



City of Norwich Half Marathon

15th April 2018

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	14	1:09:54	Ash Harrell	City of Norwich AC	Male	1	M	1	1:09:54	1
2	7	1:13:50	Dominic Blake	Reepham Runners	Male	2	M	2	1:13:50	2
3	99	1:17:14	Jack Gillick	Wymondham AC	Male	3	M	3	1:17:13	3
4	8	1:17:52	Tim Topper	Wymondham AC	Male	4	M45	1	1:17:52	4
5	146	1:19:30	Simon Partridge	Bure Valley Harriers	Male	5	M	4	1:19:30	6
6	82	1:19:31	George Clements		Male	6	M	5	1:19:29	5
7	77	1:20:50	Steven Cannell		Male	7	M	6	1:20:48	7
8	69	1:21:07	Nicholas Bensley	Ryston Runners AC	Male	8	M45	2	1:21:07	8
9	183	1:21:15	Simon Wright	Norwich Road Runners	Male	9	M	7	1:21:15	9
10	37	1:21:19	Mabel Beckett	City of Norwich AC	Female	1	F	1	1:21:19	10
11	137	1:21:37	John Moore	Norfolk Gazelles RC	Male	10	M55	1	1:21:36	11
12	172	1:21:45	Paul Wain	Ipswich JAFFA RC	Male	11	M	8	1:21:45	12
13	62	1:21:58	Neil Adams	North Norfolk Beach Runners	Male	12	M40	1	1:21:58	13
14	161	1:22:11	Jonathan Stockwell		Male	13	M	9	1:22:11	14
15	76	1:22:45	Wilfred Campbell	Ipswich JAFFA RC	Male	14	M50	1	1:22:45	15
16	180	1:22:52	Nicholas Wittred		Male	15	M	10	1:22:46	16
17	231	1:23:19	Simon Bryant		Male	16	M	11	1:23:19	17
18	71	1:23:40	Kim Bowling	Army AA	Male	17	M	12	1:23:40	18
19	129	1:23:45	Stuart MacNab-Grieve		Male	18	M	13	1:23:45	20
20	101	1:23:48	Richard Hanson		Male	19	M50	2	1:23:44	19
21	19	1:24:31	Sam Kenmore		Male	20	M	14	1:24:30	21
22	176	1:25:05	Robert Wapshott	Hallamshire Harriers Sheffield AC	Male	21	M40	2	1:25:02	22
23	4	1:25:17	Sarah Stradling	Colchester Harriers AC	Female	2	F40	1	1:25:17	23
24	74	1:25:36	Jake Brockwell	University of East Anglia AC	Male	22	M	15	1:25:35	24
25	91	1:25:40	Marc Evans	Great Yarmouth Road Runners	Male	23	M	16	1:25:38	25
26	249	1:25:45	Josh Clarke-Davis		Male	24	M	17	1:25:45	28
27	2306	1:25:47	Romas Bleda		Male	25	M	18	1:25:44	27
28	5	1:25:51	Philippa Taylor	Nene Valley Harriers	Female	3	F50	1	1:25:50	29
29	108	1:25:58	Matt Howard	Norwich Road Runners	Male	26	M	19	1:25:56	31
30	229	1:26:05	Kyle Brooks		Male	27	M	20	1:25:53	30
31	95	1:26:10	Mark Garrett	Norwich Road Runners	Male	28	M50	3	1:26:08	32
32	2242	1:26:20	Matt Bainbridge	Bishops Stortford RC	Male	29	M	21	1:25:41	26
33	116	1:26:31	Jack Judd		Male	30	M	22	1:26:26	33
34	141	1:26:55	Darren Neale	North Norfolk Beach Runners	Male	31	M	23	1:26:53	34
35	125	1:27:15	Ben Le Compte		Male	32	M	24	1:27:11	35
36	2195	1:27:17	Todd Lake	Dereham Runners AC	Male	33	M50	4	1:27:15	37
37	134	1:27:18	Arron McKoy	Lowestoft Road Runners	Male	34	M40	3	1:27:11	36
38	173	1:27:35	Andrew Walpole	Dartford Road Runners	Male	35	M	25	1:27:33	39
39	305	1:27:45	Bob Glasgow		Male	36	M40	4	1:27:32	38
40	106	1:27:55	Andrew Homerski		Male	37	M55	2	1:27:50	40
41	147	1:28:08	Matthew Pask	Norwich Road Runners	Male	38	M50	5	1:28:05	41
42	252	1:28:16	Richard Coleman		Male	39	M45	3	1:28:07	42
43	502	1:28:31	Lee Woodcock		Male	40	M	26	1:28:26	43
44	143	1:28:40	Daniel Nicholson		Male	41	M	27	1:28:37	45
45	334	1:28:40	Jacob Holder		Male	42	M	28	1:28:27	44
46	277	1:28:46	Tom Evetts		Male	43	M	29	1:28:40	46
47	528	1:28:51	Nancy Connolly		Female	4	F	2	1:28:42	47
48	80	1:29:03	Sze-Ming Cheung	Norwich Road Runners	Male	44	M40	5	1:28:56	48
49	509	1:29:07	Philip Wright	Bure Valley Harriers	Male	45	M40	6	1:29:00	49
50	78	1:29:12	Jonathon Causton		Male	46	M	30	1:29:10	50
51	73	1:29:24	Simon Brighten		Male	47	M	31	1:29:18	51
52	36	1:29:25	Mark Solway	City of Norwich AC	Male	48	M45	4	1:29:21	52
53	158	1:29:33	Edward Sidgwick		Male	49	M	32	1:29:28	53
54	491	1:29:38	Stuart Weaver	Harwich Runners	Male	50	M45	5	1:29:35	54
55	163	1:29:46	Rowan Stringer		Male	51	M	33	1:29:42	56
56	413	1:29:49	Mat Porter	Norwich Road Runners	Male	52	M40	7	1:29:40	55
57	2284	1:30:10	James Nial		Male	53	M	34	1:30:09	58
58	472	1:30:19	James Taylor		Male	54	M	35	1:30:04	57
59	72	1:30:23	Jason Brandy		Male	55	M	36	1:30:19	59
60	81	1:30:26	Dan Claflin	Tri-Anglia TC	Male	56	M	37	1:30:24	61
61	769	1:30:35	Nicolas Horneck		Male	57	M	38	1:30:21	60
62	2335	1:30:42	Charles Bircher		Male	58	M	39	1:30:39	63
63	88	1:30:44	Andrew Dormer	Great Yarmouth Road Runners	Male	59	M50	6	1:30:39	62
64	839	1:30:49	Gregory McNeill-Moss		Male	60	M	40	1:30:42	65
65	463	1:30:49	Lewis Spurgin	Norwich Road Runners	Male	61	M	41	1:30:42	64
66	31	1:30:51	Tim Angell	City of Norwich AC	Male	62	M50	7	1:30:45	66
67	117	1:31:00	Andy Keeler		Male	63	M55	3	1:30:55	69
68	139	1:31:02	Andy Mulligan	Coltishall Jaguars RC	Male	64	M	42	1:30:48	68
69	242	1:31:02	James Carass	Great Yarmouth Road Runners	Male	65	M	43	1:30:46	67
70	136	1:31:06	Ian Moore	Wymondham AC	Male	66	M50	8	1:30:58	70
71	86	1:31:12	Alex Curtis		Male	67	M	44	1:31:10	72
72	174	1:31:15	Neil Walpole	Norwich Road Runners	Male	68	M45	6	1:31:08	71
73	152	1:31:17	Stewart Robins	Ryston Runners AC	Male	69	M50	9	1:31:14	75
74	84	1:31:18	Lee Collins	Tri-Anglia TC	Male	70	M40	8	1:31:11	73
75	240	1:31:25	Alberto Canepa		Male	71	M45	7	1:31:13	74



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15th April 2018

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	109	1:31:32	Matthew Humphreys	Norwich Road Runners	Male	72	M	45	1:31:25	76
77	34	1:31:34	Peter Mahoney	City of Norwich AC	Male	73	M50	10	1:31:29	77
78	153	1:31:42	Tom Robinson	Reepham Runners	Male	74	M	46	1:31:34	78
79	355	1:31:45	Paul Knights		Male	75	M45	8	1:31:36	79
80	370	1:31:48	James Lillistone		Male	76	M	47	1:31:36	80
81	573	1:31:52	Ella Sharrock		Female	5	F	3	1:31:50	81
82	442	1:32:10	Alex Savva		Male	77	M	48	1:32:06	82
83	2253	1:32:20	Oliver Karger		Male	78	M	49	1:32:10	83
84	144	1:32:25	Leigh Nobes	Reepham Runners	Male	79	M40	9	1:32:16	84
85	120	1:32:34	Ryan Kennedy	Norwich Road Runners	Male	80	M	50	1:32:30	86
86	157	1:32:44	Bill Shively	York Postal Harriers	Male	81	M55	4	1:32:38	87
87	11	1:32:47	Cat Cummings	Wymondham AC	Female	6	F40	2	1:32:45	92
88	2208	1:32:49	Harrison Meek		Male	82	M	51	1:32:28	85
89	832	1:32:50	Aston Martin	Norwich Road Runners	Male	83	M	52	1:32:41	90
90	2317	1:32:54	Graham Johnson	Coltishall Jaguars RC	Male	84	M50	11	1:32:39	88
91	570	1:32:54	Felicity Quinn	North Norfolk Beach Runners	Female	7	F	4	1:32:44	91
92	85	1:32:56	Simon Cowley		Male	85	M	53	1:32:40	89
93	75	1:32:59	Jason Brunt	Norfolk Gazelles RC	Male	86	M45	9	1:32:53	93
94	65	1:33:01	Nick Askham	Tri-Anglia TC	Male	87	M40	10	1:32:57	94
95	2215	1:33:05	Shaun Melvin	West 4 Harriers	Male	88	M	54	1:33:00	95
96	2357	1:33:11	Nicholas Prior		Male	89	M	55	1:33:06	100
97	149	1:33:11	Sam Pledger		Male	90	M	56	1:33:05	98
98	497	1:33:13	Scott Williams	Norwich Road Runners	Male	91	M	57	1:33:02	97
99	426	1:33:13	Colin Robilliard	Bure Valley Harriers	Male	92	M60	1	1:33:00	96
100	87	1:33:14	Benji Dawes		Male	93	M	58	1:33:09	102
101	13	1:33:14	Alexandra Smith	Wymondham AC	Female	8	F40	3	1:33:06	99
102	280	1:33:21	Radley Fenn	Coltishall Jaguars RC	Male	94	M	59	1:33:07	101
103	452	1:33:28	Ben Smith		Male	95	M	60	1:33:21	104
104	394	1:33:33	Stephen Moseley	Norwich Road Runners	Male	96	M50	12	1:33:20	103
105	357	1:33:33	Artur Kuzminski		Male	97	M45	10	1:33:31	106
106	66	1:33:38	Simon Bales		Male	98	M40	11	1:33:30	105
107	192	1:33:43	Vernon Anderson		Male	99	M40	12	1:33:37	107
108	61	1:33:46	Rory Abel		Male	100	M	61	1:33:42	109
109	17	1:33:49	Sarah Peachey	Wymondham AC	Female	9	F	5	1:33:41	108
110	501	1:33:54	Trevor Wood		Male	101	M45	11	1:33:45	110
111	398	1:33:56	Mark Ogden		Male	102	M45	12	1:33:46	111
112	311	1:34:05	Gary Grand	Norwich Road Runners	Male	103	M55	5	1:33:57	112
113	93	1:34:12	Steve Fields		Male	104	M40	13	1:34:03	115
114	933	1:34:12	Phil Shenton		Male	105	M	62	1:33:58	113
115	12	1:34:12	Lorena Latisaite	Ryston Runners AC	Female	10	F	6	1:34:09	116
116	604	1:34:13	Lee Barber	Framlingham Flyers	Male	106	M	63	1:33:58	114
117	261	1:34:14	Stephen Dady	Wymondham AC	Male	107	M65	1	1:34:12	117
118	439	1:34:28	Kevin Sadd		Male	108	M45	13	1:34:16	118
119	16	1:34:39	Rose Waterman	Tri-Anglia TC	Female	11	F	7	1:34:21	119
120	287	1:34:43	Lee Forder		Male	109	M	64	1:34:33	121
121	226	1:34:43	Shaun Braybrook	Wymondham AC	Male	110	M	65	1:34:35	123
122	2283	1:34:44	Jon Shorten	Norwich Road Runners	Male	111	M50	13	1:34:35	124
123	245	1:34:46	Richard Chilvers		Male	112	M50	14	1:34:31	120
124	175	1:34:47	Niall Wapshott		Male	113	M	66	1:34:36	125
125	133	1:34:49	Melvyn Maycock	Ipswich JAFFA RC	Male	114	M	67	1:34:47	132
126	455	1:34:50	Richard Smith		Male	115	M45	14	1:34:34	122
127	482	1:34:52	Richard Turner		Male	116	M	68	1:34:40	130
128	500	1:34:55	Ricci Wilson	Waveney Valley AC	Male	117	M	69	1:34:40	127
129	430	1:34:56	Stuart Rose	Dereham Runners AC	Male	118	M40	14	1:34:52	133
130	2231	1:34:59	Rob Windus		Male	119	M	70	1:34:38	126
131	64	1:35:00	Matt Andrews	North Norfolk Beach Runners	Male	120	M45	15	1:34:40	129
132	487	1:35:00	Kevin Walpole	Leamington C & AC	Male	121	M	71	1:34:46	131
133	571	1:35:06	Debbie Schwarz	West Norfolk AC	Female	12	F45	1	1:34:40	128
134	2282	1:35:12	Dean Jackson		Male	122	M	72	1:35:12	137
135	2334	1:35:16	Adam Hames		Male	123	M	73	1:34:55	135
136	250	1:35:21	Stuart Coe		Male	124	M40	15	1:34:53	134
137	299	1:35:23	Paul Gardner	Tri-Anglia TC	Male	125	M45	16	1:35:11	136
138	98	1:35:35	David Gibbs		Male	126	M	74	1:35:29	141
139	346	1:35:44	Dan Johnstone		Male	127	M	75	1:35:29	139
140	2276	1:35:45	Jordan Isbill		Male	128	M	76	1:35:29	140
141	2309	1:35:46	Karl Looney		Male	129	M40	16	1:35:28	138
142	522	1:35:46	Hannah Bye		Female	13	F	8	1:35:37	144
143	416	1:35:48	Stephen Ramm		Male	130	M40	17	1:35:38	145
144	251	1:35:51	Luke Coleman		Male	131	M	77	1:35:29	142
145	209	1:35:51	Thomas Beakes		Male	132	M	78	1:35:34	143
146	2273	1:35:54	Liam Postance-Eamer		Male	133	M	79	1:35:39	146
147	10	1:36:01	Kelly Crawford	Huntingdonshire AC	Female	14	F	9	1:35:58	148
148	651	1:36:09	Will Chenery		Male	134	M	80	1:36:03	150
149	79	1:36:13	Scott Chadwick	Coltishall Jaguars RC	Male	135	M40	18	1:35:55	147
150	285	1:36:23	Tom Fleetwood		Male	136	M	81	1:36:02	149



Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
151	110	1:36:25	Matthew Hyde		Male	137	M45	17	1:36:21	153
152	233	1:36:25	Stuart Buchan		Male	138	M	82	1:36:09	152
153	480	1:36:30	Stacy Tovell		Male	139	M45	18	1:36:26	154
154	283	1:36:32	Jim Fitch		Male	140	M40	19	1:36:06	151
155	281	1:36:37	John Fensom	Bungay Black Dog RC	Male	141	M	83	1:36:29	155
156	288	1:36:43	Simon Fox	Norwich Road Runners	Male	142	M45	19	1:36:34	156
157	132	1:36:43	Daniel Maskell		Male	143	M	84	1:36:36	158
158	151	1:36:48	Dylan Read		Male	144	M	85	1:36:35	157
159	184	1:36:51	Henry Young		Male	145	M	86	1:36:36	159
160	276	1:37:00	Terry Epps	Wymondham AC	Male	146	M60	2	1:36:58	163
161	203	1:37:06	Chris Barkway		Male	147	M55	6	1:36:52	160
162	178	1:37:12	Tom Wharton		Male	148	M	87	1:36:55	162
163	2313	1:37:17	Matthew Parkhouse		Male	149	M	88	1:36:52	161
164	2272	1:37:26	Robin Watson	Bishops Stortford RC	Male	150	M40	20	1:37:14	164
165	348	1:37:33	Mark Jones		Male	151	M50	15	1:37:15	165
166	42	1:37:35	Alice Rees	City of Norwich AC	Female	15	F	10	1:37:25	168
167	312	1:37:37	Kyle Grimadell		Male	152	M	89	1:37:20	167
168	1277	1:37:49	Elly Young	Coltishall Jaguars RC	Female	16	F45	2	1:37:20	166
169	185	1:37:50	Laurence Abel		Male	153	M50	16	1:37:41	173
170	286	1:37:51	Jason Ford		Male	154	M	90	1:37:34	169
171	2031	1:37:53	James Offord		Male	155	M50	17	1:37:47	174
172	476	1:37:59	Pete Thompson		Male	156	M	91	1:37:53	176
173	534	1:37:59	Theresa Dooley	Norfolk Gazelles RC	Female	17	F45	3	1:37:34	170
174	303	1:38:00	Oliver Gillard-Eastop		Male	157	M50	18	1:37:37	171
175	182	1:38:04	Dean Wright		Male	158	M	92	1:37:54	177
176	124	1:38:09	James Lay		Male	159	M40	21	1:37:52	175
177	504	1:38:10	Sean Woodvine		Male	160	M45	20	1:37:58	179
178	265	1:38:10	Martin Doherty	Norfolk Gazelles RC	Male	161	M45	21	1:37:54	178
179	268	1:38:11	Stephen Dunnett		Male	162	M60	3	1:38:04	185
180	138	1:38:14	Mark Mountain	Great Yarmouth Road Runners	Male	163	M45	22	1:37:59	181
181	162	1:38:19	Mark Stone	Great Yarmouth Road Runners	Male	164	M45	23	1:38:03	184
182	126	1:38:19	Chris Lehrbach	Tri-Anglia TC	Male	165	M45	24	1:38:01	182
183	555	1:38:21	Racheal Leathwood		Female	18	F	11	1:38:11	189
184	580	1:38:24	Toyah Ward		Female	19	F	12	1:37:58	180
185	293	1:38:24	Stuart Fryer		Male	166	M	93	1:38:11	188
186	453	1:38:27	Gavin Smith		Male	167	M	94	1:38:15	190
187	200	1:38:28	Mathew Baldry	Waveney Valley AC	Male	168	M45	25	1:38:06	186
188	2325	1:38:29	Mark Griffin		Male	169	M55	7	1:37:39	172
189	524	1:38:30	Harriet Carr		Female	20	F	13	1:38:09	187
190	222	1:38:33	Will Bond		Male	170	M	95	1:38:02	183
191	327	1:38:39	Andrew Hawes	Reepham Runners	Male	171	M	96	1:38:30	193
192	171	1:38:43	Bret Upton		Male	172	M	97	1:38:35	195
193	307	1:38:47	Chris Goodwin		Male	173	M	98	1:38:17	191
194	148	1:38:51	Adam Pearce		Male	174	M	99	1:38:40	199
195	102	1:38:56	Matthew Harrall		Male	175	M	100	1:38:51	203
196	179	1:38:57	Stephen Wilson	Tri-Anglia TC	Male	176	M	101	1:38:45	202
197	197	1:38:57	Andrew Ayers	Waveney Valley AC	Male	177	M40	22	1:38:35	194
198	2193	1:38:57	Sharon Hurren	Wymondham AC	Female	21	F45	4	1:38:36	197
199	204	1:38:57	Sam Barratt		Male	178	M	102	1:38:42	200
200	715	1:39:03	Paul Freestone		Male	179	M40	23	1:38:38	198
201	563	1:39:05	Helen Mian	Norfolk Gazelles RC	Female	22	F50	2	1:38:44	201
202	374	1:39:15	Daryl London	North Norfolk Beach Runners	Male	180	M	103	1:38:52	204
203	1452	1:39:16	David Smith		Male	181	M50	19	1:38:28	192
204	284	1:39:21	Joe Fitzgerald		Male	182	M	104	1:39:05	208
205	408	1:39:26	Jonathan Pearson		Male	183	M40	24	1:39:03	206
206	513	1:39:27	William Young		Male	184	M	105	1:39:04	207
207	2300	1:39:28	Matthew Tomlinson		Male	185	M45	26	1:39:13	216
208	511	1:39:28	Tom Y		Male	186	M	106	1:39:16	219
209	257	1:39:29	Nicholas Cox		Male	187	M50	20	1:39:15	217
210	290	1:39:30	Joe Francis		Male	188	M	107	1:39:24	224
211	520	1:39:30	Claire Brown	Wymondham AC	Female	23	F55	1	1:39:10	210
212	2238	1:39:32	Alexander Brighton		Male	189	M40	25	1:39:27	225
213	2352	1:39:33	Chris Watterson		Male	190	M	108	1:39:18	222
214	258	1:39:33	Michael Crampton		Male	191	M50	21	1:39:11	213
215	2312	1:39:35	Joe Blackwell		Male	192	M	109	1:39:18	221
216	406	1:39:35	Adrian Peake	Ipswich JAFFA RC	Male	193	M50	22	1:39:11	214
217	492	1:39:37	Adam Whitbourn		Male	194	M	110	1:39:09	209
218	221	1:39:38	Mark Bloomfield		Male	195	M45	27	1:39:11	215
219	2277	1:39:39	Iain Hill		Male	196	M	111	1:39:17	220
220	373	1:39:39	Rajesh Logasundaram		Male	197	M40	26	1:39:10	211
221	425	1:39:40	Darrel Roberts	Waveney Valley AC	Male	198	M45	28	1:39:16	218
222	409	1:39:47	Alexander Pennington		Male	199	M	112	1:39:38	228
223	499	1:39:47	Lee Wilson		Male	200	M40	27	1:39:22	223
224	429	1:39:49	Mark Rose	Ipswich JAFFA RC	Male	201	M40	28	1:39:32	226
225	2292	1:39:55	Leon Gooch		Male	202	M	113	1:39:44	231



