



Run in the Dark - London 10k

Wednesday 13th November 2019

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	502	36:47	David Walsh		Male	1	10K-MO	1	36:41	1
2	767	36:50	Jonny Neville	Mott MacDonald Milers	Male	2	10K-MO	2	36:49	2
3	714	37:20	Patrick Smadbeck	Football Radar	Male	3	10K-MO	3	37:19	3
4	899	37:32	Peter Juggins		Male	4	10K-MO	4	37:23	4
5	575	37:55	Kris Kringelis	Bank of America Merrill Lynch	Male	5	10K-MO	5	37:45	6
6	1759	38:00	Nick Ledbetter		Male	6	10K-MO	6	37:58	7
7	263	38:03	Reinhard Marl		Male	7	10K-MO	7	38:01	8
8	1762	38:13	Fabrizio Stefanoni		Male	8	10K-M40	1	37:43	5
9	1862	38:26	Jordan Annett		Male	9	10K-MO	8	38:18	9
10	298	38:28	Tom Lancaster		Male	10	10K-MO	9	38:18	10
11	1900	38:29	Steve Rolfe		Male	11	10K-MO	10	38:25	11
12	264	38:42	Guy Holcroft		Male	12	10K-M50	1	38:36	13
13	172	38:55	Martin Ballantyne		Male	13	10K-M40	2	38:50	14
14	241	39:16	Clive Carter		Male	14	10K-M40	3	39:12	15
15	1360	39:19	Fergus Penny		Male	15	10K-MO	11	39:18	18
16	1282	39:30	Heath Pritchard		Male	16	10K-MO	12	39:20	19
17	1463	39:30	Greg Jarvis	Architas	Male	17	10K-M50	2	39:27	21
18	1425	39:32	Piotr Sloka		Male	18	10K-MO	13	38:35	12
19	1869	39:34	Jack Rubini		Male	19	10K-MO	14	39:31	24
20	885	39:35	Ian Poole		Male	20	10K-MO	15	39:31	23
21	1363	39:38	Thomas Llewellyn		Male	21	10K-MO	16	39:36	25
22	503	39:44	Gyorgy Lorincz		Male	22	10K-M40	4	39:37	26
23	964	39:46	Kyle McLoughlin		Male	23	10K-MO	17	39:41	28
24	1314	39:56	Nick Bird	Octopus Running Club	Male	24	10K-M40	5	39:24	20
25	1052	40:02	Alistair Thorpe	AECOM Running Team	Male	25	10K-MO	18	39:28	22
26	1374	40:03	Laurent Luccioni		Male	26	10K-M40	6	39:59	29
27	705	40:05	Roy Fox	Football Radar	Male	27	10K-MO	19	40:03	31
28	772	40:07	Alex Will	Mott MacDonald Milers	Male	28	10K-MO	20	39:13	16
29	1815	40:15	Allin Groom		Male	29	10K-MO	21	39:16	17
30	129	40:18	Peter Nash		Male	30	10K-MO	22	39:39	27
31	390	40:45	Nicolas McGeagh		Male	31	10K-M40	7	40:44	38
32	562	40:47	Daniel Waight	Bank of America Merrill Lynch	Male	32	10K-M40	8	40:42	37
33	1468	40:54	Lauri Lutsar	Bardin Hill	Male	33	10K-MO	23	40:40	34
34	854	41:00	Ben Turner	The New York Times	Male	34	10K-MO	24	40:59	39
35	83	41:06	Simon Felstead		Male	35	10K-M40	9	40:37	33
36	791	41:09	Chris Hardy	Pain is just french bread	Male	36	10K-MO	25	40:03	30
37	359	41:10	Bradley Miln		Male	37	10K-M40	10	40:41	36
38	924	41:27	Brian Moher		Male	38	10K-M40	11	41:04	40
39	282	41:31	Ben Heiningner		Male	39	10K-MO	26	41:20	45
40	649	41:32	James Wormall	Commercial & Products Finance	Male	40	10K-M40	12	41:27	47
41	1436	41:33	Aleksandrs Lisikovs		Male	41	10K-MO	27	40:40	35
42	1394	41:42	John Cunningham		Male	42	10K-M40	13	40:29	32
43	30	41:46	Guy Anderson		Male	43	10K-MO	28	41:34	48
44	1244	42:01	Louis Smith		Male	44	10K-MO	29	41:05	41
45	235	42:02	Daniel Wozniak		Male	45	10K-MO	30	41:41	49
46	149	42:13	Declan Costello		Male	46	10K-M50	3	42:09	52
47	516	42:42	Charly Stephens	all3runners	Male	47	10K-MO	31	42:07	50
48	1247	42:44	Taylor Rampton		Male	48	10K-MO	32	42:13	53
49	1046	42:46	Giacomo Ciavatti	AECOM Running Team	Male	49	10K-MO	33	41:24	46
50	891	42:55	Chris Byrne		Male	50	10K-M40	14	42:36	56
51	650	42:59	Alex Edwards	Commercial & Products Finance	Male	51	10K-MO	34	42:51	59
52	640	43:01	Sophie Baillie	CMS-Ankura	Female	1	10K-FO	1	42:49	58
53	626	43:06	Jon Mackinney	Capita Legal	Male	52	10K-MO	35	41:09	42
54	727	43:06	Colin MacKenzie	Freshfields	Male	53	10K-M40	15	42:57	60
55	1840	43:18	James Gratton		Male	54	10K-MO	36	42:19	54
56	1346	43:24	Matt Johnson		Male	55	10K-MO	37	43:14	66
57	1807	43:24	Phil Hanby		Male	56	10K-MO	38	42:08	51
58	200	43:26	Mats Sodergren		Male	57	10K-MO	39	42:57	61
59	212	43:29	Jimmy Ryan		Male	58	10K-MO	40	43:08	65
60	1062	43:36	Max Nancarrow	AECOM Running Team	Male	59	10K-MO	41	43:01	63
61	185	43:38	Craig Stevens		Male	60	10K-MO	42	41:11	43
62	1479	43:42	Mauricio Suarez-Rodriguez	Deutsche Bank - EPG	Male	61	10K-M40	16	43:27	69
63	1480	43:42	Richard Edghill	Deutsche Bank - EPG	Male	62	10K-MO	43	42:21	55
64	55	43:44	Jack Shepherd		Male	63	10K-MO	44	43:35	72
65	234	43:47	Robert Tunningley		Male	64	10K-MO	45	41:15	44
66	1526	44:06	Wahb Ettoumi	MUFG Run in the Dark Team	Male	65	10K-MO	46	43:46	76
67	725	44:11	James Castillo	Freshfields	Male	66	10K-MO	47	43:31	70
68	569	44:18	Hongbin Gu	Bank of America Merrill Lynch	Male	67	10K-MO	48	44:01	82
69	698	44:20	Andrew Hughes	ET Striders	Male	68	10K-M50	4	43:44	75
70	80	44:21	John Freir		Male	69	10K-M50	5	44:12	85
71	1180	44:23	Tim Tawse	Octopus Running Club	Male	70	10K-M40	17	43:20	67
72	1819	44:26	David Frisby		Male	71	10K-MO	49	43:50	77
73	1127	44:28	Kevin Hosking	ISS Intrepid Team	Male	72	10K-MO	50	44:22	89
74	1130	44:29	Marc Hosking	ISS Intrepid Team	Male	73	10K-MO	51	44:23	90
75	1241	44:35	Hamish Lazell	Octopus Running Club	Male	74	10K-MO	52	43:34	71



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	1852	44:42	Will Caunce		Male	75	10K-MO	53	44:02	83
77	1771	44:43	Owen Burke		Male	76	10K-M40	18	44:16	87
78	134	44:43	Greg Longden		Male	77	10K-MO	54	42:41	57
79	1418	44:45	Paul Nuttall		Male	78	10K-MO	55	44:25	91
80	1878	44:46	Justin Gatenby		Male	79	10K-M40	19	44:43	96
81	570	44:50	Simon Moore	Bank of America Merrill Lynch	Male	80	10K-M50	6	44:43	97
82	1767	44:51	Gareth Evans		Male	81	10K-MO	56	44:46	101
83	1057	44:53	Mike Simms	AECOM Running Team	Male	82	10K-M50	7	44:29	92
84	1557	44:58	Ronan Mullan	MUFG Run in the Dark Team	Male	83	10K-MO	57	43:35	73
85	730	44:58	David Hudson	Gilbert-Ash Ltd	Male	84	10K-MO	58	44:46	103
86	773	45:02	Magnus Pierre	Mott MacDonald Milers	Male	85	10K-MO	59	44:58	108
87	1201	45:02	Dallas Clement		Male	86	10K-MO	60	43:39	74
88	1072	45:06	Fiona Malitsky	Bank of America Merrill Lynch	Female	2	10k-FO	2	44:59	109
89	1170	45:07	Sarah Betts	AECOM Running Team	Female	3	10k-FO	3	44:58	107
90	1101	45:08	Alastair Ellerington	Hudson Weir/Howlader & Co	Male	87	10K-MO	61	44:00	81
