



Trail Betws - 5k

Saturday 9 November 2019

RESULT

| Pos. | Bib | Time | Name | Team | Gender | Gender Pos | Class | Class Pos | Chip Time | Chip Pos |
|------|-----|-------|---------------------------|---------------------------------|--------|------------|---------|-----------|-----------|----------|
| 1 | 211 | 26:12 | Lee Davitt | Clwb Rhedeg Dvt | Male | 1 | 5K-MO | 1 | 26:12 | 1 |
| 2 | 282 | 26:14 | Lucy Matthews | City Of Stoke AC | Female | 1 | 5K-FO | 1 | 26:13 | 2 |
| 3 | 272 | 26:15 | Simone Jones | Halesowen ACC | Female | 2 | 5K-FO | 2 | 26:15 | 3 |
| 4 | 267 | 27:38 | Ella Grundy | Colwyn Bay Athletics Club | Female | 3 | 5K-FU18 | 1 | 27:33 | 4 |
| 5 | 264 | 30:25 | Michael Finnie | North Wales Road Runners | Male | 2 | 5K-M60 | 1 | 30:21 | 5 |
| 6 | 256 | 32:11 | Lara Cain | | Female | 4 | 5K-FO | 3 | 32:09 | 6 |
| 7 | 273 | 35:48 | Peter Keeling | ODL | Male | 3 | 5K-M50 | 1 | 35:15 | 7 |
| 8 | 299 | 36:21 | Charlotte Sanderson Rigby | Penny Lane Striders | Female | 5 | 5K-FO | 4 | 36:08 | 8 |
| 9 | 292 | 36:26 | Adam Quinn | | Male | 4 | 5K-M40 | 1 | 36:13 | 9 |
| 10 | 291 | 36:27 | Francesca Quinn | | Female | 6 | 5K-FO | 5 | 36:14 | 10 |
| 11 | 298 | 36:41 | Tracey Sanderson | Penny Lane Striders | Female | 7 | 5K-F50 | 1 | 36:30 | 11 |
| 12 | 300 | 37:07 | Elaine Sargent | Run Free Fellrunners Llangollen | Female | 8 | 5K-F40 | 1 | 36:53 | 13 |
| 13 | 266 | 37:17 | Tom Greenall | | Male | 5 | 5K-MO | 2 | 36:41 | 12 |
| 14 | 294 | 37:37 | Delyth Roberts | Beaumaris Town Road Runners | Female | 9 | 5K-F50 | 2 | 37:31 | 15 |
| 15 | 285 | 37:37 | Melanie Owen | Beaumaris Town Road Runners | Female | 10 | 5K-F40 | 2 | 37:32 | 16 |
| 16 | 281 | 37:40 | Sophie Lucas | | Female | 11 | 5K-FO | 6 | 37:05 | 14 |
| 17 | 269 | 38:15 | Shirley Hennessy | | Female | 12 | 5K-F40 | 3 | 38:02 | 19 |
| 18 | 303 | 38:17 | Victoria Taylor | North Wales Road Runners | Female | 13 | 5K-F40 | 4 | 37:57 | 18 |
| 19 | 277 | 38:17 | Christian Langhorne | | Male | 6 | 5K-M40 | 2 | 37:57 | 17 |
| 20 | 290 | 39:01 | Sarah Popplewell | Beaumaris Town Road Runners | Female | 14 | 5K-F40 | 5 | 38:53 | 20 |
| 21 | 252 | 39:29 | Sid Bailey | Deestridders R.C. | Male | 7 | 5K-M60 | 2 | 39:24 | 21 |
| 22 | 275 | 40:05 | Sara Kelly | Penny Lane Striders | Female | 15 | 5K-FO | 7 | 39:34 | 22 |
| 23 | 287 | 40:22 | David Peel | | Male | 8 | 5K-MO | 3 | 40:05 | 23 |
| 24 | 308 | 42:13 | Helen Ward | | Female | 16 | 5K-FO | 8 | 41:38 | 24 |
| 25 | 309 | 42:14 | Michael Ward | | Male | 9 | 5K-MO | 4 | 41:38 | 25 |
| 26 | 307 | 42:22 | Catherine Unwin | Beaumaris Town Road Runners | Female | 17 | 5K-FO | 9 | 42:15 | 26 |
| 27 | 284 | 44:02 | Rachel Morris | North Wales Road Runners | Female | 18 | 5K-FO | 10 | 43:55 | 31 |
| 28 | 288 | 44:12 | Natasha Permall | | Female | 19 | 5K-FO | 11 | 43:41 | 27 |
| 29 | 270 | 44:13 | Seren Hinchliffe | | Female | 20 | 5K-FU18 | 2 | 43:48 | 28 |
| 30 | 310 | 44:14 | Nicola Wheatcroft | | Female | 21 | 5K-FU18 | 3 | 43:48 | 29 |
| 31 | 311 | 44:15 | Kate Wheatcroft | | Female | 22 | 5K-F40 | 6 | 43:50 | 30 |
| 32 | 258 | 44:33 | Lesley Davies | Warrington Running Club | Female | 23 | 5K-F40 | 7 | 44:12 | 32 |
| 33 | 295 | 44:48 | Nan Roberts | Gog Triathlon Club | Female | 24 | 5K-F50 | 3 | 44:22 | 33 |
| 34 | 286 | 45:32 | Llinos Owen | | Female | 25 | 5K-F40 | 8 | 45:28 | 34 |
| 35 | 306 | 46:34 | Karen Thompson | | Female | 26 | 5K-FO | 12 | 46:09 | 35 |
| 36 | 293 | 46:42 | Hannah Roberts | | Female | 27 | 5K-FO | 13 | 46:26 | 36 |
| 37 | 254 | 49:03 | Annie Bradley | Wrekin Road Runners | Female | 28 | 5K-F50 | 4 | 48:34 | 37 |
| 38 | 301 | 49:13 | Julie Spriggs | Wrekin Road Runners | Female | 29 | 5K-F50 | 5 | 48:43 | 39 |
| 39 | 259 | 49:19 | Karen Davies | | Female | 30 | 5K-F60 | 1 | 48:37 | 38 |
| 40 | 271 | 50:29 | John Irwin | St Helens Sutton | Male | 10 | 5K-M70 | 1 | 50:07 | 40 |
| 41 | 274 | 51:49 | Albert Keeling | | Male | 11 | 5K-MO | 5 | 51:06 | 41 |
| 42 | 251 | 51:49 | Helen Angus | | Female | 31 | 5K-FO | 14 | 51:06 | 42 |
| 43 | 279 | 54:00 | Nancy Lillington | | Female | 32 | 5K-F40 | 9 | 53:30 | 44 |
| 44 | 280 | 54:00 | Andrew Lillington | | Male | 12 | 5K-M40 | 3 | 53:30 | 43 |