	6	52:59	69
71	92	53:20	Skip Evans		Male	55	10km M45	14	53:01	71
72	100	53:23	Alex Field		Male	56	10km MSEN21		53:05	72
73	159	53:33	Helen Johnson	Wirral Vikings	Female	17	10km F45	1	53:29	74
74	313	53:39	Al Wathan		Male	57	10km M55	4	53:34	77
75	44	53:40	val carter	birchfield harriers	Female	18	10km F50	2	53:32	75



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	265	53:42	Colin Rushton	Warrington Running Club	Male	58	10km M45	15	53:32	76
77	116	53:54	Nico Gibert	Manchester Frontrunners	Male	59	10km M40	11	53:40	79
78	223	53:57	Rachel Owen		Female	19	10km FSEN	9	53:54	82
79	322	53:59	Mark Wilde		Male	60	10km M50	7	53:52	81
80	276	54:01	Shane Skillin	Bangor university ac	Male	61	10km MSEN22		53:55	83
81	68	54:03	barry davis	Eryri Harriers	Male	62	10km M45	16	53:49	80
82	179	54:06	Andy Jones	Wrekin Road Runners	Male	63	10km M45	17	53:39	78
83	323	54:23	James Wilkinson	INEPT	Male	64	10km M45	18	54:09	85
84	147	54:23	Nick Houghton		Male	65	10km M45	19	54:09	84
85	196	54:34	Chris Lydall	Welland Valley Tri Club	Male	66	10km M45	20	54:26	87
86	329	54:34	Annie Williams	Eryri Harriers	Female	20	10km F55	1	54:26	88
87	63	54:38	Mark Darby		Male	67	10km MSEN23		54:22	86
88	95	54:41	Steffan Evans	Eryri Harriers	Male	68	10km MSEN24		54:35	91
89	234	54:56	Mark Perez		Male	69	10km M40	12	54:29	89
90	315	54:58	Nolan Webb		Male	70	10km M45	21	54:42	92
91	55	55:00	William Cooper		Male	71	10km M45	22	54:44	93
92	272	55:06	Andy Shirley		Male	72	10km M50	8	54:59	94
93	76	55:19	Tanya Duffy	Beaumaris Town Road Runners	Female	21	10km FSEN10		54:34	90
94	324	55:40	dafydd williams		Male	73	10km MSEN25		55:05	95
95	53	55:49	Peter Cooke		Male	74	10km M50	9	55:23	96
96	199	55:51	Richard Mathias		Male	75	10km M50	10	55:44	99
97	84	55:57	Katherine Edwards	Denbigh Harriers	Female	22	10km FSEN11		55:47	100
98	189	56:06	Dave Lawton		Male	76	10km M40	13	55:49	101
99	27	56:07	Thomas Bissett	Can-i-Fit	Male	77	10km MSEN26		55:38	97
100	300	56:09	Drew Thompson	RunStrong	Male	78	10km MSEN27		55:40	98
101	39	56:10	Pieter Buckley		Male	79	10km M50	11	55:54	102
102	59	56:18	Marian Crowe		Female	23	10km F50	3	56:10	104
103	248	56:19	Timothy Roberts		Male	80	10km MSEN28		56:15	106
104	165	56:19	Ian Jones	Denbigh Harriers	Male	81	10km M50	12	56:09	103
105	99	56:39	Allanah Fenwick	Meirionnydd Running Club	Female	24	10km FSEN12		56:13	105
106	15	56:40	Chris Baldwin	Denbigh Harriers	Male	82	10km M60	1	56:28	108
107	332	56:41	Adrian Williams		Male	83	10km M45	23	56:35	109
108	83	56:46	Eirian Edwards		Female	25	10km FSEN13		56:38	110
109	74	56:46	Chris Drew	Rachub Rockets	Male	84	10km M40	14	56:25	107
110	2	56:53	Simon Adey-Davies	GOG Triathlon	Male	85	10km M45	24	56:41	112