City of Norwich Half Marathon

15th April 2018

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
226	582	1:39:59	Emily Woodfield	Tri-Anglia TC	Female	24	F40	4	1:39:44	233
227	495	1:40:01	Garry Whiting	Wymondham AC	Male	203	M50	23	1:39:40	229
228	216	1:40:03	Faisal Bhatti		Male	204	M	114	1:39:58	240
229	711	1:40:03	Stephen Fowler		Male	205	M40	29	1:39:55	237
230	561	1:40:08	Eileen McCarter	On The Run Aylesbury	Female	25	F	14	1:39:55	238
231	254	1:40:08	Paul Collins		Male	206	M	115	1:39:43	230
232	155	1:40:09	John Sendall		Male	207	M	116	1:39:50	235
233	802	1:40:13	Matt King		Male	208	M45	29	1:39:44	232
234	1769	1:40:14	Gareth Harris		Male	209	M50	24	1:38:57	205
235	159	1:40:17	Richard Smith	Clapham Pioneers	Male	210	M	117	1:40:11	244
236	887	1:40:20	Stephen Pointer	Coltishall Jaguars RC	Male	211	M	118	1:39:45	234
237	1208	1:40:21	Paula Reading	Canterbury Harriers	Female	26	F	15	1:39:11	212
238	488	1:40:22	Nigel Walsh		Male	212	M60	4	1:40:09	241
239	67	1:40:29	Patrick Barkham		Male	213	M40	30	1:39:54	236
240	657	1:40:35	Arron Coe	Bure Valley Harriers	Male	214	M	119	1:40:16	246
241	339	1:40:37	James Howlett	Framlingham Flyers	Male	215	M45	30	1:40:22	250
242	661	1:40:38	Lee Cook		Male	216	M40	31	1:40:10	242
243	181	1:40:39	David Wright		Male	217	M	120	1:40:17	247
244	997	1:40:43	Matthew Webber	Beccles and Bungay Harriers	Male	218	M45	31	1:40:21	248
245	186	1:40:43	Nathan Ackroyd		Male	219	M	121	1:39:57	239
246	475	1:40:46	David Thomas	Norwich Road Runners	Male	220	M	122	1:40:39	261
247	391	1:40:46	Terry Medler		Male	221	M40	32	1:40:26	251
248	90	1:40:48	Nathan Edwards		Male	222	M	123	1:40:38	259
249	271	1:40:49	David Eastaugh		Male	223	M50	25	1:40:28	252
250	326	1:40:49	Lee Harvey	Great Yarmouth Road Runners	Male	224	M45	32	1:40:35	257
251	447	1:40:51	George Seward	Felixstowe RRC	Male	225	M	124	1:40:38	260
252	636	1:40:52	Liam Brown		Male	226	M	125	1:40:30	254
253	364	1:40:53	Mark Lawson	Great Yarmouth & District AC	Male	227	M45	33	1:40:31	255
254	716	1:40:54	Oscar Freund-Williams		Male	228	M	126	1:40:38	258
255	460	1:40:55	Chris Speakman	Tri-Anglia TC	Male	229	M55	8	1:40:11	243
256	333	1:40:57	Iain Hill		Male	230	M40	33	1:40:44	263
257	464	1:40:58	Richard Stanley		Male	231	M	127	1:40:22	249
258	548	1:40:58	Caroline Houghton	Norwich Road Runners	Female	27	F40	5	1:40:48	266
259	390	1:40:58	Robert McPherson		Male	232	M55	9	1:40:52	271
260	107	1:40:58	David Houghton	Norwich Road Runners	Male	233	M45	34	1:40:50	267
261	423	1:41:00	Thomas Rivett	North Norfolk Beach Runners	Male	234	M40	34	1:40:45	265
262	380	1:41:01	Roger Madle		Male	235	M50	26	1:40:51	269
263	232	1:41:03	Lee Bryer	Reepham Runners	Male	236	M40	35	1:40:32	256
264	436	1:41:04	Iain Roy		Male	237	M	128	1:40:44	264
265	952	1:41:06	Shaun Sparkes	Norwich Road Runners	Male	238	M	129	1:40:59	280
266	2322	1:41:08	Chris Cawthorn		Male	239	M	130	1:40:41	262
267	642	1:41:09	Sam Button		Male	240	M	131	1:40:56	276
268	400	1:41:12	Sam Osborne		Male	241	M40	36	1:40:52	272
269	2243	1:41:15	Damon Kennedy		Male	242	M	132	1:41:11	286
270	773	1:41:16	Simon Howard		Male	243	M40	37	1:40:28	253
271	341	1:41:18	Daniel Hughes		Male	244	M	133	1:40:53	273
272	315	1:41:19	Harmen Gudde		Male	245	M	134	1:41:06	283
273	719	1:41:19	Anthony Gammell		Male	246	M45	35	1:39:35	227
274	112	1:41:20	Pete Johnson	Ryston Runners AC	Male	247	M60	5	1:38:36	196
275	2194	1:41:20	Mark Schormann		Male	248	M45	36	1:41:06	284
276	1113	1:41:21	Stacey Harper	Norwich Road Runners	Female	28	F40	6	1:40:57	278
277	103	1:41:21	Chris Harrison	Norwich Road Runners	Male	249	M	135	1:40:57	277
278	461	1:41:22	Andrew Spencer		Male	250	M45	37	1:40:55	274
279	2216	1:41:22	Ed Hime		Male	251	M40	38	1:40:58	279
280	414	1:41:22	Sam Poulter		Male	252	M	136	1:40:51	270
281	344	1:41:23	Luke Jeffs		Male	253	M	137	1:41:14	289
282	368	1:41:25	Mark Leeks	Ipswich JAFFA RC	Male	254	M40	39	1:41:01	282
283	313	1:41:32	Chris Grime		Male	255	M40	40	1:40:59	281
284	2209	1:41:33	Tom Greaves		Male	256	M40	41	1:41:16	290
285	295	1:41:33	Stewart Fuller		Male	257	M40	42	1:41:07	285
286	506	1:41:35	Graham Worsfold		Male	258	M	138	1:41:11	287
287	899	1:41:36	Ian Richardson		Male	259	M	139	1:40:50	268
288	118	1:41:38	Jonathan Kemp		Male	260	M	140	1:41:25	294
289	289	1:41:41	James Francis		Male	261	M	141	1:41:23	292
290	385	1:41:42	Tom Matthams		Male	262	M45	38	1:41:28	295
291	213	1:41:44	Stephen Belderbos		Male	263	M40	43	1:41:20	291
292	859	1:41:47	Chris Murphy		Male	264	M55	10	1:41:30	296
293	467	1:41:51	Simon Stevens		Male	265	M40	44	1:40:55	275
294	415	1:41:53	James Pritchard		Male	266	M55	11	1:41:42	301
295	272	1:41:57	David Edgar		Male	267	M	142	1:41:38	299
296	402	1:42:01	Steve Parry		Male	268	M40	45	1:41:48	305
297	493	1:42:02	Stefan White		Male	269	M	143	1:41:31	297
298	450	1:42:03	Adam Sheward	Thetford AC	Male	270	M	144	1:41:25	293
299	826	1:42:06	Bryn Mainwaring		Male	271	M45	39	1:41:42	300
300	199	1:42:06	David Bailey		Male	272	M	145	1:41:47	304



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
301	343	1:42:11	Niall Jackson		Male	273	M	146	1:40:13	245
302	246	1:42:14	Chris Chorley	Bungay Black Dog RC	Male	274	M50	27	1:41:12	288
303	392	1:42:17	Richard Miller		Male	275	M	147	1:41:52	306
304	1810	1:42:20	James Savage		Male	276	M	148	1:41:37	298
305	193	1:42:22	Dan Archer		Male	277	M50	28	1:42:04	310
306	274	1:42:23	Tom English		Male	278	M	149	1:41:45	303
307	2222	1:42:34	Stuart Baker		Male	279	M40	46	1:42:12	312
308	581	1:42:35	Joanne Watkins	Norfolk Gazelles RC	Female	29	F	16	1:42:05	311
309	656	1:42:42	Tom Clarke		Male	280	M	150	1:41:43	302
310	345	1:42:47	Christopher Jenkins		Male	281	M	151	1:42:34	320
311	367	1:42:48	Adrian Leddy		Male	282	M	152	1:42:38	321
312	419	1:42:50	Paul Readman		Male	283	M	153	1:42:18	315
313	2226	1:42:50	Zoe Jones	Wymondham AC	Female	30	F40	7	1:42:29	317
314	145	1:42:52	David O'Callaghan		Male	284	M40	47	1:42:31	318
315	462	1:42:53	Paul Spooner		Male	285	M	154	1:42:40	322
316	1777	1:42:54	Robert Jackman		Male	286	M40	48	1:41:55	308
317	552	1:43:00	Emma Jay	Norfolk Gazelles RC	Female	31	F	17	1:42:03	309
318	2301	1:43:01	Bryn Williams	Tri-Anglia TC	Male	287	M50	29	1:42:17	314
319	927	1:43:03	Jimmy Secker	Sudbury Joggers	Male	288	M40	49	1:42:34	319
320	682	1:43:16	Alan Dawson		Male	289	M	155	1:42:49	323
321	207	1:43:19	Mark Battista		Male	290	M	156	1:43:08	327
322	235	1:43:21	Gavin Bunn		Male	291	M	157	1:43:13	330
323	52	1:43:28	Shawn Loppnow		Male	292	M50	30	1:43:08	328
324	2329	1:43:33	Ben Humphreys		Male	293	M	158	1:43:08	329
325	2278	1:43:33	Nathan Cooper		Male	294	M	159	1:43:15	333
326	445	1:43:34	Mark Sellick		Male	295	M45	40	1:42:14	313
327	2310	1:43:35	Zoe Catchpole		Female	32	F40	8	1:43:08	326
328	2290	1:43:36	Darren Abbott		Male	296	M45	41	1:43:06	325
329	114	1:43:37	Ben Jones		Male	297	M	160	1:43:13	331
330	468	1:43:41	James Sturman		Male	298	M	161	1:43:33	339
331	1436	1:43:41	Tom Sambrook		Male	299	M45	42	1:41:52	307
332	210	1:43:43	Simon Beckett		Male	300	M50	31	1:43:16	334
333	319	1:43:48	Rob Harlow	Tri-Anglia TC	Male	301	M	162	1:43:17	335
334	574	1:43:59	Jenny Sheahan		Female	33	F55	2	1:43:50	345
335	266	1:43:59	Andrew Draper		Male	302	M	163	1:43:14	332
336	352	1:44:00	Dave King		Male	303	M55	12	1:43:44	342
337	837	1:44:02	Byron McGill		Male	304	M	164	1:43:31	337
338	194	1:44:08	Neil Ashley		Male	305	M40	50	1:43:50	344
339	310	1:44:12	Childéric Gourdin		Male	306	M	165	1:42:19	316
340	609	1:44:13	James Barrett		Male	307	M	166	1:43:58	346
341	206	1:44:14	Sam Bartram		Male	308	M	167	1:44:09	352
342	777	1:44:15	Oliver Hurren		Male	309	M	168	1:44:04	351
343	228	1:44:16	Steven Britton	Norwich Road Runners	Male	310	M	169	1:42:56	324
344	417	1:44:21	Daniel Rankin		Male	311	M	170	1:44:00	347
345	955	1:44:22	Tom Stevenson	Tri-Anglia TC	Male	312	M	171	1:44:03	348
346	324	1:44:26	Michael Hartley	Royston Runners	Male	313	M	172	1:44:09	353
347	227	1:44:28	Kieran Brennan		Male	314	M	173	1:43:45	343
348	321	1:44:28	Richard Harrison		Male	315	M40	51	1:43:21	336
349	454	1:44:36	Mark Smith		Male	316	M45	43	1:44:04	350
350	538	1:44:37	Sarah Fardell		Female	34	F	18	1:44:25	361
351	870	1:44:37	Peter Norman	Werrington Joggers	Male	317	M	174	1:44:31	364
352	479	1:44:38	Paul Toseland		Male	318	M	175	1:44:03	349
353	733	1:44:39	Josh Gowen		Male	319	M	176	1:43:33	338
354	1827	1:44:40	Matthew Welch		Male	320	M	177	1:44:20	358
355	291	1:44:42	James Fray	Norfolk Gazelles RC	Male	321	M40	52	1:44:13	355
356	1242	1:44:45	Sarah Thacker		Female	35	F	19	1:44:34	367
357	510	1:44:45	David Wyatt		Male	322	M	178	1:44:32	365
358	512	1:44:46	Ashley Yellop	Norwich Road Runners	Male	323	M45	44	1:44:36	371
359	569	1:44:47	Chloe Pellican		Female	36	F	20	1:44:45	377
360	928	1:44:52	Joe Seiboth		Male	324	M	179	1:44:21	359
361	940	1:44:53	David Skevington		Male	325	M45	45	1:44:17	357
362	335	1:44:55	James Hopgood		Male	326	M	180	1:44:10	354
363	2239	1:44:56	Heath Alexander-Bew	Wymondham AC	Male	327	M45	46	1:44:34	368
364	2248	1:44:56	Joshua Greening		Male	328	M	181	1:44:32	366
365	243	1:44:57	Jeremy Carter		Male	329	M40	53	1:44:23	360
366	238	1:44:57	Ricky Burrows		Male	330	M	182	1:44:44	376
367	459	1:45:00	Dai Smoldon		Male	331	M45	47	1:44:54	382
368	2279	1:45:00	Rachel Gillings		Female	37	F	21	1:44:43	374
369	564	1:45:01	Ali Middleton	Norwich Road Runners	Female	38	F	22	1:44:43	373
370	925	1:45:05	Jordan Searle		Male	332	M	183	1:44:13	356
371	498	1:45:05	Karl Williamson		Male	333	M45	48	1:44:52	380
372	1155	1:45:06	Kerry Lymbery	Norwich Road Runners	Female	39	F	23	1:43:42	341
373	915	1:45:07	Andrew Sach		Male	334	M40	54	1:44:29	363
374	693	1:45:10	Marc Driscoll		Male	335	M40	55	1:44:43	372
375	377	1:45:11	James Loughlin		Male	336	M	184	1:43:40	340



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
376	195	1:45:15	James Ashworth		Male	337	M	185	1:44:46	378
377	815	1:45:15	Tom Leeder		Male	338	M	186	1:44:35	370
378	871	1:45:27	Dan North		Male	339	M	187	1:44:53	381
379	320	1:45:29	Mark Harmer	Bure Valley Harriers	Male	340	M40	56	1:45:12	388
380	470	1:45:29	Jack Tappin	Haverhill RC	Male	341	M	188	1:44:48	379
381	1114	1:45:35	Charlotte Harrison		Female	40	F	24	1:44:43	375
382	366	1:45:40	David Lay		Male	342	M	189	1:45:11	387
383	354	1:45:42	Simon King		Male	343	M	190	1:45:26	393
384	294	1:45:43	Kevin Fuller	Great Yarmouth Road Runners	Male	344	M	191	1:45:29	395
385	994	1:45:47	Bradley Watker		Male	345	M	192	1:44:34	369
386	264	1:45:51	Sean Devine		Male	346	M	193	1:45:17	390
387	2252	1:45:52	James Wright		Male	347	M	194	1:45:12	389
388	670	1:45:58	Stephen Cross		Male	348	M45	49	1:45:21	392
389	1218	1:46:00	Ellie Saggars		Female	41	F	25	1:45:26	394
390	2296	1:46:03	Max Oppenheim		Male	349	M	195	1:45:34	398
391	434	1:46:06	Ian Rowley		Male	350	M45	50	1:45:39	399
392	937	1:46:07	Tiago Silva		Male	351	M40	57	1:45:10	386
393	562	1:46:11	Zoe McIntyre	Cambridge & Coleridge AC	Female	42	F	26	1:45:52	411
394	958	1:46:12	Tom Stocks		Male	352	M	196	1:45:09	384
395	713	1:46:15	Christopher Fraser-Welch		Male	353	M	197	1:45:03	383
396	422	1:46:15	Joe Rigby		Male	354	M	198	1:45:44	406
397	1459	1:46:16	Anthony Stephenson		Male	355	M60	6	1:44:28	362
398	831	1:46:17	Ian Marshall	Lowestoft Road Runners	Male	356	M50	32	1:45:29	396
399	448	1:46:19	James Sharman		Male	357	M40	58	1:45:51	410
400	523	1:46:19	Lucy Campbell		Female	43	F50	3	1:45:57	414
401	770	1:46:19	Matthew Hosier		Male	358	M	199	1:45:44	407
402	516	1:46:22	Holly Bateman		Female	44	F	27	1:46:12	423
403	1034	1:46:23	Aimee Barker		Female	45	F	28	1:45:20	391
404	431	1:46:23	Jon Rowden	Norwich Road Runners	Male	359	M50	33	1:45:09	385
405	219	1:46:24	Jason Black	Norfolk Gazelles RC	Male	360	M45	51	1:45:56	413
406	407	1:46:26	Justin Pearce		Male	361	M45	52	1:45:42	403
407	1102	1:46:29	Ruth Gaunt	Norwich Road Runners	Female	46	F50	4	1:46:05	420
408	113	1:46:29	Kevin Johnston		Male	362	M55	13	1:46:10	422
409	795	1:46:32	Jason Kelf	Norfolk Gazelles RC	Male	363	M50	34	1:46:04	419
410	1020	1:46:33	Dave Young		Male	364	M45	53	1:45:42	404
411	282	1:46:35	Malcolm Fisher	Dereham Runners AC	Male	365	M	200	1:46:25	427
412	234	1:46:38	Jason Buck		Male	366	M40	59	1:45:43	405
413	868	1:46:40	Fergus Nolan		Male	367	M	201	1:45:45	408
414	1789	1:46:41	Kevin Matless		Male	368	M50	35	1:45:59	416
415	201	1:46:43	Louie Barby		Male	369	M	202	1:46:09	421
416	643	1:46:45	Donnie Cameron		Male	370	M	203	1:46:00	417
417	273	1:46:46	Martin Edgar		Male	371	M	204	1:46:25	429
418	617	1:46:46	Thomas Belt		Male	372	M	205	1:45:40	400
419	1019	1:46:51	Mark Yaxley		Male	373	M	206	1:46:24	426
420	879	1:46:52	Gareth Parker		Male	374	M45	54	1:45:40	401
421	214	1:46:52	Jeremy Bell		Male	375	M45	55	1:45:40	402
422	300	1:46:54	Steve Genders		Male	376	M55	14	1:46:02	418
423	738	1:46:57	John Greenhalgh	West Norfolk AC	Male	377	M50	36	1:46:31	431
424	1078	1:46:58	Daisy Donaldson	100 Marathon Club	Female	47	F	29	1:46:48	441
425	546	1:46:59	Nicola Hill	Norwich Road Runners	Female	48	F40	9	1:46:46	439
426	947	1:46:59	Michael Smith		Male	378	M	207	1:46:40	435
427	437	1:46:59	Paul Royall		Male	379	M45	56	1:46:25	428
428	211	1:47:03	Fabien Bedecarrax		Male	380	M	208	1:46:35	434
429	1190	1:47:05	Lydia Parsons		Female	49	F	30	1:45:54	412
430	685	1:47:06	Richard Dempsey	Woodbridge Shufflers RRC	Male	381	M50	37	1:46:31	433
431	972	1:47:06	Patrick Thirkettle		Male	382	M50	38	1:46:25	430
432	1264	1:47:06	Emma Wilcock	Coltishall Jaguars RC	Female	50	F	31	1:46:31	432
433	1485	1:47:11	Rafal Wisniewski		Male	383	M45	57	1:46:48	440
434	2266	1:47:11	James Taylor		Male	384	M40	60	1:45:58	415
435	998	1:47:12	Chris Welham		Male	385	M	209	1:45:31	397
436	543	1:47:14	Jane Hannah	Tri-Anglia TC	Female	51	F	32	1:46:50	444
437	753	1:47:16	Mark Harrison		Male	386	M55	15	1:46:51	445
438	595	1:47:20	Matt Bailey		Male	387	M	210	1:46:22	425
439	393	1:47:21	Shane Morgan		Male	388	M	211	1:46:42	437
440	1257	1:47:25	Katrina Wasteney	West Norfolk AC	Female	52	F45	5	1:46:48	442
441	1785	1:47:27	Matthew Leman		Male	389	M	212	1:45:50	409
442	1268	1:47:28	May Wong		Female	53	F40	10	1:47:00	451
443	894	1:47:30	Wayne Ramsbottom	Dereham Runners AC	Male	390	M50	39	1:46:57	449
444	2006	1:47:30	Ilona Utting	Norwich Road Runners	Female	54	F	33	1:46:21	424
445	804	1:47:30	Mark Kingsley		Male	391	M	213	1:46:56	446
446	679	1:47:31	Oliver Dack		Male	392	M	214	1:47:04	455
447	663	1:47:32	Tim Cook	Norfolk Gazelles RC	Male	393	M45	58	1:47:02	454
448	433	1:47:32	Mark Rowlands		Male	394	M	215	1:46:42	438
449	198	1:47:35	Darren Bailey		Male	395	M	216	1:47:15	458
450	350	1:47:36	Andy Jordan		Male	396	M45	59	1:47:17	462