91	1836	45:10	Daniel MacRorie		Male	88	10K-MO	62	42:58	62
92	1889	45:12	Stephen Flynn		Male	89	10K-MO	63	44:52	104
93	1923	45:13	Rachel Phillips	Imperial Marchers	Female	4	10k-FO	4	44:58	106
94	1391	45:21	Vasile Talica		Male	90	10K-MO	64	45:10	115
95	1068	45:22	Michael Haverty	Almero	Male	91	10K-MO	65	43:56	80
96	1207	45:22	Alexander Kolb		Male	92	10K-M40	20	45:10	116
97	7	45:23	Alastair Dibden		Male	93	10K-MO	66	43:04	64
98	1063	45:24	Gizelle Thorpe	Almero	Female	5	10k-FO	5	44:54	105
99	1024	45:26	Ben Dawson		Male	94	10K-MO	67	44:43	98
100	937	45:27	Riad KhLoufi		Male	95	10K-M40	21	45:22	121
101	1066	45:29	Graham Corder	Almero	Male	96	10K-MO	68	44:03	84
102	1067	45:30	Tj Steyn	Almero	Male	97	10K-MO	69	45:00	110
103	388	45:30	James Flavin		Male	98	10K-M40	22	44:44	99
104	313	45:41	Harvey Gallagher		Male	99	10K-M50	8	43:51	78
105	1152	45:47	Stuart Taggart	Linesight	Male	100	10K-MO	70	44:46	100
106	1941	45:50	John Fullarton		Male	101	10K-MO	71	45:42	126
107	1809	45:58	Ashley Greenall		Male	102	10K-MO	72	44:42	95
108	731	45:58	Ben Langslow	Gilbert-Ash Ltd	Male	103	10K-MO	73	45:01	112
109	566	45:59	Nigel Stevens	Bank of America Merrill Lynch	Male	104	10K-M60+	1	45:04	113
110	1298	46:04	Luis Serna		Male	105	10K-M40	23	45:44	127
111	624	46:05	Peta Smith	Capita Legal	Female	6	10k-FO	6	43:54	79
112	143	46:06	Shane O'Neill		Male	106	10K-M40	24	45:09	114
113	1038	46:07	Simon Brennan		Male	107	10K-MO	74	44:46	102
114	820	46:08	Paul Mutter	Sir Robert McAlpine	Male	108	10K-MO	75	45:47	130
115	983	46:10	Graham Muggleton		Male	109	10K-M40	25	45:52	132
116	584	46:11	Adrienne Simes	Blackstone Team	Female	7	10k-FO	7	43:23	68
117	1381	46:11	Elliot Barron		Male	110	10K-MO	76	45:22	120
118	1806	46:17	David Rippon		Male	111	10K-M40	26	46:17	143
119	1167	46:20	Lorcan Clarke	The Blarney Stones	Male	112	10K-MO	77	45:19	119
120	324	46:25	Kate Murray		Female	8	10k-FO	8	45:53	133
121	1331	46:29	Tim Taylor		Male	113	10K-M50	9	46:13	139
122	56	46:29	Richard Howard		Male	114	10K-M40	27	45:29	122
123	3	46:32	James Warne		Male	115	10K-MO	78	44:19	88
124	86	46:37	Martin Moss		Male	116	10K-M40	28	44:37	94
125	829	46:45	Alexandre Sevrin	Sir Robert McAlpine	Male	117	10K-MO	79	46:18	144
126	703	46:46	Daniel Banks	Football Radar	Male	118	10K-MO	80	46:20	145
127	886	46:46	Jordan Harrison		Male	119	10K-MO	81	46:32	152
128	1788	46:50	Jon Hunt		Male	120	10K-M40	29	46:15	140
129	2	46:50	Alex Short		Male	121	10K-MO	82	44:35	93
130	737	46:53	Michael Curran	Gilbert-Ash Ltd	Male	122	10K-M40	30	46:40	156
131	668	47:03	Nico Strydom	Deutsche Bank - EPG	Male	123	10K-M40	31	45:30	123
132	1896	47:06	Connor Davies		Male	124	10K-MO	83	44:13	86
133	409	47:07	Robin Honeyman		Male	125	10K-MO	84	45:14	118
134	469	47:07	Richard Elder		Male	126	10K-M50	10	47:04	170
135	632	47:11	Panos Stergiopoulos	Centrica	Male	127	10K-MO	85	45:11	117
136	386	47:12	James Pollock		Male	128	10K-M40	32	46:48	162
137	1137	47:17	Sofia Granander	ISS Intrepid Team	Female	9	10k-FO	9	47:11	174
138	1481	47:18	Janis Ermanis	DNV GL	Male	129	10K-MO	86	46:04	135
139	888	47:18	Grace Spurgeon		Female	10	10k-FO	10	47:04	171
140	990	47:18	James Williamson		Male	130	10K-M40	33	46:52	165
141	1327	47:20	David Winterbottom	Octopus Running Club	Male	131	10K-M40	34	46:09	138
142	1435	47:22	Bruno Faria		Male	132	10K-M40	35	47:14	176
143	1765	47:25	Jason Aiken		Male	133	10K-MO	87	47:19	178
144	1333	47:28	Joao Martins		Male	134	10K-M40	36	46:06	137
145	100	47:29	Thomas Jenner		Male	135	10K-M40	37	46:37	155
146	1380	47:30	Alexandra Cross		Female	11	10k-FO	11	46:43	159
147	1146	47:31	Declan Furey	Linesight	Male	136	10K-MO	88	46:30	150
148	804	47:31	Charlotte Tapp	Roche Runners	Female	12	10k-F40	1	47:13	175
149	577	47:33	Barney Lynch	Barrows Global	Male	137	10K-MO	89	45:57	134
150	53	47:38	Gareth Evans		Male	138	10K-M40	38	46:56	166



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
151	1935	47:38	Pedro Cardoso	Autonomous / Bernstein	Male	139	10K-MO	90	45:00	111
152	491	47:39	Philip Galloway		Male	140	10K-MO	91	47:24	181
153	1511	47:40	Stephan Revert	ISS Intrepid Team	Male	141	10K-MO	92	47:27	183
154	1387	47:40	Rudolph van Graan		Male	142	10K-M40	39	47:29	187
155	823	47:43	Jamie Rhodes	Sir Robert McAlpine	Male	143	10K-MO	93	47:20	180
156	627	47:43	Boris Minchev	Centrica	Male	144	10K-MO	94	45:31	124
157	454	47:46	Josh Dines		Male	145	10K-MO	95	46:27	148
158	1080	47:50	Peter Mullen	BOI Corporate Banking	Male	146	10K-M50	11	46:47	161
159	832	47:51	Tim Patton	Sir Robert McAlpine	Male	147	10K-MO	96	47:29	186
160	1033	47:51	Joseph Aspinall		Male	148	10K-MO	97	46:05	136
161	309	47:54	Olivia Flynn		Female	13	10K-FO	12	46:37	154
162	959	48:00	Isabel Dyer		Female	14	10K-FO	13	45:45	128
163	1937	48:01	Oliver Salter		Male	149	10K-MO	98	45:46	129
164	667	48:03	James Thomas	Deutsche Bank - EPG	Male	150	10K-MO	99	46:30	149
165	1151	48:03	Andy McLoughlin	Linesight	Male	151	10K-MO	100	47:07	173
166	1025	48:03	James O Donnell Fitzgerald		Male	152	10K-MO	101	48:03	203
167	17	48:04	Elaine Woolford		Female	15	10K-F50	1	47:16	177
168	952	48:06	Jean McLean		Male	153	10K-MO	102	46:22	146
169	1486	48:07	Paul Copley	DNV GL	Male	154	10K-MO	103	46:17	142
170	1342	48:07	Virginie Damoiseaux		Female	16	10K-F50	2	45:51	131
171	1882	48:08	Liam Allmark		Male	155	10K-MO	104	48:06	205
172	1355	48:10	Tim Jenkins		Male	156	10K-MO	105	47:30	188
173	431	48:10	James Moss		Male	157	10K-MO	106	47:29	185
174	1943	48:14	Raymond Ho	Barrows Global	Male	158	10K-MO	107	45:36	125
175	1280	48:19	Edward Hamilton		Male	159	10K-MO	108	47:45	194
176	1296	48:21	André Treffeisen		Male	160	10K-M50	12	47:37	191
177	1002	48:21	Szabolcs Nagy		Male	161	10K-MO	109	47:48	195
178	1898	48:22	Thomas Thay		Male	162	10K-M40	40	46:15	141
179	778	48:25	Marta Mroczka	Mott MacDonald Milers	Female	17	10K-FO	14	47:31	189
180	719	48:26	Fernando Bazzana	Freshfields	Male	163	10K-M40	41	46:35	153