111	335	56:54	Ceris Williams	Aberystwyth AC	Female	26	10km F45	2	56:43	113
112	328	56:59	Nia Williams		Female	27	10km F45	3	56:50	114
113	327	57:03	David Williams		Male	86	10km M45	25	56:39	111
114	7	57:06	Michele Alty	Wallasey AC	Female	28	10km F50	4	56:54	115
115	257	57:07	Lowri Roberts		Female	29	10km FSEN14		57:03	117
116	28	57:09	Louise Boorman	Pembrokeshire Harriers	Female	30	10km F55	2	57:03	116
117	261	57:25	Jan Rogers	Chester Triathlon Club	Female	31	10km F50	5	57:08	119
118	184	57:29	Matthew Knight		Male	87	10km MSEN29		57:06	118
119	75	57:32	Beeza Drew	Rachub Rockets	Female	32	10km F45	4	57:12	121
120	158	57:49	Ian Jenkinson		Male	88	10km M50	13	57:10	120
121	230	57:50	Richard Parry		Male	89	10km M45	26	57:31	122
122	161	58:05	Iain Johnson		Male	90	10km M40	15	57:54	126
123	91	58:11	Jessica mai Evans		Female	33	10km FSEN15		57:58	127
124	102	58:13	Dave Fisher	Wirral Vikings	Male	91	10km M60	2	58:09	131
125	233	58:14	Jane Pegram		Female	34	10km FSEN16		57:53	123
126	309	58:15	Martin Wall	Max Adventures	Male	92	10km M40	16	57:53	124
127	97	58:23	Chris Farnell		Male	93	10km MSEN30		58:03	128
128	421	58:25	Victoria Harding		Female	35	10km FSEN17		57:53	125
129	195	58:32	Mared Llywelyn		Female	36	10km FSEN18		58:09	130
130	10	58:38	Steven Armstrong	Wirral Vikings	Male	94	10km M45	27	58:26	132
131	224	58:39	Josh Packham		Male	95	10km MSEN31		58:34	134
132	54	58:41	Linzi Cooper	Meirionnydd Running Club	Female	37	10km F45	5	58:07	129
133	240	58:45	Bethan Preston	Rhedwyr Hebog Runners	Female	38	10km F40	7	58:37	135
134	244	58:46	Leanne Ratcliffe		Female	39	10km FSEN19		58:28	133
135	302	59:00	Max Thornton Webley		Male	96	10km MU18	3	58:55	136
136	187	59:12	Carla Lauder	Rhedwyr Hebog Runners	Female	40	10km FSEN20		58:55	137
137	154	59:23	Andre Hutchinson	Maldwyn Harriers	Female	41	10km F50	6	59:10	138
138	279	59:48	Roger Snaith	Denbigh Harriers	Male	97	10km M45	28	59:38	140
139	284	59:52	David Spencer	Denbigh Harriers	Male	98	10km M40	17	59:40	142
140	134	59:54	Sarah Hall		Female	42	10km F50	7	59:25	139
141	19	59:59	Paul Beech		Male	99	10km M50	14	59:49	143
142	20	1:00:00	Paula Beech		Female	43	10km F50	8	59:52	144
143	338	1:00:07	Abigail Willmitt		Female	44	10km FSEN21		59:53	145
144	227	1:00:09	Jonathan Parr		Male	100	10km M50	15	59:39	141
145	246	1:00:19	Elaine Richardson		Female	45	10km F40	8	1:00:13	150
146	203	1:00:20	Ian Mcknight		Male	101	10km M55	5	1:00:11	149
147	85	1:00:27	Youssef El Jazouli		Male	102	10km M45	29	1:00:09	147
148	81	1:00:35	Tony Eden		Male	103	10km M40	18	1:00:16	151
149	70	1:00:37	Simon Dawson	Harlech Tri Club	Male	104	10km M50	16	1:00:11	148
150	50	1:00:39	Michael Clay		Male	105	10km M40	19	1:00:00	146