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
451	2289	1:47:39	Pete Brimson		Male	397	M50	40	1:47:16	459
452	1449	1:47:41	Leslie Slater		Male	398	M60	7	1:46:42	436
453	275	1:47:43	Kevin Engstrom		Male	399	M	217	1:47:01	452
454	301	1:47:48	David George		Male	400	M50	41	1:47:24	466
455	519	1:47:51	Karyn Bray	Bure Valley Harriers	Female	55	F45	6	1:47:10	456
456	388	1:47:53	Scott McClean		Male	401	M	218	1:47:23	465
457	2294	1:47:56	Lukasz Supernak	St. Edmunds Pacers	Male	402	M	219	1:47:40	472
458	993	1:47:57	David Ward		Male	403	M55	16	1:47:18	463
459	1405	1:47:58	Richard Moore		Male	404	M	220	1:46:58	450
460	1063	1:47:59	Julie Cooke		Female	56	F50	5	1:47:24	467
461	1423	1:47:59	Robert Read		Male	405	M50	42	1:46:50	443
462	628	1:48:00	James Bool	Great Yarmouth Road Runners	Male	406	M50	43	1:47:16	461
463	860	1:48:01	Harry Neale		Male	407	M	221	1:46:57	448
464	689	1:48:03	Richard Deswarte		Male	408	M50	44	1:47:19	464
465	188	1:48:08	Stephen Alger		Male	409	M	222	1:47:41	473
466	598	1:48:13	Paul Baisley		Male	410	M40	61	1:47:01	453
467	536	1:48:17	Anne Ellen	Norfolk Gazelles RC	Female	57	F60	1	1:47:51	476
468	878	1:48:19	Colin Parker		Male	411	M	223	1:47:11	457
469	2270	1:48:20	Nick Bedford		Male	412	M45	60	1:46:56	447
470	220	1:48:23	Ian Blatchford	Ely Runners	Male	413	M50	45	1:47:54	478
471	427	1:48:23	James Robins		Male	414	M	224	1:48:11	490
472	51	1:48:23	Martin Kelly		Male	415	M	225	1:48:12	491
473	1262	1:48:24	Melanie Widdows		Female	58	F45	7	1:48:01	481
474	655	1:48:27	Andrew Clark		Male	416	M50	46	1:48:05	485
475	981	1:48:27	Steven Tuttle		Male	417	M55	17	1:48:04	484
476	910	1:48:27	Matthew Roebuck		Male	418	M	226	1:47:56	479
477	707	1:48:28	Will Finch		Male	419	M40	62	1:47:36	470
478	247	1:48:30	Duncan Clark		Male	420	M	227	1:48:11	489
479	478	1:48:31	Peter Tilbrook		Male	421	M	228	1:47:48	475
480	362	1:48:31	Wilson Lau		Male	422	M	229	1:47:16	460
481	1160	1:48:32	Irena Marcinek		Female	59	F	34	1:48:08	488
482	2249	1:48:34	Brian Spooner		Male	423	M60	8	1:48:19	494
483	1085	1:48:36	Charlotte El-Labany	Wymondham AC	Female	60	F	35	1:48:15	493
484	190	1:48:39	David Allen		Male	424	M55	18	1:47:35	469
485	2348	1:48:40	Tom Storey		Male	425	M50	47	1:47:32	468
486	306	1:48:41	Danny Godward		Male	426	M40	63	1:48:03	483
487	728	1:48:43	Neil Gooch		Male	427	M40	64	1:48:20	496
488	948	1:48:43	Simon Smith		Male	428	M40	65	1:47:54	477
489	874	1:48:43	Robert Organ		Male	429	M	230	1:47:36	471
490	540	1:48:45	Clare Gleave		Female	61	F45	8	1:48:01	480
491	263	1:48:48	Thibault Devillard		Male	430	M	231	1:48:20	495
492	2342	1:48:50	Phillip Holland		Male	431	M45	61	1:48:21	497
493	796	1:48:52	James Kent		Male	432	M	232	1:48:38	507
494	1025	1:48:52	Katie Allan		Female	62	F	36	1:48:38	508
495	740	1:48:54	Andrew Griffiths		Male	433	M50	48	1:48:06	486
496	262	1:48:55	Nicholas Day		Male	434	M50	49	1:48:02	482
497	621	1:48:56	Herve Bessieres	London FrontRunners	Male	435	M45	62	1:47:47	474
498	1428	1:48:59	Paul Richardson	Dereham Runners AC	Male	436	M60	9	1:48:26	501
499	827	1:48:59	Paul Malcolm		Male	437	M55	19	1:48:13	492
500	2316	1:49:06	Sam Arnold		Male	438	M	233	1:48:30	503
501	2315	1:49:06	Alexander Arnold		Male	439	M	234	1:48:31	504
502	2071	1:49:07	Gabriele Lambert		Female	63	F	37	1:48:36	506
503	376	1:49:08	Mike Lotarius		Male	440	M	235	1:48:40	509
504	991	1:49:16	Robert Walton		Male	441	M	236	1:48:06	487
505	154	1:49:20	Andy Rowles	Dereham Runners AC	Male	442	M55	20	1:49:16	528
506	662	1:49:24	Steve Cook	Norfolk Gazelles RC	Male	443	M50	50	1:48:22	498
507	256	1:49:25	Roly Cook	Norwich Road Runners	Male	444	M55	21	1:48:46	511
508	699	1:49:26	Harry Evans		Male	445	M	237	1:48:25	500
509	1161	1:49:26	Marija Markovic		Female	64	F	38	1:49:02	518
510	710	1:49:36	Mark Fowler	Norfolk Gazelles RC	Male	446	M	238	1:49:00	515
511	888	1:49:38	Phil Pope		Male	447	M45	63	1:49:04	520
512	1252	1:49:40	Beth Van Melsen		Female	65	F	39	1:48:24	499
513	579	1:49:41	Amanda Waller	Darlington Harriers & AC	Female	66	F40	11	1:49:12	523
514	610	1:49:42	Kelvin Barton		Male	448	M40	66	1:48:33	505
515	97	1:49:42	Erik Gibbons	Norwich Road Runners	Male	449	M	239	1:49:02	517
516	1738	1:49:46	Jonny Burrell		Male	450	M40	67	1:48:58	514
517	963	1:49:49	Tim Suswain	Reepham Runners	Male	451	M	240	1:48:45	510
518	2304	1:49:53	Paul Collins		Male	452	M60	10	1:49:02	519
519	1093	1:49:55	Emily Ford		Female	67	F	40	1:48:56	513
520	1162	1:49:56	Louise Marsden	Tri-Anglia TC	Female	68	F	41	1:49:30	538
521	131	1:49:56	Owen Marsden	Tri-Anglia TC	Male	453	M	241	1:49:52	549
522	2218	1:49:56	Mary Gillings		Female	69	F45	9	1:49:39	542
523	591	1:49:59	Stuart Appleby		Male	454	M50	51	1:48:27	502
524	725	1:50:00	Thomas Gladwin		Male	455	M	242	1:49:21	533
525	1211	1:50:03	Alison Riches		Female	70	F40	12	1:49:19	531



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
526	976	1:50:04	Jason Tracy		Male	456	M	243	1:49:31	539
527	834	1:50:05	Steve McCarthy		Male	457	M50	52	1:49:18	530
528	1210	1:50:06	Michelle Reeve		Female	71	F	42	1:49:00	516
529	328	1:50:07	David Hawkins		Male	458	M	244	1:49:24	536
530	481	1:50:08	Justin Turner		Male	459	M45	64	1:49:48	547
531	381	1:50:11	Damien Magee		Male	460	M40	68	1:49:09	522
532	862	1:50:13	Tom Newman		Male	461	M	245	1:48:55	512
533	54	1:50:19	Marieke De Ponti		Female	72	F	43	1:49:14	527
534	1106	1:50:19	Hayley Gosling		Female	73	F	44	1:49:14	526
535	736	1:50:22	Lee Green		Male	462	M	246	1:49:05	521
536	225	1:50:26	Nigel Bradley	Wymondham AC	Male	463	M55	22	1:49:16	529
537	2311	1:50:29	Bianca Theeruth	St. Edmunds Pacers	Female	74	F	45	1:49:12	524
538	942	1:50:32	Duncan Smith		Male	464	M55	23	1:49:20	532
539	694	1:50:32	Rob Duncan		Male	465	M	247	1:49:42	545
540	140	1:50:34	Jason Murfitt		Male	466	M40	69	1:50:02	553
541	1794	1:50:34	Oliver Morgan		Male	467	M	248	1:49:23	535
542	606	1:50:34	Andrew Barkell		Male	468	M	249	1:49:13	525
543	578	1:50:40	Victoria Turrell		Female	75	F	46	1:50:28	564
544	212	1:50:42	Ian Beggs		Male	469	M50	53	1:49:55	550
545	836	1:50:43	Martin McConnell	Norwich Road Runners	Male	470	M	250	1:50:18	560
546	1321	1:50:45	Tom Cummins		Male	471	M	251	1:49:33	540
547	884	1:50:48	Benjamin Peters		Male	472	M	252	1:49:35	541
548	559	1:50:48	Rachel Matthews		Female	76	F40	13	1:50:08	559
549	325	1:50:49	James Harvey	100 Marathon Club	Male	473	M	253	1:49:23	534
550	2324	1:50:51	James McGowan		Male	474	M	254	1:49:28	537
551	515	1:50:52	Susan Aves	Springfield Striders RC	Female	77	F50	6	1:49:40	543
552	1007	1:50:54	Nigel Willis		Male	475	M45	65	1:49:42	546
553	18	1:50:54	Adam Smith		Male	476	M	255	1:50:42	570
554	605	1:50:54	Leon Barber		Male	477	M	256	1:49:42	544
555	1814	1:50:55	Thomas Sorrell		Male	478	M	257	1:50:01	552
556	977	1:50:56	Paul Tripp		Male	479	M40	70	1:50:02	554
557	1014	1:50:57	Richard Woodard		Male	480	M50	54	1:50:06	558
558	1038	1:51:06	Chelsea ???????		Female	78	F	47	1:50:45	571
559	2123	1:51:08	Lee O'Donnell		Male	481	M	258	1:50:05	556
560	853	1:51:10	Matthew Morley		Male	482	M45	66	1:50:20	562
561	531	1:51:12	Sarah Crockett		Female	79	F	48	1:50:28	565
562	970	1:51:13	Richard Taylor		Male	483	M	259	1:50:00	551
563	908	1:51:14	William Robinson		Male	484	M	260	1:50:33	566
564	691	1:51:15	Tomasz Drab		Male	485	M	261	1:50:05	555
565	2236	1:51:16	Richard Joisce		Male	486	M	262	1:50:55	575
566	781	1:51:19	Kyle Jennings		Male	487	M	263	1:50:06	557
567	1256	1:51:20	Eve Walpole	Leamington C & AC	Female	80	F40	14	1:50:25	563
568	444	1:51:24	Matthew Seaman		Male	488	M	264	1:51:07	578
569	2293	1:51:25	Liz Van Ingen		Female	81	F	49	1:50:35	567
570	1424	1:51:26	Adam Reynolds		Male	489	M	265	1:49:50	548
571	2297	1:51:28	Jeff Norman		Male	490	M40	71	1:50:55	574
572	797	1:51:38	Peter Keogh	Norwich Road Runners	Male	491	M	266	1:50:18	561
573	1453	1:51:40	Matt Smith		Male	492	M40	72	1:50:54	573
574	780	1:51:47	James Jenkinson		Male	493	M45	67	1:51:24	587
575	1322	1:51:55	David Czerwinski		Male	494	M	267	1:50:35	568
576	418	1:51:56	Jonny Rankin	St. Edmunds Pacers	Male	495	M	268	1:51:36	593
577	988	1:52:00	Christopher Wall		Male	496	M	269	1:51:09	579
578	1013	1:52:03	Craig Wood		Male	497	M	270	1:51:23	586
579	935	1:52:06	Jacob Shilling		Male	498	M	271	1:51:56	599
580	637	1:52:08	Thomas Bryan		Male	499	M	272	1:51:16	583
581	754	1:52:10	Andrew Hart		Male	500	M50	55	1:51:25	588
582	2250	1:52:13	Louise Holland	Wymondham AC	Female	82	F45	10	1:50:41	569
583	953	1:52:18	Martin Spilsted		Male	501	M45	68	1:51:47	596
584	1153	1:52:21	Emma Lowe		Female	83	F	50	1:51:51	598
585	389	1:52:22	Jamie McGurk		Male	502	M	273	1:52:12	613
586	965	1:52:24	Tucker Sweet		Male	503	M	274	1:51:09	580
587	1334	1:52:26	Troy Errington		Male	504	M	275	1:51:10	581
588	474	1:52:27	Jonathan Thetford	Reepham Runners	Male	505	M45	69	1:51:22	585
589	864	1:52:30	Matthew Nichols		Male	506	M	276	1:51:01	576
590	1297	1:52:32	Adam Bezance	Norwich Road Runners	Male	507	M	277	1:51:33	591
591	1374	1:52:33	Scott Hollings		Male	508	M	278	1:52:03	603
592	700	1:52:36	Joe Evans		Male	509	M	279	1:52:06	606
593	466	1:52:36	Tom Steggall		Male	510	M	280	1:52:07	608
594	876	1:52:37	Colin Oswald		Male	511	M40	73	1:51:15	582
595	2254	1:52:40	John Harrison		Male	512	M	281	1:51:36	592
596	763	1:52:43	Robert Highe		Male	513	M	282	1:51:31	589
597	718	1:52:44	Anthony Fullam		Male	514	M45	70	1:51:44	595
598	585	1:52:45	Chris Adams		Male	515	M45	71	1:50:53	572
599	856	1:52:45	William Morton		Male	516	M	283	1:52:31	625
600	1994	1:52:46	Samantha Stringer		Female	84	F	51	1:52:02	602



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
601	1158	1:52:46	Rebecca MacLennan	Kirkintilloch Olympians	Female	85	F	52	1:52:05	604
602	2359	1:52:49	Johanna Jardine		Female	86	F	53	1:51:47	597
603	483	1:52:54	Gary Tuttle		Male	517	M50	56	1:52:11	612
604	1036	1:52:54	Gale Baxter		Female	87	F40	15	1:52:16	616
605	1186	1:52:58	Sarah Norman	Waveney Valley AC	Female	88	F40	16	1:52:16	617
606	551	1:52:59	Louise Isherwood	Norfolk Gazelles RC	Female	89	F40	17	1:51:59	601
607	230	1:53:03	Terry Brown		Male	518	M65	2	1:51:20	584
608	575	1:53:04	Annie Stephens		Female	90	F40	18	1:52:31	626
609	477	1:53:04	Matthaus Thorpe		Male	519	M	284	1:52:36	628
610	533	1:53:04	Charlotte Davies		Female	91	F	54	1:52:17	619
611	2227	1:53:05	Jonathan Hood		Male	520	M	285	1:52:27	622
612	1583	1:53:08	Emily Harris		Female	92	F	55	1:51:36	594
613	544	1:53:10	Kathryn Head	Norfolk Gazelles RC	Female	93	F	56	1:52:14	615
614	709	1:53:12	Darren Flatt		Male	521	M45	72	1:52:29	624
615	1809	1:53:13	Tullis Ross		Male	522	M	286	1:52:37	629
616	2237	1:53:14	Martin Sweeney		Male	523	M45	73	1:52:06	607
617	2295	1:53:15	Emma Gray		Female	94	F	57	1:52:44	630
618	1655	1:53:15	Debbie Powles	Norfolk Gazelles RC	Female	95	F50	7	1:51:31	590
619	296	1:53:19	Scott Gage		Male	524	M	287	1:52:51	635
620	620	1:53:20	Michael Berridge	Norwich Road Runners	Male	525	M40	74	1:52:05	605
621	1744	1:53:20	Nathan Coleman		Male	526	M	288	1:52:27	623
622	1266	1:53:25	Laura Wing		Female	96	F	58	1:52:09	610
623	1027	1:53:25	Amii Andrews	Norwich Road Runners	Female	97	F	59	1:52:13	614
624	1500	1:53:30	Freya Bakko		Female	98	F	60	1:51:56	600
625	881	1:53:31	Guy Parkinson		Male	527	M40	75	1:52:58	640
626	189	1:53:33	Greg Allan		Male	528	M	289	1:53:02	642
627	526	1:53:34	Derin Clark		Female	99	F	61	1:53:06	646
628	954	1:53:38	Keith Stanley		Male	529	M60	11	1:52:09	609
629	696	1:53:40	Stephen Edwards		Male	530	M	290	1:52:17	618
630	1877	1:53:40	Lorna Dalziel		Female	100	F	62	1:51:06	577
631	187	1:53:41	David Adderson		Male	531	M	291	1:52:47	632
632	1176	1:53:43	Nicky Morgan	BeaRCat Running Club	Female	101	F	63	1:52:10	611
633	793	1:53:45	Stanley Keech		Male	532	M	292	1:53:00	641
634	336	1:53:46	Andy Hopkins		Male	533	M40	76	1:52:18	620
635	165	1:53:47	Liam Tanner		Male	534	M	293	1:53:06	647
636	2234	1:53:51	Patrick Stillman		Male	535	M	294	1:52:50	633
637	1469	1:53:53	Oliver Taylor		Male	536	M	295	1:53:02	643
638	678	1:53:55	Patrick Cutting		Male	537	M50	57	1:53:07	648
639	615	1:53:56	Ed Bell		Male	538	M	296	1:53:15	655
640	1529	1:53:56	Paula Catchpole		Female	102	F40	19	1:52:45	631
641	721	1:53:56	Mark Garrod		Male	539	M55	24	1:53:16	656
642	1099	1:53:57	Catherine Garrod		Female	103	F50	8	1:53:39	667
643	160	1:53:57	Jason Snook		Male	540	M45	74	1:53:39	668
644	401	1:53:57	Andy Palmer	Norwich Road Runners	Male	541	M50	58	1:53:32	664
645	1133	1:53:57	Vicky Jones	Norwich Road Runners	Female	104	F	64	1:52:50	634
646	568	1:53:59	Cheryl O'Sullivan		Female	105	F40	20	1:52:56	638
647	2271	1:53:59	Clementine Gold		Female	106	F	65	1:53:41	671
648	635	1:54:00	David Brown		Male	542	M	297	1:52:57	639
649	1380	1:54:01	Mark Hunter-Lines	Dereham Runners AC	Male	543	M45	75	1:52:22	621
650	1044	1:54:06	Lindsay Black		Female	107	F	66	1:52:36	627
651	270	1:54:11	Richard Dye	Bungay Black Dog RC	Male	544	M55	25	1:53:09	649
652	957	1:54:13	William Stewart-Jacks		Male	545	M	298	1:52:51	636
653	537	1:54:14	Melissa Engstrom		Female	108	F	67	1:53:33	665
654	440	1:54:14	Del Salmon		Male	546	M40	77	1:53:33	666
655	789	1:54:15	Matthew Joy		Male	547	M	299	1:53:56	683
656	607	1:54:15	Anthony Barker		Male	548	M	300	1:53:56	684
657	648	1:54:15	Robert Castle		Male	549	M	301	1:53:56	685
658	2213	1:54:16	Edward Wilson		Male	550	M	302	1:53:09	650
659	1234	1:54:19	Jennifer Suckling		Female	109	F	68	1:53:40	669
660	631	1:54:20	Andrew Breakspear		Male	551	M	303	1:53:09	652
661	241	1:54:22	Charlie Canham		Male	552	M40	78	1:53:18	657
662	882	1:54:23	Mark Pashler		Male	553	M45	76	1:53:30	662
663	1221	1:54:25	Catherine Scott		Female	110	F45	11	1:53:21	658
664	1001	1:54:27	Ian Whalebelly		Male	554	M45	77	1:53:09	651
665	2330	1:54:32	Steven Horsley		Male	555	M	304	1:54:13	696
666	541	1:54:33	Joanna Godwin	Wymondham AC	Female	111	F40	21	1:53:55	682
667	1045	1:54:35	Esther Bliss		Female	112	F	69	1:53:50	676
668	768	1:54:35	David Hopkinson		Male	556	M60	12	1:52:52	637
669	253	1:54:37	Carl Collins		Male	557	M	305	1:54:04	688
670	1164	1:54:37	Beverley Marshall		Female	113	F	70	1:53:41	672
671	2275	1:54:38	Heidi Isbill		Female	114	F	71	1:53:41	670
672	1313	1:54:38	James Connors		Male	558	M	306	1:53:11	654
673	217	1:54:39	Alasdair Birrell		Male	559	M	307	1:53:55	681
674	2267	1:54:39	Michaela Clarke		Female	115	F40	22	1:53:26	661
675	912	1:54:39	Nick Rowe		Male	560	M	308	1:54:13	695



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
676	1365	1:54:40	Murray Harris		Male	561	M50	59	1:53:05	645
677	833	1:54:41	Trevor Maxwell		Male	562	M40	79	1:54:21	703
678	1167	1:54:46	Pippa Maskell		Female	116	F	72	1:54:14	698
679	1079	1:54:49	Rebecca Done		Female	117	F	73	1:53:41	673
680	1185	1:54:50	Susan Nolan		Female	118	F50	9	1:53:55	680
681	1073	1:54:50	Eppie Dawson		Female	119	F	74	1:53:55	679
682	503	1:54:52	Sam Woodgate		Male	563	M	309	1:53:10	653
683	1251	1:54:55	Beatrice Van Den Heuvel		Female	120	F	75	1:53:30	663
684	223	1:54:55	Ian Bower		Male	564	M	310	1:54:07	690
685	842	1:55:02	Gary Melton		Male	565	M	311	1:54:48	716
686	1279	1:55:04	Scott Ablett		Male	566	M	312	1:54:29	706
687	2286	1:55:05	Jason Pilbrow	Tri-Anglia TC	Male	567	M45	78	1:54:20	702
688	2318	1:55:06	Claire Abel	Malwyn H	Female	121	F40	23	1:53:22	660
689	558	1:55:08	Jessie Martin		Female	122	F	76	1:54:44	713
690	384	1:55:09	Peter Martin		Male	568	M55	26	1:54:44	714
691	854	1:55:10	David Morse		Male	569	M40	80	1:54:33	708
692	897	1:55:16	Joseph Rejek		Male	570	M	313	1:53:46	675
693	683	1:55:16	Kevin Dawson		Male	571	M	314	1:53:45	674
694	1438	1:55:18	Chris Satterley		Male	572	M40	81	1:53:54	678
695	1239	1:55:19	Nouha Tate	Coltishall Jaguars RC	Female	123	F	77	1:54:18	700
696	1502	1:55:20	Kate Bartrum		Female	124	F	78	1:54:07	691
697	1783	1:55:22	Paul Lawrence		Male	573	M40	82	1:53:04	644
698	2287	1:55:24	Dawid Marszalek		Male	574	M	315	1:55:08	733
699	666	1:55:27	Tristan Cork		Male	575	M	316	1:54:31	707
700	259	1:55:27	Richard Crossland	Bungay Black Dog RC	Male	576	M50	60	1:53:58	686
701	1832	1:55:29	Samuel Woolcock		Male	577	M	317	1:53:53	677
702	205	1:55:30	Will Barratt		Male	578	M	318	1:54:27	704
703	351	1:55:34	Charlie Kanharn		Male	579	M	319	1:54:19	701
704	360	1:55:35	Mark Larwood		Male	580	M	320	1:54:43	711
705	1786	1:55:36	Colin Lockwood		Male	581	M	321	1:53:21	659
706	202	1:55:36	Kestutis Bardauskas		Male	582	M	322	1:55:04	728
707	872	1:55:36	Jurgens Nortje		Male	583	M45	79	1:54:17	699
708	1726	1:55:39	Chris Andrews		Male	584	M	323	1:54:53	719
709	1068	1:55:43	Marian Crossland		Female	125	F50	10	1:54:14	697
710	1145	1:55:43	Beryl Lansdown	Ipswich JAFFA RC	Female	126	F45	12	1:54:34	709
711	1140	1:55:43	Lydia Kirk		Female	127	F	79	1:54:07	692
712	1135	1:55:45	Karen Keedle		Female	128	F50	11	1:54:36	710
713	1238	1:55:49	Jo Swannell		Female	129	F45	13	1:54:10	693
714	766	1:55:50	Steven Hitcham	Norwich Road Runners	Male	585	M	324	1:54:44	712
715	629	1:55:51	Paul Borton		Male	586	M	325	1:54:12	694
716	959	1:55:51	Christopher Stones		Male	587	M	326	1:55:09	734
717	982	1:55:55	Darrell Twite		Male	588	M45	80	1:55:17	743
718	945	1:55:56	Jamie Smith		Male	589	M	327	1:55:14	738
719	451	1:55:56	Aaron Smith		Male	590	M	328	1:55:14	739
720	706	1:55:56	Simon Fields		Male	591	M45	81	1:54:28	705
721	941	1:55:58	Roger Slade		Male	592	M50	61	1:55:05	731
722	1741	1:55:59	David Burton		Male	593	M	329	1:54:06	689
723	1352	1:55:59	Matthew Gibbard		Male	594	M	330	1:54:04	687
724	410	1:56:00	Jonathan Phillips		Male	595	M45	82	1:55:44	762
725	2302	1:56:00	Natalie Engstrom		Female	130	F	80	1:55:18	744
726	2136	1:56:01	Thomas Williams		Male	596	M	331	1:54:59	722
727	1147	1:56:05	Cristina Lemus		Female	131	F	81	1:55:05	730
728	748	1:56:05	Craig Halliday		Male	597	M	332	1:55:05	729
729	660	1:56:06	Brian Cook		Male	598	M45	83	1:55:02	725
730	779	1:56:08	Phil Janusz		Male	599	M	333	1:54:46	715
731	1227	1:56:08	Libby Smith		Female	132	F	82	1:54:57	720
732	664	1:56:12	Andrew Cooper	Norwich Road Runners	Male	600	M	334	1:55:00	724
733	224	1:56:12	Neil Boyce	Norwich Road Runners	Male	601	M40	83	1:55:24	749
734	1152	1:56:13	Kyla Love		Female	133	F	83	1:55:31	752
735	880	1:56:15	Andrew Parkins		Male	602	M	335	1:55:02	726
736	883	1:56:17	Jon Periam		Male	603	M50	62	1:54:51	717
737	1383	1:56:18	Jonathan Jarrold		Male	604	M	336	1:55:16	741
738	349	1:56:18	Matthew Jones		Male	605	M	337	1:54:51	718
739	1094	1:56:20	Leanne Forster		Female	134	F	84	1:55:11	736
740	308	1:56:22	Stephen Gook		Male	606	M50	63	1:56:06	775
741	1003	1:56:25	Mark White		Male	607	M45	84	1:55:51	767
742	2303	1:56:33	Luke Collins		Male	608	M	338	1:55:42	760
743	1091	1:56:34	Agnes Fitzpatrick	King's College London Cross Country RC	Female	135	F	85	1:55:24	748
744	292	1:56:37	Michael Freeman		Male	609	M	339	1:56:05	774
745	2307	1:56:38	Brigita J Radziunaite		Female	136	F	86	1:55:31	753
746	623	1:56:39	Roger Bishop		Male	610	M	340	1:55:45	763
747	1048	1:56:39	Hazel Brain	Tri-Anglia TC	Female	137	F45	14	1:55:10	735
748	717	1:56:40	Richard Frosdick		Male	611	M	341	1:55:18	745
749	2343	1:56:42	Jamie Payne	Framlingham Flyers	Male	612	M	342	1:55:47	765
750	1571	1:56:43	Jessica Gossett		Female	138	F	87	1:55:07	732