181	1416	48:27	Lauren Miller		Male	164	10K-MO	110	48:07	206
182	140	48:32	Raul San Martin Mendoza		Male	165	10K-MO	111	46:40	157
183	779	48:32	Chloe Detanger	Mott MacDonald Milers	Female	18	10K-FO	15	47:39	193
184	27	48:33	Julian Ross		Male	166	10K-M50	13	48:14	211
185	954	48:34	Dominic Munroe		Male	167	10K-MO	112	48:08	207
186	1854	48:38	Scott Hallsworth		Male	168	10K-M40	42	47:39	192
187	35	48:38	Willem Theron		Male	169	10K-M50	14	48:27	219
188	947	48:41	Kevin Brazel		Male	170	10K-MO	113	48:10	208
189	272	48:41	Sophie Dean		Female	19	10K-FO	16	48:12	210
190	781	48:44	Adnaan Keshani	Mott MacDonald Milers	Male	171	10K-MO	114	47:50	198
191	838	48:44	David Cooper	Spratley	Male	172	10K-MO	115	46:26	147
192	571	48:47	Kevin Humphryes	Bank of America Merrill Lynch	Male	173	10K-M50	15	47:32	190
193	1871	48:48	Jonny Park		Male	174	10K-MO	116	46:59	167
194	1061	48:51	Gareth Collins	AECOM Running Team	Male	175	10K-M40	43	47:19	179
195	1147	48:52	Michael Waters	Linesight	Male	176	10K-MO	117	47:56	199
196	766	48:52	Andy Brigham	Mott MacDonald Milers	Male	177	10K-MO	118	47:59	200
197	1925	48:53	Jack Elkes	Imperial Marchers	Male	178	10K-MO	119	48:37	224
198	1783	48:55	Tom Gale		Male	179	10K-M40	44	46:49	163
199	1408	49:01	Jack Park		Male	180	10K-MO	120	48:25	218
200	1228	49:04	Cameron Brown	Just run and enjoy!	Male	181	10K-MO	121	46:31	151
201	639	49:06	Matthew Ward	CMS-Ankura	Male	182	10K-MO	122	48:43	230
202	949	49:07	Jack Swallow		Male	183	10K-MO	123	47:28	184
203	1940	49:10	Jack Murphy		Male	184	10K-MO	124	46:50	164
204	955	49:12	Mark Fenwick		Male	185	10K-MO	125	48:46	232
205	1422	49:13	Benjamin Aguirre		Male	186	10K-MO	126	49:00	238
206	775	49:13	Stuart Norris	Mott MacDonald Milers	Male	187	10K-MO	127	48:20	215
207	1223	49:14	Matt Hacking	Five Okes	Male	188	10K-MO	128	48:57	237
208	1222	49:14	Jared Botha	Five Okes	Male	189	10K-MO	129	48:57	236
209	21	49:18	Andrew Wall		Male	190	10K-MO	130	48:38	226
210	1484	49:20	Christopher Clark	DNV GL	Male	191	10K-MO	131	48:01	201
211	484	49:21	Jonathan Kelly		Male	192	10K-MO	132	46:41	158
212	481	49:27	Ben Mitchell		Male	193	10K-MO	133	46:46	160
213	914	49:30	Simon Maine		Male	194	10K-MO	134	48:44	231
214	1483	49:36	Oscar Sharpe	DNV GL	Male	195	10K-MO	135	47:00	169
215	1488	49:36	Thomas Hoogendoorn	DNV GL	Male	196	10K-MO	136	47:00	168
216	1753	49:46	John Free	Vive	Male	197	10K-MO	137	48:06	204
217	644	49:46	John Haworth	Commercial & Products Finance	Male	198	10K-M50	16	48:32	222
218	38	49:48	Samuel Wray		Male	199	10K-MO	138	47:06	172
219	1293	49:49	Philipp Eglseer		Male	200	10K-MO	139	48:16	212
220	23	49:50	Lawrence D. Brenninkmeyer		Male	201	10K-M40	45	49:40	252
221	147	49:51	James Simmonds		Male	202	10K-MO	140	48:41	229
222	300	49:53	Andrew Foster		Male	203	10K-M40	46	48:37	225
223	1161	49:54	Evan Sawyer	RIP Parry	Male	204	10K-MO	141	47:50	197
224	467	49:55	Kristy Foster		Female	20	10K-FO	17	49:38	251
225	1204	49:56	Caroline Robin-Prevallee		Female	21	10K-F40	2	48:01	202



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226	1372	49:57	Ben Kilmister-Bland		Male	205	10K-MO	142	48:36	223
227	1043	50:01	Phil Greenaway		Male	206	10K-M40	47	49:17	243
228	763	50:09	David Beare	Mott MacDonald Milers	Male	207	10K-M40	48	49:13	241
229	1406	50:11	Olivia Willis		Female	22	10k-FO	18	49:35	250
230	821	50:14	Levi Fletcher	Sir Robert McAlpine	Male	208	10K-MO	143	48:11	209
231	1818	50:15	Stuart Launder		Male	209	10K-MO	144	48:21	216
232	1034	50:16	Cordelia Aspinall		Female	23	10k-FO	19	48:28	221
233	317	50:17	Jessica Verrall		Female	24	10k-FO	20	47:49	196
234	521	50:21	Lawrence Wood	all3runners	Male	210	10K-MO	145	49:19	244
235	1729	50:28	Jesus Sanz	MUFG Run in the Dark Team 2	Male	211	10K-MO	146	48:50	235
236	240	50:29	Sara Simon		Female	25	10K-F60+	1	48:22	217
237	248	50:32	Gareth Peers		Male	212	10K-MO	147	50:09	268
238	419	50:33	Clare Motte		Female	26	10k-FO	21	50:00	261
239	889	50:35	Rachel Needham		Female	27	10k-FO	22	48:19	214
240	1183	50:35	Richard Charlesworth	Sir Robert McAlpine	Male	213	10K-MO	148	49:16	242
241	323	50:35	Mervyn Sholay		Male	214	10K-MO	149	50:25	278
242	1094	50:36	James Pagden	Five Okes	Male	215	10K-MO	150	50:18	272
243	1095	50:37	Jono Pagden	Five Okes	Male	216	10K-MO	151	50:19	273
244	1096	50:37	Ed Sellier	Five Okes	Male	217	10K-MO	152	50:20	275
245	631	50:37	George Gledhill	Centrica	Male	218	10K-MO	153	48:38	227
246	328	50:40	Dan Preston		Male	219	10K-MO	154	49:05	239
247	1051	50:46	Luke Barrows	AECOM Running Team	Male	220	10K-MO	155	49:23	245
248	1039	50:47	Suzanne Allen		Female	28	10k-FO	23	50:38	284
249	1265	50:52	Rashad Al Harazy	BOI Corporate Banking	Male	221	10K-MO	156	49:53	255
250	67	50:53	David Tomlinson		Male	222	10K-MO	157	50:12	269
251	1930	50:54	T Arnold	MECSERVE	Male	223	10K-MO	158	48:38	228
252	442	51:01	Alex Rae		Male	224	10K-MO	159	50:00	262
253	99	51:03	Stuart Mckenzie		Male	225	10K-M40	49	50:53	297
254	396	51:06	Axel Thomson		Male	226	10K-MO	160	49:35	249
255	1154	51:07	Matthew Sheppee	Octopus Running Club	Male	227	10K-MO	161	50:05	264
256	1763	51:08	Reiss Thompson		Male	228	10K-MO	162	51:03	305
257	977	51:09	Lai Chow		Female	29	10K-F50	3	50:57	303
258	170	51:09	Martyn Hannant		Male	229	10K-MO	163	49:47	254
259	1382	51:11	Alasdair Grant		Male	230	10K-M50	17	50:15	271
260	713	51:14	Adam Taylor	Football Radar	Male	231	10K-MO	164	50:06	265
261	1773	51:14	Alessandra Distefano		Female	30	10k-FO	24	50:40	287
262	1772	51:14	Sammy Isseyegh		Male	232	10K-MO	165	50:40	288
263	991	51:16	Pierre Vinsot		Male	233	10K-M40	50	48:47	233
264	1077	51:16	Christopher Raimondi	Blackstone Team	Male	234	10K-MO	166	48:27	220
265	297	51:17	Lucy Stuart		Female	31	10k-FO	25	49:54	257
266	1172	51:21	Lex Biermann	ISS Intrepid Team	Male	235	10K-MO	167	51:14	309
267	1932	51:22	Maeve Conway	MECSERVE	Female	32	10k-FO	26	49:07	240
268	1279	51:23	Aggie Hedley Ramm		Female	33	10k-FO	27	51:14	308
269	1278	51:24	Rurai Costello		Male	236	10K-MO	168	51:16	311