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151	183	1:00:43	Peter Keeling	ODL	Male	106	10km M55	6	1:00:26	153
152	340	1:00:47	Sally Withington	Wrekin Road Runners	Female	46	10km F45	6	1:00:19	152
153	247	1:00:57	Debra Roberts	Beaumaris Town Road Runners	Female	47	10km F40	9	1:00:51	154
154	205	1:01:15	Seghir Messamah		Male	107	10km M60	3	1:01:02	155
155	138	1:01:16	Jennifer Hanlon		Female	48	10km FSEN 22		1:01:08	156
156	38	1:01:19	Claire Bryan	Huncote Harriers	Female	49	10km FSEN 23		1:01:13	158
157	269	1:01:19	Claire Sceeny	Huncote Harriers	Female	50	10km F40	10	1:01:13	157
158	155	1:01:39	Anna James		Female	51	10km F50	9	1:01:31	160
159	105	1:01:49	Alexandra Fletcher	Eryri Harriers	Female	52	10km FSEN 24		1:01:25	159
160	200	1:01:59	Jan McArd	Wallasey AC	Female	53	10km F45	7	1:01:45	162
161	201	1:01:59	Paul McArd		Male	108	10km M50	17	1:01:50	163
162	311	1:02:00	Sue Waring	Stockport Harriers AC	Female	54	10km F50	10	1:01:41	161
163	204	1:02:08	Ben McNally		Male	109	10km MSEN32		1:01:55	164
164	242	1:02:16	Hayley Price		Female	55	10km FSEN 25		1:02:04	166
165	132	1:02:24	John Gwynn Evans	Aberystwyth AC	Male	110	10km M65	1	1:02:00	165
166	150	1:02:49	Jano Hughes		Female	56	10km F45	8	1:02:35	168
167	35	1:03:08	Paul Brocklehurst		Male	111	10km M50	18	1:02:47	169
168	167	1:03:15	wyn jones		Male	112	10km M50	19	1:02:30	167
169	259	1:03:23	RHIAN ROBERTS-JONES	DVT Runclub	Female	57	10km F40	11	1:02:49	170
170	222	1:03:34	Graham Ormondroyd		Male	113	10km MSEN33		1:03:14	172
171	78	1:03:35	Elizabeth Duller		Female	58	10km FSEN 26		1:03:23	174
172	282	1:03:35	Giovanni SORRIENTO	Hyde Village Striders	Male	114	10km M55	7	1:03:06	171
173	298	1:03:42	karen thomas		Female	59	10km F45	9	1:03:29	176
174	128	1:03:47	Andy Grudzinski	North Herts Road Runners	Male	115	10km M40	20	1:03:39	177
175	72	1:03:51	Jen Dinsdale		Female	60	10km F40	12	1:03:16	173
176	283	1:04:06	Mark Southee	Llamwyr Llyn Striders	Male	116	10km M55	8	1:03:26	175
177	226	1:04:07	Mared Pari		Female	61	10km FSEN 27		1:03:42	178
178	17	1:04:17	Joanne Barnett		Female	62	10km F50	11	1:04:13	181
179	113	1:04:21	John Gandy		Male	117	10km MSEN34		1:04:12	180
180	330	1:04:33	Justine Williams		Female	63	10km FSEN 28		1:04:00	179
181	178	1:04:36	Eluned Jones		Female	64	10km F45	10	1:04:17	182
182	172	1:05:01	Helen Jones	Meirionnydd Running Club	Female	65	10km F45	11	1:04:28	183
183	295	1:05:01	Marianne Taylor		Female	66	10km F40	13	1:04:34	184
184	318	1:05:14	Sam Whitley		Female	67	10km FSEN 29		1:04:59	187
185	139	1:05:17	Jo Harris		Female	68	10km F45	12	1:04:54	186
186	220	1:05:21	Bernadette Offerdal		Female	69	10km F40	14	1:05:12	189