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
751	438	1:56:44	Ernesto Rueda Arregui		Male	613	M	343	1:54:58	721
752	1053	1:56:48	Holly Burrows	Framlingham Flyers	Female	139	F	88	1:55:00	723
753	1011	1:56:50	Nick Wilson		Male	614	M40	84	1:55:27	750
754	1195	1:56:54	Julie Phillips		Female	140	F	89	1:55:54	770
755	1314	1:56:55	Dean Cook		Male	615	M	344	1:55:19	746
756	1259	1:56:55	Nicola Watson	Woodbridge Shufflers RRC	Female	141	F45	15	1:55:04	727
757	917	1:56:57	Neil Sallis		Male	616	M40	85	1:55:49	766
758	1207	1:56:58	Julie Read		Female	142	F55	3	1:55:15	740
759	1608	1:57:00	Erin Keating		Female	143	F	90	1:56:43	788
760	2203	1:57:02	Jason Brook		Male	617	M	345	1:55:38	757
761	298	1:57:03	Jack Gallifant		Male	618	M	346	1:55:53	768
762	1807	1:57:03	Jack Robinson		Male	619	M	347	1:55:17	742
763	2349	1:57:03	Jacob Smith		Male	620	M	348	1:55:53	769
764	743	1:57:03	Liam Hackett	Norwich Road Runners	Male	621	M	349	1:55:43	761
765	1064	1:57:04	Claire Cork		Female	144	F	91	1:56:08	776
766	1929	1:57:05	Fay King		Female	145	F	92	1:55:21	747
767	1139	1:57:06	Rebecca Kirby		Female	146	F	93	1:56:03	772
768	956	1:57:06	Damian Steward		Male	622	M45	85	1:55:33	754
769	673	1:57:07	Ian Cummings		Male	623	M50	64	1:55:36	756
770	828	1:57:08	Ian Maloney	Road Runners Club	Male	624	M55	27	1:55:12	737
771	1779	1:57:11	Clive Johnson		Male	625	M45	86	1:56:46	792
772	762	1:57:14	James Hernon		Male	626	M45	87	1:56:31	784
773	950	1:57:18	Ian Snowsill		Male	627	M	350	1:55:55	771
774	1683	1:57:21	Helen Stone		Female	147	F	94	1:56:04	773
775	1081	1:57:23	Kirsty Dow		Female	148	F	95	1:55:47	764
776	851	1:57:23	Hector Moore		Male	628	M	351	1:56:48	793
777	674	1:57:24	Stewart Curson		Male	629	M	352	1:56:41	787
778	1267	1:57:25	Tatiane Wittred		Female	149	F	96	1:56:13	779
779	2291	1:57:26	Jonathan Jones		Male	630	M60	13	1:55:42	759
780	2346	1:57:28	Ashley Johnson		Male	631	M	353	1:56:10	777
781	890	1:57:32	Robert Prettyman		Male	632	M	354	1:56:57	800
782	869	1:57:32	Richard Nolan		Male	633	M50	65	1:56:38	786
783	824	1:57:35	Calum MacRae		Male	634	M45	88	1:56:56	798
784	1047	1:57:40	Faith Bradbury		Female	150	F45	16	1:56:30	783
785	2326	1:57:43	Sally Lee	Dereham Runners AC	Female	151	F	97	1:56:45	790
786	646	1:57:48	Leon Carrara		Male	635	M55	28	1:55:28	751
787	332	1:57:51	Andy Hibbins		Male	636	M45	89	1:56:56	797
788	1187	1:58:02	Helen Osborne		Female	152	F	98	1:57:25	814
789	412	1:58:03	Mark Philo	Tri-Anglia TC	Male	637	M50	66	1:55:35	755
790	999	1:58:03	Tony Wenlock	Tri-Anglia TC	Male	638	M60	14	1:55:41	758
791	1463	1:58:04	Michael Suds		Male	639	M40	86	1:56:46	791
792	1118	1:58:04	Ruth Hedge		Female	153	F40	24	1:57:16	810
793	484	1:58:06	Chris Varley		Male	640	M45	90	1:57:28	819
794	404	1:58:09	Iain Patterson		Male	641	M40	87	1:57:11	808
795	784	1:58:09	Mike Jolly	Reepham Runners	Male	642	M45	91	1:57:05	802
796	1243	1:58:11	Gillian Thacker-Mcpherson		Female	154	F45	17	1:57:07	805
797	845	1:58:12	Henry Mills		Male	643	M	355	1:56:52	796
798	1197	1:58:13	Bethany Plummer		Female	155	F	99	1:56:29	782
799	759	1:58:13	Jonathan Haywood		Male	644	M	356	1:57:06	804
800	338	1:58:17	Ray Howard		Male	645	M55	29	1:56:57	799
801	588	1:58:19	Ivan Allen	North Norfolk Beach Runners	Male	646	M50	67	1:57:36	825
802	2138	1:58:24	Paul Wright		Male	647	M50	68	1:57:25	815
803	1746	1:58:25	Neil Collins		Male	648	M45	92	1:56:31	785
804	2124	1:58:25	Tony Osborn		Male	649	M40	88	1:57:27	818
805	2258	1:58:25	Ruth Acworth		Female	156	F55	4	1:56:22	780
806	318	1:58:30	Julian Hanton		Male	650	M45	93	1:57:06	803
807	1275	1:58:34	Charlotte Wyndham		Female	157	F	100	1:57:54	838
808	517	1:58:35	Megan Bateman		Female	158	F	101	1:58:09	854
809	304	1:58:35	Joe Girling		Male	651	M	357	1:58:09	853
810	2192	1:58:36	Madeleine Swenor	University of East Anglia AC	Female	159	F	102	1:56:26	781
811	587	1:58:36	John Algar	Great Yarmouth Road Runners	Male	652	M	358	1:56:49	794
812	1546	1:58:37	Elizabeth Earwaker		Female	160	F	103	1:57:08	806
813	2351	1:58:38	Martin Brigden		Male	653	M60	15	1:57:51	835
814	369	1:58:39	Michael Lewis		Male	654	M50	69	1:57:54	837
815	812	1:58:39	Neil Lawes		Male	655	M45	94	1:57:25	816
816	323	1:58:39	David Hart		Male	656	M	359	1:58:24	866
817	421	1:58:39	Jack Rich	Ipswich JAFFA RC	Male	657	M	360	1:58:18	862
818	1184	1:58:41	Laura Noakes		Female	161	F	104	1:56:44	789
819	411	1:58:43	Matthew Phillips		Male	658	M	361	1:58:03	848
820	1178	1:58:44	Charlotte Nayler		Female	162	F	105	1:57:31	824
821	1198	1:58:45	Liz Poole		Female	163	F50	12	1:57:56	840
822	1434	1:58:49	Thomas Rose		Male	659	M	362	1:57:41	827
823	1229	1:58:50	Vicky Smith		Female	164	F	106	1:57:13	809
824	1041	1:58:52	Carol Betts	Norfolk Gazelles RC	Female	165	F60	2	1:58:26	868
825	729	1:58:53	Barney Goodrum		Male	660	M45	95	1:58:04	849



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
826	420	1:58:54	Paul Reeve	Great Yarmouth Road Runners	Male	661	M45	96	1:58:05	851
827	1766	1:58:54	Arthur Graham		Male	662	M	363	1:58:19	864
828	1051	1:58:55	Joanne Buchanan		Female	166	F40	25	1:58:01	844
829	1255	1:58:56	Lucy Walker		Female	167	F	107	1:57:48	832
830	1062	1:58:58	Anneke Cook	Wymondham AC	Female	168	F50	13	1:57:27	817
831	1605	1:58:58	Pippa Joy		Female	169	F	108	1:57:30	823
832	967	1:58:59	Ben Taylor		Male	663	M40	89	1:58:05	850
833	1031	1:59:00	Jessica Ashley		Female	170	F45	18	1:57:37	826
834	1545	1:59:00	Claire Dye		Female	171	F	109	1:57:50	833
835	2120	1:59:01	Carl Leon		Male	664	M	364	1:56:11	778
836	1781	1:59:03	Kian Kordtomeikel		Male	665	M	365	1:56:50	795
837	1736	1:59:03	Adam Buffin		Male	666	M	366	1:57:17	811
838	692	1:59:03	Nick Drennan		Male	667	M40	90	1:58:56	887
839	2308	1:59:05	Paul Anthony Choak		Male	668	M65	3	1:58:42	878
840	909	1:59:06	Stephen Roe	North Norfolk Beach Runners	Male	669	M50	70	1:57:28	820
841	745	1:59:06	Marek Halicki		Male	670	M40	91	1:57:50	834
842	1284	1:59:09	Raj Anandraj		Male	671	M	367	1:58:40	875
843	1495	1:59:11	Gemma Aylen	Great Yarmouth Road Runners	Female	172	F	110	1:57:29	822
844	727	1:59:16	James Goldsmith		Male	672	M	368	1:57:22	812
845	353	1:59:17	Grant King		Male	673	M40	92	1:57:58	842
846	1018	1:59:17	James Wynn		Male	674	M	369	1:57:08	807
847	1653	1:59:18	Caroline Pocock		Female	173	F	111	1:57:45	829
848	1319	1:59:19	David Crotch		Male	675	M55	30	1:56:58	801
849	1163	1:59:24	Tracey Marsh		Female	174	F45	19	1:58:18	860
850	1035	1:59:26	Katrina Bavin		Female	175	F	112	1:57:45	828
851	1586	1:59:26	Louise Harrod	Waveney Valley AC	Female	176	F45	20	1:58:44	879
852	1095	1:59:28	Monica Fowler		Female	177	F40	26	1:59:20	902
853	968	1:59:28	Ben Taylor		Male	676	M40	93	1:59:20	905
854	820	1:59:29	Jamie Love		Male	677	M	370	1:58:53	886
855	2211	1:59:30	Jane Beales		Female	178	F45	21	1:58:27	869
856	641	1:59:33	Rory Butterworth		Male	678	M	371	1:57:59	843
857	1817	1:59:34	Jared Stanton		Male	679	M	372	1:57:25	813
858	734	1:59:35	Dean Gray	Norwich Road Runners	Male	680	M55	31	1:58:33	870
859	469	1:59:35	Roland Talbot	Coltishall Jaguars RC	Male	681	M60	16	1:58:34	871
860	1775	1:59:35	Liam Howlett		Male	682	M	373	1:57:28	821
861	566	1:59:36	Sophie Mullan		Female	179	F	113	1:57:48	830
862	395	1:59:36	Thomas Mullan		Male	683	M	374	1:57:48	831
863	1124	1:59:37	Louise Hudson	Dereham Runners AC	Female	180	F	114	1:58:40	876
864	1305	1:59:38	Clive Cartner	Coltishall Jaguars RC	Male	684	M	375	1:58:16	858
865	1505	1:59:38	Angela Bell	Coltishall Jaguars RC	Female	181	F40	27	1:58:15	857
866	800	1:59:40	Christopher Kett		Male	685	M	376	1:59:29	909
867	1286	1:59:41	Will Appleyard		Male	686	M	377	1:58:11	856
868	1216	1:59:43	Jude Ruddock		Female	182	F45	22	1:59:09	892
869	2225	1:59:43	Simon Brown		Male	687	M	378	1:58:18	863
870	1205	1:59:44	Jessica Ransome		Female	183	F	115	1:59:10	893
871	1042	1:59:45	Tanya Betts		Female	184	F45	23	1:58:57	889
872	1028	1:59:45	Marianne Armstrong	Norwich Road Runners	Female	185	F	116	1:59:17	899
873	765	1:59:47	Stephen Hill		Male	688	M45	97	1:58:39	874
874	665	1:59:49	Jeremy Corfe		Male	689	M40	94	1:58:21	865
875	342	1:59:52	Mark Hurren		Male	690	M	379	1:59:05	891
876	1478	1:59:53	Johnny Watts		Male	691	M50	71	1:57:57	841
877	1253	1:59:53	Kerry Varley		Female	186	F40	28	1:59:15	898
878	807	1:59:54	Rajesh Krishnamoorthy		Male	692	M40	95	1:58:03	847
879	1350	1:59:55	Tim Garrod		Male	693	M45	98	1:58:47	881
880	1621	1:59:55	Sarah Liddiard		Female	187	F	117	1:57:53	836
881	772	1:59:56	Simon Howard		Male	694	M45	99	1:58:01	845
882	1955	1:59:56	Emily Mowbray		Female	188	F	118	1:58:49	884
883	808	1:59:57	Hung Lai		Male	695	M45	100	1:59:29	910
884	667	1:59:58	Christian Cousins		Male	696	M40	96	1:59:14	897
885	309	2:00:00	Tom Goswell		Male	697	M	380	1:58:35	873
886	1299	2:00:02	Ian Bowers		Male	698	M50	72	1:58:48	883
887	971	2:00:02	Lee Terrington		Male	699	M	381	1:58:02	846
888	613	2:00:03	Phillip Bazley		Male	700	M40	97	1:57:54	839
889	708	2:00:06	Colin Fish		Male	701	M55	32	1:58:18	861
890	1391	2:00:09	Andy Kurton		Male	702	M40	98	1:59:03	890
891	1616	2:00:09	Kamila Krzykowska		Female	189	F	119	1:58:18	859
892	858	2:00:10	Chris Mullender		Male	703	M45	101	1:59:35	916
893	1150	2:00:11	Deborah Loane		Female	190	F50	14	1:59:20	904
894	1865	2:00:13	Marta Catalano		Female	191	F	120	1:58:10	855
895	681	2:00:15	Patrick Davies		Male	704	M55	33	1:59:28	908
896	1115	2:00:15	Sarah Harvey		Female	192	F45	24	1:59:32	911
897	806	2:00:15	Leo Kleinberg		Male	705	M40	99	1:58:47	882
898	752	2:00:16	Lawrence Hare		Male	706	M	382	1:58:46	880
899	943	2:00:17	Fraser Smith		Male	707	M	383	1:58:42	877
900	2323	2:00:19	Ruth Flint		Female	193	F	121	1:58:57	888



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
901	751	2:00:23	Benjamin Hardie		Male	708	M	384	1:58:07	852
902	902	2:00:26	Lee Rising		Male	709	M50	73	1:58:53	885
903	934	2:00:27	Rob Shenton		Male	710	M60	17	1:59:14	896
904	525	2:00:31	Sasha Chilvers		Female	194	F	122	1:59:46	926
905	980	2:00:31	Denis Tuttle		Male	711	M60	18	1:58:35	872
906	2269	2:00:40	Matthew Pummell		Male	712	M	385	1:59:34	915
907	387	2:00:42	Killian McCartney		Male	713	M	386	1:59:54	930
908	2106	2:00:43	Leigh Carey		Male	714	M40	100	1:59:53	928
909	2196	2:00:47	Finbarr O'Brien		Male	715	M	387	1:59:19	901
910	705	2:00:48	Lea Fennelly		Male	716	M40	101	1:59:45	923
911	1439	2:00:50	Richard Savidge		Male	717	M	388	1:59:40	920
912	813	2:00:50	Simon Lawler		Male	718	M55	34	1:59:27	907
913	1672	2:00:51	Bobbie Sauerzapf	Bungay Black Dog RC	Female	195	F55	5	1:59:13	895
914	983	2:00:54	Christopher Underwood	St. Edmunds Pacers	Male	719	M	389	1:59:39	919
915	1090	2:00:55	Emma Fiddy		Female	196	F	123	1:58:25	867
916	1101	2:00:56	Gemma Gasson		Female	197	F	124	2:00:22	940
917	619	2:00:58	Richard Bennett		Male	720	M45	102	1:59:18	900
918	1046	2:00:58	Leanne Botwright	Bure Valley Harriers	Female	198	F	125	1:59:45	925
919	616	2:01:00	Russell Bell		Male	721	M45	103	1:59:44	921
920	1506	2:01:01	Kirsty Bell		Female	199	F40	29	1:59:44	922
921	1657	2:01:02	Claire Price		Female	200	F	126	1:59:46	927
922	1104	2:01:02	Kate Gooding		Female	201	F	127	2:00:06	936
923	1799	2:01:03	Dave Partridge		Male	722	M	390	1:59:12	894
924	857	2:01:04	Ram Muli		Male	723	M40	102	2:00:35	947
925	2332	2:01:06	Tim Knights		Female	202	F	128	1:59:39	917
926	2333	2:01:06	Emily Knights		Female	203	F	129	1:59:39	918
927	645	2:01:12	Christopher Carr	Norwich Road Runners	Male	724	M	391	1:59:34	914
928	1175	2:01:14	Ellie Morgan		Female	204	F	130	2:00:35	946
929	1302	2:01:14	Daniel Brock		Male	725	M	392	1:59:59	933
930	750	2:01:15	Sam Harbrow		Male	726	M	393	1:59:33	912
931	1191	2:01:15	Anna Paterson		Female	205	F	131	1:59:33	913
932	1870	2:01:18	Megan Cook		Female	206	F	132	2:00:02	934
933	634	2:01:23	Alex Broome		Male	727	M	394	1:59:45	924
934	191	2:01:24	Richard Allen		Male	728	M45	104	2:00:37	948
935	1148	2:01:29	Annie Leung	Norwich Road Runners	Female	207	F40	30	2:00:25	945
936	1012	2:01:31	Philip Wilton	Tri-Anglia TC	Male	729	M50	74	2:00:17	939
937	819	2:01:34	Simon Lonsdale		Male	730	M50	75	1:59:20	903
938	1112	2:01:36	Beth Hall-Thompson		Female	208	F40	31	1:59:25	906
939	1366	2:01:37	Sean Harris		Male	731	M	395	2:00:08	937
940	314	2:01:40	Chris Groves	Tri Athletes TC	Male	732	M65	4	2:00:11	938
941	446	2:01:46	Siddhartha Sengupta		Male	733	M	396	2:01:33	973
942	1390	2:01:47	Scott Knight		Male	734	M	397	1:59:59	932
943	1122	2:01:49	Charlotte Horrigan		Female	209	F	133	2:00:22	941
944	532	2:01:53	Carla Da Silva	Norwich Road Runners	Female	210	F	134	2:01:31	972
945	2232	2:01:56	Lance Escobar		Male	735	M	398	1:59:56	931
946	1247	2:02:01	Louise Timbers		Female	211	F	135	2:00:57	956
947	1222	2:02:03	Georgina Sexton	Tri-Anglia TC	Female	212	F	136	2:00:22	942
948	810	2:02:08	David Langley		Male	736	M	399	2:00:59	958
949	490	2:02:08	Ben Warnes	Royal Air Force AC	Male	737	M	400	2:00:59	959
950	916	2:02:10	Shanmugam Sadhasivam		Male	738	M45	105	2:01:40	977
951	1120	2:02:10	Georgia Hill	Huntingdonshire AC	Female	213	F	137	1:59:53	929
952	701	2:02:18	Brian Ewens		Male	739	M	401	2:01:57	984
953	644	2:02:20	Simon Carnell	Norwich Road Runners	Male	740	M50	76	2:00:23	944
954	2018	2:02:21	Charlotte Wickham		Female	214	F40	32	2:00:06	935
955	1544	2:02:22	Sarah Dunsdon		Female	215	F40	33	2:01:04	960
956	1914	2:02:23	Charlotte Hood		Female	216	F	138	2:00:48	951
957	1117	2:02:26	Rhian Hector		Female	217	F	139	2:00:59	957
958	2197	2:02:26	Howard Jones	Brackla Harriers	Male	741	M60	19	2:01:39	976
959	494	2:02:28	Samuel Whitham		Male	742	M	402	2:01:05	961
960	1419	2:02:30	Jack Purcell		Male	743	M	403	2:00:43	949
961	1732	2:02:31	Stevie Bell		Male	744	M45	106	2:00:23	943
962	974	2:02:31	Gavin Thouless	Norwich Road Runners	Male	745	M45	107	2:01:52	981
963	596	2:02:32	Ricky Bailey	West Norfolk AC	Male	746	M50	77	2:01:55	982
964	1376	2:02:32	Dave Hollis	Norwich Road Runners	Male	747	M60	20	2:01:06	962
965	680	2:02:37	Chris Dann		Male	748	M40	103	2:02:07	989
966	1509	2:02:40	Dominique Bivar Segurado	Norwich Road Runners	Female	218	F40	34	2:00:48	952
967	1694	2:02:40	Kelly Towell		Female	219	F	140	2:01:26	970
968	992	2:02:42	Peter Wapshott		Male	749	M65	5	2:01:12	963
969	1172	2:02:43	Kerry Metcalf	Norwich Road Runners	Female	220	F	141	2:01:42	978
970	1538	2:02:46	Julia Deo		Female	221	F	142	2:01:18	966
971	647	2:02:46	Martin Carroll		Male	750	M40	104	2:01:19	967
972	594	2:02:46	James Aylett		Male	751	M40	105	2:02:38	1006
973	822	2:02:49	Shaun Lowthorpe		Male	752	M45	108	2:01:31	971
974	1803	2:02:54	Dean Pitt		Male	753	M	404	2:01:48	979
975	236	2:02:55	Jack Burgess		Male	754	M	405	2:02:04	988