270	201	51:27	Alex Osborne		Male	237	10K-MO	169	48:47	234
271	1173	51:27	Morgan Cuvelier	ISS Intrepid Team	Male	238	10K-MO	170	51:19	314
272	519	51:27	Yvonne Conroy	all3runners	Female	34	10k-FO	28	50:25	279
273	968	51:28	Rosy Coates		Female	35	10k-FO	29	50:53	298
274	485	51:29	David Jenkins		Male	239	10K-M40	51	51:00	304
275	1163	51:29	Jame Cowley	Sir Robert McAlpine	Male	240	10K-M40	52	50:24	277
276	805	51:33	Rebecca Wilkinson	Roche Runners	Female	36	10K-F40	3	51:14	310
277	1921	51:36	Anca Chis Ster	Imperial Marchers	Female	37	10k-FO	30	51:21	315
278	1157	51:37	Alice Bower	RIP Parry	Female	38	10k-FO	31	49:35	248
279	1115	51:40	Gareth Morgans	ISS Intrepid Team	Male	241	10K-M40	53	51:36	323
280	96	51:40	Jason Dunne		Male	242	10K-MO	171	49:43	253
281	645	51:40	James Lightfoot	Commercial & Products Finance	Male	243	10K-M40	54	50:15	270
282	635	51:43	Louis Peacock-Young	CMS-Ankura	Male	244	10K-MO	172	47:25	182
283	393	51:46	Darren Hughes		Male	245	10K-MO	173	50:39	286
284	1118	51:49	Ergul Kalkan	ISS Intrepid Team	Male	246	10K-M40	55	51:45	325
285	1873	51:51	Joseph Geoghegan		Male	247	10K-MO	174	50:00	260
286	1899	51:51	Charles Malcolm	Octopus Running Club	Male	248	10K-MO	175	50:41	290
287	989	51:51	Simon Thomas		Male	249	10K-MO	176	50:32	281
288	1178	51:52	Harry Phelps	Octopus Running Club	Male	250	10K-MO	177	50:43	291
289	1050	51:55	Matthew Alfredson	AECOM Running Team	Male	251	10K-M50	18	50:20	274
290	150	51:56	Russ Hogge		Male	252	10K-M40	56	50:49	295
291	1485	51:59	Chris Monahan	DNV GL	Male	253	10K-MO	178	49:27	246
292	835	52:00	Steven King	Sir Robert McAlpine	Male	254	10K-M50	19	49:56	259
293	1851	52:00	Simon James		Male	255	10K-M50	20	50:04	263
294	1027	52:04	Christian Lund		Male	256	10K-M40	57	50:50	296
295	427	52:05	James Farrell		Male	257	10K-MO	179	49:53	256
296	670	52:07	Anders Hemmingsen	Deutsche Bank - EPG	Male	258	10K-MO	180	48:17	213
297	11	52:07	James Seccombe		Male	259	10K-MO	181	50:07	266
298	1109	52:09	Craig Bull	ISS Intrepid Team	Male	260	10K-M40	58	51:58	333
299	340	52:10	Richard Truscott		Male	261	10K-M40	59	52:01	335
300	1383	52:13	Nicola Shand		Female	39	10k-FO	32	49:30	247



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
301	1131	52:20	Graeme Cameron	ISS Intrepid Team	Male	262	10K-M40	60	52:05	337
302	59	52:22	James Bennett		Male	263	10K-M40	61	50:55	301
303	1206	52:25	Mike Olorenshaw		Male	264	10K-M40	62	50:09	267
304	1284	52:26	Ivan Mihaiesi		Male	265	10K-MO	182	51:35	321
305	965	52:27	Alastair Pickett		Male	266	10K-M40	63	51:51	328
306	1354	52:30	Keith Davidson		Male	267	10K-MO	183	50:56	302
307	367	52:30	Emily Morse		Female	40	10k-FO	33	51:56	332
308	1886	52:33	Madeleine Samuels		Female	41	10k-FO	34	50:43	292
309	1194	52:35	Alex Manton-Jones		Male	268	10K-MO	184	50:39	285
310	1053	52:36	Chris Barnes	AECOM Running Team	Male	269	10K-MO	185	52:27	353
311	1745	52:36	Eugene McCormick	Sir Robert McAlpine	Male	270	10K-M40	64	51:21	316
312	1048	52:37	Alice Pistolesi	AECOM Running Team	Female	42	10k-FO	35	51:16	312
313	1902	52:37	Declan Cole		Male	271	10K-MO	186	50:45	293
314	509	52:40	Paul Doyle		Male	272	10K-MO	187	52:12	342
315	1433	52:43	Greg Britton		Male	273	10K-M40	65	50:55	299
316	209	52:45	Martin Braithwaite		Male	274	10K-M50	21	51:28	319
317	404	52:46	Bethany Moulange		Female	43	10k-FO	36	52:19	346
318	1893	52:51	Nicholas Smith		Male	275	10K-MO	188	52:21	348
319	407	52:52	Louise Murray		Female	44	10K-F40	4	51:35	322
320	1216	52:53	John O Callaghan		Male	276	10K-MO	189	50:55	300
321	34	52:54	Michal Nowak		Male	277	10K-MO	190	52:24	351
322	892	53:04	Adam Goode		Male	278	10K-MO	191	51:26	318
323	1084	53:09	Alistair Dennis	Capita Legal	Male	279	10K-MO	192	51:09	307
324	322	53:10	Wing Ming Choi		Male	280	10K-MO	193	50:40	289
325	85	53:11	John Sexton		Male	281	10K-MO	194	50:28	280
326	859	53:13	Rachel Helsdown	The New York Times	Female	45	10k-FO	37	52:17	344
327	909	53:14	Kirsty Harwood		Female	46	10k-FO	38	50:47	294
328	40	53:14	Sam Ruiz		Male	282	10K-MO	195	51:41	324
329	601	53:18	Lucas Ziegler	Blackstone Team	Male	283	10K-MO	196	49:54	258
330	1399	53:19	Harry Peel		Male	284	10K-MO	197	50:36	282
331	256	53:20	Luke Gleeson		Male	285	10K-MO	198	50:37	283
332	1323	53:21	Helen Fyfe	CMS-Ankura	Female	47	10k-FO	39	50:21	276
333	1189	53:24	Peter Durrant		Male	286	10K-MO	199	51:26	317
334	1166	53:25	Jessica O'Driscoll Breen	The Blarney Stones	Female	48	10k-FO	40	52:23	350
335	1195	53:28	Tom Noble		Male	287	10K-MO	200	51:31	320
336	1897	53:32	Millie Fairbank		Female	49	10k-FO	41	52:07	340
337	1748	53:32	Luke Beck	Sir Robert McAlpine	Male	288	10K-MO	201	53:00	365
338	157	53:33	Russell Beswick		Male	289	10K-MO	202	52:24	352
339	567	53:38	Simon Bigmore	Bank of America Merrill Lynch	Male	290	10K-M40	66	52:00	334
340	636	53:38	Simon Michaels	CMS-Ankura	Male	291	10K-M50	22	51:47	326
341	1404	53:40	Richard Thorpe		Male	292	10K-MO	203	52:56	361
342	1510	53:41	Rachel Hodge	ISS Intrepid Team	Female	50	10k-FO	42	53:27	378
343	155	53:44	Sarah Winckless		Female	51	10K-F40	5	53:17	374
344	1210	53:44	Antoni Antoniadis		Male	293	10K-M40	67	52:58	362
345	623	53:45	Alex Morley	Capita Legal	Male	294	10K-MO	204	51:49	327
346	1805	53:45	Eamon McGurnaghan		Male	295	10K-M40	68	51:55	331
347	113	53:46	Renata Brozyna		Female	52	10K-F40	6	53:05	368
348	1654	53:47	Karina Souleimanova	MUFG Run in the Dark Team 2	Female	53	10k-FO	43	52:11	341
349	1542	53:49	Nigel Herrera	MUFG Run in the Dark Team	Male	296	10K-MO	205	51:05	306
350	187	53:55	Krzysztof Salachna		Male	297	10K-M40	69	53:02	367
351	693	53:58	Will Braithwaite	ET Striders	Male	298	10K-M40	70	53:22	376
352	1841	54:00	Matt Preston		Male	299	10K-M40	71	51:18	313
353	1808	54:01	Ellie Callard		Female	54	10k-FO	44	52:45	358
354	831	54:03	Robert Bajorko	Sir Robert McAlpine	Male	300	10K-M40	72	53:16	373
355	1430	54:03	Madeleine Hall		Female	55	10k-FO	45	52:38	355