187	49	1:05:21	RACHEL CLARKE		Female	70	10km FSEN 30		1:04:45	185
188	306	1:05:23	Andy Turner	Stockport Tri Club	Male	118	10km M45	30	49:44	41
189	129	1:05:30	Linda Guest		Female	71	10km F40	15	1:05:16	191
190	291	1:05:35	Hannah stokes		Female	72	10km FSEN 31		1:05:13	190
191	339	1:05:37	Jon Windle	Penny Lane Striders	Male	119	10km M45	31	1:05:29	193
192	191	1:05:38	Rob Litherland		Male	120	10km MSEN35		1:05:22	192
193	290	1:05:45	Sophie Steventon	Eryri Harriers	Female	73	10km FSEN 32		1:05:01	188
194	347	1:05:51	Jaspa Wynne Williams		Female	74	10km F45	13	1:05:36	195
195	334	1:05:57	Nicola Jane Williams		Female	75	10km FSEN 33		1:05:33	194
196	213	1:06:20	kieran mutch		Male	121	10km MSEN36		1:06:00	197
197	151	1:06:27	Ron Hughes		Male	122	10km M65	2	1:06:00	196
198	292	1:07:02	Morag Sutton	Northwich Running Club	Female	76	10km F45	14	1:06:48	201
199	111	1:07:02	sian France-Pearce	Stretton Stragglers	Female	77	10km FSEN 34		1:06:31	198
200	24	1:07:04	Penny Bienz	Stretton Stragglers	Female	78	10km F45	15	1:06:35	199
201	225	1:07:04	Maria Panayiotou		Female	79	10km FSEN 35		1:06:46	200
202	241	1:07:13	Menna Price		Female	80	10km FSEN 36		1:06:51	202
203	229	1:07:16	Elen Parry		Female	81	10km F40	16	1:06:55	203
204	271	1:07:28	Robert Shanahan	Ellesmere Port Running Club	Male	123	10km M50	20	1:07:23	207
205	110	1:07:30	Liz Fowler	Rugeley runners	Female	82	10km F40	17	1:07:15	206
206	286	1:07:34	Beth Stafford		Female	83	10km FSEN 37		1:06:59	205
207	552	1:07:37	Nicola Jenkinson		Female	84	10km F50	12	1:06:56	204
208	280	1:08:00	Carolyn Snellgrove		Female	85	10km FSEN 38		1:07:27	209
209	144	1:08:04	Alan Hill		Male	124	10km M45	32	1:07:56	212
210	58	1:08:05	Tracy Critchlow	Derbyshire Dynamos	Female	86	10km F50	13	1:07:23	208
211	231	1:08:11	Alison Parry	Team Parry	Female	87	10km F50	14	1:08:00	214
212	232	1:08:11	Miles Parry	Team Parry	Male	125	10km M50	21	1:08:01	215
213	164	1:08:15	fiona jones	Maldwyn Harriers	Female	88	10km FSEN 39		1:07:52	211
214	289	1:08:15	Leo Stevenson	Mossley Hill AC	Male	126	10km M50	22	1:08:02	216
215	131	1:08:19	Richard Gwyn Jones		Male	127	10km MSEN37		1:07:58	213
216	22	1:08:21	Kate Berry		Female	89	10km FSEN 40		1:07:42	210
217	236	1:08:45	Colin Pheasant	Chase Harriers	Male	128	10km M60	4	1:08:42	219
218	43	1:08:58	Darren Carter		Male	129	10km MSEN38		1:08:33	218
219	252	1:09:05	Lora Roberts		Female	90	10km FSEN 41		1:08:59	221
220	168	1:09:15	Huw Jones		Male	130	10km M55	9	1:08:30	217
221	319	1:09:20	Alison Wiggett		Female	91	10km F40	18	1:08:54	220
222	89	1:09:36	Jude Evans	Meirionnydd Running Club	Female	92	10km F50	15	1:09:16	222
223	47	1:09:45	Gwen Charlton		Female	93	10km FSEN 42		1:09:18	223