City of Norwich Half Marathon

15th April 2018

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
976	456	2:03:07	Rupert Smith		Male	755	M	406	2:02:36	1001
977	1017	2:03:09	Peter Wroth		Male	756	M	407	2:01:36	975
978	1125	2:03:10	Rosie Hunter		Female	222	F	143	2:03:10	1014
979	1183	2:03:12	Rebecca Nicholson		Female	223	F	144	2:02:25	997
980	2240	2:03:13	Thomas Evans		Male	757	M	408	2:02:36	999
981	1532	2:03:13	Hayley Clarke		Female	224	F	145	2:02:15	990
982	1518	2:03:15	Toni Brimson		Female	225	F	146	2:00:57	954
983	2092	2:03:16	Danielle Smith		Female	226	F	147	2:02:37	1002
984	895	2:03:19	Bernd Rechel	Tri-Anglia TC	Male	758	M45	109	2:00:46	950
985	901	2:03:26	Stuart Risby		Male	759	M	409	2:02:17	991
986	1070	2:03:27	Hannah Cunningham		Female	227	F	148	2:01:57	985
987	2082	2:03:28	Vanessa Portch		Female	228	F	149	2:01:20	968
988	2032	2:03:28	Anthony Portch		Male	760	M	410	2:01:21	969
989	1260	2:03:29	Fay Wheeler	Wymondham AC	Female	229	F40	35	2:01:49	980
990	1900	2:03:30	Penny Galey		Female	230	F40	36	2:02:36	1000
991	2135	2:03:32	Alex Towler		Male	761	M	411	2:00:57	955
992	964	2:03:34	Samuel Sutton		Male	762	M	412	2:01:16	965
993	1360	2:03:37	Gareth Hand	Norwich Road Runners	Male	763	M45	110	2:01:56	983
994	794	2:03:39	Mark Keenan		Male	764	M40	106	2:00:55	953
995	1219	2:03:41	Tamzin Sale		Female	231	F45	25	2:02:25	996
996	1308	2:03:46	Stephen Clarke		Male	765	M40	107	2:01:36	974
997	1833	2:03:50	Paul Young		Male	766	M	413	2:03:18	1018
998	1723	2:03:53	Emma Yardy		Female	232	F	150	2:01:57	986
999	1484	2:03:54	Stephen Wiseman		Male	767	M50	78	2:01:57	987
1000	1309	2:03:56	Felix Close		Male	768	M	414	2:02:26	998
1001	1074	2:04:01	Rebecca Dean	Diss & District AC	Female	233	F	151	2:02:20	993
1002	1811	2:04:02	Adrian Scott		Male	769	M40	108	2:03:26	1023
1003	771	2:04:06	Paul Howard		Male	770	M	415	2:02:52	1007
1004	1015	2:04:07	Kieran Woolfe		Male	771	M	416	2:03:57	1042
1005	875	2:04:08	Dan Osborne		Male	772	M40	109	2:03:20	1020
1006	732	2:04:13	Cyriac Gourdin		Male	773	M	417	2:02:20	992
1007	677	2:04:14	Nigel Cutting		Male	774	M45	111	2:03:25	1022
1008	1310	2:04:16	Jonathan Cole		Male	775	M	418	2:02:55	1008
1009	684	2:04:17	Pierre Delhougne		Male	776	M	419	2:02:22	994
1010	365	2:04:21	Will Lawson-Brown		Male	777	M	420	2:03:56	1039
1011	625	2:04:22	Peter Boal		Male	778	M	421	2:02:56	1009
1012	557	2:04:22	Briony Lowe		Female	234	F	152	2:03:56	1041
1013	811	2:04:26	Sam Lardner		Male	779	M	422	2:03:30	1027
1014	1488	2:04:36	Jack Woodhouse		Male	780	M	423	2:02:38	1005
1015	805	2:04:37	Mark Kirby		Male	781	M45	112	2:03:44	1034
1016	1060	2:04:38	Sarah Cole		Female	235	F	153	2:03:16	1015
1017	1554	2:04:39	Sarah Fordham		Female	236	F	154	2:03:23	1021
1018	1388	2:04:40	Max Karen		Male	782	M	424	2:03:29	1026
1019	1341	2:04:44	Chris Fletcher		Male	783	M	425	2:03:29	1025
1020	835	2:04:47	Adam McClelland		Male	784	M	426	2:02:24	995
1021	1116	2:04:48	Nicky Hawkins		Female	237	F	155	2:02:59	1010
1022	2025	2:04:51	Philip Denby		Male	785	M	427	2:03:46	1035
1023	1236	2:04:55	Jessie Sullivan		Female	238	F	156	2:03:01	1011
1024	1049	2:04:56	Grace Brown		Female	239	F	157	2:03:55	1038
1025	1875	2:04:56	Katie Craven		Female	240	F	158	2:03:01	1012
1026	1733	2:04:56	Christopher Blagden		Male	786	M50	79	2:02:37	1003
1027	2350	2:05:01	Georgina Paganini		Female	241	F	159	2:03:19	1019
1028	1626	2:05:04	Andrea Marshall		Female	242	F45	26	2:03:34	1029
1029	1644	2:05:09	Hope Paganini		Female	243	F	160	2:03:27	1024
1030	2285	2:05:10	Tracey Melville		Female	244	F45	27	2:04:24	1054
1031	1179	2:05:11	Jennifer Neave	Dereham Runners AC	Female	245	F	161	2:03:34	1030
1032	1089	2:05:13	Katie Fenn	Coltishall Jaguars RC	Female	246	F	162	2:03:17	1017
1033	867	2:05:14	Daniel Nixon		Male	787	M	428	2:03:41	1033
1034	1226	2:05:16	Leah Smith		Female	247	F	163	2:03:16	1016
1035	2113	2:05:21	Philip Holt		Male	788	M45	113	2:02:37	1004
1036	1493	2:05:22	Frances Anderson		Female	248	F	164	2:03:59	1043
1037	783	2:05:27	Julian Johnson		Male	789	M45	114	2:04:53	1075
1038	1146	2:05:30	Susan Larke		Female	249	F40	37	2:04:57	1081
1039	2202	2:05:31	Zsombor Novák		Male	790	M	429	2:03:38	1032
1040	1927	2:05:32	Nicola Kermez		Female	250	F	165	2:05:14	1094
1041	600	2:05:33	Michael Baker		Male	791	M	430	2:03:32	1028
1042	1134	2:05:34	Zara Joyce		Female	251	F	166	2:04:01	1044
1043	1005	2:05:34	Lee Wicks	100 Marathon Club	Male	792	M	431	2:03:56	1040
1044	761	2:05:41	Mark Heider		Male	793	M50	80	2:04:47	1069
1045	1734	2:05:41	Paul Bourke		Male	794	M45	115	2:04:55	1079
1046	589	2:05:42	Glen Allott		Male	795	M40	110	2:05:21	1098
1047	1071	2:05:44	Anna Daniels		Female	252	F	167	2:04:01	1045
1048	1486	2:05:46	Andy Wolfe		Male	796	M40	111	2:03:03	1013
1049	1450	2:05:49	Joseph Smalls		Male	797	M	432	2:04:11	1050
1050	1173	2:05:51	Thu Millsted		Female	253	F	168	2:03:35	1031



Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1051	905	2:05:53	Michael Roberts	Plymouth Harriers	Male	798	M65	6	2:05:12	1092
1052	1344	2:05:55	Nick Fox		Male	799	M	433	2:04:05	1048
1053	1648	2:05:55	Elizabeth Payne		Female	254	F	169	2:04:54	1077
1054	1136	2:05:57	Julia Kidze	Stowmarket Striders RC	Female	255	F	170	2:04:04	1046
1055	1382	2:05:57	Stuart Irving		Male	800	M	434	2:04:04	1047
1056	1109	2:05:59	C-J Green		Female	256	F	171	2:04:40	1063
1057	1224	2:06:00	Hannah Shaw		Female	257	F	172	2:04:24	1053
1058	686	2:06:03	Neil Dennis		Male	801	M	435	2:04:59	1083
1059	649	2:06:04	Monty Chamberlain		Male	802	M	436	2:05:32	1106
1060	1447	2:06:05	Stuart Silvester		Male	803	M45	116	2:04:41	1066
1061	1816	2:06:05	James Spurgeon		Male	804	M40	112	2:04:41	1065
1062	1082	2:06:05	Laura Downs		Female	258	F	173	2:03:48	1036
1063	1471	2:06:08	David Thornhill		Male	805	M40	113	2:05:30	1104
1064	627	2:06:08	Vivien Bodereau	Wymondham AC	Male	806	M	437	2:04:28	1057
1065	2201	2:06:11	Krzysztof Szewczyk		Male	807	M40	114	2:04:18	1051
1066	2056	2:06:16	Valerie Goddard		Female	259	F60	3	2:04:32	1059
1067	1557	2:06:19	Cathy Forth		Female	260	F45	28	2:04:55	1078
1068	375	2:06:19	Jacob Loose		Male	808	M	438	2:05:47	1113
1069	2122	2:06:19	Darren Maskell		Male	809	M45	117	2:05:23	1101
1070	1409	2:06:20	Brett Norton		Male	810	M40	115	2:04:53	1076
1071	1773	2:06:22	Stephen Hinde		Male	811	M50	81	2:04:20	1052
1072	2117	2:06:22	Edward King		Male	812	M	439	2:05:44	1111
1073	1618	2:06:23	Tamsin Leah		Female	261	F	174	2:04:38	1062
1074	1701	2:06:26	Yvonne Walker	Malvern Buzzards Running Club	Female	262	F40	38	2:04:28	1056
1075	659	2:06:30	Mike Collins		Male	813	M65	7	2:04:47	1070
1076	1337	2:06:32	Richard Farrington		Male	814	M45	118	2:04:29	1058
1077	1304	2:06:36	Kyle Canning		Male	815	M	440	2:03:52	1037
1078	1456	2:06:40	Stewart South		Male	816	M70	1	2:04:36	1061
1079	735	2:06:41	Frazer Green		Male	817	M45	119	2:05:22	1100
1080	1057	2:06:42	Melanie Chaplin		Female	263	F40	39	2:05:04	1086
1081	1004	2:06:43	Andrew Whiting		Male	818	M	441	2:04:43	1067
1082	774	2:06:43	Tim Howlett		Male	819	M50	82	2:04:36	1060
1083	1796	2:06:45	Shaun Oastler		Male	820	M	442	2:06:11	1128
1084	2220	2:06:45	Ellie Bullman	Waveney Valley AC	Female	264	F	175	2:06:08	1123
1085	1290	2:06:45	Stephen Barker		Male	821	M50	83	2:04:45	1068
1086	914	2:06:47	Paul Russell		Male	822	M40	116	2:05:06	1087
1087	96	2:06:48	Chris Ghent		Male	823	M	443	2:04:51	1073
1088	1752	2:06:50	Taylor De Sousa		Male	824	M	444	2:04:07	1049
1089	1296	2:06:52	Mark Bennett		Male	825	M40	117	2:04:47	1071
1090	1507	2:06:52	Nichola Bennett		Female	265	F	176	2:04:47	1072
1091	1416	2:06:55	Ethan Pooley		Male	826	M	445	2:05:21	1099
1092	1679	2:06:57	Anna Smith		Female	266	F	177	2:05:02	1085
1093	922	2:06:59	Peter Scarfe		Male	827	M	446	2:06:11	1127
1094	1696	2:07:01	Patricia Tuttle	Norfolk Gazelles RC	Female	267	F60	4	2:04:24	1055
1095	786	2:07:04	Dan Jones		Male	828	M	447	2:05:14	1093
1096	1629	2:07:04	Rose Meleady		Female	268	F	178	2:05:14	1095
1097	2327	2:07:05	Lauren Kemp	Wymondham AC	Female	269	F	179	2:06:35	1143
1098	1765	2:07:05	Alfie Gotts		Male	829	M55	35	2:05:15	1096
1099	1601	2:07:06	Leanne Jarrett		Female	270	F45	29	2:05:26	1102
1100	1110	2:07:06	Danielle Hall		Female	271	F40	40	2:06:14	1130
1101	1385	2:07:06	Martin Jones		Male	830	M	448	2:05:26	1103
1102	1971	2:07:07	Fabia Pollard		Female	272	F50	15	2:05:47	1112
1103	1426	2:07:10	Michael Richardson		Male	831	M	449	2:05:10	1090
1104	1281	2:07:10	Simon Aldridge		Male	832	M	450	2:05:20	1097
1105	1846	2:07:11	Danielle Beuttell		Female	273	F	180	2:05:06	1088
1106	1725	2:07:11	David Abbs		Male	833	M	451	2:04:52	1074
1107	1228	2:07:15	Sadie Smith	Coltishall Jaguars RC	Female	274	F40	41	2:05:32	1107
1108	1026	2:07:16	Julia Allum		Female	275	F40	42	2:05:11	1091
1109	1010	2:07:21	Harry Wilson		Male	834	M	452	2:06:16	1132
1110	1291	2:07:21	Neil Barlow		Male	835	M45	120	2:04:41	1064
1111	1177	2:07:22	Vanessa Munford		Female	276	F40	43	2:05:07	1089
1112	1924	2:07:22	Sharon Jones		Female	277	F50	16	2:06:02	1119
1113	2340	2:07:22	Martyn Gillett		Male	836	M50	84	2:04:57	1082
1114	1258	2:07:30	Laura Waters		Female	278	F40	44	2:04:57	1080
1115	1359	2:07:36	John Hamill		Male	837	M50	85	2:05:30	1105
1116	1278	2:07:42	Peter Abbey		Male	838	M60	21	2:06:03	1120
1117	1293	2:07:42	Ollie Barrowclough	Norwich Road Runners	Male	839	M	453	2:05:44	1110
1118	966	2:07:43	Ali Tassie		Male	840	M	454	2:05:02	1084
1119	1937	2:07:46	Ioana MacOvei		Female	279	F	181	2:05:34	1108
1120	2054	2:07:47	Kayleigh Gibbons		Female	280	F	182	2:06:32	1139
1121	2338	2:07:47	Hannah Doran	Ipswich JAFFA RC	Female	281	F	183	2:06:18	1135
1122	2319	2:07:48	Theresa Downes		Female	282	F	184	2:06:05	1121
1123	873	2:07:49	Dean O'Connor		Male	841	M	455	2:06:19	1136
1124	1361	2:07:50	Tim Handford		Male	842	M45	121	2:05:51	1117
1125	891	2:07:57	Charlie Pridmore		Male	843	M	456	2:06:21	1137



City of Norwich Half Marathon

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RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1126	1367	2:07:57	Peter Harwood		Male	844	M45	122	2:05:49	1114
1127	1717	2:08:00	Mary Wilson		Female	283	F50	17	2:07:09	1157
1128	1567	2:08:03	Amanda Goldsmith		Female	284	F45	30	2:05:51	1116
1129	1441	2:08:07	James Schaitel		Male	845	M	457	2:07:26	1162
1130	1504	2:08:07	Claire Beckett		Female	285	F45	31	2:07:05	1153
1131	170	2:08:07	Jason Tuttle		Male	846	M	458	2:07:08	1156
1132	924	2:08:07	Andy Scottow		Male	847	M	459	2:07:08	1155
1133	1710	2:08:08	Clare Weston	Massey Ferguson RC	Female	286	F40	45	2:05:53	1118
1134	1169	2:08:08	Lucy McCallum		Female	287	F	185	2:05:39	1109
1135	1232	2:08:09	Magdalena Steinhauser		Female	288	F	186	2:06:29	1138
1136	1393	2:08:10	Barney Lee		Male	848	M	460	2:07:29	1164
1137	1261	2:08:14	Danielle Whitehurst		Female	289	F	187	2:07:04	1152
1138	1747	2:08:17	Kevin Copeman-Lamoureux	Beccles and Bungay Harriers	Male	849	M55	36	2:06:16	1133
1139	939	2:08:17	Anthony Sinden	Beccles and Bungay Harriers	Male	850	M40	118	2:07:55	1172
1140	1448	2:08:17	Simon Skinner	Beccles and Bungay Harriers	Male	851	M40	119	2:06:16	1134
1141	1780	2:08:22	Chris Ketley		Male	852	M	461	2:07:27	1163
1142	1936	2:08:23	Kirstin MacKenzie		Female	290	F	188	2:06:10	1124
1143	2229	2:08:25	Paul Cracknell		Male	853	M40	120	2:05:50	1115
1144	1568	2:08:27	Emma Goldsmith		Female	291	F40	46	2:06:12	1129
1145	1300	2:08:28	Simon Bowles		Male	854	M45	123	2:06:35	1141
1146	990	2:08:30	Darren Walsgrove		Male	855	M45	124	2:06:10	1126
1147	1610	2:08:30	Rachele Kelsall		Female	292	F45	32	2:06:10	1125
1148	1983	2:08:40	Sadie Sharman		Female	293	F	189	2:06:53	1150
1149	1970	2:08:40	Sarah Pitt		Female	294	F	190	2:07:32	1166
1150	843	2:08:40	Ricardo Mendes		Male	856	M	462	2:06:39	1145
1151	1579	2:08:42	Demelza Hammond	Waveney Valley AC	Female	295	F	191	2:06:38	1144
1152	1724	2:08:48	Caroline Youngman		Female	296	F	192	2:06:33	1140
1153	1392	2:08:50	Darren Leck		Male	857	M40	121	2:06:07	1122
1154	1356	2:08:51	Jamie Hall		Male	858	M	463	2:06:50	1148
1155	1199	2:08:55	Kerry Porteous		Female	297	F40	47	2:06:55	1151
1156	1858	2:09:00	Lucy Burr		Female	298	F	193	2:06:50	1147
1157	237	2:09:00	Mike Burr		Male	859	M55	37	2:06:50	1146
1158	785	2:09:00	Ben Jones		Male	860	M	464	2:07:42	1169
1159	1475	2:09:05	Antony Warner		Male	861	M40	122	2:06:14	1131
1160	1540	2:09:12	Lauren Devine		Female	299	F	194	2:07:12	1158
1161	590	2:09:17	Mark Anderson		Male	862	M55	38	2:06:35	1142
1162	1461	2:09:25	Martin Strowger	Dereham Runners AC	Male	863	M50	86	2:08:27	1184
1163	1551	2:09:26	Steph Evans	Norfolk Gazelles RC	Female	300	F	195	2:07:53	1171
1164	1658	2:09:26	Nicola Rands	North Norfolk Beach Runners	Female	301	F50	18	2:07:43	1170
1165	218	2:09:27	Kurt Bish		Male	864	M	465	2:09:12	1214
1166	1157	2:09:28	Sam MacIntosh		Female	302	F	196	2:08:51	1196
1167	1403	2:09:31	Alastair McCartney		Male	865	M40	123	2:08:08	1175
1168	1798	2:09:31	David Partington		Male	866	M45	125	2:07:05	1154
1169	676	2:09:33	James Curtis		Male	867	M	466	2:09:14	1221
1170	1303	2:09:39	Peter Buxton		Male	868	M50	87	2:08:59	1203
1171	2148	2:09:44	Sarah Buxton		Female	303	F45	33	2:06:52	1149
1172	1628	2:09:45	Jennifer McNeill-Moss		Female	304	F	197	2:09:17	1224
1173	435	2:09:46	Thomas Rowley		Male	869	M	467	2:09:13	1219
1174	987	2:09:48	Benjamin Wall		Male	870	M	468	2:08:58	1202
1175	1399	2:09:48	Robert Martin		Male	871	M	469	2:07:18	1159
1176	1410	2:09:50	M Ike Ottley	Reepham Runners	Male	872	M75	1	2:07:32	1165
1177	1582	2:09:51	Alison Harris		Female	305	F50	19	2:08:18	1176
1178	1558	2:09:52	Beatrice Fox		Female	306	F	198	2:07:21	1160
1179	1873	2:09:52	Holly Coupland		Female	307	F	199	2:07:21	1161
1180	921	2:09:53	Paul Sayer		Male	873	M40	124	2:08:23	1182
1181	1417	2:09:56	Shaun Potter		Male	874	M45	126	2:07:33	1167
1182	1698	2:09:58	Tanna Van Poortvliet		Female	308	F	200	2:09:07	1210
1183	1661	2:09:59	Jazmine Rennie		Female	309	F	201	2:09:08	1212
1184	1021	2:10:07	Martino Zacchè		Male	875	M	470	2:08:18	1177
1185	818	2:10:07	Jurgen Long		Male	876	M	471	2:08:22	1181
1186	1143	2:10:09	Mariacelia La Russa		Female	310	F	202	2:08:21	1179
1187	737	2:10:10	Simon Green		Male	877	M	472	2:07:34	1168
1188	597	2:10:11	Rob Bailey	Great Yarmouth Road Runners	Male	878	M50	88	2:08:30	1185
1189	1244	2:10:11	Jane Thomas	Great Yarmouth Road Runners	Female	311	F40	48	2:09:27	1231
1190	1336	2:10:19	Mark Escott		Male	879	M45	127	2:09:02	1205
1191	1921	2:10:26	Kate Jackson		Female	312	F40	49	2:08:31	1187
1192	668	2:10:29	Ben Cracknell		Male	880	M	473	2:09:13	1217
1193	1220	2:10:29	Harriet Schofield		Female	313	F	203	2:09:12	1215
1194	1737	2:10:29	Liam Buffin		Male	881	M	474	2:08:43	1190
1195	1250	2:10:30	Rachel Turner		Female	314	F40	50	2:09:53	1249
1196	1000	2:10:30	Paul West		Male	882	M50	89	2:09:41	1238
1197	1650	2:10:31	Anna Penrose		Female	315	F45	34	2:08:20	1178
1198	1550	2:10:31	Rhiannon Evans		Female	316	F	204	2:09:54	1250
1199	1603	2:10:32	Katherine Jones		Female	317	F	205	2:08:36	1189
1200	2137	2:10:34	James Wright		Male	883	M	475	2:08:03	1173



Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1201	2116	2:10:34	Nathan Hudson		Male	884	M	476	2:08:04	1174
1202	1274	2:10:34	Christine Wright		Female	318	F40	51	2:09:02	1204
1203	507	2:10:34	Christopher Wright		Male	885	M45	128	2:09:03	1206
1204	1578	2:10:35	Lisa Hamill		Female	319	F45	35	2:08:30	1186
1205	1002	2:10:36	Iain White		Male	886	M65	8	2:09:07	1211
1206	1930	2:10:36	Becky Kingsland	Diss & District AC	Female	320	F	206	2:08:46	1191
1207	1231	2:10:38	Gina Steggall		Female	321	F	207	2:09:31	1234
1208	1357	2:10:38	Matthew Hall		Male	887	M	477	2:08:51	1195
1209	1889	2:10:38	Sarah Emerson		Female	322	F	208	2:08:52	1199
1210	803	2:10:38	Tom King		Male	888	M	478	2:08:52	1197
1211	1372	2:10:43	Ian Hollings		Male	889	M50	90	2:08:56	1201
1212	1418	2:10:43	Stephen Poundall		Male	890	M45	129	2:08:55	1200
1213	2281	2:10:46	John Newell	St. Edmunds Pacers	Male	891	M50	91	2:08:52	1198
1214	2214	2:10:51	Robert Walker		Male	892	M45	130	2:09:35	1237
1215	1848	2:10:53	Amanda Bidgood		Female	323	F	209	2:09:17	1225
1216	1332	2:10:53	Tony Edwards		Male	893	M55	39	2:08:26	1183
1217	1398	2:10:54	Raphael Markellos		Male	894	M45	131	2:08:21	1180
1218	760	2:10:54	Harold Hector		Male	895	M	479	2:09:27	1230
1219	1165	2:10:55	Thakeni Marston		Female	324	F	210	2:09:49	1245
1220	1050	2:10:55	Melanie Holl		Female	325	F	211	2:09:16	1223
1221	1690	2:10:56	Anna Thorpe	Norwich Road Runners	Female	326	F	212	2:09:05	1208
1222	1364	2:10:58	Olly Harnett		Male	896	M50	92	2:09:16	1222
1223	749	2:10:59	Thomas Hanna		Male	897	M40	125	2:09:14	1220
1224	1249	2:11:03	Timea Toth	Little Baddow Ridge RC	Female	327	F	213	2:08:46	1192
1225	1995	2:11:04	Charlotte Swann		Female	328	F	214	2:08:47	1193
1226	1685	2:11:04	Katie Swann		Female	329	F	215	2:08:48	1194
1227	1067	2:11:04	Juliet Coutts		Female	330	F	216	2:09:28	1233
1228	2336	2:11:08	Emma Dady		Female	331	F	217	2:09:26	1229
1229	1969	2:11:10	Kelly Phillips		Female	332	F	218	2:08:31	1188
1230	424	2:11:12	Thomas Robbins		Male	898	M	480	2:10:19	1262
1231	1519	2:11:12	Caroline Britton		Female	333	F40	52	2:09:13	1216
1232	1611	2:11:17	Deborah Kennedy	Basildon AC (Basildon)	Female	334	F55	6	2:09:31	1235
1233	1464	2:11:19	Andy Sullivan		Male	899	M50	93	2:09:03	1207
1234	1974	2:11:20	Eleanor Price		Female	335	F	219	2:09:25	1228
1235	2298	2:11:21	Nigel Bullen	Norfolk Gazelles RC	Male	900	M60	22	2:10:09	1259
1236	1225	2:11:23	Lisa Skipper		Female	336	F45	36	2:09:27	1232
1237	1639	2:11:31	Holly Mudie		Female	337	F	220	2:10:51	1276
1238	1083	2:11:32	Jackie Eastaugh-King	Norwich Road Runners	Female	338	F55	7	2:10:06	1254
1239	973	2:11:35	Martin Thornhill		Male	901	M45	132	2:10:58	1279
1240	1686	2:11:37	Donna Tarr		Female	339	F	221	2:09:48	1244
1241	1767	2:11:38	Sam Green		Male	902	M	481	2:11:02	1281
1242	1474	2:11:39	Alex Wallace	Goodgym Race Team	Male	903	M	482	2:09:47	1242
1243	1593	2:11:41	Lynda Howard		Female	340	F45	37	2:10:22	1264
1244	405	2:11:41	Ryan Peacock		Male	904	M50	94	2:09:52	1248
1245	2175	2:11:41	Emma Pollington		Female	341	F40	53	2:09:42	1239
1246	378	2:11:42	Robin Lubach		Male	905	M	483	2:09:55	1251
1247	2341	2:11:42	James Hyde		Male	906	M	484	2:09:19	1226
1248	1589	2:11:42	Emma Holmes		Female	342	F40	54	2:09:44	1240
1249	2353	2:11:42	Sarah Gallagher		Female	343	F	222	2:09:06	1209
1250	1431	2:11:42	Mark Riseborough		Male	907	M40	126	2:09:13	1218
1251	1514	2:11:44	Kayley Boreham		Female	344	F	223	2:10:09	1257
1252	776	2:11:44	Mark Hunter		Male	908	M50	95	2:10:08	1256
1253	1397	2:11:45	David MacHin		Male	909	M50	96	2:10:09	1258
1254	2127	2:11:45	Mike Roughsedge		Male	910	M	485	2:09:21	1227
1255	1326	2:11:45	Elliot Dransfield		Male	911	M	486	2:09:09	1213
1256	1040	2:11:47	Judith Berry		Female	345	F40	55	2:09:52	1246
1257	1978	2:11:47	Kayleigh Ridgewell		Female	346	F	224	2:09:52	1247
1258	1166	2:11:52	Maria Martinez De Alvaro		Female	347	F40	56	2:09:58	1252
1259	1473	2:11:52	Andrew Vout		Male	912	M	487	2:11:12	1284
1260	1805	2:11:54	Kaleb Raby		Male	913	M	488	2:11:02	1282
1261	2244	2:11:55	Feria Siblon		Female	348	F55	8	2:09:45	1241
1262	630	2:11:56	Andy Bradley		Male	914	M45	133	2:10:08	1255
1263	1622	2:11:59	Aimee Long		Female	349	F40	57	2:10:35	1267
1264	2260	2:12:01	Christopher Tyrrell		Male	915	M	489	2:09:33	1236
1265	1188	2:12:10	Linda Palmer		Female	350	F40	58	2:10:14	1260
1266	985	2:12:12	Scott Walker		Male	916	M	490	2:12:01	1318
1267	1054	2:12:14	Lucy Burton		Female	351	F	225	2:10:40	1271
1268	1880	2:12:17	Rachel Devonshire		Female	352	F	226	2:10:21	1263
1269	1932	2:12:22	Vicky Last	North Norfolk Beach Runners	Female	353	F	227	2:09:47	1243
1270	1077	2:12:23	Lynda Dobbs		Female	354	F45	38	2:10:18	1261
1271	1728	2:12:24	Jon Archer		Male	917	M	491	2:10:34	1266
1272	347	2:12:26	Ian Jones		Male	918	M45	134	2:11:18	1292
1273	1420	2:12:27	Phil Rapley		Male	919	M45	135	2:10:39	1270
1274	2221	2:12:27	Hayley Villarde		Female	355	F	228	2:10:38	1269
1275	1237	2:12:36	Natasha Sumner	North Norfolk Beach Runners	Female	356	F40	59	2:10:52	1277



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1276	1024	2:12:37	Elise Aho		Female	357	F	229	2:11:29	1301
1277	1651	2:12:38	Laura Pitchford		Female	358	F	230	2:10:46	1274
1278	1566	2:12:39	Edwina Gold		Female	359	F	231	2:12:21	1327
1279	1460	2:12:39	Cougan Stoop		Male	920	M	492	2:10:56	1278
1280	2207	2:12:44	Fiona Smith		Female	360	F	232	2:10:05	1253
1281	1511	2:12:45	Neesha Bloomfield		Female	361	F	233	2:11:12	1285
1282	1193	2:12:45	Sarah Pearson		Female	362	F	234	2:10:40	1272
1283	778	2:12:47	Edward Jacobs		Male	921	M	493	2:11:26	1296
1284	1590	2:12:47	Jan Holmes	Newmarket Joggers	Female	363	F50	20	2:11:27	1298
1285	2247	2:12:47	Kate Ledwidge		Female	364	F	235	2:11:27	1299
1286	2354	2:12:49	William Baines		Male	922	M	494	2:10:28	1265
1287	1598	2:12:53	Suzanne Hurn		Female	365	F	236	2:11:02	1280
1288	1029	2:12:56	Lucy Arora		Female	366	F	237	2:12:09	1322
1289	1614	2:12:56	Vijala Kiruvanayagam		Female	367	F45	39	2:12:09	1321
1290	1563	2:12:59	Debbie Gallifant		Female	368	F45	40	2:11:24	1295
1291	764	2:13:02	Chris Hill		Male	923	M40	127	2:12:22	1329
1292	1194	2:13:02	Michele Perry		Female	369	F	238	2:10:36	1268
1293	1979	2:13:02	Sally Rix		Female	370	F	239	2:12:22	1328
1294	1553	2:13:03	Clare Farrant		Female	371	F	240	2:10:45	1273
1295	1422	2:13:05	Richard Read		Male	924	M50	97	2:11:22	1294
1296	1412	2:13:06	Greg Pearson	Reepham Runners	Male	925	M40	128	2:10:49	1275
1297	1325	2:13:07	Christopher Dobinson		Male	926	M45	136	2:11:40	1306
1298	2251	2:13:15	Sophie Maitland		Female	372	F	241	2:11:17	1291
1299	1137	2:13:16	Hannah Killick		Female	373	F	242	2:11:52	1312
1300	775	2:13:17	Xiaoxu Huang		Male	927	M	495	2:12:47	1341
1301	1664	2:13:18	Hannah Ripley		Female	374	F	243	2:11:33	1304
1302	1645	2:13:21	Anna Palmer		Female	375	F	244	2:11:51	1311
1303	1708	2:13:23	Rachel Welch		Female	376	F	245	2:11:13	1286
1304	1121	2:13:23	Alison Hood		Female	377	F40	60	2:11:20	1293
1305	951	2:13:24	Gary Spackman		Male	928	M50	98	2:11:13	1287
1306	1640	2:13:24	Tracey Mulcahy		Female	378	F40	61	2:11:13	1289
1307	885	2:13:24	Richard Petrie		Male	929	M45	137	2:11:13	1288
1308	1572	2:13:24	Liza Gotts		Female	379	F	246	2:11:14	1290
1309	1345	2:13:30	Gary Franklin		Male	930	M	496	2:11:27	1297
1310	1217	2:13:31	Amar Saggar		Female	380	F45	41	2:11:53	1313
1311	2029	2:13:35	Tim McQuade		Male	931	M	497	2:11:29	1302
1312	2339	2:13:35	Niamh Russell		Female	381	F	247	2:11:29	1303
1313	723	2:13:35	Nigel Gill		Male	932	M	498	2:11:57	1317
1314	1729	2:13:36	David Ball		Male	933	M45	138	2:12:39	1336
1315	1977	2:13:37	Naomi Reid		Female	382	F	248	2:11:28	1300
1316	1600	2:13:42	Isla Iago		Female	383	F	249	2:11:47	1309
1317	1119	2:13:43	Samantha Hele		Female	384	F45	42	2:12:54	1349
1318	1709	2:13:43	Denise West		Female	385	F55	9	2:12:54	1350
1319	1758	2:13:44	Peter Eates		Male	934	M60	23	2:11:08	1283
1320	1328	2:13:45	James Driscoll		Male	935	M40	129	2:12:26	1331
1321	1353	2:13:50	Chris Gibbons	Ipswich JAFFA RC	Male	936	M45	139	2:12:14	1326
1322	1681	2:13:50	Sheila Smith		Female	386	F65	1	2:11:48	1310
1323	1642	2:13:50	Lyn Ottaway	Wymondham AC	Female	387	F40	62	2:13:06	1356
1324	1483	2:13:52	Mark Winterburn		Male	937	M55	40	2:12:49	1343
1325	1884	2:13:55	Jodie Drake		Female	388	F	250	2:12:09	1320
1326	1748	2:13:55	Marcelo Correa Sicoli Junior		Male	938	M40	130	2:11:40	1307
1327	2100	2:13:56	Gillian Watson		Female	389	F	251	2:13:15	1362
1328	1414	2:13:56	Kenny Philpot		Male	939	M60	24	2:12:11	1324
1329	1371	2:13:57	John Hirst		Male	940	M50	99	2:12:38	1335
1330	1835	2:13:58	Louise Adamson	Waveney Valley AC	Female	390	F55	10	2:11:44	1308
1331	441	2:13:59	Michael Sambells		Male	941	M40	131	2:12:32	1333
1332	1718	2:14:03	Lauren Winstanley		Female	391	F	252	2:12:51	1347
1333	1320	2:14:03	Matthew Cummins		Male	942	M	499	2:12:50	1346
1334	2212	2:14:07	Steven Ward		Male	943	M	500	2:11:40	1305
1335	40	2:14:13	Kirsty Paradot	City of Norwich AC	Female	392	F40	63	2:11:55	1314
1336	1386	2:14:14	Robert Jones		Male	944	M40	132	2:12:41	1338
1337	2189	2:14:16	Julian Delicata		Male	945	M	501	2:13:38	1373
1338	688	2:14:18	Sunny Deo		Male	946	M50	100	2:12:50	1345
1339	755	2:14:19	Connor Harwood		Male	947	M	502	2:12:10	1323
1340	1878	2:14:19	Briony Dawes		Female	393	F	253	2:13:09	1358
1341	1948	2:14:20	Rebecca Mison		Female	394	F	254	2:13:10	1361
1342	1235	2:14:20	Gordana Sucur Hills		Female	395	F40	64	2:12:45	1339
1343	1111	2:14:25	Stephanie Hall		Female	396	F	255	2:13:25	1364
1344	1859	2:14:27	Nicola Bury		Female	397	F40	65	2:12:13	1325
1345	1349	2:14:28	Ian Gardner	Bungay Black Dog RC	Male	948	M60	25	2:11:56	1315
1346	1105	2:14:29	Emma Goodman		Female	398	F	256	2:01:16	964
1347	1719	2:14:30	Vicky Wood	Waveney Valley AC	Female	399	F45	43	2:12:59	1351
1348	730	2:14:30	David Goosey	Waveney Valley AC	Male	949	M50	101	2:12:59	1352
1349	302	2:14:32	Simon George		Male	950	M45	140	2:11:56	1316
1350	1080	2:14:32	Catherine Douglas		Female	400	F	257	2:12:34	1334



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1351	278	2:14:33	Luke Fairweather		Male	951	M	503	2:13:08	1357
1352	1950	2:14:34	Cate Moore		Female	401	F	258	2:12:04	1319
1353	608	2:14:38	Dattie Barnard		Male	952	M40	133	2:14:15	1389
1354	1490	2:14:44	Helen Alefounder		Female	402	F40	66	2:12:25	1330
1355	2228	2:14:46	Bogdan Andrei Gheorghe		Male	953	M	504	2:12:48	1342
1356	1373	2:14:47	Richard Hollings		Male	954	M45	141	2:13:03	1354
1357	1836	2:15:01	Danielle Allison		Female	403	F	259	2:13:03	1353
1358	1944	2:15:02	Rebecca McCullagh		Female	404	F	260	2:12:40	1337
1359	919	2:15:02	Christopher Sargisson		Male	955	M50	102	2:12:46	1340
1360	2096	2:15:04	Hannah Szczepanski		Female	405	F	261	2:13:54	1381
1361	1512	2:15:05	Sophie Boden		Female	406	F	262	2:13:44	1376
1362	1201	2:15:06	Natasha Powell	Norwich Road Runners	Female	407	F40	67	2:12:27	1332
1363	2321	2:15:08	Bryan Churchard		Male	956	M	505	2:14:06	1384
1364	1466	2:15:10	Andrew Szczepanski		Male	957	M45	142	2:13:36	1367
1365	1347	2:15:11	Jamie Gallifant		Male	958	M45	143	2:13:37	1372
1366	1997	2:15:11	Clare Szczepanski		Female	408	F45	44	2:13:36	1369
1367	1245	2:15:12	Cody Thorndyke-Andrew		Female	409	F	263	2:13:09	1360
1368	2314	2:15:16	William Roffey	Tri-Anglia TC	Male	959	M	506	2:12:50	1344
1369	1684	2:15:22	Hannah Suswain		Female	410	F	264	2:13:04	1355
1370	1569	2:15:23	Clare Gooch	Norwich Road Runners	Female	411	F40	68	2:13:39	1375
1371	1503	2:15:31	Lara Beasley		Female	412	F	265	2:13:09	1359
1372	1561	2:15:33	Kirsty Fray		Female	413	F40	69	2:15:06	1414
1373	527	2:15:33	Theresa Colby	Norwich Road Runners	Female	414	F45	45	2:15:06	1415
1374	1599	2:15:33	Louise Hurr	Norfolk Gazelles RC	Female	415	F50	21	2:15:06	1416
1375	2210	2:15:35	Nicky Roper	Framlingham Flyers	Female	416	F45	46	2:13:47	1377
1376	1552	2:15:35	Teresa Fallon		Female	417	F45	47	2:12:52	1348
1377	1740	2:15:40	Danny Burton		Male	960	M	507	2:13:37	1371
1378	961	2:15:40	James Sturgeon		Male	961	M	508	2:13:37	1370
1379	1688	2:15:45	Davina Tebbutt		Female	418	F	266	2:13:32	1366
1380	1531	2:15:48	Lydia Chatwin		Female	419	F	267	2:13:36	1368
1381	1935	2:15:49	Sarah Long		Female	420	F40	70	2:15:12	1418
1382	2009	2:15:49	Joanna Wallis-Fahy		Female	421	F	268	2:15:12	1419
1383	1784	2:15:51	Ivan Lees	Great Yarmouth Road Runners	Male	962	M60	26	2:13:16	1363
1384	1327	2:15:54	Neville Draper		Male	963	M55	41	2:14:11	1386
1385	1142	2:15:57	Amy Knott		Female	422	F	269	2:14:17	1391
1386	1248	2:16:01	Helen Titmarsh		Female	423	F	270	2:13:38	1374
1387	1108	2:16:02	Shannen Greaves		Female	424	F	271	2:14:13	1388
1388	1189	2:16:02	Claire Parish		Female	425	F	272	2:15:03	1410
1389	1806	2:16:04	Benjamin Robinson		Male	964	M	509	2:13:54	1380
1390	1757	2:16:04	Christopher Eates		Male	965	M	510	2:13:29	1365
1391	35	2:16:09	Adrian Rutterford	City of Norwich AC	Male	966	M55	42	2:14:39	1403
1392	1497	2:16:16	Wendy Bailey		Female	426	F45	48	2:14:12	1387
1393	1480	2:16:16	Aaron Wiggins		Male	967	M	511	2:14:31	1402
1394	906	2:16:17	Derek Robertson	Tri-Anglia TC	Male	968	M45	144	2:14:57	1407
1395	1667	2:16:17	Claire Robertson		Female	427	F40	71	2:14:57	1408
1396	1576	2:16:19	Lorraine Grant		Female	428	F	273	2:14:01	1382
1397	1141	2:16:20	Sarah Knapp	Norfolk Gazelles RC	Female	429	F	274	2:14:31	1400
1398	1468	2:16:27	James Tarling		Male	969	M40	134	2:14:10	1385
1399	1271	2:16:30	Jessica Woolston		Female	430	F	275	2:15:38	1428
1400	2090	2:16:30	Emma Shipton-Smith		Female	431	F45	49	2:14:22	1395
1401	2305	2:16:30	Keith Burnett		Male	970	M45	145	2:16:07	1435
1402	1602	2:16:32	Amy Jenkins	Norwich Road Runners	Female	432	F	276	2:14:05	1383
1403	1592	2:16:33	Hayley Howard		Female	433	F40	72	2:14:31	1401
1404	865	2:16:35	Paul Nicholson		Male	971	M60	27	2:13:52	1379
1405	799	2:16:36	John Kerkham		Male	972	M50	103	2:15:20	1422
1406	1939	2:16:36	Katherine Mann	Norwich Road Runners	Female	434	F45	50	2:14:27	1397
1407	829	2:16:37	Stuart Mann	Norwich Road Runners	Male	973	M50	104	2:14:27	1398
1408	1575	2:16:38	Samantha Grainger		Female	435	F45	51	2:15:19	1420
1409	1086	2:16:38	Emma Elliott		Female	436	F	277	2:14:20	1393
1410	1857	2:16:43	Lydia Brownlow		Female	437	F	278	2:14:30	1399
1411	1762	2:16:43	Stephen Frostwick		Male	974	M	512	2:13:49	1378
1412	1521	2:16:44	Leann Browne		Female	438	F40	73	2:15:49	1430
1413	1408	2:16:52	George Nicholls		Male	975	M	513	2:15:37	1427
1414	1968	2:16:52	Vyvian Perry		Female	439	F	279	2:14:23	1396
1415	1682	2:16:53	Anna Stimpson		Female	440	F	280	2:14:18	1392
1416	1103	2:16:53	Claire Gilbert		Female	441	F	281	2:14:17	1390
1417	790	2:17:02	Rajeev Kalia		Male	976	M55	43	2:14:21	1394
1418	1129	2:17:08	Helen James		Female	442	F	282	2:15:59	1432
1419	1472	2:17:16	Graham Turner		Male	977	M	514	2:16:38	1447
1420	1033	2:17:17	Georgia Banbury		Female	443	F	283	2:15:31	1423
1421	830	2:17:17	Tom Margitson		Male	978	M	515	2:14:51	1406
1422	2261	2:17:18	Luke Fitzgerald		Male	979	M	516	2:16:55	1450
1423	38	2:17:25	Valerie Gidney	City of Norwich AC	Female	444	F50	22	2:15:20	1421
1424	1273	2:17:25	Abi Wright		Female	445	F	284	2:15:02	1409
1425	1494	2:17:28	Miranda Antoniou		Female	446	F	285	2:14:43	1404