356	1877	54:11	Benjamin Robson		Male	301	10K-MO	206	52:17	345
357	486	54:11	Jeff King		Male	302	10K-M40	73	51:51	329
358	158	54:14	Dee Churchill		Female	56	10K-F50	4	53:11	370
359	970	54:14	Michael Warner		Male	303	10K-MO	207	52:20	347
360	489	54:16	Sally Macfarlane		Female	57	10K-F40	7	51:52	330
361	451	54:20	Fiona Studt		Female	58	10k-FO	46	53:38	383
362	1117	54:22	Elliot Adams	ISS Intrepid Team	Male	304	10K-MO	208	53:19	375
363	57	54:25	Enrique Fernandez		Male	305	10K-MO	209	54:04	403
364	174	54:26	Glen Seabrook		Male	306	10K-MO	210	53:05	369
365	751	54:27	Viki Arnold	LBR Runners	Female	59	10k-FO	47	52:06	339
366	750	54:27	Olivia Partridge	LBR Runners	Female	60	10k-FO	48	52:06	338
367	764	54:29	Pierre Morcos	Mott MacDonald Milers	Male	307	10K-MO	211	53:34	382
368	1648	54:29	Joelle Erickson	MUFG Run in the Dark Team 2	Female	61	10k-FO	49	53:01	366
369	88	54:34	Julien Lacrampe		Male	308	10K-MO	212	54:22	409
370	1446	54:36	Remy Bonnage		Male	309	10K-MO	213	54:27	412
371	1934	54:40	Stefan Stalman	Autonomous / Bernstein	Male	310	10K-M50	23	52:02	336
372	1275	54:49	Chris Robinson	Sir Robert McAlpine	Male	311	10K-MO	214	52:56	360
373	1059	54:49	Mohammed Giga	AECOM Running Team	Male	312	10K-MO	215	53:28	379
374	1411	54:49	Carrie Day		Female	62	10k-FO	50	52:21	349
375	1148	54:50	Patrick Hyde	Linesight	Male	313	10K-MO	216	53:48	392



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
376	1492	54:51	Magda Irzylowska	DNV GL	Female	63	10k-FO	51	52:12	343
377	1357	54:51	Jack Gaffney		Male	314	10K-MO	217	52:34	354
378	1150	54:54	Daniel Polgar	Linesight	Male	315	10K-MO	218	53:54	395
379	1792	54:55	Gavin Scott		Male	316	10K-MO	219	52:44	357
380	628	54:56	Sandeep Palakodaty	Centrica	Male	317	10K-MO	220	52:53	359
381	517	54:58	Katie Wallace	all3runners	Female	64	10k-FO	52	53:53	393
382	953	54:58	Sophie Mc Lean		Female	65	10k-FO	53	53:14	371
383	809	55:00	Tim Gilboy	Royal Paddlers Take to the Streets	Male	318	10K-MO	221	52:43	356
384	913	55:00	Samuel Viravong		Male	319	10K-MO	222	53:30	380
385	1405	55:08	Emma Gondry		Female	66	10k-FO	54	54:31	415
386	1302	55:09	Stephen Glenfield	AECOM Running Team	Male	320	10K-MO	223	54:59	428
387	1169	55:11	Tim Rolfe	AECOM Running Team	Male	321	10K-M40	74	53:48	391
388	911	55:14	John Short		Male	322	10K-MO	224	54:17	407
389	1407	55:16	Elvira Alvarez Marti		Female	67	10k-FO	55	54:39	421
390	792	55:20	Dani Brown	Pain is just french bread	Female	68	10k-FO	56	54:11	404
391	144	55:21	Adrian Berry		Male	323	10K-M40	75	54:01	400
392	853	55:23	Simone E	The New York Times	Female	69	10k-FO	57	54:32	417
393	1220	55:25	Kevin Mac Clancy	BOI Corporate Banking	Male	324	10K-MO	225	54:24	410
394	1428	55:25	Christiaan Steyn		Male	325	10K-M40	76	53:58	397
395	1165	55:33	Kristo Mikkonen	The Blarney Stones	Male	326	10K-MO	226	54:24	411
396	1386	55:34	Modestas Povilaitis		Male	327	10K-MO	227	55:04	431
397	1042	55:35	Karen Coutts		Female	70	10K-F40	8	55:16	441
398	685	55:36	James Webb	Eastdil Secured	Male	328	10K-MO	228	53:39	384
399	676	55:37	David Mackasey	Eastdil Secured	Male	329	10K-MO	229	53:39	385
400	423	55:38	James Lally		Male	330	10K-M40	77	54:01	401
401	675	55:38	Olivia Mackasey	Eastdil Secured	Female	71	10k-FO	58	53:43	387
402	808	55:40	Betsy Vop	Royal Paddlers Take to the Streets	Female	72	10k-FO	59	53:23	377
403	1158	55:41	Chloe Vosper brown	RIP Parry	Female	73	10k-FO	60	53:43	386
404	1332	55:41	Charlotte Dyer		Female	74	10k-FO	61	53:54	394
405	1225	55:44	Simon Whitehead	Hudson Weir/Howlader & Co	Male	331	10K-MO	230	54:29	414
406	524	55:46	Nicola Widdowson	all3runners	Female	75	10k-FO	62	54:42	423
407	94	55:51	Ilze Intenberga		Female	76	10k-FO	63	53:30	381
408	1054	55:53	Emma Copley	AECOM Running Team	Female	77	10k-FO	64	54:22	408
409	1774	55:53	Christopher O'Donoghue		Male	332	10K-M40	78	53:00	364
410	128	55:53	Michael Casey		Male	333	10K-M40	79	53:00	363
411	1895	55:53	Bevan Tilley	Barrows Global	Male	334	10K-M40	80	53:15	372
412	1757	55:59	Shane Riordan	Vive	Male	335	10K-MO	231	54:14	405
413	123	56:01	Kalpesh Depala		Male	336	10K-MO	232	55:38	449
414	210	56:04	Amy Misson		Female	78	10K-F40	9	54:38	420
415	1011	56:07	Tanya King		Female	79	10k-FO	65	55:25	444
416	142	56:08	Hayley Griffiths		Female	80	10K-F40	10	55:40	452
417	473	56:10	Michael Humphreys		Male	337	10K-M50	24	56:10	468
418	1285	56:11	Michael Ridge		Male	338	10K-M60+	2	55:56	460
419	101	56:12	Michael Malet		Male	339	10K-MO	233	55:39	450
420	1192	56:12	Nader Fernando Fayad		Male	340	10K-M40	81	53:46	389
421	14	56:12	Karen Samuel		Female	81	10K-F50	5	55:08	436
422	1110	56:13	Shaun Duchnowski	ISS Intrepid Team	Male	341	10K-MO	234	56:01	465
423	333	56:14	Tony Bissex		Male	342	10K-M40	82	54:14	406
424	839	56:15	Faye Williams	Spratley	Female	82	10k-FO	66	53:58	396
425	1403	56:18	Alex Eldridge		Male	343	10K-MO	235	55:35	448
426	836	56:19	Georgia Adamou	Spratley	Female	83	10k-FO	67	54:00	398
427	1393	56:19	Harriet Pipe		Female	84	10k-FO	68	55:00	429
428	1414	56:19	Fatma Cayir		Female	85	10k-FO	69	55:00	430
429	273	56:20	Emily Croft		Female	86	10k-FO	70	55:51	458
430	148	56:22	Louise Jeffreson		Female	87	10k-FO	71	54:00	399
431	1491	56:23	Tom Wainwright	DNV GL	Male	344	10K-MO	236	53:44	388
432	487	56:24	Liz Clarkson		Female	88	10k-FO	72	54:02	402
433	482	56:28	John Fitzsimons		Male	345	10K-MO	237	53:46	390
434	32	56:32	Sam Wheeler		Male	346	10K-MO	238	56:21	475
435	625	56:33	Gemma Formby	Capita Legal	Female	89	10k-FO	73	54:28	413
436	335	56:33	Mark Gibbons		Male	347	10K-MO	239	55:45	454
437	1754	56:35	Simon Ashton	Vive	Male	348	10K-MO	240	54:55	427
438	1301	56:37	Andy Brinkworth		Male	349	10K-MO	241	56:11	471
439	1086	56:38	Rachel Ford	Capita Legal	Female	90	10k-FO	74	54:33	418
440	1060	56:38	Eric Ho	AECOM Running Team	Male	350	10K-MO	242	55:10	438
441	1209	56:38	Mehmet Sarioglu		Male	351	10K-M40	83	56:15	474
442	1866	56:39	James Dingwall		Male	352	10K-M40	84	55:56	459
443	455	56:39	Natalie Behan		Female	91	10k-FO	75	55:21	443