224	135	1:10:18	Bryony Hall	Stretton Stragglers	Female	94	10km FU18	2	1:09:47	224
225	93	1:10:34	Denise Evans	Chepstow Harriers	Female	95	10km F50	16	1:10:02	225



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RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
226	281	1:10:35	Caroline Sorriento	Hyde Village Striders	Female	96	10km F55	3	1:10:07	227
227	94	1:10:39	Michael Evans	Chepstow Harriers	Male	131	10km M60	5	1:10:06	226
228	210	1:10:46	Andrew Morris	Denbigh Harriers	Male	132	10km M40	21	1:10:24	228
229	346	1:10:55	Bob Wynn	Hyde Village Striders	Male	133	10km M60	6	1:10:26	229
230	11	1:11:07	Caron Atherton	Dolly Mixtures	Female	97	10km F55	4	1:10:42	230
231	317	1:11:20	ROBERT WHISTON		Male	134	10km M65	3	1:11:02	232
232	117	1:11:26	Carol Gittins		Female	98	10km F45	16	1:10:57	231
233	32	1:11:45	Joanne Breeze	Dolly Mixtures	Female	99	10km F45	17	1:11:22	233
234	29	1:11:47	laura boote		Female	100	10km F40	19	1:11:34	234
235	25	1:12:08	Steph Birt		Female	101	10km F40	20	1:11:51	235
236	3	1:12:52	Cliff Aitken		Male	135	10km M60	7	1:12:23	237
237	130	1:12:52	Kay Guest		Female	102	10km FSEN 43		1:12:21	236
238	333	1:13:02	Vicky Williams		Female	103	10km FSEN 44		1:12:42	238
239	251	1:13:15	Rebecca Roberts	Eryri Harriers	Female	104	10km FSEN 45		1:12:52	243
240	13	1:13:18	Sarah Aubrey		Female	105	10km FSEN 46		1:12:42	239
241	33	1:13:33	Wayne Brewin		Male	136	10km M45	33	1:13:15	244
242	40	1:13:33	William burgess		Male	137	10km MSEN39		1:12:48	242
243	304	1:13:33	Wayne Tookey	Beaumaris Town Road Runners	Male	138	10km M55	10	1:12:47	241
244	141	1:13:34	paula harvey		Female	106	10km F40	21	1:12:47	240
245	103	1:13:50	Lisa Flaherty	Warrington Running Club	Female	107	10km F40	22	1:13:29	245
246	320	1:14:27	Gillian Wigley		Female	108	10km F55	5	1:13:47	246
247	152	1:14:34	Claire Hughes	RunStrong	Female	109	10km FSEN 47		1:14:02	247
248	250	1:15:14	Einir Roberts		Female	110	10km FSEN 48		1:14:53	250
249	212	1:15:17	Louise Mulhern		Female	111	10km F45	18	1:14:47	249
250	211	1:15:18	Ultan Mulhern		Male	139	10km M50	23	1:14:47	248
251	268	1:15:55	Matthew Saunders		Male	140	10km MSEN40		1:15:24	252
252	108	1:15:55	Marianne Foster		Female	112	10km F40	23	1:15:21	251
253	101	1:16:47	Gareth Finlay	Warrington Running Club	Male	141	10km M40	22	1:16:01	253
254	71	1:17:23	Vicky Dennis		Female	113	10km FSEN 49		1:16:45	255
255	260	1:17:24	Moyra Rodgers		Female	114	10km F45	19	1:16:45	254
256	23	1:17:31	Zoe Betts	Dolly Mixtures	Female	115	10km F40	24	1:17:09	257
257	30	1:17:38	Rachel Bowyer		Female	116	10km FSEN 50		1:16:59	256
258	77	1:18:26	Matthew Duffy		Male	142	10km M45	34	1:17:46	258
259	45	1:18:44	Nicola Chapman	Wallasey AC	Female	117	10km FSEN 51		1:18:19	261
