



Trail Betws 5km

11th November 2017

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	402	26:40	Charlotte Broadhurst		Female	1	5km FU18	1	26:38	1
2	434	27:14	Lleucu Lane	academi Coed y Brenin	Female	2	5km FU18	2	27:10	2
3	445	29:55	Christopher Silker		Male	1	5km MSEN	1	29:09	3
4	449	30:04	Rhiannon Tansley	Oswestry Olympians	Female	3	5km FU18	3	29:41	4
5	432	31:05	Simone Jones	Halesowen ACC	Female	4	5km FSEN	1	30:54	7
6	428	31:16	Josh John		Male	2	5km MU18	1	30:50	5
7	438	31:18	Linzi Melville	Cani-Fit	Female	5	5km F40	1	30:51	6
8	440	31:20	Ian Raymond	BTR Road Runners	Male	3	5km M45	1	30:54	8
9	406	32:43	Lara Cain	bangor	Female	6	5km FSEN	2	32:36	9
10	404	33:43	Ffion Brook		Female	7	5km FU18	4	33:33	10
11	425	34:07	Mark House		Male	4	5km MSEN	2	33:51	11
12	451	34:18	Rachel Walker		Female	8	5km FSEN	3	34:10	13
13	439	34:46	James Morland		Male	5	5km M65	1	34:02	12
14	429	35:33	Rhian Jones	Denbigh Harriers	Female	9	5km F40	2	35:05	14
15	401	36:27	sid bailey		Male	6	5km M60	1	36:18	15
16	408	36:45	Kay Cottrell	Vegan Runners	Female	10	5km F60	1	36:37	16
17	424	37:11	janet Holmes	St Helens Sutton AC	Female	11	5km F60	2	36:57	17
18	452	37:46	Aled Williams		Male	7	5km MSEN	3	37:02	18
19	665	38:02	Angela Jones	Canicross Clwyd	Female	12	5km F50	1	37:25	19
20	437	38:10	Hannah McDonnell	Denbigh Harriers	Female	13	5km FSEN	4	37:41	20
21	448	38:19	Claire Spencer	Denbigh Harriers	Female	14	5km F40	3	37:49	21
22	441	38:20	Nan Roberts	GOG Triathlon	Female	15	5km F45	1	38:00	22
23	417	38:35	Nicola Field	Denbigh Harriers	Female	16	5km F45	2	38:24	24
24	444	38:55	Marie Rogers		Female	17	5km FSEN	5	38:15	23
25	423	39:02	Shirley Hennessy		Female	18	5km F45	3	38:38	25
26	442	39:26	Cariad Roberts		Female	19	5km FSEN	6	38:53	26
27	403	39:51	Harri Brook		Male	8	5km MU18	2	39:41	27
28	447	39:52	kathryn snaith	Denbigh Harriers	Female	20	5km F40	4	39:42	28
29	420	39:53	Sharon Griffiths	Denbigh Harriers	Female	21	5km F45	4	39:44	29
30	454	40:43	AIMEE WILLIAMS		Female	22	5km FU18	5	40:20	31
31	413	40:44	Ligita Eaglen	Llamwyr Llyn Striders	Female	23	5km FSEN	7	40:05	30
32	414	41:00	Rhian Evans		Female	24	5km FSEN	8	40:35	32
33	450	41:21	Michelle Thomas		Female	25	5km FSEN	9	41:10	34
34	422	41:29	Elaine Harrison		Female	26	5km FSEN	10	40:49	33
35	405	42:21	Mark Cady		Male	9	5km M40	1	41:52	35
36	400	42:21	Elizabeth Aitken		Female	27	5km F45	5	41:52	36
37	415	43:13	Ceri Evans		Female	28	5km FSEN	11	42:32	38
38	426	43:13	Becky Hughes		Female	29	5km FSEN	12	42:30	37
39	453	44:45	debbie williams		Female	30	5km F45	6	44:23	39
40	407	46:26	Ian Conway	St Helens Sutton AC	Male	10	5km M50	1	46:07	40
41	427	47:24	john Irwin	St Helens Sutton AC	Male	11	5km M65	2	47:08	41
42	455	47:38	Alyson Winn		Female	31	5km F55	1	47:31	43
43	430	47:53	Siwan Jones		Female	32	5km FSEN	13	47:26	42
44	418	48:21	Poppy Gilbert		Female	33	5km FSEN	14	48:16	45
45	443	48:21	Deborah Robinson	GOG Triathlon	Female	34	5km F50	2	47:55	44
46	412	48:55	Carys Drennan		Female	35	5km FSEN	15	48:32	46
47	436	49:14	MIKI MATTHEWS	Denbigh Harriers	Female	36	5km F45	7	48:37	47
48	409	49:14	Cheryl Cuckson Williams	Harriers	Female	37	5km F45	8	48:38	48
49	416	51:50	Claire Evans		Female	38	5km FSEN	16	51:06	49
50	411	52:27	Mary Diggory		Female	39	5km F45	9	51:44	51
51	433	52:27	Maria Jones		Female	40	5km F45	10	51:44	50