444	1017	56:42	Nicholas Weeks		Male	353	10K-MO	243	55:14	440
445	893	56:42	Daniel Hall		Male	354	10K-M40	85	55:13	439
446	331	56:45	Daniel Hearne		Male	355	10K-MO	244	56:11	470
447	803	56:53	Karen Cadman	Roche Runners	Female	92	10K-F40	11	56:34	481
448	136	56:55	Hannah Cox		Female	93	10k-FO	76	54:44	425
449	807	56:56	Rhiannon Stiling	Royal Paddlers Take to the Streets	Female	94	10K-F40	12	54:37	419
450	1764	56:56	Rebecca Lewis		Female	95	10k-FO	77	56:50	489



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
451	91	56:57	Rita Tam		Female	96	10K-F40	13	55:05	433
452	215	56:59	Paul Norman		Male	356	10K-M40	86	54:32	416
453	825	56:59	Tom Higgins	Sir Robert McAlpine	Male	357	10K-MO	245	55:07	435
454	341	57:09	Justin Beltran		Male	358	10K-M40	87	55:09	437
455	904	57:10	Sarah Latham		Female	97	10K-FO	78	54:43	424
456	1409	57:13	Claudia Tobias		Female	98	10K-FO	79	56:35	482
457	931	57:13	Marco Santos		Male	359	10K-MO	246	56:05	467
458	1776	57:15	Eve Marlow		Female	99	10K-FO	80	55:50	456
459	1179	57:16	Javier Asensio Cubero	Octopus Running Club	Male	360	10K-MO	247	54:41	422
460	498	57:16	Ian Cartmill		Male	361	10K-MO	248	54:53	426
461	1459	57:27	Anne Bedford	Albany Beck	Female	100	10K-F50	6	56:41	486
462	945	57:28	Gavin Cockburn		Male	362	10K-MO	249	57:06	499
463	514	57:30	Nick Smith	all3runners	Male	363	10K-M40	88	56:25	478
464	45	57:34	John Churchill		Male	364	10K-M50	25	56:31	479
465	523	57:37	Emma Davis	all3runners	Female	101	10K-FO	81	56:11	469
466	1853	57:39	Sam Evanson		Male	365	10K-MO	250	56:13	472
467	112	57:41	Tony Peters		Male	366	10K-M50	26	57:41	516
468	525	57:43	Nia Ingman	Architas	Female	102	10K-F50	7	56:44	487
469	1003	57:45	Emma Schofield		Female	103	10k-FO	82	57:26	506
470	1929	57:47	Alfredo Munoz-Burgos	MECSERVE	Male	367	10K-MO	251	55:34	447
471	1455	57:48	Laura Polazzi	AECOM Running Team	Female	104	10K-F40	14	56:23	477
472	960	57:49	Bernard van der Heide		Male	368	10K-M50	27	55:29	445
473	133	57:50	Lara Lawson		Female	105	10K-FO	83	57:17	502
474	1160	57:50	Michael Williams	RIP Parry	Male	369	10K-MO	252	55:49	455
475	824	57:53	Robert Walter	Sir Robert McAlpine	Male	370	10K-MO	253	56:00	464
476	93	57:56	Steve Burns		Male	371	10K-M40	89	55:05	432
477	261	57:56	Tracy Nguyen		Female	106	10K-FO	84	55:06	434
478	291	57:57	Maebh Doyle		Female	107	10K-FO	85	56:38	483
479	395	58:00	Sophie Roche		Female	108	10K-F40	15	55:41	453
480	206	58:02	Andrew Cooper		Male	372	10K-M50	28	57:00	495
481	1928	58:03	Robert Wright	MECSERVE	Male	373	10K-MO	254	55:51	457
482	1801	58:03	Antony White		Male	374	10K-MO	255	56:15	473
483	1320	58:05	Jordan Eaton	Albany Beck	Male	375	10K-MO	256	55:17	442
484	789	58:05	Ameet Radia	Pain is just french bread	Male	376	10K-M40	90	56:53	490
485	1379	58:10	Isabelle Cummins		Female	109	10K-FO	86	57:36	512
486	1926	58:11	Panagiotis Dalapas	MECSERVE	Male	377	10K-MO	257	55:59	463
487	197	58:16	Karl Hebblewhite		Male	378	10K-M40	91	56:57	491
488	1076	58:17	Vikram Bhat	Bank of America Merrill Lynch	Male	379	10K-M40	92	56:58	493
489	378	58:19	Rebecca Croft		Female	110	10K-FO	87	55:39	451
490	19	58:20	Matthew Hall		Male	380	10K-MO	258	56:49	488
491	633	58:26	Laetitia Larue	Centrica	Female	111	10K-FO	88	56:21	476
492	223	58:26	David Yim		Male	381	10K-M40	93	57:25	505
493	928	58:26	Emily Bastable		Female	112	10K-FO	89	56:33	480
494	1026	58:27	Stuart Musgrave		Male	382	10K-M40	94	55:33	446
495	1493	58:28	Elada Gailiunaite	DNV GL	Female	113	10K-FO	90	55:57	461
496	107	58:36	Andrew Hughes		Male	383	10K-MO	259	55:57	462
497	29	58:38	John Molony		Male	384	10K-MO	260	57:18	503
498	1291	58:38	Linda Barrett		Female	114	10K-FO	91	57:22	504
499	1784	58:38	Ruby Elson		Female	115	10K-FO	92	58:01	522
500	1461	58:43	Liz Barker	Almero	Female	116	10K-FO	93	58:12	526
501	1755	58:47	Rachael Lord	Vive	Female	117	10K-F40	16	57:01	497
502	1007	58:49	Tara Farrer		Female	118	10K-FO	94	57:27	507
503	902	58:49	Jeevs Mahil		Female	119	10K-FO	95	57:28	508
504	1318	58:52	Luke Nash	Albany Beck	Male	385	10K-MO	261	56:05	466
505	1058	58:53	Galo Pinto	AECOM Running Team	Male	386	10K-M40	95	58:44	534
506	270	58:55	Kerry Dorning		Female	120	10K-FO	96	57:11	501
507	1398	58:57	Fiona Mathieson		Female	121	10K-F60+	2	57:38	514
508	830	58:57	Ben Findlay	Sir Robert McAlpine	Male	387	10K-MO	262	57:05	498
509	1221	58:58	Tracey Stretton	CMS-Ankura	Female	122	10K-F50	8	57:08	500
510	171	59:03	Lewis Bolton		Male	388	10K-MO	263	57:35	511
511	833	59:08	Russell Bliss	Sir Robert McAlpine	Male	389	10K-M40	96	57:00	496
512	1864	59:08	James Watts		Male	390	10K-MO	264	57:44	517
513	255	59:08	Sarah Read		Female	123	10K-F40	17	56:58	492
514	385	59:10	Giles Barron		Male	391	10K-MO	265	58:45	535
515	1467	59:12	Dermot MacNamara	Bardin Hill	Male	392	10K-MO	266	56:41	485
516	44	59:15	Ben Shelley		Male	393	10K-MO	267	57:36	513
517	352	59:17	Tim Wenmouth		Male	394	10K-MO	268	58:01	523
518	1385	59:18	Colin Elston		Male	395	10K-M50	29	56:58	494
519	1368	59:25	Natalia Raczkowska		Female	124	10K-FO	97	58:27	529
520	292	59:26	Rebecca Lambourne		Female	125	10K-F40	18	57:35	510
521	642	59:30	Michael Stokes	CMS-Ankura	Male	396	10K-M50	30	57:41	515
522	1261	59:32	Chris Kenyon		Male	397	10K-M50	31	58:53	540
523	1880	59:32	Cameron McDonald		Male	398	10K-MO	269	56:39	484
524	10	59:34	Stephane Vessaud		Male	399	10K-M40	97	58:46	537
525	472	59:35	Chris Matthews		Male	400	10K-MO	270	57:47	518



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
526	729	59:46	Peter Stinson	Gilbert-Ash Ltd	Male	401	10K-MO	271	58:22	528
527	1197	59:48	Simone van Til		Female	126	10k-FO	98	57:29	509
528	1030	59:49	James Ridout		Male	402	10K-MO	272	58:35	530
529	152	1:00:07	Grace McNally		Female	127	10k-FO	99	59:23	554
530	922	1:00:13	Kathryn Casson		Female	128	10K-F40	19	59:24	555
531	1250	1:00:14	Krishna Patel		Female	129	10k-FO	100	59:33	557
532	1508	1:00:18	Karisa Botha	Hudson Weir/Howlader & Co	Female	130	10k-FO	101	59:08	547