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1426	1674	2:17:30	Hayley Sendall		Female	447	F40	74	2:16:12	1439
1427	2051	2:17:35	Kayleigh Ellwood		Female	448	F	286	2:15:05	1412
1428	1547	2:17:35	Linda Edwards		Female	449	F40	75	2:15:07	1417
1429	2109	2:17:35	Grahame Deverson		Male	980	M40	135	2:14:44	1405
1430	1446	2:17:40	Stuart Shepherd	St. Edmunds Pacers	Male	981	M50	105	2:16:03	1433
1431	2112	2:17:55	Victor Goodman		Male	982	M60	28	2:15:05	1411
1432	2107	2:17:56	Robert Crawford		Male	983	M	517	2:15:05	1413
1433	669	2:17:56	Martin Craske		Male	984	M	518	2:15:48	1429
1434	852	2:18:02	Terry Moore		Male	985	M55	44	2:17:26	1464
1435	1265	2:18:07	Suzahn Wilson		Female	450	F	287	2:15:35	1425
1436	2219	2:18:12	Michelle Holland	Sudbury Joggers	Female	451	F	288	2:15:33	1424
1437	1295	2:18:13	Rob Batters		Male	986	M55	45	2:15:37	1426
1438	1776	2:18:15	Matthew Hubbard		Male	987	M	519	2:16:34	1445
1439	1230	2:18:16	Abbie Sobik		Female	452	F	289	2:17:13	1459
1440	1990	2:18:19	Lorraine Stammers		Female	453	F50	23	2:16:35	1446
1441	1363	2:18:25	Hedley Harnett		Male	988	M50	106	2:16:43	1448
1442	726	2:18:27	Ian Golden	Didcot Runners	Male	989	M45	146	2:17:13	1460
1443	1934	2:18:30	Emma Lincoln	Norwich Road Runners	Female	454	F	290	2:16:04	1434
1444	2002	2:18:31	Victoria Thompson		Female	455	F	291	2:16:32	1444
1445	1980	2:18:37	Sarah Robertson		Female	456	F	292	2:16:09	1436
1446	1406	2:18:40	David Murrell		Male	990	M40	136	2:15:55	1431
1447	1863	2:18:42	Samantha Carter		Female	457	F	293	2:17:17	1462
1448	1588	2:18:44	Annette Holloway		Female	458	F45	52	2:16:28	1443
1449	1665	2:18:46	Sarah Rippon	Fenland Running & AC	Female	459	F50	24	2:17:00	1454
1450	1714	2:18:47	Rachael Wildgoose		Female	460	F	294	2:17:27	1465
1451	1620	2:18:47	Helen Lewis		Female	461	F45	53	2:16:44	1449
1452	382	2:18:49	Glyn Manton	Norwich Road Runners	Male	991	M45	147	2:16:10	1437
1453	1280	2:18:49	Simon Alcock	Norwich Road Runners	Male	992	M45	148	2:16:10	1438
1454	1800	2:18:52	Andy Payne		Male	993	M40	137	2:16:26	1441
1455	1791	2:18:56	Paul McCartney		Male	994	M40	138	2:17:00	1453
1456	1443	2:18:56	Aravind Shastri		Male	995	M40	139	2:18:25	1487
1457	1942	2:18:56	Clare McCartney		Female	462	F40	76	2:17:01	1455
1458	1772	2:18:58	Pete Henshall		Male	996	M	520	2:17:08	1458
1459	654	2:18:59	Steven Chilvers		Male	997	M60	29	2:17:34	1466
1460	1487	2:19:00	Christopher Woodcock		Male	998	M	521	2:17:34	1467
1461	2131	2:19:04	Alex Sharpe		Male	999	M	522	2:16:16	1440
1462	1394	2:19:10	Stephen Long		Male	1000	M	523	2:17:24	1463
1463	1402	2:19:13	Andrew McCabe		Male	1001	M	524	2:18:17	1480
1464	1465	2:19:14	Chris Swinford		Male	1002	M45	149	2:18:17	1481
1465	1440	2:19:16	Stuart Sayer	Norwich Road Runners	Male	1003	M55	46	2:17:35	1468
1466	2358	2:19:19	Adam Buckle	Halstead RRC	Male	1004	M	525	2:17:16	1461
1467	1533	2:19:23	Elaine Croft		Female	463	F	295	2:16:27	1442
1468	1700	2:19:28	Aukse Vijeikyte		Female	464	F	296	2:16:56	1451
1469	396	2:19:28	Raviraj Natarajan		Male	1005	M50	107	2:18:58	1502
1470	703	2:19:29	Fufu Fang		Male	1006	M	526	2:19:20	1509
1471	1574	2:19:35	Rachel Gover		Female	465	F	297	2:17:03	1456
1472	1573	2:19:35	Julie Gover		Female	466	F50	25	2:17:04	1457
1473	1731	2:19:37	Alan Bartrum		Male	1007	M40	140	2:16:57	1452
1474	1662	2:19:43	Jemma Riches		Female	467	F	298	2:17:50	1471
1475	633	2:19:43	Michael Briggs		Male	1008	M	527	2:17:41	1469
1476	1429	2:19:43	Antony Riches		Male	1009	M	528	2:17:51	1472
1477	1061	2:19:44	Sophie Cole		Female	468	F	299	2:17:52	1475
1478	521	2:19:45	Tracy Brown		Female	469	F	300	2:18:31	1490
1479	2152	2:19:46	Jane Cumming		Female	470	F50	26	2:17:46	1470
1480	1630	2:19:53	Laura Melville		Female	471	F	301	2:17:52	1474
1481	1947	2:19:56	Jane Middleton		Female	472	F50	27	2:19:22	1512
1482	1627	2:19:58	Lucinda McCombe		Female	473	F	302	2:18:17	1482
1483	2356	2:19:58	Julia Baker		Female	474	F	303	2:18:17	1483
1484	1233	2:20:01	Charlotte Stokes		Female	475	F	304	2:18:20	1484
1485	1092	2:20:04	Lottie Fletcher		Female	476	F	305	2:19:32	1517
1486	1965	2:20:04	Rebecca Palmer	Lowestoft Road Runners	Female	477	F	306	2:18:47	1497
1487	653	2:20:05	Kelvin Chilleystone		Male	1010	M	529	2:18:57	1500
1488	1537	2:20:05	Hanna Dean	Bungay Black Dog RC	Female	478	F	307	2:17:52	1473
1489	1615	2:20:05	Anna Koloch-Wojcik		Female	479	F	308	2:19:08	1506
1490	2344	2:20:06	Isabelle Temple		Female	480	F	309	2:18:41	1496
1491	1100	2:20:08	Marie Gaskin		Female	481	F40	77	2:18:23	1486
1492	1976	2:20:10	Hannah Purvis	Wymondham AC	Female	482	F	310	2:18:12	1478
1493	1433	2:20:21	Terry Rogers		Male	1011	M60	30	2:18:35	1493
1494	1843	2:20:27	Lydia Barker		Female	483	F	311	2:18:37	1495
1495	1899	2:20:35	Genevieve Froehlich		Female	484	F	312	2:18:14	1479
1496	1677	2:20:35	Suzannah Sinden	Beccles and Bungay Harriers	Female	485	F40	78	2:18:35	1492
1497	1623	2:20:37	Bourke Louise		Female	486	F45	54	2:19:52	1528
1498	2030	2:20:42	Michael Mills		Male	1012	M	530	2:17:57	1477
1499	1890	2:20:43	Michelle Eves		Female	487	F	313	2:18:58	1501
1500	1131	2:20:46	Lynne Johnson		Female	488	F50	28	2:18:56	1499



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1501	1693	2:20:46	Jan Totterdale	Dereham Runners AC	Female	489	F55	11	2:18:34	1491
1502	1792	2:20:50	Andy McLennan		Male	1013	M45	150	2:19:32	1518
1503	2183	2:20:52	Kaja Vik-Mo		Female	490	F	314	2:17:57	1476
1504	2265	2:20:58	Jayne Capps-Jenner	Bungay Black Dog RC	Female	491	F60	5	2:18:28	1489
1505	1756	2:20:59	Peter Dunsdon		Male	1014	M40	141	2:18:22	1485
1506	2066	2:21:03	Rachael Hutchinson	Whitburn AAC	Female	492	F	315	2:19:29	1515
1507	1330	2:21:04	Steven Ede		Male	1015	M	531	2:19:22	1514
1508	1282	2:21:07	Richard Allsworth		Male	1016	M40	142	2:18:35	1494
1509	465	2:21:13	Henry Starling		Male	1017	M	532	2:19:05	1505
1510	1743	2:21:19	Lee Coby		Male	1018	M	533	2:18:26	1488
1511	1904	2:21:22	Suzy Grant		Female	493	F40	79	2:20:05	1544
1512	1660	2:21:23	Becks Redgrave		Female	494	F	316	2:20:03	1540
1513	1395	2:21:26	Tony Ludlam	Great Yarmouth Road Runners	Male	1019	M50	108	2:19:04	1503
1514	1818	2:21:27	Matthew Stocks		Male	1020	M	534	2:19:38	1522
1515	1931	2:21:34	Amanda Kippax		Female	495	F55	12	2:19:57	1532
1516	2021	2:21:35	Efren Bendanillo		Male	1021	M50	109	2:19:19	1508
1517	2043	2:21:35	Amy Clarke		Female	496	F	317	2:19:22	1513
1518	1856	2:21:40	Rachael Brown		Female	497	F45	55	2:18:52	1498
1519	1580	2:21:42	Vicky Hampson	North Norfolk Beach Runners	Female	498	F	318	2:19:58	1533
1520	1307	2:21:45	Ian Chisholm		Male	1022	M40	143	2:19:21	1511
1521	2024	2:21:47	Neil Dawson	Norwich Road Runners	Male	1023	M50	110	2:19:05	1504
1522	2114	2:21:47	Lloyd Howard		Male	1024	M	535	2:19:37	1521
1523	1339	2:21:47	Ian Fitch		Male	1025	M50	111	2:20:05	1542
1524	1768	2:21:48	Calum Harris		Male	1026	M	536	2:20:01	1535
1525	1903	2:21:50	Tracey Goodrum		Female	499	F50	29	2:19:34	1520
1526	814	2:21:51	Matthew Laxton		Male	1027	M	537	2:20:09	1546
1527	1960	2:21:53	Tamsyn Noble-James		Female	500	F	319	2:19:12	1507
1528	1847	2:21:55	Clare Beveridge		Female	501	F45	56	2:20:01	1534
1529	1820	2:21:57	Jason Tovell		Male	1028	M45	151	2:20:03	1538
1530	1909	2:21:58	Georgia Hegarty		Female	502	F50	30	2:20:07	1545
1531	1845	2:22:02	Claire Berridge		Female	503	F40	80	2:19:50	1527
1532	2055	2:22:05	Deborah Gillespie	North Norfolk Beach Runners	Female	504	F50	31	2:19:20	1510
1533	1801	2:22:05	Jason Peters		Male	1029	M	538	2:21:13	1569
1534	1138	2:22:09	Melanie Kippax		Female	505	F55	13	2:20:33	1554
1535	1916	2:22:11	Sonia Howard	Silson Joggers AC	Female	506	F50	32	2:19:49	1524
1536	1981	2:22:12	Jane Rodens	Hadleigh Hares AC	Female	507	F	320	2:19:50	1525
1537	1703	2:22:14	Jessica Walpole		Female	508	F	321	2:20:15	1547
1538	1241	2:22:20	Loren Taylor		Female	509	F	322	2:19:32	1516
1539	926	2:22:20	Robert Sears		Male	1030	M	539	2:19:33	1519
1540	1384	2:22:22	Matthew Johnston		Male	1031	M	540	2:19:57	1530
1541	1358	2:22:22	Jamie Halliday		Male	1032	M	541	2:19:57	1531
1542	877	2:22:25	Jamie Palmer		Male	1033	M	542	2:19:44	1523
1543	1098	2:22:26	Gemma Garland		Female	510	F	323	2:20:04	1541
1544	720	2:22:26	Steven Garland		Male	1034	M	543	2:20:05	1543
1545	714	2:22:27	Duncan Frazer		Male	1035	M50	112	2:20:03	1539
1546	1536	2:22:29	Claire Davids		Female	511	F	324	2:20:23	1549
1547	1607	2:22:29	Beth Judge		Female	512	F	325	2:20:23	1548
1548	1377	2:22:30	Brian Hookings		Male	1036	M60	31	2:19:53	1529
1549	1594	2:22:31	Ella Howes		Female	513	F	326	2:19:50	1526
1550	1886	2:22:33	Catherine Dynan		Female	514	F40	81	2:20:29	1552
1551	1530	2:22:37	Gemma Chaplin		Female	515	F	327	2:20:25	1550
1552	640	2:22:39	Raymond Butcher		Male	1037	M55	47	2:21:06	1567
1553	1860	2:22:40	Lorna Butcher		Female	516	F40	82	2:21:06	1566
1554	2223	2:22:44	Daniel Hodson		Male	1038	M	544	2:20:02	1536
1555	2224	2:22:44	Andrew Mitchell		Male	1039	M	545	2:20:02	1537
1556	1541	2:22:47	Maya Diekmann		Female	517	F	328	2:20:48	1558
1557	1548	2:22:48	Claudia Eicke-Diekmann		Female	518	F55	14	2:20:47	1557
1558	1839	2:22:51	Katherine Ayers		Female	519	F	329	2:20:59	1564
1559	1671	2:22:52	Natalie Sampson		Female	520	F	330	2:20:48	1559
1560	1517	2:22:54	Vix Bradley		Female	521	F	331	2:20:31	1553
1561	2246	2:22:55	Kelly Shaw		Female	522	F	332	2:20:49	1560
1562	2161	2:22:56	Jacqui Gray		Female	523	F45	57	2:20:49	1562
1563	1706	2:22:56	Francesca Warnes		Female	524	F	333	2:20:53	1563
1564	731	2:22:56	Phillip Gough		Male	1040	M45	152	2:20:42	1556
1565	1369	2:23:03	Peter Hibbit		Male	1041	M45	153	2:21:05	1565
1566	1311	2:23:06	Sean Cole		Male	1042	M	546	2:21:51	1579
1567	1534	2:23:09	Tamsin Crossley		Female	525	F	334	2:20:25	1551
1568	1318	2:23:12	Kevin Coxon		Male	1043	M55	48	2:21:33	1575
1569	1617	2:23:15	Michelle Leach		Female	526	F	335	2:20:41	1555
1570	1263	2:23:16	Elizabeth Wilbourn		Female	527	F	336	2:21:14	1570
1571	1526	2:23:17	Fiona Campbell		Female	528	F	337	2:22:28	1594
1572	1333	2:23:29	Andrew English		Male	1044	M55	49	2:20:49	1561
1573	1797	2:23:30	Simon Parker		Male	1045	M45	154	2:21:12	1568
1574	1967	2:23:49	Philippa Parsons		Female	529	F45	58	2:21:17	1571
1575	1958	2:23:51	Charlotte Nash		Female	530	F	338	2:22:05	1582



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1576	1739	2:23:58	Simon Burridge		Male	1046	M55	50	2:22:06	1585
1577	1632	2:23:58	Jessica Meyer		Female	531	F	339	2:21:45	1578
1578	2187	2:24:01	Judith Young		Female	532	F55	15	2:22:05	1583
1579	1087	2:24:01	Sue Emmett	Coltishall Jaguars RC	Female	533	F45	59	2:22:04	1581
1580	1869	2:24:03	Emma Cook	Great Yarmouth Road Runners	Female	534	F	340	2:21:29	1572
1581	2241	2:24:04	Chris Sheppard		Male	1047	M50	113	2:21:40	1577
1582	1901	2:24:06	Anna Gant		Female	535	F	341	2:21:29	1573
1583	2067	2:24:15	Nita Jackman		Female	536	F40	83	2:21:34	1576
1584	1378	2:24:15	Matthew Hume		Male	1048	M45	155	2:22:12	1588
1585	1596	2:24:15	Leila Hume		Female	537	F	342	2:22:13	1590
1586	652	2:24:17	Iain Chettleburgh		Male	1049	M45	156	2:22:54	1606
1587	1716	2:24:20	Alice Wilson		Female	538	F	343	2:21:33	1574
1588	1168	2:24:21	Sophie Mayes		Female	539	F	344	2:22:40	1605
1589	1790	2:24:22	Thomas May		Male	1050	M	547	2:22:10	1586
1590	1381	2:24:22	James Ingham		Male	1051	M	548	2:22:05	1584
1591	1956	2:24:23	Marina Murdoch	Wymondham AC	Female	540	F50	33	2:22:25	1593
1592	2204	2:24:29	Jessica Eden		Female	541	F	345	2:22:23	1592
1593	1604	2:24:31	Kari-Anne Jordan		Female	542	F	346	2:22:34	1601
1594	1444	2:24:37	John Sheehan	Ealing Eagles Running Club	Male	1052	M50	114	2:22:22	1591
1595	1522	2:24:39	Emily Burbank		Female	543	F	347	2:22:31	1596
1596	2013	2:24:39	Lisa Walpole		Female	544	F	348	2:22:32	1597
1597	1992	2:24:44	Emily Stocks		Female	545	F	349	2:22:55	1608
1598	1491	2:24:46	Amanda Anderson		Female	546	F	350	2:22:34	1602
1599	2115	2:24:49	Andrew Howes		Male	1053	M	549	2:22:03	1580
1600	1389	2:24:51	Richard Kenmore		Male	1054	M50	115	2:22:29	1595
1601	2039	2:24:52	Rebecca Barton		Female	547	F	351	2:22:11	1587
1602	2167	2:24:54	Elaine Kleinberg		Female	548	F40	84	2:22:13	1589
1603	1659	2:25:05	Alexandra Ratcliffe		Female	549	F	352	2:22:33	1600
1604	1088	2:25:06	Claire Evans	Waveney Valley AC	Female	550	F	353	2:22:37	1604
1605	1584	2:25:06	Louise Harrison		Female	551	F	354	2:22:37	1603
1606	2256	2:25:19	Matt Firman		Male	1055	M	550	2:24:46	1636
1607	1008	2:25:19	Mark Willmott		Male	1056	M	551	2:24:47	1637
1608	1760	2:25:21	Will Ford		Male	1057	M	552	2:24:11	1624
1609	1952	2:25:22	Kara Moore-Damant	Stowmarket Striders RC	Female	552	F	355	2:24:18	1628
1610	1987	2:25:23	Maria Smith		Female	553	F45	60	2:22:56	1609
1611	2003	2:25:23	Olivia Towler		Female	554	F	356	2:22:56	1610
1612	2063	2:25:24	Daisy Hopley		Female	555	F	357	2:23:47	1619
1613	1750	2:25:24	David Damant	Stowmarket Striders RC	Male	1058	M45	157	2:24:19	1629
1614	2182	2:25:24	Anna Stoate		Female	556	F	358	2:24:13	1626
1615	2085	2:25:28	Lindsey Richmond		Female	557	F	359	2:22:33	1598
1616	2052	2:25:28	Louise Ewing		Female	558	F	360	2:22:33	1599
1617	1489	2:25:33	Lauren Alden		Female	559	F	361	2:23:32	1616
1618	2320	2:25:35	Oliver Denison		Male	1059	M	553	2:23:21	1613
1619	2177	2:25:38	Emma Ruddy		Female	560	F	362	2:23:13	1612
1620	1587	2:25:41	Rachel Hirst		Female	561	F45	61	2:24:29	1632
1621	1354	2:25:41	Greg Gladwell		Male	1060	M50	116	2:23:21	1614
1622	1826	2:25:41	John Watson		Male	1061	M	554	2:25:00	1642
1623	907	2:25:42	Jay Robertson		Male	1062	M	555	2:24:13	1625
1624	1852	2:25:43	Angela Brennan		Female	562	F	363	2:24:22	1630
1625	1795	2:25:44	Thomas Oakes		Male	1063	M	556	2:22:54	1607
1626	1906	2:25:50	Martine Halls		Female	563	F	364	2:23:28	1615
1627	2129	2:25:57	Mike Ruddy		Male	1064	M50	117	2:23:05	1611
1628	2094	2:26:00	Anne Standerwick	Great Yarmouth Road Runners	Female	564	F45	62	2:25:27	1649
1629	1982	2:26:05	Kitty Rosser	Tri-Anglia TC	Female	565	F	365	2:23:38	1618
1630	1527	2:26:15	Becky Carter		Female	566	F40	85	2:24:01	1620
1631	1619	2:26:15	Lisa Leeder		Female	567	F40	86	2:24:01	1621
1632	1887	2:26:16	Lydia Eades		Female	568	F	366	2:23:35	1617
1633	1804	2:26:18	Andrew Prime		Male	1065	M50	118	2:24:07	1623
1634	1854	2:26:29	Bethany Brown		Female	569	F	367	2:24:04	1622
1635	1613	2:26:38	Jaclyn Kettley		Female	570	F	368	2:24:15	1627
1636	1829	2:26:55	Jason Wilson		Male	1066	M45	158	2:24:24	1631
1637	41	2:26:57	Diane Thompson	City of Norwich AC	Female	571	F55	16	2:24:52	1639
1638	1612	2:26:58	Carolyn Kett		Female	572	F	369	2:24:34	1633
1639	1702	2:27:01	Wendy Wallace		Female	573	F45	63	2:25:29	1650
1640	1324	2:27:02	Stephen Daly		Male	1067	M	557	2:26:05	1655
1641	886	2:27:04	Paul Pickering		Male	1068	M40	144	2:25:26	1648
1642	2081	2:27:05	Joanne Pitcher		Female	574	F40	87	2:26:08	1657
1643	1802	2:27:05	Mark Pitcher		Male	1069	M40	145	2:26:08	1656
1644	1940	2:27:05	Sarah Marshall-Nichols		Female	575	F	370	2:24:55	1641
1645	2000	2:27:14	Diane Thirkettle		Female	576	F50	34	2:24:55	1640
1646	1868	2:27:21	Samantha Charlesworth		Female	577	F45	64	2:25:14	1646
1647	1457	2:27:22	Martin Spaul		Male	1070	M55	51	2:24:40	1635
1648	1427	2:27:22	Neil Richardson		Male	1071	M50	119	2:24:39	1634
1649	624	2:27:25	Mark Blazey		Male	1072	M45	159	2:26:46	1664
1650	1425	2:27:25	Carl Rice		Male	1073	M40	146	2:26:46	1665