260	238	1:18:44	Kareen Porschke	Wallasey AC	Female	118	10km F45	20	1:18:19	259
261	305	1:18:54	Emma Turner	Stockport Tri Club	Female	119	10km F45	21	1:18:19	260
262	202	1:19:00	Kate McIntyre		Female	120	10km F40	25	1:18:24	263
263	206	1:19:00	MICHAEL MIDGLEY		Male	143	10km M45	35	1:18:23	262
264	104	1:19:05	Becky Fletcher		Female	121	10km F45	22	1:18:33	264
265	79	1:19:06	Lindsay Duncalf		Female	122	10km F50	17	1:18:33	265
266	21	1:19:25	Deb Bentham	Team Talbot	Female	123	10km F40	26	1:18:51	266
267	293	1:19:25	Gareth Talbot	Team Talbot	Male	144	10km MSEN41		1:18:52	267
268	166	1:19:48	Caroline Jones	Northwich Running Club	Female	124	10km F55	6	1:19:34	269
269	177	1:19:48	Sharron Jones	Northwich Running Club	Female	125	10km F45	23	1:19:36	271
270	321	1:19:49	Vicki Wilcox	Northwich Running Club	Female	126	10km F50	18	1:19:35	270
271	136	1:19:49	jackie hall	Northwich Running Club	Female	127	10km F45	24	1:19:37	272
272	62	1:19:52	Caroline Dalton		Female	128	10km FSEN 52		1:19:22	268
273	235	1:20:04	Kerry Peters	Warrington Running Club	Female	129	10km F45	25	1:19:53	275
274	192	1:20:04	Gemma Littlefair	Warrington Running Club	Female	130	10km FSEN 53		1:19:45	273
275	115	1:20:05	Chrissy Geist	Warrington Running Club	Female	131	10km F40	27	1:19:53	276
276	194	1:20:05	Lisa Lloyd	Warrington Running Club	Female	132	10km F45	26	1:19:49	274
277	121	1:22:05	Kirstin Goodwin		Female	133	10km F45	27	1:21:30	277
278	163	1:22:05	Eleri Jones		Female	134	10km F40	28	1:21:32	278
279	258	1:22:55	Iorwerth Roberts	Eryri Harriers	Male	145	10km M65	4	1:22:13	279
280	169	1:23:58	Rebecca Jones	Run4All RC	Female	135	10km F45	28	1:23:20	280
281	254	1:25:51	Sue-marie Roberts		Female	136	10km FSEN 54		1:25:25	281
282	267	1:27:33	Michael Sanderson		Male	146	10km MSEN42		1:26:51	282
283	266	1:27:33	Melanie Sanderson		Female	137	10km F40	29	1:26:53	283
284	16	1:27:44	Sandra Banfield	Dolly Mixtures	Female	138	10km F55	7	1:27:21	284
285	215	1:28:01	Caroline Newton	Warrington Running Club	Female	139	10km FSEN 55		1:27:35	285
286	80	1:29:23	Victoria Dunning	Warrington Running Club	Female	140	10km F40	30	1:29:06	286
287	287	1:32:40	Vicki Stait		Female	141	10km F40	31	1:32:24	287
288	190	1:32:45	Ange Leah	Warrington Running Club	Female	142	10km F45	29	1:32:30	288
289	119	1:34:48	Amanda Glover	Warrington Running Club	Female	143	10km FSEN 56		1:34:30	289
290	264	1:34:48	Sharon Rushton	Warrington Running Club	Female	144	10km F45	30	1:34:31	290
291	4	1:39:24	Sarmid Al-Kamil	Bramhall Runners	Male	147	10km M50	24	1:38:09	291
292	96	1:39:24	Ann-marie Fairclough	Marple	Female	145	10km F50	19	1:38:09	292
293	343	1:59:56	Adam Worsell		Male	148	10km MSEN43		1:59:09	293