533	362	1:00:25	Stuart Brumhill		Male	403	10K-M40	98	59:20	552
534	314	1:00:26	Arietta Bortot		Female	131	10k-FO	102	58:04	524
535	294	1:00:29	Louise Sutherland		Female	132	10K-F40	20	59:31	556
536	105	1:00:32	Charlotte Adams		Female	133	10k-FO	103	57:59	520
537	389	1:00:33	Teresa Pozo Hernaiz		Female	134	10k-FO	104	58:00	521
538	1349	1:00:33	Dawn Coburn		Female	135	10K-F40	21	58:42	533
539	1056	1:00:33	Scott Millard	AECOM Running Team	Male	404	10K-MO	273	59:00	542
540	20	1:00:35	Francis D'Souza		Male	405	10K-M40	99	58:18	527
541	1456	1:00:36	Zisis Bikos	AECOM Running Team	Male	406	10K-MO	274	59:06	546
542	1350	1:00:36	Tom Mayes		Male	407	10K-MO	275	58:45	536
543	97	1:00:38	Ed Beveridge		Male	408	10K-M40	100	1:00:14	573
544	426	1:00:40	Emily Gainsford		Female	136	10k-FO	105	59:59	568
545	1826	1:00:41	Jekaterina Pupina		Female	137	10k-FO	106	58:08	525
546	301	1:00:44	Gabriella Simon		Female	138	10k-FO	107	58:36	531
547	211	1:00:45	Stephanie Neville		Female	139	10K-F50	9	58:36	532
548	1335	1:00:48	Dane Adams		Male	409	10K-MO	276	59:40	561
549	182	1:00:48	Neal Browne		Male	410	10K-M40	101	59:19	551
550	506	1:00:53	Richard Sims		Male	411	10K-M40	102	1:00:30	585
551	269	1:00:53	Gemma Pritchard		Female	140	10k-FO	108	59:09	548
552	349	1:00:53	Charles Horner		Male	412	10K-M50	32	58:57	541
553	794	1:01:06	Catherine Gibbons	REFINITIV ROCKETS	Female	141	10k-FO	109	1:00:17	576
554	188	1:01:11	Marie Perez		Female	142	10K-F40	22	58:47	538
555	380	1:01:11	Clare Courtney		Female	143	10K-F40	23	58:48	539
556	460	1:01:14	Stephen Handley		Male	413	10K-MO	277	1:00:41	593
557	304	1:01:15	Ilze Lapina		Female	144	10k-FO	110	1:00:07	570
558	1814	1:01:16	Montanna Bentley		Female	145	10k-FO	111	1:00:11	572
559	1336	1:01:23	Simon Marsh		Male	414	10K-MO	278	59:36	558
560	289	1:01:31	Tipichar Horner		Female	146	10K-F40	24	59:37	559
561	1458	1:01:32	Kat Lees	AECOM Running Team	Female	147	10k-FO	112	1:00:01	569
562	1196	1:01:32	Lily Ash		Female	148	10k-FO	113	1:00:22	579
563	1208	1:01:32	Alistair Symes		Male	415	10K-MO	279	1:00:22	580
564	1445	1:01:33	Moishe Goldstein		Male	416	10K-MO	280	57:48	519
565	458	1:01:36	Joseph Terry		Male	417	10K-MO	281	59:21	553
566	1258	1:01:38	Hisham El Khazindar		Male	418	10K-M40	103	1:00:22	581
567	1203	1:01:38	Lilas Robin-Prevallee		Female	149	10k-FO	114	59:44	562
568	1465	1:01:38	Elizabeth Sheridan	Bank of America Merrill Lynch	Female	150	10K-F40	25	59:04	543
569	1075	1:01:38	Janet Wood	Bank of America Merrill Lynch	Female	151	10K-F50	10	59:04	544
570	1438	1:01:40	Angela Fox		Female	152	10K-F40	26	59:06	545
571	479	1:01:41	Jemma Baldwin		Female	153	10K-F40	27	1:00:16	574
572	1447	1:01:46	Roy Williams		Male	419	10K-M40	104	1:01:21	614
573	1775	1:01:48	Emma Bland		Female	154	10k-FO	115	1:00:27	584
574	926	1:01:52	Gemma Grey		Female	155	10k-FO	116	1:00:52	599
575	373	1:01:54	Claire Jones		Female	156	10k-FO	117	1:00:20	577
576	1894	1:01:54	Sophie Walsh		Female	157	10k-FO	118	1:00:21	578
577	165	1:01:55	Ally Monk		Male	420	10K-MO	282	1:00:23	583
578	806	1:01:58	Lynne Ruddick	Royal Paddlers Take to the Streets	Female	158	10K-F40	28	59:38	560
579	464	1:02:00	Jeff Bateman		Male	421	10K-M40	105	1:00:44	594
580	271	1:02:10	Maria Zota		Female	159	10k-FO	119	1:00:17	575
581	1045	1:02:11	Lucy McCutcheon		Female	160	10K-F40	29	59:47	564
582	1859	1:02:11	Sonia Wilson		Female	161	10K-F40	30	59:47	565
583	369	1:02:14	Kirsten Widdowson		Female	162	10K-F40	31	1:01:33	617
584	276	1:02:14	Grant Widdowson		Male	422	10K-M50	33	1:01:33	616
585	308	1:02:16	Ruth Gunning		Female	163	10k-FO	120	59:45	563
586	476	1:02:17	Rebecca Bryan		Female	164	10k-FO	121	1:00:07	571
587	664	1:02:18	Bhuvanawari Raghuraman	Cool Runnings	Female	165	10K-F40	32	59:13	549
588	665	1:02:18	Lori Zieren	Cool Runnings	Female	166	10K-F40	33	59:13	550
589	478	1:02:20	Ron Hook		Male	423	10K-M60+	3	1:01:59	624
590	353	1:02:20	Ruairi Lynch		Male	424	10K-MO	283	59:50	567
591	1211	1:02:31	Frankie Youell		Female	167	10k-FO	122	1:00:58	602
592	846	1:02:32	Jenny Fairbank	The New York Times	Female	168	10K-F50	11	1:01:08	606
593	1410	1:02:36	Milagros Lagache Gonzalez		Female	169	10k-FO	123	1:01:59	625
594	258	1:02:43	Alexandra Protasova		Female	170	10k-FO	124	1:01:13	607
595	257	1:02:44	Viktorija Kneizyte		Female	171	10k-FO	125	1:01:14	608
596	138	1:02:46	Joy Lang		Female	172	10K-F40	34	1:00:58	600
597	748	1:02:48	Tasmin Cooper	LBR Runners	Female	173	10k-FO	126	1:00:30	587
598	749	1:02:48	Sophie Kernohan	LBR Runners	Female	174	10k-FO	127	1:00:30	586
599	66	1:02:49	Helen O'Hara		Female	175	10k-FO	128	1:00:23	582
600	752	1:02:50	Claire Walls	LBR Runners	Female	176	10k-FO	129	1:00:32	589



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
601	753	1:02:51	Sinead Dineen	LBR Runners	Female	177	10K-F40	35	1:00:31	588
602	250	1:02:52	Ciprian Arhire		Male	425	10K-MO	284	1:01:16	609
603	274	1:02:52	Bernie Siu		Male	426	10K-M40	106	1:01:17	610
604	218	1:02:52	Valerie Metcalf		Female	178	10K-F50	12	1:01:20	611
605	268	1:02:54	Sakura Hales		Female	179	10K-F50	13	1:01:01	604
606	424	1:02:59	Irina Yankova		Female	180	10K-FO	130	1:01:06	605
607	166	1:03:00	Andy Brown		Male	427	10K-MO	285	1:01:38	619
608	266	1:03:12	Rebecca Felton		Female	181	10K-FO	131	1:00:38	590
609	1277	1:03:14	Kunal Parkash		Male	428	10K-M40	107	59:48	566
610	117	1:03:20	Frederic Vidal		Male	429	10K-M40	108	1:01:44	620
611	1212	1:03:21	Hannah Brisley		Female	182	10K-FO	132	1:01:53	622
612	1903	1:03:23	Elise Salerno	CMS-Ankura	Female	183	10K-FO	133	1:01:31	615
613	139	1:03:24	Paul Woodhouse		Male	430	10K-M40	109	1:02:27	628
614	981	1:03:25	Josephine Marsh		Female	184	10K-F40	36	1:00:39	591
615	985	1:03:25	Sebastian Joseph		Male	431	10K-MO	286	1:00:39	592
616	219	1:03:30	Neil Hassell		Male	432	10K-M40	110	1:00:49	595
617	236	1:03:30	Alison Kirk		Female	185	10K-F40	37	1:00:50	596
618	217	1:03:31	Sandy Laping		Female	186	10K-F40	38	1:00:50	597