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1651	2035	2:27:38	Calum Simpson		Male	1074	M	558	2:24:48	1638
1652	2083	2:27:41	Nipharat Rabuenam		Female	578	F	371	2:25:03	1644
1653	2077	2:27:46	Glenis Moore		Female	579	F60	6	2:25:12	1645
1654	1894	2:27:47	Emma-Louise Fern		Female	580	F45	65	2:25:01	1643
1655	1346	2:27:48	Ian Freel		Male	1075	M55	52	2:25:53	1652
1656	1043	2:28:11	Chloe Bird		Female	581	F	372	2:26:00	1654
1657	1855	2:28:12	Nikki Brown		Female	582	F	373	2:25:22	1647
1658	2235	2:28:28	Thomas Tsang		Male	1076	M60	32	2:25:57	1653
1659	1966	2:28:31	Megan Parry		Female	583	F	374	2:25:50	1651
1660	1543	2:28:42	Sarah Doyle		Female	584	F40	88	2:26:14	1659
1661	2263	2:28:43	Hayley Gibbard		Female	585	F	375	2:26:11	1658
1662	801	2:28:45	Harry King		Male	1077	M	559	2:27:56	1684
1663	1911	2:28:48	Isobel Highett		Female	586	F	376	2:26:20	1661
1664	2217	2:28:48	Rachel Overton		Female	587	F	377	2:26:19	1660
1665	2268	2:28:48	Theo Hill		Male	1078	M	560	2:26:21	1662
1666	2118	2:28:50	Kevin Lamb		Male	1079	M40	147	2:26:36	1663
1667	2331	2:28:54	Graeme Barber		Male	1080	M	561	2:26:58	1668
1668	1918	2:28:57	Layla Howe		Female	588	F	378	2:26:47	1666
1669	2047	2:28:59	Jenny Desborough		Female	589	F	379	2:28:03	1685
1670	2257	2:29:04	Craig Wright		Male	1081	M	562	2:28:32	1689
1671	1525	2:29:18	Charlene Calladine	Diss & District AC	Female	590	F	380	2:27:28	1673
1672	2087	2:29:24	Joanna Seaman		Female	591	F45	66	2:26:53	1667
1673	601	2:29:33	Mike Baker		Male	1082	M50	120	2:27:32	1674
1674	1962	2:29:37	Grace O'Brien		Female	592	F	381	2:27:03	1671
1675	1849	2:29:40	Melanie Blagden		Female	593	F45	67	2:27:00	1670
1676	2015	2:29:40	Heidi Watson		Female	594	F50	35	2:27:00	1669
1677	2069	2:29:51	Jenny Judge		Female	595	F	382	2:27:45	1676
1678	1516	2:29:53	Clare Bradbury	Wymondham AC	Female	596	F40	89	2:27:27	1672
1679	1016	2:29:57	Stuart Wright		Male	1083	M50	121	2:27:55	1682
1680	1673	2:29:57	Michaela Scarle		Female	597	F45	68	2:27:56	1683
1681	2084	2:30:04	Terri Read		Female	598	F	383	2:27:49	1677
1682	2014	2:30:04	Kelly Waters		Female	599	F	384	2:27:51	1679
1683	2059	2:30:04	Elly Haylcok		Female	600	F	385	2:27:49	1678
1684	1370	2:30:04	Kevin Hill		Male	1084	M55	53	2:27:52	1680
1685	1975	2:30:04	Karen Prime		Female	601	F45	69	2:27:53	1681
1686	1915	2:30:26	Victoria Horne		Female	602	F40	90	2:28:23	1688
1687	584	2:30:27	Lewis Ablett	Tri-Anglia TC	Male	1085	M	563	2:27:42	1675
1688	1867	2:30:39	Ruth Champion		Female	603	F	386	2:28:10	1686
1689	1379	2:30:50	Ben Humphrey		Male	1086	M	564	2:28:46	1692
1690	838	2:30:53	Robert McKillop		Male	1087	M50	122	2:28:19	1687
1691	1727	2:30:53	Stephen Andrews		Male	1088	M55	54	2:28:36	1690
1692	1646	2:31:01	Inga Palmer		Female	604	F40	91	2:28:48	1693
1693	1905	2:31:14	Gill Hak		Female	605	F55	17	2:29:00	1695
1694	1009	2:31:17	Adrian Wilson		Male	1089	M45	160	2:28:54	1694
1695	1343	2:31:29	Bob Fossey	Norwich Road Runners	Male	1090	M60	33	2:29:46	1708
1696	1560	2:31:30	Clare Francis		Female	606	F	387	2:30:50	1725
1697	1891	2:31:31	Lisa Farrington	Waveney Valley AC	Female	607	F	388	2:28:43	1691
1698	1763	2:31:35	Paul Gardiner		Male	1091	M45	161	2:29:38	1703
1699	2230	2:31:35	Sam Barwick	Norfolk Gazelles RC	Female	608	F45	70	2:29:39	1705
1700	1771	2:31:36	Robert Hawes		Male	1092	M45	162	2:29:39	1704
1701	1432	2:31:36	Tim Robins		Male	1093	M45	163	2:29:12	1696
1702	1666	2:31:41	Fel Roberts		Female	609	F45	71	2:29:36	1702
1703	1923	2:31:45	Lisa Jones		Female	610	F	389	2:29:33	1701
1704	1498	2:31:45	Janine Baker		Female	611	F45	72	2:29:42	1707
1705	1910	2:31:45	Naomi Henning		Female	612	F	390	2:29:42	1706
1706	2134	2:31:46	Lee Thompson		Male	1094	M	565	2:29:30	1699
1707	1926	2:31:47	Julia Kaluska		Female	613	F40	92	2:29:31	1700
1708	363	2:31:51	Edward Lawrence		Male	1095	M	566	2:29:47	1709
1709	2347	2:31:59	Jake Griffin		Male	1096	M	567	2:30:23	1720
1710	1742	2:32:09	Andrew Clifton	Felixstowe RRC	Male	1097	M50	123	2:29:52	1713
1711	1276	2:32:12	Shelley Yeaman		Female	614	F45	73	2:29:49	1710
1712	2012	2:32:12	Heidi Walker		Female	615	F	391	2:29:50	1712
1713	1813	2:32:13	Dennis Smith		Male	1098	M70	2	2:29:27	1698
1714	1404	2:32:13	Brian Moore	Norwich Road Runners	Male	1099	M65	9	2:29:20	1697
1715	1991	2:32:18	Teodora Stefanova		Female	616	F	392	2:30:38	1723
1716	2037	2:32:28	Will Tyrrell		Male	1100	M	568	2:30:08	1716
1717	2005	2:32:28	Victoria Tyrrell		Female	617	F	393	2:30:08	1717
1718	1946	2:32:39	Gillian Meigh		Female	618	F55	18	2:31:04	1728
1719	1340	2:32:41	Michael Fitzpatrick		Male	1101	M55	55	2:30:03	1715
1720	1822	2:32:42	Robin Turner		Male	1102	M	569	2:29:49	1711
1721	1745	2:32:43	Joseph Coles		Male	1103	M	570	2:29:52	1714
1722	1670	2:32:46	Louise Salmon		Female	619	F40	93	2:30:16	1719
1723	1585	2:32:46	Vicky Harrison		Female	620	F40	94	2:30:16	1718
1724	1634	2:33:06	Amy Mills		Female	621	F	394	2:30:55	1726
1725	2010	2:33:06	Charlotte Walker		Female	622	F	395	2:30:55	1727



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1726	1840	2:33:12	Laura Bagshaw	Norfolk Harriers	Female	623	F	396	2:30:24	1721
1727	1032	2:33:13	Robina Austin		Female	624	F45	74	2:31:09	1729
1728	1834	2:33:14	Dan Zenchuk	Thorney RC	Male	1104	M	571	2:31:10	1730
1729	2176	2:33:18	Angelika Reichstein		Female	625	F	397	2:30:33	1722
1730	2061	2:33:20	Jinda Hills		Female	626	F40	95	2:30:43	1724
1731	1022	2:33:36	Tim Zouridis		Male	1105	M	572	2:32:36	1740
1732	2153	2:33:37	Jenna Daykin		Female	627	F	398	2:32:50	1745
1733	1641	2:33:39	Liz Nice		Female	628	F45	75	2:31:23	1732
1734	1039	2:34:03	Melissa Bentley		Female	629	F40	96	2:31:17	1731
1735	2170	2:34:08	Harriet Large		Female	630	F	399	2:32:44	1744
1736	2027	2:34:10	Andrew Huggins		Male	1106	M45	164	2:31:25	1733
1737	1676	2:34:17	Clare Sillis		Female	631	F40	97	2:32:03	1734
1738	2048	2:34:39	Nilixa Devlukia		Female	632	F45	76	2:32:41	1741
1739	1986	2:34:53	Katie Smart		Female	633	F	400	2:32:33	1739
1740	2093	2:34:58	Jenny Sparkes	Norwich Road Runners	Female	634	F	401	2:32:53	1746
1741	2062	2:35:00	Vicki Holland	Dereham Runners AC	Female	635	F40	98	2:33:02	1747
1742	1770	2:35:04	Martin Hatton	Waveney Valley AC	Male	1107	M55	56	2:32:24	1735
1743	2007	2:35:05	Elna Vermaak	Orion Harriers	Female	636	F50	36	2:32:32	1738
1744	2036	2:35:16	Alan Smith		Male	1108	M55	57	2:32:29	1736
1745	2045	2:35:17	Janine Daynes		Female	637	F45	77	2:32:29	1737
1746	1715	2:35:26	Zoe Willis		Female	638	F	402	2:33:08	1748
1747	1953	2:35:29	Katherine Mortlock	Bure Valley Harriers	Female	639	F40	99	2:32:43	1743
1748	1957	2:35:38	Chiluba Musonda		Female	640	F	403	2:32:43	1742
1749	996	2:35:47	Justin Watson		Male	1109	M	573	2:35:28	1764
1750	1652	2:36:06	Alex Plummer		Female	641	F	404	2:35:33	1765
1751	2144	2:36:12	Elaine Bowen		Female	642	F	405	2:33:29	1749
1752	2072	2:36:13	Kelly Lee	Reepham Runners	Female	643	F	406	2:33:54	1751
1753	1481	2:36:23	Luke Wilby		Male	1110	M	574	2:34:08	1757
1754	1695	2:36:23	Miranda Tuddenham		Female	644	F	407	2:34:08	1756
1755	1764	2:36:24	Jason Gibbons		Male	1111	M	575	2:34:26	1761
1756	1761	2:36:28	Pau Fraser		Male	1112	M50	124	2:33:39	1750
1757	1917	2:36:49	Amy Howarth		Female	645	F	408	2:33:57	1752
1758	1315	2:36:49	Paul Corder	Norwich Road Runners	Male	1113	M55	58	2:34:09	1759
1759	1831	2:36:49	Joe Woodley	Norwich Road Runners	Male	1114	M40	148	2:33:58	1753
1760	1841	2:36:49	Melissa Baines	Norwich Road Runners	Female	646	F	409	2:33:58	1754
1761	1462	2:36:52	Paul Strowger		Male	1115	M40	149	2:34:08	1755
1762	1411	2:36:53	Daniel Patterson		Male	1116	M	576	2:34:08	1758
1763	2173	2:37:20	Samirah Musasizi		Female	647	F	410	2:34:25	1760
1764	2140	2:37:23	Alice Antwi		Female	648	F	411	2:34:28	1762
1765	1972	2:37:24	Sally Porter	Bure Valley Harriers	Female	649	F50	37	2:34:37	1763
1766	322	2:37:27	Paul Harrod	Waveney Valley AC	Male	1117	M55	59	2:36:25	1773
1767	2058	2:37:27	Karen Harrod	Waveney Valley AC	Female	650	F55	19	2:36:25	1772
1768	9	2:37:31	Emma Adcock	Dereham Runners AC	Female	651	F40	100	2:35:34	1766
1769	331	2:37:40	Brandon Herod		Male	1118	M	577	2:35:36	1767
1770	612	2:37:50	Niall Baum		Male	1119	M	578	2:35:49	1768
1771	1759	2:38:54	Mark Everard		Male	1120	M	579	2:36:25	1774
1772	2079	2:38:55	Nina O? Brien		Female	652	F65	2	2:36:16	1769
1773	2089	2:39:07	Deb Shenton		Female	653	F55	20	2:36:18	1770
1774	535	2:39:08	Donna Dowsing		Female	654	F45	78	2:37:01	1777
1775	1882	2:39:08	Holly Dowsing		Female	655	F	412	2:37:01	1778
1776	1920	2:39:14	Josephine Isaac		Female	656	F	413	2:36:42	1776
1777	1636	2:39:16	Lynda Moore	Norwich Road Runners	Female	657	F60	7	2:36:23	1771
1778	547	2:39:23	Claire Holmes		Female	658	F	414	2:38:15	1787
1779	1668	2:39:24	Kate Rossetti		Female	659	F	415	2:36:40	1775
1780	2073	2:39:57	Melanie Manson	Goodgym Race Team	Female	660	F40	101	2:38:04	1786
1781	2128	2:40:00	Matthew Ruddy		Male	1121	M	580	2:37:35	1783
1782	1819	2:40:05	Richard Tinkler		Male	1122	M	581	2:37:12	1779
1783	1908	2:40:10	Juliet Hayward		Female	661	F40	102	2:37:33	1781
1784	2088	2:40:11	Nicola Shearing		Female	662	F	416	2:37:37	1784
1785	1351	2:40:12	Lee Gerrard		Male	1123	M40	150	2:37:17	1780
1786	1730	2:40:27	Rod Barrett		Male	1124	M70	3	2:37:33	1782
1787	1871	2:40:32	Annette Copeman-Lamoureux	Beccles and Bungay Harriers	Female	663	F45	79	2:38:30	1788
1788	1938	2:40:35	Katherine Mann	Norwich Road Runners	Female	664	F	417	2:37:48	1785
1789	2205	2:40:39	Rebeca Washer		Female	665	F	418	2:38:47	1791
1790	2206	2:40:42	Anastasia Wright		Female	666	F	419	2:38:49	1792
1791	1782	2:40:42	Phillip Laurier	Lowestoft Road Runners	Male	1125	M65	10	2:38:40	1789
1792	1132	2:41:11	Amy Jones		Female	667	F	420	2:39:00	1793
1793	1861	2:41:18	Harleigh Byers		Female	668	F	421	2:39:12	1796
1794	1862	2:41:18	Kerry Byers		Female	669	F45	80	2:39:13	1797
1795	1919	2:41:32	Kim Howson		Female	670	F	422	2:38:46	1790
1796	1126	2:41:46	Katherine Hupton		Female	671	F	423	2:39:30	1798
1797	1508	2:41:50	Philippa Bindley		Female	672	F	424	2:39:35	1803
1798	2098	2:41:55	Fiona Wakefield		Female	673	F	425	2:39:00	1794
1799	2160	2:41:55	Georgina Godby		Female	674	F40	103	2:39:00	1795
1800	2186	2:42:05	Sarah Wynn		Female	675	F	426	2:39:31	1800



City of Norwich Half Marathon

15th April 2018

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1801	1998	2:42:09	Hannah Taylor		Female	676	F	427	2:39:30	1799
1802	2169	2:42:09	Sherry Lane		Female	677	F55	21	2:39:31	1801
1803	1687	2:42:11	Lauren Taylor		Female	678	F	428	2:39:33	1802
1804	2042	2:42:24	Claire Butcher	Felixstowe RRC	Female	679	F	429	2:40:08	1806
1805	2163	2:42:43	Jane Kelly	Norwich Road Runners	Female	680	F45	81	2:39:50	1804
1806	1751	2:42:49	Ashley Davey		Male	1126	M	582	2:40:04	1805
1807	2355	2:42:50	Kirsty Burgess		Female	681	F	430	2:40:21	1808
1808	1711	2:42:57	Jemma White		Female	682	F	431	2:40:18	1807
1809	2046	2:43:04	Stephanie Deeks	Great Yarmouth Road Runners	Female	683	F40	104	2:40:30	1809
1810	1988	2:43:04	Anna Spackman	Great Yarmouth Road Runners	Female	684	F	432	2:40:30	1810
1811	1879	2:43:11	Poppy Dawes Ayres		Female	685	F	433	2:40:32	1811
1812	1722	2:43:12	Lisa Wright		Female	686	F	434	2:41:19	1813
1813	2264	2:43:44	David Price		Male	1127	M45	165	2:41:19	1814
1814	1515	2:44:03	Katrina Bowles		Female	687	F	435	2:41:46	1816
1815	1881	2:44:05	Becki Dockree		Female	688	F	436	2:41:11	1812
1816	2139	2:44:30	Helima Akinshegun		Female	689	F	437	2:42:20	1819
1817	2108	2:44:35	Pete Dean		Male	1128	M50	125	2:41:42	1815
1818	1749	2:44:45	Graham Craske		Male	1129	M55	60	2:42:37	1820
1819	1830	2:44:45	Lewis Wood		Male	1130	M	583	2:42:10	1817
1820	1895	2:44:50	Jess Fletcher		Female	690	F	438	2:42:40	1821
1821	2022	2:44:52	Leonard Bertoia		Male	1131	M55	61	2:44:40	1837
1822	2159	2:45:01	Julie Garnham		Female	691	F40	105	2:42:11	1818
1823	1663	2:45:09	Jemma Riches		Female	692	F	439	2:42:59	1826
1824	1712	2:45:09	Louise White		Female	693	F	440	2:42:59	1823
1825	1993	2:45:11	Michelle Stolworthy		Female	694	F45	82	2:42:42	1822
1826	1989	2:45:45	Wendy Spaul		Female	695	F50	38	2:43:02	1828
1827	1755	2:45:48	Matt Dineen		Male	1132	M40	151	2:42:59	1827
1828	1853	2:45:48	Samantha Britcher		Female	696	F40	106	2:42:59	1824
1829	1985	2:45:48	Samantha Skelton		Female	697	F40	107	2:42:59	1825
1830	1647	2:45:51	Karen Patterson		Female	698	F	441	2:43:15	1829
1831	1902	2:45:57	Emma Godbold		Female	699	F40	108	2:43:22	1830
1832	1964	2:46:29	Harriet Orrell		Female	700	F	442	2:44:09	1832
1833	2142	2:46:42	Katherine Barron		Female	701	F	443	2:43:49	1831
1834	2095	2:46:59	Liz Sumners		Female	702	F	444	2:44:21	1833
1835	1501	2:47:01	Helen Barnes		Female	703	F	445	2:44:22	1834
1836	2075	2:47:04	Charlotte McDonald		Female	704	F	446	2:44:26	1835
1837	1892	2:47:23	Anne Farthing		Female	705	F45	83	2:44:37	1836
1838	1581	2:47:32	Freya Hanna		Female	706	F	447	2:45:45	1847
1839	2008	2:47:35	Kate Wales		Female	707	F40	109	2:47:35	1851
1840	2255	2:47:57	Glenn Parrott		Male	1133	M45	166	2:45:26	1841
1841	2091	2:47:57	Victoria Smart		Female	708	F	448	2:45:27	1842
1842	2132	2:47:59	Matthew Smith		Male	1134	M45	167	2:45:06	1838
1843	2044	2:48:08	Ruth Cutter		Female	709	F50	39	2:45:34	1843
1844	2154	2:48:10	Lynne Dowdy		Female	710	F55	22	2:45:16	1839
1845	2064	2:48:10	Ceridwen Howell		Female	711	F60	8	2:45:17	1840
1846	2011	2:48:28	Gemma Walker		Female	712	F40	110	2:45:40	1844
1847	1959	2:48:29	Emily Nobbs		Female	713	F	449	2:45:40	1846
1848	1928	2:48:29	Debs Kershaw		Female	714	F	450	2:45:40	1845
1849	2076	2:49:29	Caroline McIntosh	Newmarket Joggers	Female	715	F65	3	2:47:12	1850
1850	2180	2:49:55	Ayla Sira		Female	716	F	451	2:47:04	1848
1851	2165	2:49:55	Robyn Khan		Female	717	F	452	2:47:05	1849
1852	2017	2:50:12	Charlotte West		Female	718	F	453	2:48:15	1854
1853	2151	2:50:26	Emma Cracknell		Female	719	F	454	2:47:43	1853
1854	2080	2:50:35	Marion Parks		Female	720	F45	84	2:47:40	1852
1855	1922	2:50:55	Eleanor Jarvis		Female	721	F	455	2:48:28	1855
1856	1778	2:50:55	Ian Jarvis		Male	1135	M50	126	2:48:28	1856
1857	2070	2:52:45	Sanja Kalli		Female	722	F	456	2:51:27	1862
1858	1542	2:52:54	Jasminder Dosanjh		Female	723	F	457	2:50:34	1858
1859	1413	2:52:54	Daniel Perrins		Male	1136	M	584	2:50:34	1859
1860	2110	2:53:08	Peter Emery		Male	1137	M45	168	2:52:19	1863
1861	2156	2:53:08	Sharn Emery		Female	724	F45	85	2:52:21	1864
1862	1874	2:53:13	Georgia Cranmer		Female	725	F	458	2:51:02	1861
1863	2166	2:53:14	Claire Kimber		Female	726	F40	111	2:50:22	1857
1864	2105	2:53:49	Neil Barron		Male	1138	M	585	2:50:56	1860
1865	1181	2:55:13	Leyen Nguyen		Female	727	F	459	2:54:12	1867
1866	2101	2:55:50	Stephanie Wenn	Norwich Road Runners	Female	728	F	460	2:53:10	1865
1867	2004	2:56:09	Susan Turner		Female	729	F45	86	2:53:26	1866
1868	2141	2:56:53	Gemma Bailey	100 Marathon Club	Female	730	F	461	2:54:21	1868
1869	2041	2:56:57	Caroline Briggs	British Military Fitness	Female	731	F50	40	2:54:31	1869
1870	2188	2:57:35	Scott Carroll		Male	1139	M	586	2:55:01	1870
1871	1421	2:57:35	Trevor Rawson		Male	1140	M55	62	2:55:01	1871
1872	2190	2:57:35	Debbie Carroll		Female	732	F50	41	2:55:02	1872
1873	1954	2:57:57	Tascha Mountford		Female	733	F	462	2:55:06	1873
1874	2345	2:58:09	Adele Jones		Female	734	F70	1	2:55:32	1874
1875	1913	2:58:13	Helen Hogan		Female	735	F45	87	2:55:34	1875



Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1876	1206	2:59:03	Nirmala Raviraj		Female	736	F45	88	2:58:32	1881
1877	1898	2:59:16	Robyn Freeman		Female	737	F	463	2:56:23	1877
1878	1897	2:59:16	Laura Franks		Female	738	F	464	2:56:23	1876
1879	2155	2:59:29	Nicola Ellis		Female	739	F	465	2:57:38	1879
1880	2150	2:59:47	Emma Coe		Female	740	F	466	2:56:53	1878
1881	2121	3:00:35	Kerry Lyon		Male	1141	M45	169	2:57:38	1880
1882	2184	3:02:19	Laura Waller		Female	741	F	467	2:59:41	1882
1883	2133	3:04:58	Stuart Smith		Male	1142	M50	127	3:02:02	1883
1884	2181	3:07:47	Natasha Smith		Female	742	F	468	3:05:10	1885
1885	2097	3:07:47	Gabrielle Tate		Female	743	F	469	3:05:02	1884
1886	2178	3:09:26	Louise Sayer		Female	744	F45	89	3:06:33	1886
1887	2185	3:22:56	Yasmin Weatherstone		Female	745	F	470	3:20:35	1887