619	581	1:03:31	James Hay	Barrows Global	Male	433	10K-MO	287	1:00:52	598
620	769	1:03:38	Claire Hazell	Mott MacDonald Milers	Female	187	10K-F40	39	1:02:44	630
621	82	1:03:38	John O'Sullivan		Male	434	10K-M50	34	1:01:47	621
622	114	1:03:38	Aisling O'Neill		Female	188	10K-F50	14	1:01:54	623
623	399	1:03:41	Katie Winter		Female	189	10K-FO	134	1:01:36	618
624	1888	1:03:45	Gita Ramdharry		Female	190	10K-F40	40	1:03:16	635
625	70	1:03:54	Sophie Jackson		Female	191	10K-F40	41	1:00:58	601
626	95	1:03:54	Sarah-Kate Brandis		Female	192	10K-FO	135	1:01:00	603
627	1517	1:03:56	Steven Souter	ISS Intrepid Team	Male	435	10K-MO	288	1:02:59	631
628	580	1:03:58	Demi Mason	Barrows Global	Female	193	10K-FO	136	1:01:20	612
629	1865	1:03:59	Isabel Cox		Female	194	10K-FO	137	1:01:20	613
630	392	1:04:17	Jade Woods		Female	195	10k-FO	138	1:02:07	626
631	441	1:04:24	Caroline Craig		Female	196	10K-FO	139	1:03:24	638
632	1213	1:04:29	Rob O'Donoghue		Male	436	10K-MO	289	1:03:06	634
633	1415	1:04:31	Paul Stone		Male	437	10K-MO	290	1:04:18	653
634	1401	1:04:35	David Anstiss		Male	438	10K-M50	35	1:03:50	644
635	997	1:04:41	Beverley Collins		Female	197	10K-FO	140	1:04:03	648
636	998	1:04:41	Katie Metcalf		Female	198	10k-FO	141	1:04:02	646
637	1857	1:04:45	Melinda McRae		Female	199	10K-FO	142	1:02:23	627
638	175	1:04:48	Heath Muirhead		Male	439	10K-M40	111	1:03:44	643
639	561	1:04:51	Oksana Kuzovatova	Bank of America Merrill Lynch	Female	200	10K-FO	143	1:03:22	637
640	1470	1:04:55	Kevin Brennan	Bardin Hill	Male	440	10K-MO	291	1:02:29	629
641	168	1:04:58	Donnacha Bolger		Male	441	10K-MO	292	1:03:34	639
642	724	1:04:59	Lai Cheung	Freshfields	Female	201	10k-FO	144	1:04:13	652
643	1113	1:05:02	Megan Keen	ISS Intrepid Team	Female	202	10K-FO	145	1:04:49	657
644	1171	1:05:04	Kerry Newell	ISS Intrepid Team	Female	203	10K-FO	146	1:04:07	650
645	505	1:05:10	Antonio Ghirarduzzi		Male	442	10K-M50	36	1:05:07	658
646	119	1:05:12	Lisa Fowler		Female	204	10K-F40	42	1:03:37	641
647	118	1:05:12	Mihaela Diaconu		Female	205	10K-F40	43	1:03:36	640
648	306	1:05:16	Bryce Comer		Male	443	10K-MO	293	1:04:09	651
649	110	1:05:23	Grainne Murphy		Female	206	10k-FO	147	1:03:52	645
650	573	1:05:29	Stephanie Davies	Bank of America Merrill Lynch	Female	207	10K-FO	148	1:03:02	632
651	1845	1:05:46	Samantha Barrett		Female	208	10K-FO	149	1:03:03	633
652	746	1:05:57	Bethany Wren	LBR Runners	Female	209	10K-FO	150	1:03:37	642
653	768	1:06:06	Jaimie Blagg	Mott MacDonald Milers	Male	444	10K-M40	112	1:05:10	659
654	1804	1:06:13	Joseph Mateo		Male	445	10K-M40	113	1:04:33	655
655	1756	1:06:15	John Hendry	Vive	Male	446	10K-M40	114	1:04:33	656
656	837	1:06:18	Mike Anderson	Spratley	Male	447	10K-MO	294	1:04:03	647
657	492	1:06:19	Alexandra Kennedy		Female	210	10K-FO	151	1:04:04	649
658	735	1:06:20	Lorcan Tumilty	Gilbert-Ash Ltd	Male	448	10K-MO	295	1:03:19	636
659	747	1:06:41	Francesca Clixby	LBR Runners	Female	211	10k-FO	152	1:04:22	654
660	360	1:06:53	Heilene Misson		Female	212	10K-F40	44	1:05:27	663
661	1802	1:07:03	Sam Parsons		Male	449	10K-M40	115	1:05:15	662
662	1747	1:07:14	Marco De Carli	Sir Robert McAlpine	Male	450	10K-MO	296	1:05:14	661
663	1746	1:07:14	Valentino Basile	Sir Robert McAlpine	Male	451	10K-MO	297	1:05:13	660
664	1437	1:07:16	Tom Irving		Male	452	10K-MO	298	1:05:38	665
665	1367	1:07:17	Jennifer Black		Female	213	10K-FO	153	1:05:38	664
666	1366	1:07:18	Hannah Brooke		Female	214	10K-F40	45	1:05:39	666
667	102	1:07:44	Hélène Gallardo		Female	215	10K-FO	154	1:07:11	673
668	948	1:07:49	Amy Camm		Female	216	10K-FO	155	1:06:11	667
669	1402	1:08:11	Will Evans		Male	453	10K-MO	299	1:07:25	675
670	1817	1:08:11	Fran Mullaney		Female	217	10K-F40	46	1:06:22	668
671	302	1:08:16	Catriona Lawrence		Female	218	10K-FO	156	1:06:45	671
672	1376	1:08:18	Ella Tinsley-Bedford		Female	219	10K-F50	15	1:07:31	676
673	1375	1:08:19	Izzy Hammerton		Female	220	10K-F50	16	1:07:33	678
674	307	1:08:30	Niki Stacey		Female	221	10K-F50	17	1:06:28	669
675	310	1:08:30	Alice McDermott		Female	222	10K-F40	47	1:06:28	670



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
676	254	1:08:37	Kaydi-Ann Newsome		Female	223	10k-FO	157	1:07:32	677
677	641	1:08:49	Rob Jones	CMS-Ankura	Male	454	10K-M40	116	1:06:56	672
678	1294	1:09:09	Katie Lee		Female	224	10k-FO	158	1:08:55	685
679	459	1:09:31	Liv Bohn		Female	225	10k-FO	159	1:07:16	674
680	1424	1:09:59	Fiona Lumley		Female	226	10k-FO	160	1:08:59	686
681	920	1:10:18	Hannah Brazill		Female	227	10k-FO	161	1:08:43	683
682	1023	1:10:18	Hannah Evitts		Female	228	10k-FO	162	1:08:43	684
683	156	1:10:38	Laura Cosco		Female	229	10K-F40	48	1:10:35	690
684	305	1:10:50	Rachael Rhodes		Female	230	10k-FO	163	1:08:13	681
685	293	1:10:50	Anna Wang		Female	231	10k-FO	164	1:08:12	680
686	910	1:11:11	Linda van Niekerk		Female	232	10k-FO	165	1:09:50	687
687	213	1:11:12	Amy Hatchwell		Female	233	10k-FO	166	1:08:07	679
688	483	1:11:13	Dearbhaile Flynn		Female	234	10k-FO	167	1:08:31	682
689	1334	1:11:31	Heather Kennedy		Female	235	10K-F40	49	1:10:11	689
690	397	1:11:37	Linda Topping		Female	236	10K-F50	18	1:10:03	688
691	194	1:12:05	Nim DiRicci		Female	237	10K-F40	50	1:10:59	691
692	1108	1:12:16	Steve Pettit	ISS Intrepid Team	Male	455	10K-MO	300	1:11:07	692
693	444	1:13:42	Liz Pemberton		Female	238	10K-F50	19	1:12:44	693
694	1842	1:15:52	Beth Orford		Female	239	10K-F40	51	1:14:33	694
695	161	1:17:55	Lyndall Smith		Female	240	10k-FO	168	1:15:47	696
696	934	1:17:55	Amanda Pownall		Female	241	10K-F50	20	1:17:36	700
697	1123	1:18:08	Danielle Thompson	ISS Intrepid Team	Female	242	10k-FO	169	1:18:01	701
698	1044	1:18:34	Carla Ferrari		Female	243	10K-F40	52	1:15:34	695
699	60	1:18:36	Clare Wills		Female	244	10K-F40	53	1:17:32	699
700	1850	1:18:38	Hannah Peters		Female	245	10k-FO	170	1:16:46	697
701	436	1:18:38	Sabina Noble		Female	246	10k-FO	171	1:16:46	698
702	311	1:22:48	Sarah Lynne Ward		Female	247	10k-FO	172	1:22:24	702